

UMAY UMay U17F

UMAY U17F Foldable Treadmill User Manual

Model: UMay U17F

1. INTRODUCTION

Thank you for choosing the UMay U17F Foldable Treadmill. This manual provides essential information for the safe and effective use, assembly, operation, and maintenance of your treadmill. Please read this manual thoroughly before using the product and retain it for future reference.

2. SAFETY INSTRUCTIONS

2.1 General Safety

- Always consult with a physician before starting any new exercise program.
- Keep children and pets away from the treadmill during operation.
- Place the treadmill on a flat, stable surface with adequate clearance around it (at least 2 meters behind and 0.6 meters on each side).
- Do not use the treadmill outdoors or in areas with high humidity.
- Ensure all bolts and nuts are securely tightened before each use.
- The maximum user weight for this treadmill is 136 kg (300 lbs).
- Wear appropriate athletic footwear and clothing.
- If you experience pain, dizziness, or shortness of breath, stop exercising immediately.

2.2 Electrical Safety

- Plug the treadmill into a grounded electrical outlet. Do not use extension cords or adapters.
- Unplug the treadmill from the power source before cleaning, maintenance, or moving.
- Keep the power cord away from heated surfaces.
- Do not operate the treadmill if the power cord or plug is damaged.

3. PACKAGE CONTENTS

Verify that all components are present in the package:

- UMay U17F Foldable Treadmill Unit
- Remote Control
- Tool Kit
- User Manual (this document)

4. SETUP AND UNFOLDING

The UMay U17F Treadmill requires no assembly. It arrives pre-assembled and ready for use after unfolding.

4.1 Unfolding the Treadmill

1. Place the folded treadmill on a flat, stable surface.
2. Carefully lift the handlebar frame until it locks into the upright position.
3. Ensure the safety lock mechanism is engaged to secure the handlebar.
4. Plug the power cord into a grounded electrical outlet.



Image: The UMay U17F treadmill demonstrating its foldable design for space-saving storage. The image shows the treadmill in both unfolded and folded states, highlighting its compact nature.

5. PRODUCT OVERVIEW AND CONTROL PANEL

Familiarize yourself with the main components and the control panel of your UMay U17F Treadmill.

5.1 Main Components

- **Running Belt:** The surface for walking or running. Features a 6-layer professional running belt with multi-layer

cushioning.

- **Handlebar Frame:** Provides support and houses the control panel.
- **Control Panel:** Displays workout data and allows for adjustments.
- **Tablet/Smartphone Holder:** Integrated into the control panel for device placement.
- **Incline Adjustment:** Manual 3-stage adjustment (0%, 10%, 15%).
- **Transport Wheels:** For easy movement when folded.

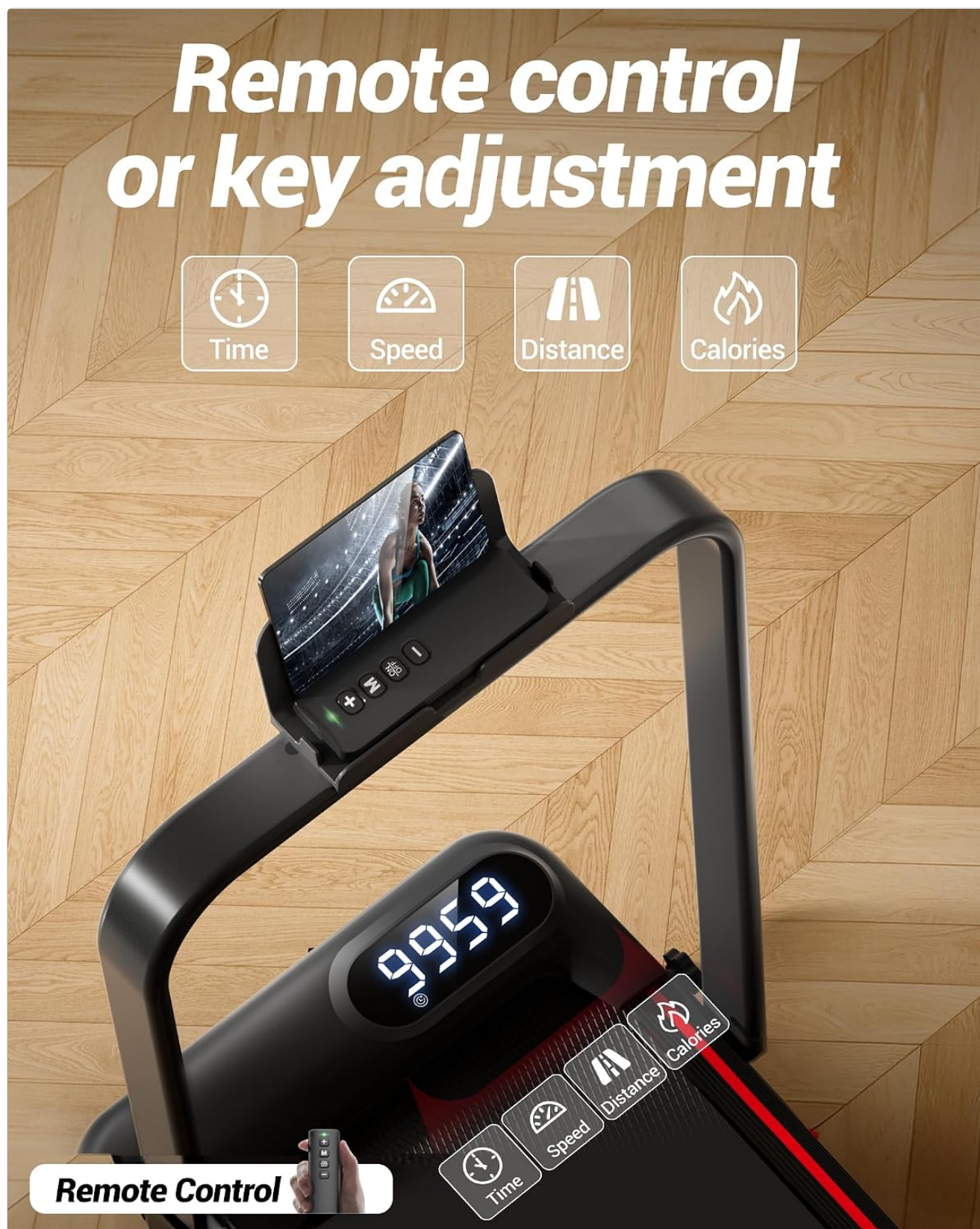


Image: A user running on the UMay U17F treadmill, illustrating the adjustable incline feature with indicators for 0%, 10%, and 15% tilt levels.

5.2 Control Panel and Remote Control

The treadmill can be controlled via the integrated buttons on the console or the included remote control.

Remote control or key adjustment



Remote Control

Image: Close-up of the UMay U17F treadmill's control panel, showing the digital display and buttons, alongside the remote control for convenient adjustments.

The LCD display shows the following metrics:

- **Time:** Duration of your workout.
- **Speed:** Current speed of the running belt (in km/h).
- **Distance:** Total distance covered during the workout.

- **Calories:** Estimated calories burned.

6. OPERATION

6.1 Powering On/Off

- **To Power On:** Ensure the treadmill is plugged in. Press the power button on the control panel or remote control. The display will illuminate.
- **To Power Off:** Press the power button again. For complete power disconnection, unplug the treadmill from the wall outlet.

6.2 Starting and Stopping Exercise

- **To Start:** After powering on, press the 'Start' button. The belt will begin moving at a low speed.
- **To Stop:** Press the 'Stop' button. The belt will gradually slow down and come to a complete stop.

6.3 Adjusting Speed

- Use the '+' and '-' buttons on the control panel or remote control to increase or decrease the speed.
- The maximum speed is 8 km/h.

6.4 Adjusting Incline

The UMay U17F features a manual 3-stage incline adjustment.

1. Ensure the treadmill is stopped and unplugged before adjusting the incline.
2. Locate the incline adjustment mechanism at the rear of the treadmill.
3. Manually adjust the support legs to select one of the three incline levels: 0%, 10%, or 15%.
4. Ensure both sides are adjusted equally and securely before resuming use.



15% Tapis de course incliné

Inclinaison:	Calorie Burn Rate (Kcal/H)
0%	220
10%	340
15%	420

Image: A family using the UMay U17F treadmill, illustrating the calorie burn rates at different incline levels (0% incline: 220 Kcal/H, 10% incline: 340 Kcal/H, 15% incline: 420 Kcal/H).

6.5 Using the Tablet/Smartphone Holder

Place your tablet or smartphone securely in the designated holder on the control panel for entertainment or fitness app use during your workout.

6.6 Folding for Storage

To fold the treadmill for compact storage:

1. Ensure the treadmill is powered off and unplugged.
2. Release the safety lock mechanism on the handlebar frame.
3. Carefully lower the handlebar frame until it rests flat against the running deck.
4. The treadmill can then be stored vertically or horizontally. Use the transport wheels to move it easily.

7. MAINTENANCE

7.1 Cleaning

- Always unplug the treadmill before cleaning.
- Wipe down the treadmill surfaces with a damp cloth and mild detergent. Avoid abrasive cleaners.
- Do not spray water directly onto the treadmill.

7.2 Running Belt Lubrication

Regular lubrication of the running belt is crucial for optimal performance and longevity. Refer to the specific instructions provided with your lubrication kit or contact customer support for guidance.

7.3 General Care

- Inspect the treadmill regularly for any loose parts or signs of wear. Tighten any loose bolts or nuts.
- Keep the area around the treadmill clean and free of obstructions.

8. TROUBLESHOOTING

If you encounter any issues with your UMay U17F Treadmill, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Treadmill does not power on.	Not plugged in; power switch off; circuit breaker tripped.	Ensure power cord is securely plugged in; check power switch; reset circuit breaker.
Running belt slips or hesitates.	Belt too loose; belt needs lubrication.	Adjust belt tension (refer to lubrication instructions); lubricate the running belt.
Unusual noise during operation.	Loose components; motor issue; belt friction.	Check and tighten all visible bolts; lubricate belt if needed. If noise persists, contact support.
Display not working correctly.	Loose connection; electronic malfunction.	Power cycle the treadmill. If issue persists, contact customer support.

For issues not listed above, or if solutions do not resolve the problem, please contact UMay customer support.

9. SPECIFICATIONS

Detailed technical specifications for the UMay U17F Foldable Treadmill:

- **Model:** UMay U17F
- **Product Dimensions (Unfolded):** 114.5 cm (L) x 55.5 cm (W) x 103 cm (H)
- **Product Dimensions (Folded):** 114 cm (L) x 55 cm (W) x 11 cm (H)

- **Item Weight:** 17.6 kg
- **Material:** Alloy Steel
- **Motor:** 2.5 Horsepower (Silent Motor)
- **Maximum Speed:** 8 Kilometers per Hour
- **Maximum User Load:** 136 kg
- **Incline Levels:** 3-stage manual (0%, 10%, 15%)
- **Display Metrics:** Calories Burned, Distance, Speed, Time
- **Power Source:** Corded Electric
- **Special Features:** Foldable, Manual Incline, Shock Absorbent, Transport Wheels, Tablet/Smartphone Holder

Quiet Brushless Motor

Notre 2.5HP



Autres 1.5HP



> 136KG

capacité de poids



< 45dB

Son super bas



> 3800H

Durée d'exécution



< 100KG

capacité de poids



> 60dB

bruit



< 2000H

Durée d'exécution



Image: Comparison highlighting the Umay U17F's quiet 2.5 HP brushless motor, capable of supporting over 136 kg load with less than 45dB noise and over 3800 hours runtime, compared to a typical 1.5 HP motor.



10 ALMOHADILLAS AMORTIGUADORAS INCORPORADAS



Protégez vos
genoux



Moteur de 2,5 CV
1-10 KM/H



Capacité de
poids



Ceinture de course
à six couches

Image: Diagram illustrating the Umay U17F treadmill's 10 built-in shock-absorbing pads, designed to protect knees, powered by a 2.5 HP motor (1-10 KM/H), supporting a 136 kg capacity, and featuring a six-layer running belt.

10. WARRANTY AND SUPPORT

For warranty information, product support, or to purchase replacement parts, please refer to the warranty card included with your product or visit the official Umay website. You may also contact Umay customer service directly for assistance.

