

UMAY U17F

UMAY U17F Foldable Incline Treadmill User Manual

Model: UMay U17F

1. INTRODUCTION

Thank you for choosing the UMay U17F Foldable Incline Treadmill. This manual provides essential information for the safe and efficient use, assembly, operation, and maintenance of your new fitness equipment. Please read this manual thoroughly before initial use and retain it for future reference.

2. SAFETY INFORMATION

To ensure your safety and prolong the life of your treadmill, please observe the following precautions:

- Always consult with a physician before starting any new exercise program.
- Place the treadmill on a flat, stable surface with adequate clearance around it.
- Keep children and pets away from the treadmill during operation.
- Wear appropriate athletic footwear and clothing.
- Do not operate the treadmill if it is damaged or malfunctioning.
- Always use the safety key. Attach the clip to your clothing before starting your workout.
- Do not step on or off the treadmill while the belt is moving.
- Unplug the treadmill from the power source when not in use or before cleaning/maintenance.
- The maximum user weight capacity for this treadmill is 136 kg (approximately 300 lbs).

3. PACKAGE CONTENTS

Carefully unpack all components and ensure you have received the following items:

- UMay U17F Treadmill Unit
- User Manual
- Tool Kit (for assembly)
- Remote Control

- Safety Key

4. SETUP AND ASSEMBLY

The UMAX U17F treadmill is designed for quick and easy setup. Minimal assembly is required.

1. **Unpacking:** Remove the treadmill and all components from the packaging. Place the main unit on a clear, flat surface.

2. **Unfolding the Treadmill:**

Gently lift the handlebar assembly until it locks into the upright position. Ensure all locking mechanisms are securely engaged. Refer to the diagram below for visual guidance.



Image: The U MAY U17F treadmill fully unfolded, showcasing its design and the three manual incline levels (0%, 10%, 15%) at the rear of the unit.

3. **Attaching the Tablet/Smartphone Holder:** Secure the tablet/smartphone holder to the designated area on the handlebar console. Use the provided tools if necessary.
4. **Power Connection:** Plug the power cord into a grounded electrical outlet.
5. **Adjusting Incline:** The U MAY U17F features a 3-level manual incline adjustment (0%, 10%, and 15%). To adjust, lift the rear of the treadmill and position the red support feet into the desired incline slots. Ensure both feet are set to the same level for stability. This adjustment must be done manually before starting your workout.



***Tapis De Marche
Incliné***

Image: A detailed view of the U MAY U17F treadmill's rear, illustrating the manual incline adjustment mechanism with red support feet.

5. OPERATING INSTRUCTIONS

Familiarize yourself with the control panel and remote control for optimal use.

5.1 Control Panel and Remote Control

The treadmill can be controlled via the integrated console buttons or the wireless remote control. The LCD screen displays real-time workout data.

Télécommande ou réglage des touches



Heure



Vitesse



Distance



Calories



Image: Close-up of the UMAX U17F treadmill's control panel, showing the LCD display, function buttons, and the remote control for adjusting settings.

- **Start/Stop:** Press to begin or end your workout.
- **Speed Adjustment:** Use the '+' and '-' buttons on the console or remote to increase or decrease speed.
- **Mode Selection:** The treadmill supports 6 training modes. Cycle through these modes using the mode button on the console.
- **LCD Display:** Shows Time, Speed, Distance, and Calories burned. The display cycles through these metrics

automatically, or you can select a specific metric to view continuously using the remote.

- **Safety Key:** Always attach the safety key clip to your clothing. If the safety key is removed, the treadmill will stop immediately.

5.2 Training Modes and Incline Benefits

The UMAX U17F offers versatile workout options with its adjustable incline and multiple training modes.

- **0% Incline:** Standard walking or light jogging.
- **10% Incline:** Increases calorie burn and engages different muscle groups.
- **15% Incline:** Maximizes calorie expenditure (up to 420 calories per hour) and provides a more intense workout, simulating uphill walking.
- **6 Training Modes:** Utilize the various pre-set programs to diversify your workouts and target specific fitness goals. Consult the display for details on each mode.

6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

- **Cleaning:** Wipe down the treadmill surfaces with a damp cloth after each use. Avoid abrasive cleaners.
- **Belt Lubrication:** The running belt requires periodic lubrication to reduce friction and wear. Apply silicone oil (not included, but recommended) under the belt as per the instructions provided with the lubricant or every 3 months with regular use.
- **Belt Tension and Alignment:** Check the running belt tension and alignment regularly. If the belt feels loose or drifts to one side, refer to the troubleshooting section or consult customer support for adjustment instructions.
- **Motor Area:** Keep the motor area free from dust and debris. Do not open the motor cover unless instructed by a qualified technician.

7. TROUBLESHOOTING

If you encounter issues with your UMAX U17F treadmill, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Treadmill does not start.	Power cord not plugged in, safety key not in place, power switch off.	Ensure power cord is securely plugged in, safety key is correctly positioned, and power switch is on.
Error Code E7 displayed.	Safety key disengaged or not detected.	Re-attach the safety key firmly to the console. The error should clear.
Running belt slips or hesitates.	Belt too loose, insufficient lubrication, or belt off-center.	Lubricate the belt (see Maintenance). Adjust belt tension or alignment as per specific instructions in the full manual or contact support.
Unusual noise during operation.	Loose components, motor issue, or belt friction.	Check for any loose screws. Lubricate the belt. If noise persists, discontinue use and contact customer support.

If the problem persists after attempting these solutions, please contact UMAX customer support.

8. SPECIFICATIONS

Key technical specifications for the U MAY U17F Treadmill:

- **Model:** U MAY U17F
- **Dimensions (Unfolded):** 114.5 cm (L) x 55.5 cm (W) x 103 cm (H)
- **Dimensions (Folded):** 114 cm (L) x 55 cm (W) x 11 cm (H)
- **Weight:** 17.6 kg
- **Frame Material:** Alloy Steel
- **Motor Power:** 2.5 Horsepower (HP)
- **Maximum Speed:** 8 km/h
- **Incline Levels:** 3 (0%, 10%, 15%) - Manual Adjustment
- **Maximum User Weight:** 136 kg
- **Noise Level:** Less than 45 dB (Super low sound)
- **Running Belt Width:** 39 cm
- **Features:** Shock absorber system (8 integrated cushions), Foldable design, Transport wheels, Tablet/Smartphone holder.

Quiet Burshless Motor

Notre 2.5HP



Autres 1.5HP



> 136KG
capacité de poids



< 100KG
capacité de poids



< 45dB
Son super bas



> 60dB
bruit



> 3800H
Durée d'exécution



< 2000H
Durée d'exécution



Image: An illustration detailing the Umay U17F treadmill's 2.5 HP quiet motor, highlighting its capacity for over 136kg weight, less than 45dB noise, and over 3800 hours of runtime, compared to a generic 1.5 HP motor.



8 ALMOHADILLAS AMORTIGUADORAS INCORPORADAS



Protégez vos
genoux



Moteur de 2,5 CV
1-8 KM/H



Capacité de
poids



Ceinture de course
à six couches

Image: A view of the U MAY U17F treadmill's running deck, illustrating the placement of 8 integrated shock absorption pads designed to protect joints during exercise.

9. FOLDING AND STORAGE

The U MAY U17F treadmill is designed to be compact and easy to store.

1. **Folding:** To fold the treadmill, release the locking mechanism for the handlebar assembly and gently lower it until it

lies flat against the running deck.

2. **Moving:** The treadmill weighs 17.6 kg and is equipped with two transport wheels, making it easy to lift and move to a storage location.
3. **Storage:** Once folded, the treadmill's compact dimensions (114 x 55 x 11 cm) allow it to be stored under a bed, behind a sofa, or in a closet.



Image: A visual representation of the UMay U17F treadmill being folded for compact storage, demonstrating its space-saving design.

10. WARRANTY AND SUPPORT

UMAY products are manufactured to high-quality standards. For information regarding warranty coverage, please refer to the warranty card included with your purchase or visit the official UMay website.

For technical assistance, spare parts, or any questions not covered in this manual, please contact UMay customer support through the retailer where you purchased the product or via the official UMay contact channels.

UMAY Official Website: [Visit UMay Store on Amazon](#)

