

## CCHYF JM01

# CCHYF JM01 Foot and Calf Massager with Heat Instruction Manual

Model: JM01 | Brand: CCHYF

## INTRODUCTION

This manual provides essential information for the safe and effective operation of your CCHYF JM01 Foot and Calf Massager with Heat. Please read all instructions carefully before use and retain this manual for future reference.

## SAFETY INFORMATION

**WARNING: To reduce the risk of electric shock, burns, fire, or injury, always follow these instructions.**

- Always follow the instructions provided with the massager.
- Do not use for more than 15 minutes at a time.
- If you experience any discomfort or pain, discontinue use immediately.
- Keep the massager clean and dry when not in use.
- Do not use if you have any medical conditions or are pregnant without consulting a doctor first.
- Always unplug the massager when not in use.

## PRODUCT OVERVIEW AND CONTENTS

The CCHYF JM01 Foot and Calf Massager is designed for deep relaxation and pain relief. It features shiatsu kneading, adjustable intensity, and a heating function. It can be used on various body parts including feet, thighs, calves, and arms.



**Image:** Components of the CCHYF JM01 Foot Massager. This image displays the massager unit, power adapter, user manual, and product packaging.

## Package Contents:

- CCHYF JM01 Foot and Calf Massager Unit
- Power Adapter
- User Manual

## KEY FEATURES

---

- **Multi-Function 4-in-1 Massage:** Experience deep relaxation with kneading in 2 directions, 3 adjustable intensity levels, and a heating function. Can massage feet, thighs, calves, and arms.
- **Pain Relief & Improved Circulation:** Advanced shiatsu nodes target plantar fasciitis and enhance blood flow.
- **High-Quality Materials:** Smooth PU shell for easy cleaning and breathable fabric suitable for skin contact.
- **Portable Design:** Compact and lightweight for use at home, in the office, or while traveling.
- **User-Friendly Controls:** Simple button interface for adjusting heat, direction, and massage intensity.
- **Automatic Shut-off:** 15-minute auto-shutdown function to prevent overuse and ensure safety.

## SETUP

---

1. Unpack the massager unit and all accessories from the packaging.
2. Place the massager on a flat, stable surface.
3. Connect the power adapter to the massager's power input port.
4. Plug the power adapter into a suitable electrical outlet.
5. Ensure the power cord is not obstructed or tangled.

## OPERATING INSTRUCTIONS

---

**EASY to USE**



**Image:** The control panel of the CCHYF JM01 Foot Massager, illustrating buttons for power, heating, direction, and intensity settings.

1. **Power On/Off:** Press the **Power** button to turn the massager on. The default setting is 15 minutes at Standard intensity. Press and hold the Power button to turn it off.
2. **Adjust Time:** Press the **Time** button to cycle through massage durations (5, 10, 15, 20, 25, 30 minutes). The massager has a 15-minute automatic shut-off to prevent overuse.
3. **Adjust Intensity:** Press the **Intensity** button to select between Standard, Soft, and Powerful modes.
4. **Change Direction:** Press the **Direction** button to switch between clockwise and counter-clockwise kneading motions.
5. **Activate Heat:** Press the **Heating** button to turn the heat function on or off. The heat provides gentle warmth to relax muscles.

### **Multi-functional Use:**



**Image:** Demonstrates the versatility of the CCHYF JM01 massager for different body parts: feet, calves, thighs, and arms. The CCHYF JM01 massager is designed for versatile use on various body parts:

- **Foot Massage:** Place your feet into the designated areas for a shiatsu kneading massage with optional heat.
- **Calf Massage:** Position your calves over the massage nodes for targeted relief.
- **Thigh Massage:** Place the massager on your thighs to alleviate muscle tension.
- **Arm Massage:** Use the massager on your arms for a soothing massage experience.

### Official Product Videos:

Your browser does not support the video tag.

**Video:** CCHYF Foot Massager with Heat. This video demonstrates the massager's features and how to use it for foot massage with heat.

Your browser does not support the video tag.

**Video:** CCHYF Foot Massager. A short preview video showcasing the foot massager in action.

## MAINTENANCE

- **Cleaning:** The smooth PU shell and breathable fabric are designed for easy cleaning. Wipe the surface with a soft, damp cloth. Do not use abrasive cleaners or immerse the unit in water.
- **Storage:** Store the massager in a cool, dry place away from direct sunlight when not in use.
- **Care:** Avoid placing heavy objects on the massager. Do not attempt to disassemble or repair the unit yourself. Contact customer service for assistance.

## TROUBLESHOOTING

Problem	Possible Cause	Solution
Massager does not turn on.	Power cord not properly connected or no power from outlet.	Check power connections. Ensure the outlet is functional.
No heat function.	Heat function is not activated.	Press the Heating button to activate the heat function. Allow a few minutes for the heat to build up.
Massage feels too intense/weak.	Intensity setting is not suitable.	Adjust the intensity using the Intensity button (Standard, Soft, Powerful). Reduce pressure on the massager if too intense.
Unusual noise during operation.	Possible internal issue.	Discontinue use and unplug the massager. Contact customer service.

## SPECIFICATIONS

- **Model:** JM01
- **Brand:** CCHYF
- **Product Dimensions:** 2 x 2 x 2 inches; 4.1 Pounds
- **Power Source:** Corded Electric
- **Material:** Plastic
- **Color:** Black
- **Use For:** Ankle, Arm, Calf, Foot, Legs

## WARRANTY AND CUSTOMER SUPPORT

All CCHYF massagers are safety-certified. For any questions or concerns regarding your CCHYF JM01 Foot and Calf Massager, please contact our dedicated support team. We are ready to assist you and ensure your satisfaction.

*Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.*

