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## NuvoMed MPAM-4/0112

# NuvoMed Heated Air Compression Knee Massage Wrap User Manual

Model: MPAM-4/0112

## INTRODUCTION

The NuvoMed Multi-Purpose Heated Air Massager is a compact and versatile device designed to deliver targeted heat and air compression therapy to various parts of the body, including knees, elbows, shoulders, and arms. This manual provides essential information for the safe and effective operation of your device.

## IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before using this product. Failure to follow safety guidelines may result in injury or damage to the device.

- Do not use if you have a pacemaker, artificial limbs, or other medical implants.
- Consult a physician before use if you have pre-existing medical conditions, including but not limited to, heart disease, high blood pressure, diabetes, or circulatory issues.
- Do not use on swollen, inflamed, or injured areas of the skin.
- Keep out of reach of children.
- Do not immerse the device in water or other liquids.
- Use only the provided charging cable.
- Do not attempt to disassemble or repair the device yourself. Contact customer support for assistance.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

## PACKAGE CONTENTS

- NuvoMed Heated Air Compression Knee Massage Wrap
- USB Charging Cable
- User Manual



NuvōMed®



air massage

WITH 2 HEAT SETTINGS

Heated air compression sleeve straps onto your knee, elbow or shoulder helps to improve circulation and aid in the recovery of muscles, increase mobility, reduce joint pain and soreness

Multi-purpose massage with heat provides soothing relief to arm/leg muscles and joints  
Flexible 360° wrap around belt for more acupoints in one time  
3 operation modes, 3 compression speeds and 2 levels of heat  
USB rechargeable battery with charge cable  
Lightweight design for use anywhere you go

NuvōMed®

## Multi-Purpose Heated Air Massager



ELBOW, SHOULDER & KNEE MASSAGER



2 LEVELS OF SOOTHING HEAT



ADJUSTABLE COMPRESSION



RECHARGEABLE BATTERY

Image: The product packaging for the NuvoMed Multi-Purpose Heated Air Massager, showing the device and its features.

### PRODUCT OVERVIEW

Familiarize yourself with the components of your NuvoMed Heated Air Compression Knee Massage Wrap.



Image: The NuvoMed Heated Air Massager laid flat, showcasing its wrap-around design and integrated control panel.



Image: A close-up view of the control panel on the NuvoMed Heated Air Massager, showing buttons for power, compression levels, and heat settings, along with indicator lights.

### Control Panel Functions:

- **Power Button:** Turns the device On/Off.
- **Compression Level Button:** Cycles through Low, Medium, and High compression settings.
- **Heat Button:** Activates and adjusts heat levels (Low, High).
- **Mode Button:** Selects different massage modes (Kneading, Pressure, Auto).
- **Indicator Lights:** Show current power, recharge status, compression level, heat level, and active mode.

### SETUP

1. **Charge the Device:** Before first use, fully charge the device using the provided USB cable. The "Recharge"

indicator light will show charging status.

2. **Position the Wrap:** The wrap-around design allows for secure placement on various body parts such as the knee, elbow, or shoulder. Ensure the control panel is accessible.
3. **Secure the Straps:** Use the adjustable straps to comfortably secure the massager to the desired area. Ensure it is snug but not overly tight to allow for proper air compression.





Image: The NuvoMed Heated Air Massager securely wrapped around a knee, demonstrating its intended use.

## OPERATING INSTRUCTIONS

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1. **Power On:** Press and hold the Power button () for 2 seconds to turn on the device. The Power indicator light will illuminate.
2. **Select Compression Level:** Press the Compression Level button (████) to cycle through Low, Medium, and High compression settings. The corresponding indicator light will show the selected level.
3. **Adjust Heat Setting:** Press the Heat button (:::::) to select between Low and High heat settings, or to turn heat off. The heat indicator light will show the active setting.
4. **Choose Massage Mode:** Press the Mode button (◎) to switch between Kneading, Pressure, and Auto modes. Each mode offers a different massage experience.
5. **Power Off:** Press and hold the Power button () for 2 seconds to turn off the device after use.

The device is designed for up to two hours of cordless use per charge, providing portable relief from soreness or stiffness.



Image: A person demonstrating the use of the NuvoMed Heated Air Massager on their knee, highlighting its ergonomic fit and ease of use.

## CHARGING THE DEVICE

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To charge your NuvoMed Heated Air Massager:

1. Locate the USB charging port on the device.
2. Connect the provided USB charging cable to the device.
3. Plug the other end of the USB cable into a compatible USB power adapter (not included) or a computer USB port.
4. The "Recharge" indicator light will show the charging status. Once fully charged, the light may change color or turn off, depending on the model.
5. A full charge provides approximately two hours of continuous use.

## MAINTENANCE

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Proper care will extend the life of your massager.

- Cleaning:** Wipe the device with a soft, damp cloth. Do not use abrasive cleaners or immerse in water. Ensure the device is completely dry before storing or recharging.
- Storage:** Store the device in a cool, dry place away from direct sunlight and extreme temperatures.
- Battery Care:** To maintain battery health, charge the device at least once every three months if not in regular use.

## TROUBLESHOOTING

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Problem	Possible Cause	Solution
Device does not turn on.	Battery is low or depleted.	Charge the device fully.
No compression.	Compression setting is off or too low.	Press the Compression Level button to select a higher setting. Ensure the wrap is securely fastened.
No heat.	Heat setting is off or too low.	Press the Heat button to select a heat level (Low or High). Allow a few minutes for the heat to build.
Device stops unexpectedly.	Battery depleted or automatic shut-off activated.	Recharge the device. The device may have an automatic shut-off feature for safety; simply restart if desired.

If the problem persists, please contact NuvoMed customer support.

## SPECIFICATIONS

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**Model Number:** MPAM-4/0112

**Brand:** NuvoMed

**Product Dimensions:** 8.8 x 6.4 x 15.6 inches

**Color:** Black

**Material:** Fabric

**Unit Count:** 1 Count

**Power Source:** USB Rechargeable Battery

**Battery Life:** Up to 2 hours per charge

**Heat Settings:** 2 levels (Low, High)

**Compression Levels:** 3 levels (Low, Medium, High)

**Massage Modes:** Kneading, Pressure, Auto

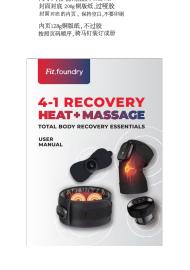
## WARRANTY AND SUPPORT

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For warranty information or technical support, please contact NuvoMed customer service. Keep your purchase receipt as proof of purchase.

**Customer Service:** Refer to the contact information provided with your product packaging or visit the official NuvoMed website.

## Related Documents - MPAM-4/0112

	<p><a href="#">Nuvomed ANS-6/0939 Neck &amp; Shoulder Wrap: User Guide and Warranty Information</a></p> <p>This document provides instructions for using, cleaning, and warranty details for the Nuvomed ANS-6/0939 Neck &amp; Shoulder Wrap, designed for warm and cold thermal therapy.</p>
	<p><a href="#">NuvoMed NFMV-4/0715 Heated Foot Massager Instruction Manual</a></p> <p>Comprehensive instruction manual for the NuvoMed NFMV-4/0715 Heated Foot Massager, covering getting started, parts description, usage, cleaning, safety precautions, and warranty information.</p>
	<p><a href="#">Fit Foundry 4-1 Recovery Heat &amp; Massage Total Body Recovery Essentials User Manual</a></p> <p>Comprehensive user manual for Fit Foundry's 4-1 Recovery Heat &amp; Massage Total Body Recovery Essentials, including the Back Relief Wrap (FITHBK-B), Joint Relief Wrap (FITHJN-B), Wearable Relief Pad (FITHPD-B), and Cupping Relief Device (FITHCUP-B). Learn about product features, operational guidelines, safety precautions, charging, cleaning, and maintenance.</p>
	<p><a href="#">Honkay Air Compression Leg Massager User Manual - Model KB-9490Max</a></p> <p>User manual for the Honkay Air Compression Leg Massager (Model KB-9490Max/KB-9490Pro). This guide provides detailed instructions on operation, features, safety precautions, cleaning, and troubleshooting for the 4-chamber compression therapy device.</p>
	<p><a href="#">FOREO LUNA 4 plus User Manual: Heated Cleansing &amp; Microcurrent Device Guide</a></p> <p>Comprehensive user manual for the FOREO LUNA 4 plus, detailing its features, usage instructions, app integration, troubleshooting, safety precautions, and warranty information for this advanced skincare device.</p>
	<p><a href="#">ÖSSUR FORMFIT® Knee MCL Instructions for Use</a></p> <p>User manual and instructions for the ÖSSUR FORMFIT® Knee MCL brace, detailing intended use, indications, safety instructions, application, adjustment, removal, cleaning, and disposal.</p>