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› [Chefman Countertop Microwave Oven 0.7 Cu. Ft. Digital Stainless Steel - Instruction Manual](#)

## Chefman RJ55-SS-7

# Chefman Countertop Microwave Oven 0.7 Cu. Ft. Digital Stainless Steel - Instruction Manual

Model: RJ55-SS-7

## 1. INTRODUCTION

Thank you for choosing the Chefman Countertop Microwave Oven. This 0.7 cubic foot, 700-watt digital microwave is designed for convenience and efficiency in any kitchen. It features 6 auto menus, 10 power levels, Eco Mode, a memory function, mute function, and a child safety lock. This manual provides essential information for safe and effective use of your appliance.



*Front view of the Chefman 0.7 Cu. Ft. Digital Stainless Steel Microwave Oven.*

## 2. SAFETY INSTRUCTIONS

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Always read and follow all safety instructions provided in the included User Guide before operating the microwave oven. Keep this manual for future reference.

- Ensure proper ventilation around the unit.
- Do not operate the microwave if it is damaged.
- Use only microwave-safe cookware.
- The Child Safety Lock feature helps prevent accidental operation by children. Refer to the 'Features' section for details on activation.

## 3. WHAT'S IN THE Box

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Upon unboxing, please ensure all components are present and undamaged:

- Chefman Countertop Microwave Oven
- Glass Turntable
- Roller Ring (for turntable support)
- User Guide (this manual)

## 4. SETUP

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1. **Unpacking:** Carefully remove the microwave and all packaging materials from the box. Remove any plastic film or protective coverings from the exterior and interior of the oven.
2. **Placement:** Place the microwave on a flat, stable, heat-resistant surface. Ensure there is adequate clearance for ventilation: at least 3 inches from the sides and back, and 12 inches from the top.
3. **Turntable Installation:**
  - a. Place the roller ring in the center of the microwave cavity.
  - b. Carefully place the glass turntable on top of the roller ring, ensuring it sits securely in the center.
4. **Power Connection:** Plug the microwave into a grounded 120V AC electrical outlet. The power cord is located at the back of the unit.

# Easy-Clean Interior

Glass turntable is dishwasher safe.



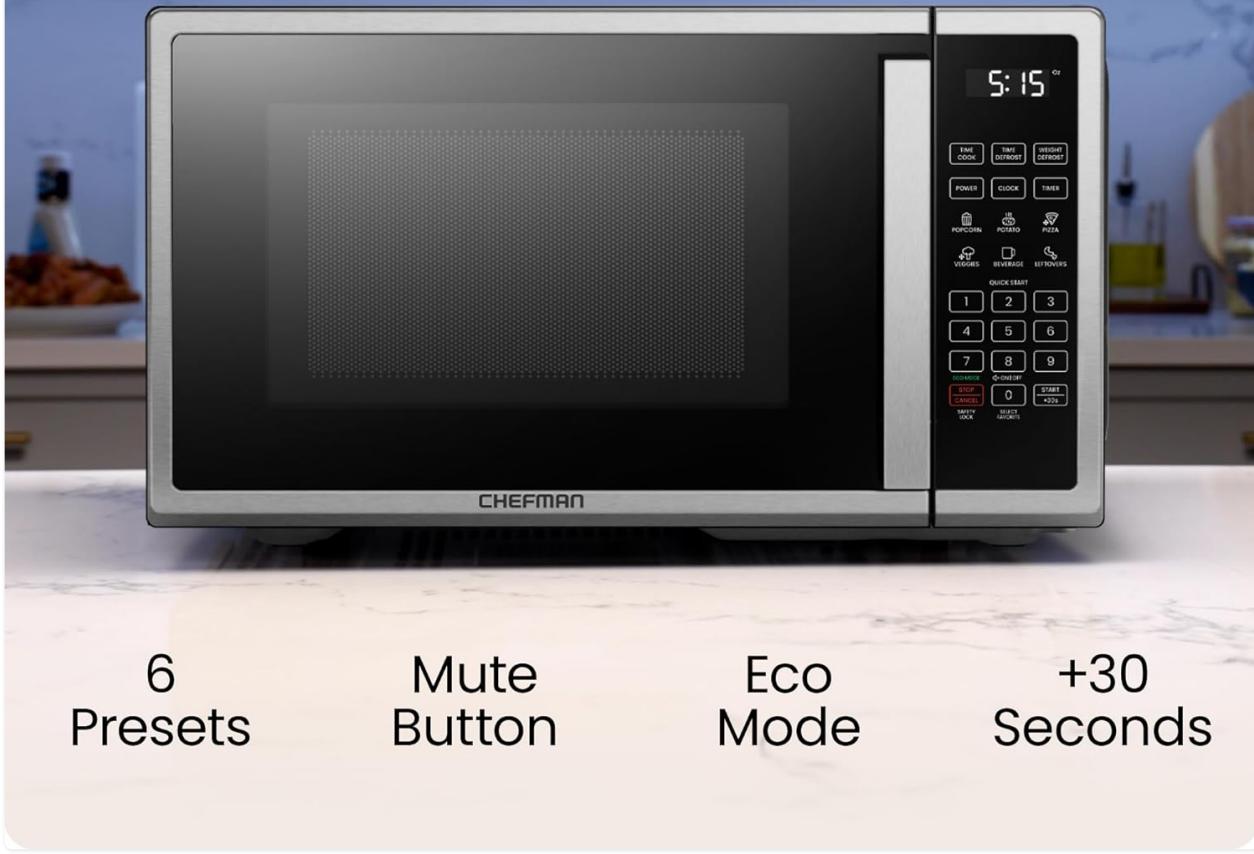
*The removable glass turntable and roller ring for easy cleaning and even heating.*

## 5. OPERATING INSTRUCTIONS

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The control panel features a digital display and various buttons for precise cooking. Familiarize yourself with the layout:

# Versatile Cooking



6  
Presets

Mute  
Button

Eco  
Mode

+30  
Seconds

*Control panel with various presets and functions.*

## Basic Operation:

- **Setting Time:** Press the 'Clock' button, then use the number pad to enter the current time. Press 'Clock' again to confirm.
- **Quick Start (+30 Seconds):** Press the '+30s' button to instantly start cooking for 30 seconds at 100% power. Each additional press adds 30 seconds.
- **Time Cook:** Press 'Time Cook', enter desired cooking time using the number pad, then press 'Start'.
- **Power Level:** After setting the cooking time, press 'Power' and use the number pad (1-10) to select the desired power level. Press 'Start'.
- **Stop/Cancel:** Press 'Stop/Cancel' to pause or clear any cooking program.

## Auto Menus:

The microwave includes 6 convenient auto menus for common foods:

- Popcorn
- Potato
- Pizza

- Veggies
- Beverage
- Leftovers

To use, simply place the food in the microwave, press the corresponding auto menu button, and the microwave will automatically set the optimal cooking time and power level.

## 6. FEATURES

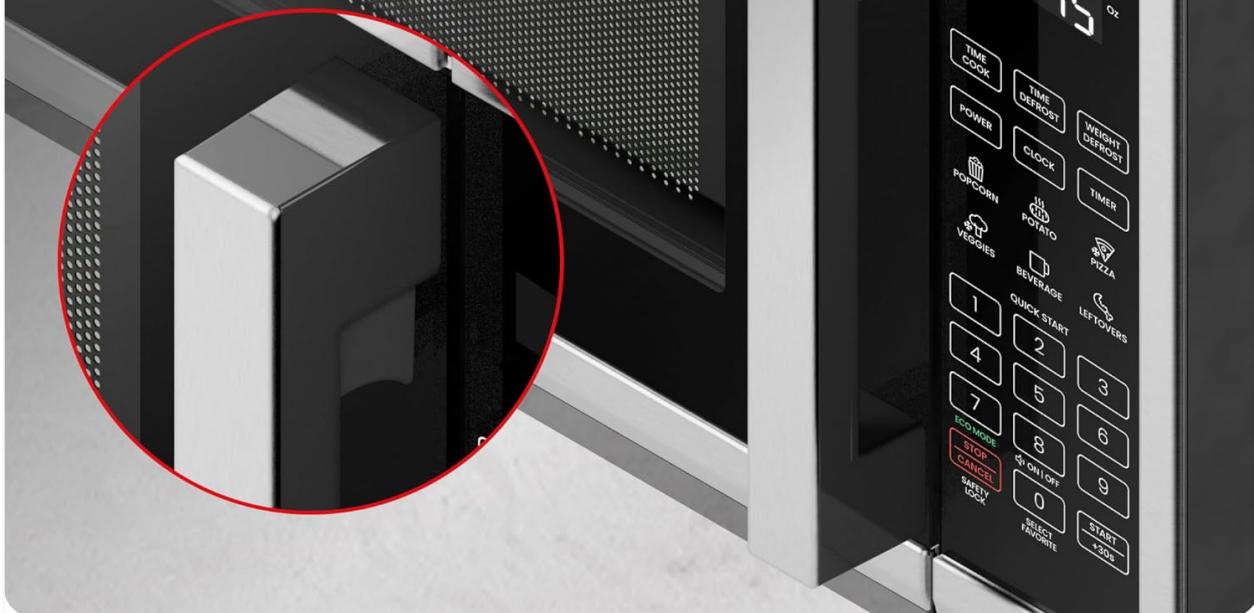
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- **Express Cook:** 6 presets for popcorn, potato, pizza, veggies, beverages, and leftovers simplify cooking.
- **10 Power Levels:** Offers flexibility for heating, defrosting, and cooking with 700 watts of power.
- **Convenient Memory Function:** Save frequently used settings for quick access to your preferred cooking programs.
- **Multiphase Cooking:** Program two different cooking cycles for a single food item, allowing for varied power levels and times.
- **Mute Option:** Silences beeps and alarms for quieter operation, ideal for homes, apartments, or dorms.
- **Eco Mode:** Reduces energy consumption by automatically shutting off the LED display when the microwave is not in use.
- **Quick Start 30 Seconds:** The '+30s' button provides instant 30-second heating, extendable with multiple presses.
- **Child Safety Lock:** Prevents unintended use. To activate/deactivate, hold the 'STOP/CANCEL' button for 3 seconds.

# Child Safety Lock

1. Pull upwards on the release trigger

2. Pull handle to open



*Detailed instructions for engaging the Child Safety Lock.*

## 7. MAINTENANCE AND CLEANING

Regular cleaning ensures optimal performance and longevity of your microwave oven.

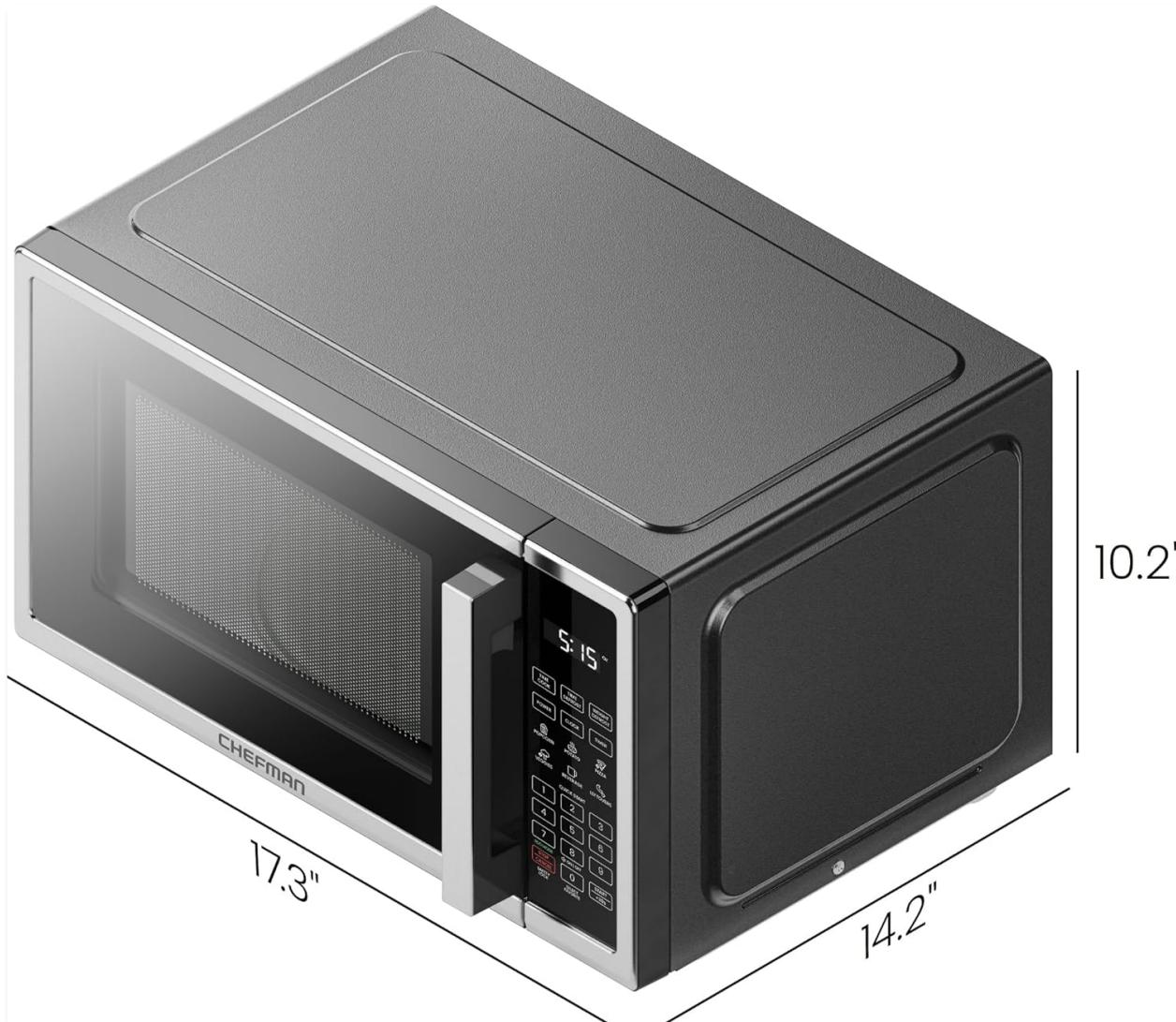
- **Interior Cleaning:** Wipe the interior with a damp cloth and mild detergent after each use. For stubborn stains, place a bowl of water with lemon slices inside and microwave for a few minutes to loosen residue, then wipe clean.
- **Glass Turntable:** The glass turntable is removable and dishwasher safe for easy cleaning.
- **Exterior Cleaning:** Wipe the exterior surfaces with a soft, damp cloth. Avoid abrasive cleaners that may scratch the finish.

## 8. TROUBLESHOOTING

If you encounter any issues with your Chefman microwave, please refer to the troubleshooting section in your comprehensive User Guide. Common issues and their solutions are typically covered there. For further assistance, contact Chefman customer support.

## 9. SPECIFICATIONS

| Specification      | Detail                      |
|--------------------|-----------------------------|
| Brand              | Chefman                     |
| Model Number       | RJ55-SS-7                   |
| Capacity           | 0.7 Cubic Feet              |
| Wattage            | 700 Watts                   |
| Voltage            | 120 Volts                   |
| Installation Type  | Countertop                  |
| Material           | Stainless Steel             |
| Color              | Stainless Steel, Black      |
| Item Weight        | 20.2 Pounds                 |
| Product Dimensions | 12.95 x 17.32 x 10.2 inches |



Dimensions of the Chefman Countertop Microwave Oven.

## 10. WARRANTY AND SUPPORT

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The Chefman Countertop Microwave Oven is UL approved and comes with advanced safety technology for long-lasting durability. A 1-year assurance is provided by Chefman. For warranty claims or product support, please refer to the contact information in your User Guide or visit the official Chefman website.