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> ERHIVORA Cordless Shoulder Heating Pad with Massage (Model D10220009) User Manual

ERHIVORA D10220009

ERHIVORA Cordless Shoulder Heating Pad with Massage (Model D10220009) User Manual

Comprehensive instructions for safe and effective use.

INTRODUCTION

Thank you for choosing the ERHIVORA Cordless Shoulder Heating Pad with Massage. This device is designed to provide targeted heat and vibration therapy to the shoulder area, aiding in the relief of discomfort associated with various conditions. Please read this manual thoroughly before first use to ensure proper operation, safety, and maintenance of your device.

IMPORTANT SAFETY INFORMATION

Caution: This product generates heat and is electric. Adherence to the following safety guidelines is crucial to prevent injury or damage to the device.

- Avoid direct contact with skin for extended periods to prevent burns. Use over clothing.
- Do not use while sleeping or bathing.
- Keep away from water and other flammable materials.
- Charge only with the provided Type-C charging cable.
- Do not use if the device or charging cable is damaged.
- Keep out of reach of children and pets.
- Consult a doctor before use if you have any medical conditions, are pregnant, or have sensitive skin.
- This device is not intended to diagnose, treat, cure, or prevent any disease or health condition.

PRODUCT FEATURES

The ERHIVORA Shoulder Heating Pad with Massage offers several features designed for user comfort and therapeutic effectiveness:

- **Ergonomic Design:** Shaped to fit the shoulder comfortably, providing targeted relief.
- **Adjustable Heat Levels:** Three distinct heat settings for personalized therapy.

- Low: 45°C - 55°C (113°F - 131°F)
- Medium: 56°C - 65°C (132.8°F - 149°F)
- High: 66°C - 75°C (150.8°F - 167°F)

- **Vibration Massage Modes:** Three vibration intensity levels (High, Medium, Low) to complement heat therapy.
- **Cordless Operation:** Built-in 5000mAh rechargeable battery allows for portable use without being tethered to an outlet.
- **Universal Fit:** Designed for both left and right shoulders, suitable for chest sizes 27 to 55 inches, with included extension straps for optimal fit.
- **LED Display:** Clear display for monitoring heat and massage settings.
- **Soft and Durable Material:** Constructed from comfortable and long-lasting fabric.

3 LEVELS OF HEAT & MASSAGER

Low 40°C/104°F to 50°C/122°F

Mid 50°C/122°F to 60°C/140°F

High 60°C/140°F to 75°C/167°F

Low

Medium

High



This image illustrates the three heat levels (Low, Mid, High) and three vibration massage levels (Low, Medium, High) available on the ERHIVORA shoulder heating pad. The heat ranges are displayed in both Celsius and Fahrenheit.



This image highlights key components and adjustability of the heating pad, including the LED display for controls, the soft and durable material, the integrated rechargeable battery, and the adjustable straps designed to fit chest sizes from 27 to 55 inches, with additional extension straps provided.

SETUP AND WEARING INSTRUCTIONS

Follow these steps to correctly wear your ERHIVORA Shoulder Heating Pad:

1. **Prepare the Device:** Ensure the device is charged. If needed, connect the Type-C charging cable to the device and a power source.
2. **Position on Shoulder:** Place the heating pad over the desired shoulder (left or right). The control panel should be easily accessible on the front of your arm.
3. **Secure Arm Strap:** Fasten the smaller strap around your upper arm, ensuring it is snug but not overly tight.
4. **Secure Chest Strap:** Bring the longer strap across your chest and under the opposite arm. Connect the buckle and adjust the strap for a comfortable and secure fit. If your chest size requires it, use the provided extension strap.
5. **Final Adjustment:** Adjust all straps to ensure the pad is securely in place and the heating/massage elements are

positioned correctly on your shoulder. The fit should allow for movement without slipping.



This image provides a visual guide for wearing the shoulder heating pad, demonstrating how to use the extension strap, fix the velcro on the arm, secure the strap around the chest, adjust for comfort, and select desired heating and vibration settings.

OPERATING INSTRUCTIONS

The control panel on the device allows you to manage the heating and massage functions.

Power On/Off

- Press and hold the power button (usually indicated by a power symbol) for 2-3 seconds to turn the device on or off.
- The LED display will illuminate upon activation.

Adjusting Heat Settings

- Once powered on, press the heat button (often indicated by a flame symbol) to cycle through the three heat levels: Low, Medium, and High.
- The current heat level will be displayed on the LED screen.

Adjusting Massage Settings

- Press the massage button (often indicated by a wave or vibration symbol) to cycle through the three vibration massage modes: Low, Medium, and High.
- The current massage mode will be displayed on the LED screen.

Automatic Shut-off

For safety and energy conservation, the device may feature an automatic shut-off function after a certain period of continuous use. Refer to the LED display for any timer indications.

CHARGING INSTRUCTIONS

The ERHIVORA Shoulder Heating Pad is equipped with a rechargeable 5000mAh battery.

1. **Connect Charger:** Locate the Type-C charging port on the device. Insert the provided Type-C charging cable into the port.
2. **Connect to Power:** Plug the other end of the charging cable into a compatible USB power adapter (not included) or a USB port on a computer.
3. **Charging Indicator:** The LED display or an indicator light on the device will show the charging status. It typically changes color or displays a battery icon to indicate charging and full charge.
4. **Full Charge:** A full charge may take several hours. Disconnect the charger once the battery is fully charged to prolong battery life.
5. **Usage During Charging:** For safety, it is recommended not to use the device while it is charging.

Note: A full charge typically provides approximately 3 hours of continuous use, depending on the selected heat and massage intensity levels.

CARE AND MAINTENANCE

Proper care will extend the life of your heating pad:

- **Cleaning:** Disconnect the device from any power source before cleaning. Wipe the surface with a soft, damp cloth. Do not immerse the device in water or use harsh chemical cleaners.
- **Storage:** Store the device in a cool, dry place away from direct sunlight and extreme temperatures. Ensure the device is completely cool before storing.
- **Battery Care:** To maintain battery health, avoid fully discharging the battery frequently. Charge the device regularly, even if not in use for extended periods.
- **Avoid Damage:** Do not bend, fold, or twist the heating pad excessively, as this may damage internal components.

TROUBLESHOOTING

Problem	Possible Cause	Solution
Device does not turn on.	Battery is depleted.	Charge the device using the provided Type-C cable.
No heat or vibration.	Device not powered on; settings not selected.	Ensure the device is powered on and heat/massage settings are activated via their respective buttons.
Heat is not strong enough.	Low heat setting selected; external factors.	Increase the heat level. Ensure the pad is in proper contact with the shoulder (over clothing).
Device stops working unexpectedly.	Automatic shut-off activated; low battery.	Recharge the battery. If it's due to auto shut-off, restart the device if further use is desired.
Charging not working.	Cable or adapter issue; port damage.	Ensure the Type-C cable is securely connected. Try a different USB power adapter. Contact support if the issue persists.

SPECIFICATIONS

- **Model Number:** D10220009
- **Brand:** ERHIVORA

- **Battery:** 1 Lithium Ion (included), 5000mAh
- **Heat Levels:** 3 (Low: 45-55°C, Medium: 56-65°C, High: 66-75°C)
- **Vibration Modes:** 3 (Low, Medium, High)
- **Charging Port:** Type-C
- **Adjustable Fit:** Suitable for 27-55 inch chest size, 9-16 inch arm size.
- **Product Dimensions:** Approximately 8.23 x 6.1 x 2.44 inches
- **Product Weight:** Approximately 1.1 Pounds

WARRANTY AND SUPPORT

ERHIVORA provides a **Lifetime Warranty** for this product. If you encounter any issues or require assistance, please contact our professional business team. We are committed to providing support within 24 hours and ensuring your satisfaction.

For support, please refer to the contact information provided with your purchase or visit the official ERHIVORA website.