

YESOUL Walkingpad Incline

Yesoul Walking Pad Treadmill User Manual

Model: Walkingpad Incline

1. INTRODUCTION

This manual provides essential information for the safe and effective use of your Yesoul Walking Pad Treadmill. Please read it thoroughly before assembly, operation, or maintenance. This treadmill is designed for home and office use, offering features such as auto incline, smart app connectivity, and a compact design for easy storage.

2. SETUP AND ASSEMBLY

Your Yesoul Walking Pad Treadmill requires minimal assembly. Follow these steps to prepare your treadmill for use.

2.1 Unpacking

Carefully remove all components from the packaging. Ensure all parts listed in the packing list are present. Keep packaging materials for future storage or transport.

2.2 Placement

Place the treadmill on a flat, stable surface. Ensure there is adequate clear space around the treadmill for safe operation, especially at the rear for emergency dismount. The compact design allows it to be placed under a desk for walking while working or stored under a bed or sofa when not in use.



Figure 2.1: The Yesoul Walking Pad Treadmill in typical usage scenarios, highlighting its compact design and suitability for under-desk use.

Easy to Move and Store



Figure 2.2: The treadmill is equipped with wheels for easy portability and can be stored in small spaces, such as under furniture, due to its slim profile (47.8"D x 20.9"W x 4.9"H).

2.3 Initial Power-On

Connect the power cord to a grounded electrical outlet. The LED display will illuminate, indicating the treadmill is ready for use.

2.4 App Connection

For enhanced features, download the Yesoul App (Control Program Name: Yesoulfitness) from your device's app store. Enable Bluetooth on your device and follow the in-app instructions to pair with your treadmill. The app provides scenic routes, live classes, and real-time performance tracking.

YESOUL Interactive Fitness Center

Your Home Gym Expert-Classes, Live, Immersive Rides and Data Tracking



Figure 2.3: The Yesoul Interactive Fitness Center app offers immersive experiences with scenic routes, live classes, and comprehensive data tracking to enhance your workout.

3. OPERATING INSTRUCTIONS

Understand the various functions and controls of your Yesoul Walking Pad Treadmill for an optimal workout experience.

3.1 Remote Control

The treadmill is operated primarily via the included remote control. Use it to adjust speed and incline settings. The LED display on the treadmill provides real-time data.



Figure 3.1: The integrated LED display provides real-time workout metrics including speed, time, steps, distance, calories burned, and current incline level. The remote control allows for convenient adjustments.

3.2 Speed Modes

The treadmill supports multiple speed ranges to accommodate different activities:

- **Flat Walking:** 0.3 - 1.2 mph
- **Incline Walking:** 1.3 - 2.5 mph
- **Running (Flat):** 2.6 - 3.8 mph

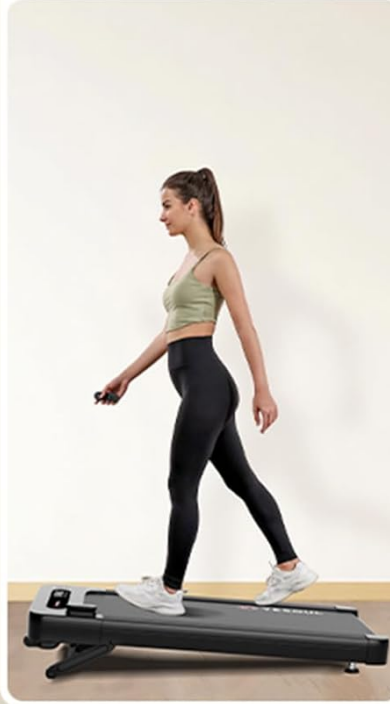
Multiple Speed Modes



Flat Walking
0.3-1.2mph



Incline Walking
1.3-2.5mph



Running(Flat)
2.6-3.8mph

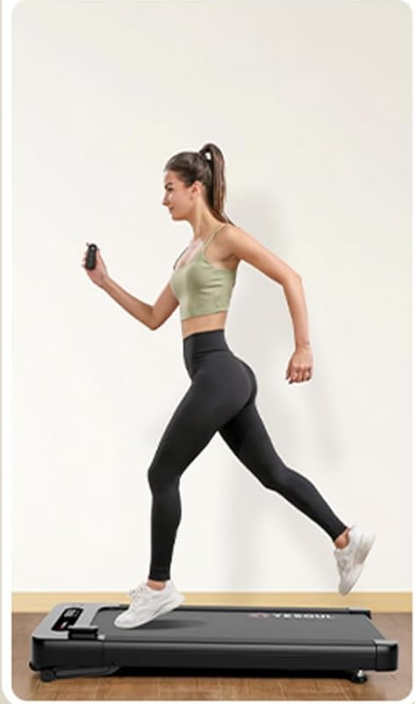


Figure 3.2: The treadmill offers distinct speed ranges for flat walking, incline walking, and light running, catering to various fitness levels and workout intensities.

3.3 Auto Incline Feature

The treadmill features an automatic incline system, adjustable up to 10%. This allows for simulating uphill walking, hiking, or running, which can increase calorie burn and muscle engagement.

Power Your Run with 10% Auto Incline

Simulates hill-climbing workout for faster calorie burn



Figure 3.3: The 10% auto incline feature allows users to simulate uphill terrain, enhancing workout intensity and calorie expenditure.

3.4 Running Belt and Shock Absorption

The treadmill is equipped with a spacious 41.5" x 15.5" running belt, constructed with 5 layers for durability and comfort. A 6-point shock absorption system is integrated to reduce joint stress during use.



Figure 3.4: The treadmill's design incorporates a 6-point shock absorption system and a 5-layer running belt for enhanced knee protection and reduced joint impact during workouts.

4. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

4.1 Cleaning

Wipe down the treadmill surface and display with a soft, damp cloth after each use. Avoid using abrasive cleaners or solvents that could damage the finish or electronic components.

4.2 Belt Lubrication

Periodically check the running belt for proper lubrication. Refer to the specific instructions provided with your treadmill for recommended lubrication frequency and type of lubricant. Proper lubrication prevents friction and extends belt life.

4.3 Belt Tension and Alignment

If the running belt feels loose or shifts to one side, it may require tension adjustment or realignment. Consult the detailed instructions in your product's specific manual for the correct procedure. Incorrect tension or alignment can affect performance and safety.

5. TROUBLESHOOTING

This section addresses common issues you might encounter with your Yesoul Walking Pad Treadmill.

Problem	Possible Cause	Solution
Treadmill does not power on.	Power cord not securely plugged in; power outlet issue.	Ensure power cord is fully inserted into the treadmill and a working electrical outlet. Check circuit breaker.
Belt stops or slips during use.	Belt too loose; insufficient lubrication.	Adjust belt tension according to manual; apply silicone lubricant under the belt.
Unusual noise from motor.	Debris under belt; motor issue.	Inspect under the belt for foreign objects. If noise persists, contact customer support.
Remote control not responding.	Battery low; remote not paired.	Replace remote control battery. Refer to setup section for pairing instructions.

If you encounter issues not listed here or if solutions do not resolve the problem, please contact Yesoul customer support.

6. SPECIFICATIONS

Detailed technical specifications for the Yesoul Walking Pad Treadmill.

- Brand:** YESOUL
- Model Name:** Walkingpad Incline
- Color:** Black
- Product Dimensions (LxWxH):** 47.8" x 20.9" x 4.9"
- Item Weight:** 45.2 Pounds
- Material:** Alloy Steel
- Maximum Speed:** 3.8 Miles per Hour
- Minimum Speed:** 0.3 Miles per Hour
- Special Feature:** Auto Incline
- Maximum Incline Percentage:** 9.99% (approx. 10%)
- Maximum Horsepower:** 2.5 Horsepower
- Maximum Weight Recommendation:** 300 Pounds
- Deck Length:** 47.8 Inches
- Deck Width:** 20.9 Inches
- Display Type:** LED Display
- Power Source:** Electric
- Connectivity Technology:** Bluetooth
- Control Program Name:** Yesoulfitness

Assembly Required: Yes



Figure 6.1: The Yesoul Walking Pad Treadmill is designed to support users up to 300 pounds, ensuring robust performance for a wide range of individuals.

7. WARRANTY INFORMATION

Your Yesoul Walking Pad Treadmill comes with a manufacturer's warranty.

Warranty Description: 1 Year Manufacturer Warranty.



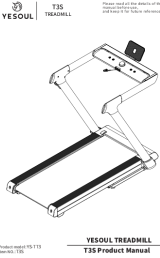
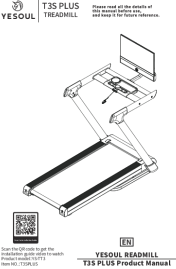

For detailed terms and conditions, including coverage and claim procedures, please refer to the warranty card included with your product or visit the official Yesoul website.

8. CUSTOMER SUPPORT

For any questions, technical assistance, or warranty claims, please contact Yesoul customer support.

You can typically find contact information on the Yesoul official website or through the Yesoul App. Please have your product model and purchase date ready when contacting support.

Related Documents - Walkingpad Incline

 <p>YESOUL W2 PRO WALKING PAD</p> <p>Before using this product, carefully read and properly store this manual.</p> <p>Product model: W2 Pro Product name: W2 Pro Product weight: 12.5kg Product size: 125x45x15cm</p> <p>YESOUL WALKING PAD W2 PRO Product Manual</p>	<p>YESOUL W2 PRO WALKING PAD User Manual</p> <p>Comprehensive user manual for the YESOUL W2 PRO Walking Pad, covering safety precautions, setup, operation, maintenance, app usage, and troubleshooting.</p>
 <p>YESOUL W2 PRO WALKING PAD</p> <p>Before using this product, carefully read and properly store this manual.</p> <p>Product model: W2 Pro Product name: W2 Pro Product weight: 12.5kg Product size: 125x45x15cm</p> <p>YESOUL WALKING PAD W2 PRO Product Manual</p>	<p>YESOUL W2 PRO WALKING PAD Product Manual Safety, Operation, and Maintenance Guide</p> <p>A comprehensive user manual for the YESOUL W2 PRO WALKING PAD (Model YS-TW2). This guide covers essential safety precautions, detailed setup and operation instructions, exercise recommendations, troubleshooting common issues, and app integration for enhanced fitness tracking.</p>
 <p>YESOUL T3S TREADMILL</p> <p>Please read all the details of this manual and keep it for future reference.</p> <p>Product model: T3S T3 Product name: T3S</p> <p>YESOUL TREADMILL T3S Product Manual</p>	<p>YESOUL T3S Treadmill: User Manual, Installation Guide, and Operating Instructions</p> <p>This comprehensive manual for the YESOUL T3S Treadmill provides detailed information on product specifications, safety precautions, step-by-step installation, operating instructions, routine maintenance, troubleshooting, and app connectivity.</p>
 <p>YESOUL T3S PLUS TREADMILL</p> <p>Please read all the details of this manual and keep it for future reference.</p> <p>Product model: T3S PLUS Product name: T3S PLUS</p> <p>YESOUL TREADMILL T3S PLUS Product Manual</p>	<p>YESOUL T3S PLUS Treadmill Product Manual</p> <p>Comprehensive product manual for the YESOUL T3S PLUS Treadmill, detailing specifications, safety instructions, installation guide, usage instructions, maintenance, and troubleshooting.</p>
 <p>YESOUL PH5 SMART TREADMILL</p> <p>Please read all the details of this manual and keep it for future reference.</p> <p>Product model: PH5 Product name: PH5</p> <p>YESOUL TREADMILL PH5 Product Manual</p>	<p>YESOUL PH5 Smart Treadmill: User Manual, Assembly, and Operation Guide</p> <p>Comprehensive guide for the YESOUL PH5 Smart Treadmill, detailing assembly steps, safety precautions, electronic operation, maintenance, and exercise tips. Learn how to set up, use, and care for your treadmill.</p>



W1 Treadmill
W1 Treadmill



[YESOUL W1 Treadmill User Manual](#)

Comprehensive user manual for the YESOUL W1 treadmill, covering safety precautions, product features, operating instructions, troubleshooting, and maintenance.