GUGTTR RB-EB505

GUGTTR Under Desk Elliptical Machine

User Manual

1. Introduction

Thank you for choosing the GUGTTR Under Desk Elliptical Machine. This quiet and portable seated pedal exerciser is designed to provide a low-impact workout, ideal for cardio and strength building. It features 12 adjustable speeds and remote control for convenient use in various settings, including home or office environments. This manual provides essential information for the safe and effective operation, maintenance, and troubleshooting of your elliptical machine.

2. Important Safety Instructions

- Read all instructions carefully before using the machine.
- Keep children and pets away from the machine during operation.
- Place the machine on a stable, level surface.
- Ensure adequate space around the machine for safe use.
- Do not stand on the pedals. This machine is designed for seated use only.
- Consult a physician before starting any new exercise program.
- If you experience pain, dizziness, or shortness of breath, stop exercising immediately.
- Keep hands and feet clear of moving parts.
- Use only the provided power adapter.

3. Package Contents

Upon unpacking, please verify that all the following components are included:

- 1 × GUGTTR Under Desk Elliptical Machine
- 1 × Power Cord
- 1 × Remote Control (Batteries not included: requires 2 AA batteries)
- 1 × User Manual
- 1 × Lubrication Oil



Image: The GUGTTR Under Desk Elliptical Machine, showing the main unit, remote control, and display.

4. Setup

The GUGTTR Under Desk Elliptical Machine comes fully assembled, requiring no complex installation. Simply remove it from the packaging, place it on a flat surface, and plug in the power cord.

- **Placement:** Position the elliptical on a stable, flat surface, ensuring there is enough space for comfortable leg movement. It can be used under a desk, while sitting on a couch, or in any seated position.
- **Power Connection:** Connect the power cord to the machine and then to a standard electrical outlet.
- **Remote Control Batteries:** Insert 2 AA batteries (not included) into the remote control.



Image: Demonstrates the elliptical being used comfortably under a desk and while seated on a couch, highlighting its portability and ease of use anywhere.

5. Operating Instructions

5.1. Control Panel and Remote

The machine features an intuitive LCD display and can be controlled directly via the control panel or the included remote control.



Image: A detailed view of the elliptical's LCD screen, illustrating the various fitness metrics it tracks, such as speed, distance, time, calories, and step count.

The LCD display tracks the following metrics:

- **SCAN:** Cycles through all metrics.
- **TIME:** Duration of your workout.
- **DISTANCE:** Distance covered during your workout.
- **SPEED:** Current speed of the pedals.
- **COUNTER:** Total number of steps/rotations.
- **CALORIE:** Estimated calories burned.

The remote control allows you to adjust settings without bending over, making it convenient for all users.

5.2. Modes of Operation

The GUGTTR elliptical offers both manual and automatic modes:

- **Manual Mode (12 Speed Levels):** Use the 'Speed +' and 'Speed -' buttons on the control panel or remote to adjust

the speed manually. There are 12 distinct speed levels to choose from.

- **Auto Mode (P1-P3 Programs):** Select from three pre-programmed modes (P1, P2, P3) for varied workout intensities. These programs automatically adjust speed and direction.

5.3. Pedal Direction

The pedals can be adjusted to move in two directions:

- **Forward:** Standard elliptical motion.
- **Backward:** Engages different muscle groups for a more comprehensive leg workout.

5.4. Quiet Operation

Equipped with a silent wheel and advanced sound-dampening technology, this elliptical operates quietly, even at higher speeds. This ensures you can exercise without disturbing others in your home or office environment.



Image: An illustration highlighting the ultra-quiet design features of the elliptical, including the silent wheel and sound-dampening technology, ensuring minimal noise during operation.

6. Maintenance

Regular maintenance ensures the longevity and optimal performance of your GUGTTR elliptical machine.

- **Cleaning:** Wipe down the machine with a soft, damp cloth after each use to remove sweat and dust. Avoid using abrasive cleaners or solvents.
- **Lubrication:** Apply the provided lubrication oil to the moving parts (as indicated in the separate lubrication instruction sheet) periodically, or if you notice any squeaking or stiffness in the pedals. This helps maintain smooth operation.
- **Storage:** Store the machine in a cool, dry place away from direct sunlight and extreme temperatures.

7. Troubleshooting

If you encounter any issues with your elliptical machine, please refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Machine does not power on.	Power cord not properly connected; Power outlet issue.	Ensure power cord is securely plugged into both the machine and the outlet. Test the outlet with another device.
Pedals are stiff or noisy.	Lack of lubrication; Debris in mechanism.	Apply lubrication oil as per maintenance instructions. Check for and remove any foreign objects.
Remote control not responding.	Dead batteries; Obstruction between remote and machine.	Replace remote control batteries (2 AA). Ensure no objects are blocking the signal path.
Display not showing correct data.	Sensor issue; Reset needed.	Turn off and unplug the machine for 30 seconds, then plug back in and restart. If issue persists, contact customer support.

If the problem persists after attempting these solutions, please contact GUGTTR customer support for assistance.

8. Specifications

Feature	Detail
Model Name	RB-EB505
Brand	GUGTTR
Color	Orange
Product Dimensions (D x W x H)	16"D x 9.5"W x 12"H
Material	Alloy Steel
Resistance Mechanism	Magnetic
Maximum Weight Recommendation	500 Pounds
Item Weight	15 Pounds
Number of Resistance Levels	12

Feature	Detail
UPC	739750146903

9. Warranty and Support

GUGTTR is committed to providing high-quality products and excellent customer service.

- **Warranty:** This product comes with a 2-Year Manufacturer Warranty.
- **Return Service:** GUGTTR offers three months of return service from the date of purchase.
- **After-Sales Support:** We provide lifetime after-sales support for your GUGTTR Under Desk Elliptical Machine.
- **Contact Us:** Should you have any questions, concerns, or require technical assistance, please reach out to us through Amazon messages or email. Your satisfaction is our priority.



Image: A customer service representative ready to assist with any inquiries or support needs.

© 2025 GUGTTR. All rights reserved.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question