

Motast Y66

Motast Y66 Smart Watch Instruction Manual

Model: Y66

1. PRODUCT OVERVIEW

The Motast Y66 Smart Watch is a versatile device designed to enhance your daily life with communication, health monitoring, and fitness tracking features. It includes Bluetooth call functionality, a 1.96-inch HD display, and various sports modes.



Image: The Motast Y66 Smart Watch featuring its 1.96-inch HD color touch screen and a selection of customizable watch faces.

2. WHAT'S IN THE BOX

- Smart Watch x1
- Charging Cable x1
- Instruction Manual x1



Image: The Motast Y66 Smart Watch package contents, showing the watch, charging cable, and instruction manual.

3. SETUP

3.1 Charging the Device

Before first use, fully charge your smart watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. Charging typically takes 1.5-2 hours.

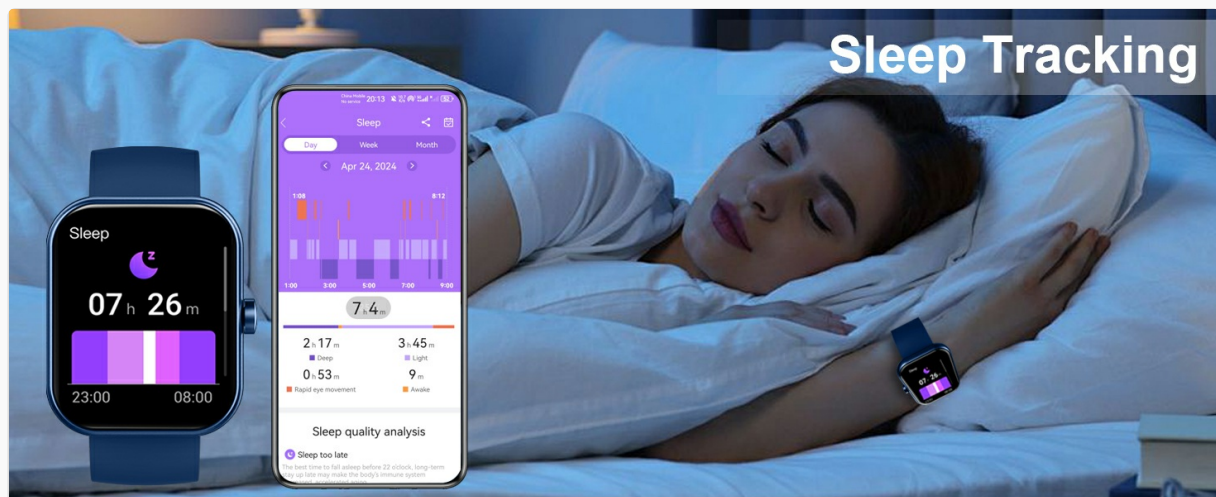


Image: The Motast Y66 Smart Watch connected to its magnetic charging cable, illustrating the charging process and highlighting its IP68 waterproof rating.

3.2 App Download and Connection

1. Download the "GloryFit" APP from the Google Play Store (for Android) or the Apple App Store (for iOS).
2. Ensure your phone's Bluetooth is turned on.
3. Open the "GloryFit" APP and follow the on-screen instructions to search for and bind your Y66 device.
4. Confirm the binding on your watch when prompted.

3.3 Bluetooth Calling Function Setup

1. After successfully binding the watch in the "GloryFit" APP, open the Bluetooth Call function within the app.
2. On your watch, open the Bluetooth call interface.
3. On your phone, go to Bluetooth settings and find "Y66" (or similar device name) and connect to it.
4. Once connected, you can use your watch to answer and make calls.

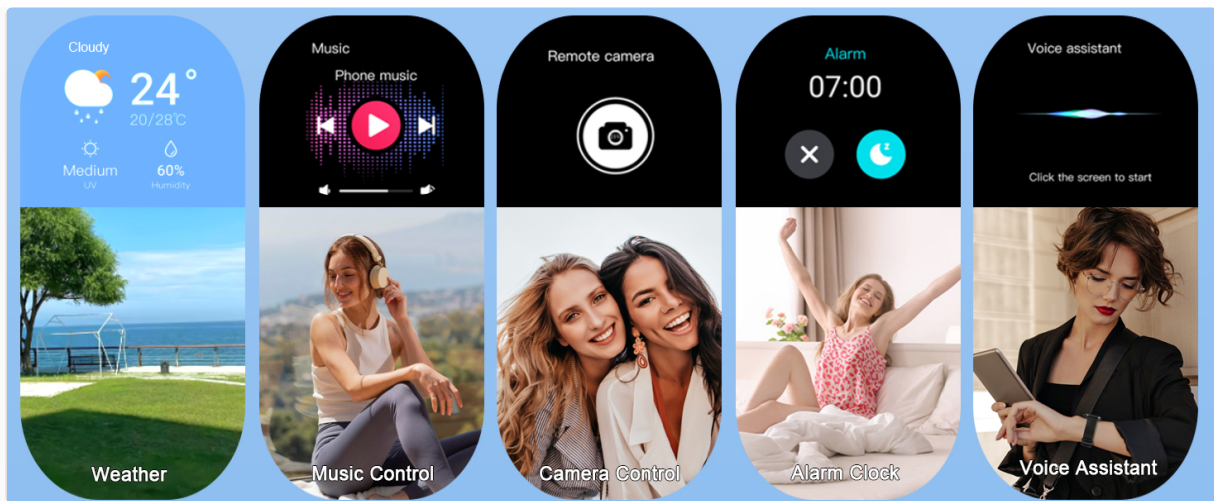


Image: Step-by-step guide on how to connect the Motast Y66 Smart Watch to the 'GloryFit' app and enable its Bluetooth calling feature.

4. OPERATING THE SMART WATCH

4.1 Basic Navigation

The Motast Y66 Smart Watch features a 1.96-inch TFT HD color display with touch screen functionality. Swipe left, right, up, or down to navigate through menus and functions. Press the side button to return to the home screen or access the app list.

4.2 Notifications

Once connected to the "GloryFit" app, you can receive message notifications from various applications (e.g., Facebook, Messenger, Instagram, Gmail, WhatsApp, Twitter). Raise your wrist to view incoming messages and alerts directly on your watch.

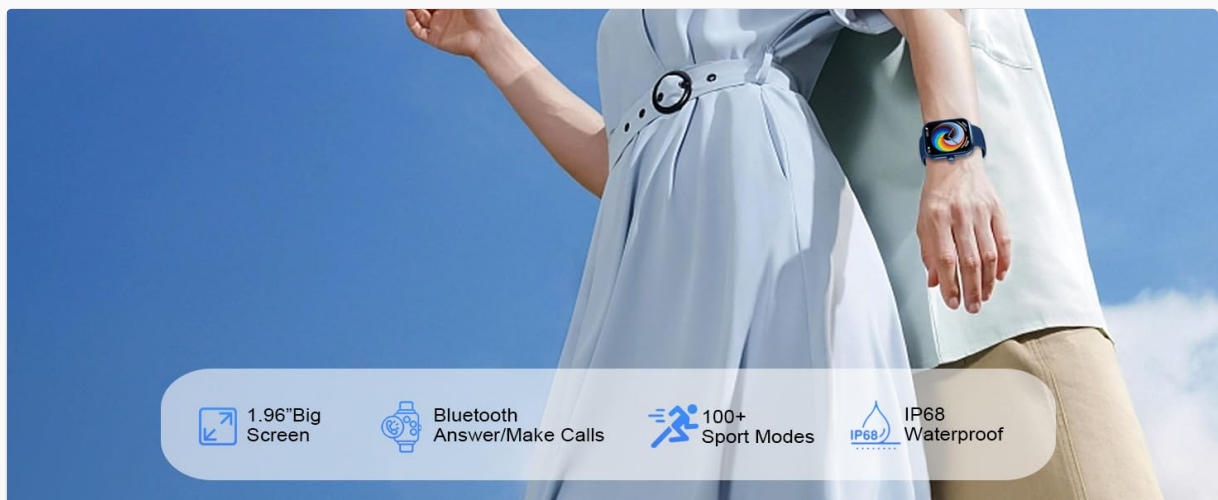


Image: The Motast Y66 Smart Watch showing message notifications from popular social media and communication applications.

4.3 Customization

The watch offers over 200 watch faces through the "GloryFit" app. You can also customize your watch face using photos from your phone's gallery.

4.4 Multifunctional Features

The Motast Y66 Smart Watch includes a variety of functions:

- **Bluetooth Call:** Make and answer calls directly from the watch.
- **Voice Assistant:** Interact with your phone's voice assistant.
- **Music Control:** Control music playback on your connected smartphone.
- **Camera Control:** Remotely trigger your smartphone's camera.
- **Weather Display:** View current weather conditions.
- **Alarm Clock:** Set alarms for reminders.
- **Stopwatch & Timer:** Utilize for timing activities.
- **Find My Phone:** Locate your misplaced smartphone.
- **Sedentary Reminder:** Get alerts to move after periods of inactivity.
- **Breathing Training:** Guided breathing exercises.
- **Women's Health:** Tracking features for women's health.

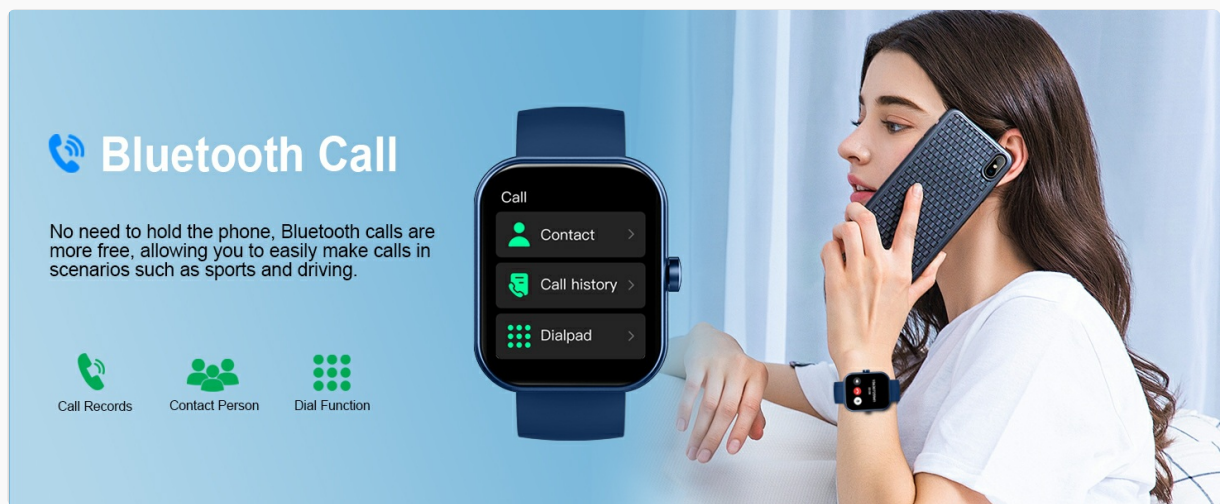


Image: The Motast Y66 Smart Watch showcasing its diverse range of functions, including communication, utility, and health features.

5. HEALTH MONITORING

The Motast Y66 Smart Watch provides continuous health monitoring features.

- **Heart Rate Monitor:** Accurately monitors your heart rate in real-time, providing insights into your heart rate trends.
- **Blood Oxygen (SpO2) Monitor:** Measures your blood oxygen saturation levels.
- **Sleep Monitoring:** Records your sleep patterns (deep sleep, light sleep) and provides a detailed analysis of your sleep quality through the "GloryFit" app.

Message Notification

Receive notifications directly on your watch so you don't miss a single instant message.



Image: The Motast Y66 Smart Watch illustrating its 24/7 health monitoring capabilities, including heart rate, blood oxygen, and sleep tracking.

6. FITNESS TRACKING

The watch supports over 110 sports modes for both indoor and outdoor activities.

- **110+ Sports Modes:** Track various activities such as walking, cycling, hiking, yoga, and more.
- **Activity Data Tracking:** Monitors steps, distance, and calories burned throughout the day.
- **GPS via Smartphone:** Connects to your phone's GPS to track your workout routes and physical status during exercise.



Image: The Motast Y66 Smart Watch demonstrating its ability to track over 110 sports activities, displaying metrics like steps, distance, and calories.

7. MAINTENANCE

7.1 Water Resistance

The Motast Y66 Smart Watch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. You can wear it while washing hands or in the rain.

Note: Do not use the watch in showers, saunas, or while swimming in hot water, as steam and hot water can damage the device.

7.2 Cleaning

Regularly clean your watch and strap with a soft, dry cloth. Avoid using harsh chemicals or abrasive

materials.

8. TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charging cable and allow it to charge for at least 10 minutes before attempting to power it on.
- **Cannot connect to app:** Make sure Bluetooth is enabled on your phone and the watch. Ensure the "GloryFit" app has necessary permissions. Try restarting both your phone and the watch.
- **Inaccurate health data:** Ensure the watch is worn snugly on your wrist, not too tight or too loose. Keep the sensor clean.
- **Short battery life:** Reduce screen brightness, disable unnecessary notifications, and limit continuous heart rate monitoring if not needed.

9. SPECIFICATIONS

Feature	Detail
Model Name	Y66
Screen Size	1.96 Inches
Display Type	LCD
Resolution	320 x 386
Connectivity Technology	Bluetooth 5.3
Operating System	Android Wear 1.0 (Compatible with Android 6.0+ and iOS 10.0+)
Battery Capacity	300 mAh (Approx. 5-7 days daily use, 30 days standby)
Charging Time	1.5-2 Hours
Water Resistance	IP68 (1.5 meters depth)
Metrics Measured	Heart Rate, Sleep Duration, SpO2
Band Material Type	Silicone

10. WARRANTY AND SUPPORT

10.1 Warranty Information

This product comes with a standard manufacturer's warranty. Please refer to the packaging or contact the retailer for specific warranty terms and conditions.

10.2 Customer Support

For any questions, technical assistance, or support regarding your Motast Y66 Smart Watch, please contact the manufacturer or your point of purchase. You may also find additional resources on the official Motast website.

