

Zinus ZU-FADAD3ZC-13X

Zinus Nadia Adjustable Bed Frame Twin XL - Instruction Manual

Model: ZU-FADAD3ZC-13X

1. PRODUCT OVERVIEW

The Zinus Nadia Adjustable Bed Frame is an electric reclining platform bed base designed for enhanced comfort and support. It features independent head and foot incline adjustments, controlled by a 5-function wireless remote. This frame is built with durable steel construction and a fabric-wrapped design, offering both functionality and a modern aesthetic.

- **Customizable Head & Foot Lift:** Adjust the head up to 63° and the foot up to 35° for personalized comfort.
- **Quiet, Smooth Motion:** Dual motors provide gentle transitions without disturbing rest.
- **Simple Wireless Remote:** An intuitive 5-button remote offers effortless control.
- **Durable Steel Construction:** Provides strong, reliable support for up to 750 lbs.
- **Tool-Free Assembly:** Designed for quick and easy setup.

2. SAFETY INFORMATION

Please read and understand all safety instructions before assembly and use. Failure to follow these instructions may result in injury or damage to the product.

- Always follow the assembly instructions carefully to prevent instability.
- Ensure your mattress is compatible with this adjustable base to maintain stability and safety during use.
- Keep children and pets away from the adjustable bed frame during operation to prevent entanglement or injury.
- Do not place hands or feet in the moving parts of the bed frame.
- Ensure the power cord is not pinched or damaged.
- Do not exceed the maximum weight capacity of 750 lbs.

3. SETUP INSTRUCTIONS

The Zinus Nadia Adjustable Bed Frame is designed for quick and tool-free assembly. Follow these steps to set up your bed frame.

3.1 Unboxing and Preparation

1. Carefully remove all components from the packaging.
2. Place the folded bed frame (Component A) on a clean, flat surface.
3. Identify the six legs (Component B) and two mattress retainer bars (Component C), power adapter, and wireless remote.

3.2 Frame Assembly

1. Unfold the bed frame carefully. Ensure it lies flat.
2. Screw the six legs (Component B) into the designated threaded holes on the underside of the frame. Hand-tighten only; no tools are required.
3. Flip the bed frame over so it rests on its legs. It is recommended to have assistance due to the weight.
4. Insert the two mattress retainer bars (Component C) into the holes at the foot of the bed frame. Secure them with the provided pins.

3.3 Electrical Connection & Remote Pairing

5. Connect the power adapter to the control box located under the bed frame.
6. Plug the power cord into a grounded electrical outlet.
7. Install the two AAA batteries (included) into the wireless remote.
8. To pair the remote, press and hold the pairing button on the control box (usually a small button) until the indicator light flashes. Then, press any button on the remote. The light should become solid, indicating successful pairing. If pairing fails, unplug the bed, remove and reinsert remote batteries, then try again.

3.4 Visual Setup Guide

For a visual demonstration of the setup process, please refer to the official Zinus Nadia Adjustable Bed Frame setup video below.

Your browser does not support the video tag.

Official Zinus Nadia Adjustable Bed Frame Setup Guide. This video demonstrates the step-by-step assembly and initial setup of the adjustable bed frame, including unfolding, attaching legs, and connecting power.

3.5 Product Dimensions

TWIN XL SIZE



Image showing the dimensions of the Twin XL Zinus Nadia Adjustable Bed Frame: 78.7 inches long, 37.4 inches wide, and 13 inches high. It also indicates a weight capacity of 750 lbs.

4. OPERATING INSTRUCTIONS

Your Zinus Nadia Adjustable Bed Frame is operated using the included 5-button wireless remote control.

4.1 Wireless Remote Functions

5-button wireless remote



Lift Head



Lower Head



Lift Feet



Lower Feet



Lay Flat



Image of the 5-button wireless remote control. Buttons are labeled for lifting and lowering the head section, lifting and lowering the foot section, and a 'FLAT' button to return the bed to a flat position.

Lift Head: Press and hold to raise the head section of the bed.

Lower Head: Press and hold to lower the head section of the bed.

Lift Feet: Press and hold to raise the foot section of the bed.

Lower Feet: Press and hold to lower the foot section of the bed.

FLAT: Press to return both the head and foot sections to a flat position.

4.2 Adjusting Head and Foot Incline

The bed frame allows for independent adjustment of the head and foot sections. Use the corresponding buttons on the wireless remote to achieve your desired position. The head section can incline up to 63 degrees, and the foot section up to 35 degrees.

Separate head and foot adjustments

0° - 63° Head incline



0° - 35° Foot incline



Diagram illustrating the independent head and foot adjustments. The head section can be adjusted from 0° to 63°, and the foot section from 0° to 35°.



Image showing a person comfortably positioned on a mattress on the Zinus Nadia Adjustable Bed Frame, demonstrating the inclined head and foot positions for relaxation.

5. MAINTENANCE

Proper maintenance ensures the longevity and optimal performance of your adjustable bed frame.

- **Cleaning:** Spot clean only the fabric-wrapped frame. Use a mild detergent and a damp cloth for any spills or stains. Avoid harsh chemicals.
- **Regular Inspection:** Periodically check all connections, including the legs, mattress retainer bars, and electrical cords, to ensure they are secure and undamaged.
- **Motor Care:** The motors are designed for quiet and smooth operation. Avoid obstructing the motor mechanisms.
- **Battery Replacement:** Replace the AAA batteries in the wireless remote when its performance diminishes.

6. TROUBLESHOOTING

If you encounter any issues with your Zinus Nadia Adjustable Bed Frame, refer to the following troubleshooting guide:

Problem	Possible Cause	Solution
Bed does not respond to remote.	Remote batteries are low or dead; remote is not paired; power cord is disconnected.	Replace remote batteries. Re-pair the remote by pressing the pairing button on the control box and then any remote button. Ensure the power cord is securely plugged into the outlet and the control box.
Motor makes unusual noise or bed moves slowly.	Obstruction in moving parts; loose connections; exceeding weight limit.	Check for any objects obstructing the bed's movement. Verify all connections are secure. Ensure the total weight on the bed does not exceed 750 lbs.
Bed frame is unstable or wobbly.	Legs are not securely tightened; uneven floor surface.	Ensure all six legs are fully and securely hand-tightened. Move the bed to a level surface or use shims to stabilize.
Mattress slides off the frame.	Mattress retainer bars not installed or improperly installed.	Ensure both mattress retainer bars are correctly inserted and secured at the foot of the bed.

7. SPECIFICATIONS

Detailed specifications for the Zinus Nadia Adjustable Bed Frame Twin XL.

Feature	Detail
Model Number	ZU-FADAD3ZC-13X
Size	Twin XL
Product Dimensions (L x W x H)	78.7" x 37.4" x 13"
Item Weight	74.5 pounds
Weight Capacity	Up to 750 lbs
Material	Alloy Steel, Engineered Wood, Polyester
Color	Black
Finish Type	Painted
Special Features	Adjustable, No Box Spring Needed, Remote Control
Head Incline	Up to 63°
Foot Incline	Up to 35°
Remote Control	5-Function Wireless Remote
Remote Batteries	2 AAA batteries (included)
Assembly Required	Yes (Tool-Free)
Product Care	Spot Clean Only
UPC	841550392746

Feature	Detail
GTIN	841550392746

8. WARRANTY AND SUPPORT

For warranty information and customer support, please refer to the documentation included with your product or visit the official Zinus website. Zinus provides support for their products and can assist with any questions or issues not covered in this manual.

It is recommended to retain your proof of purchase for any warranty claims.