

Fastrack 38184PP01K

Fastrack Mynd Smart Watch Instruction Manual

Model: 38184PP01K

1. INTRODUCTION

This manual provides essential information for the proper setup, operation, and maintenance of your Fastrack Mynd Smart Watch. Please read this manual thoroughly before using the device to ensure optimal performance and longevity.



Image 1: Fastrack Mynd Smart Watch, Onyx Black.

The Fastrack Mynd Smart Watch features a 1.93-inch AMOLED display, AI-powered functionalities including AI Chat and customizable watch faces, offline voice commands, Bluetooth calling, and a comprehensive health suite. It is designed for daily wear and activity tracking.

2. PACKAGE CONTENTS

Verify that all items are present in the package:

- Fastrack Mynd Smart Watch
- Magnetic Charging Cable
- Quick Start Guide
- Warranty Card

3. SETUP GUIDE

3.1 Initial Charging

Before first use, fully charge your Fastrack Mynd Smart Watch.

1. Connect the magnetic charging cable to the charging pins on the back of the watch.

2. Connect the USB end of the cable to a compatible USB power adapter (not included) or a computer's USB port.
3. The watch display will indicate charging status. A full charge takes approximately 70 minutes.



Image 2: Charging the Fastrack Mynd Smart Watch.

The watch features NitroFast™ charging, providing approximately one day of battery life with just 10 minutes of charging.

3.2 Pairing with Smartphone

To access all smart features, pair your watch with a compatible smartphone (Android 9.0+ or iOS 16+).

1. Download the official Fastrack companion application from your smartphone's app store.
2. Ensure Bluetooth is enabled on your smartphone.
3. Open the Fastrack application and follow the on-screen instructions to add a new device.
4. Select "Fastrack Mynd" from the list of available devices.
5. Confirm the pairing request on both your watch and smartphone.

4. OPERATING INSTRUCTIONS

4.1 Display and Navigation

The Fastrack Mynd features a 1.93-inch AMOLED touchscreen display and a functional crown for navigation.

- **Touchscreen:** Swipe left, right, up, or down to navigate through menus and notifications. Tap to select items.
- **Functional Crown:** Rotate the crown to scroll through lists or adjust settings. Press the crown to return to the home screen or confirm selections.
- **Always-On Display:** This feature allows the time and essential information to remain visible without needing to activate the screen fully.
- **Multiple Menu Styles:** Customize the appearance of your watch's menu interface through the settings.



Image 3: Fastrack Mynd Smart Watch design and display.

4.2 AI Features and Watch Faces

Your Fastrack Mynd Smart Watch integrates Artificial Intelligence for enhanced personalization and interaction.

- **AI Watch Faces:** Generate unique watch faces based on your preferences. Access this feature through the watch or the companion app.
- **AI Chat:** Engage with the AI Chat feature for quick information or assistance directly from your wrist.
- **Offline Voice Commands:** Control various watch functions using your voice, even without an internet connection.

ACTIVE INTELLIGENCE

Infinite Mood.
Infinite watchfaces

MADE BY AI



Suggest places to visit
in North-east India



Hey Fastrack,
Open My Fitness



Image 4: AI Watch Faces and AI Chat functionality.

WHAT'S ON YOUR MYND?

AI That Listens, Learns,
and Responds



Image 5: AI Chat in action on the Fastrack Mynd Smart Watch.

4.3 Bluetooth Calling

The watch supports Bluetooth calling for convenient communication.

- Ensure your watch is paired with your smartphone via Bluetooth.
- Answer or make calls directly from your watch using the built-in microphone and speaker.

4.4 Health Monitoring

The Fastrack Mynd Smart Watch includes a comprehensive health suite to track your well-being.

- **Heart Rate Monitoring (HRM):** Continuous 24/7 heart rate tracking.
- **SpO2 Monitoring:** Measure your blood oxygen saturation levels.
- **Sleep Tracking:** Monitor your sleep patterns, including Nap and REM sleep.
- **Stress Tracking:** Assess and track your stress levels.
- **Women's Health:** Dedicated tracking features for women's health.
- **100+ Multisport Modes:** Track various activities and workouts with detailed metrics.



Image 6: Health Suite and Bluetooth Calling features.

4.5 Productivity Tools and Other Features

The watch offers several utility features:

- Calculator
- Calendar
- Stopwatch
- Timer
- Flashlight
- Password Protection
- SOS Mode
- Find My Phone
- Camera Control
- Built-in Games

5. MAINTENANCE AND CARE

- **Cleaning:** Wipe the watch and strap regularly with a soft, dry cloth. For stubborn dirt, use a slightly damp

cloth and mild soap, then rinse and dry thoroughly.

- **Water Resistance:** The watch has an IP68 rating for water and dust resistance. This means it can withstand immersion in water up to 1.5 meters for 30 minutes. Avoid hot water, steam, or prolonged submersion.
- **Drain Water Feature:** After exposure to water, use the watch's drain water feature to expel any trapped moisture from the speaker and microphone.
- **Avoid Chemicals:** Do not expose the watch to harsh chemicals, solvents, or detergents, as these can damage the materials.
- **Storage:** Store the watch in a cool, dry place when not in use.

6. TROUBLESHOOTING

Problem	Possible Solution
Watch does not turn on	Ensure the watch is fully charged. Connect to the magnetic charger and wait for the charging indicator.
Cannot pair with smartphone	<div>1. Ensure Bluetooth is enabled on your phone.</div> <div>2. Make sure the watch is within range of your phone.</div> <div>3. Restart both the watch and the smartphone.</div> <div>4. Check if the Fastrack app is updated to the latest version.</div>
Inaccurate health data	Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor area regularly.
Short battery life	<div>1. Reduce screen brightness.</div> <div>2. Limit the use of power-intensive features like continuous heart rate monitoring or Always-On Display if not needed.</div> <div>3. Ensure background app usage is optimized on your phone.</div>
Voice commands not responding	Ensure the microphone is not obstructed. Speak clearly and at a normal volume. Check watch settings for voice command activation.

7. SPECIFICATIONS

Feature	Detail
Brand	Fastrack
Model Name	Fastrack MYND
Model Number	38184PP01K
Display Size	1.93 Inches (4.9 cm)
Display Type	AMOLED
Memory Storage Capacity	256 MB
Operating System	Smartwatch OS

Feature	Detail
Compatible Devices	Smartphone (Android 9.0+, iOS 16+)
Special Features	Activity Tracker, Heart Rate Monitor, Multisport Tracker, Phone Call, Stress Tracking, AI Chat, AI Watch Faces, Offline Voice Commands
Connectivity Technology	Bluetooth
Battery Average Life	5 Days
Charging Time	70 Minutes
Battery Type	Lithium Polymer
Water Resistance	IP68
Item Weight	45 g
Country of Origin	India



8. WARRANTY AND SUPPORT





Your Fastrack Mynd Smart Watch comes with a warranty. Please refer to the included Warranty Card for detailed terms and conditions, including the warranty period and coverage.

For technical support, service, or further inquiries, please contact Fastrack customer service. Contact information can typically be found on the Warranty Card or the official Fastrack website.

Manufacturer: Titan Company Limited 3 Sipcot Industries complex, Hosur- 635126

Related Documents - 38184PP01K

	<p>Fastrack Reflex Beat+ Smartwatch User Manual: Features, Pairing & Setup</p> <p>Comprehensive user manual for the Fastrack Reflex Beat+ Smartwatch. Learn about its features, app installation, watch pairing, health tracking, and technical specifications.</p>
	<p>Fastrack S06 Smartwatch User Manual</p> <p>Comprehensive user manual for the Fastrack S06 Smartwatch, covering setup, features, maintenance, and safety information.</p>

	<p>Fastrack FPods FZ100 Truly Wireless Earbuds Quick Start Guide</p> <p>Learn how to set up, use, and care for your Fastrack FPods FZ100 Truly Wireless Earbuds. This guide covers pairing, controls, features like gaming mode and voice assistant, charging, and specifications.</p>
	<p>Fastrack Reflex Play Smartwatch User Manual: Setup, Features, and Troubleshooting</p> <p>Comprehensive user manual for the Fastrack Reflex Play smartwatch, covering setup, app connection, features like fitness tracking, heart rate monitoring, notifications, and troubleshooting guides.</p>
	<p>Fastrack FPods FT7 Truly Wireless Earpods Quick Start Guide</p> <p>Get started with your Fastrack FPods FT7 Truly Wireless Earpods. This guide covers setup, controls, features like 3C NitroFast Charge, Quad Mic ENC, and low latency gaming mode.</p>
	<p>Fastrack FPods FS100: Quick Start Guide, Features, and Specifications</p> <p>Comprehensive quick start guide for Fastrack FPods FS100 Truly Wireless Earbuds. Learn about setup, controls, features like Quad Mic ENC, 60ms gaming mode, 40-hour playtime, and product specifications.</p>