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### DYNAMIC SAUNAS DYN-6210-04 Elite

## DYNAMIC SAUNAS Elite 1 Person Compact Ultra Low EMF FAR Infrared Sauna

MODEL: DYN-6210-04 ELITE

### Introduction

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This manual provides essential instructions for the safe and effective setup, operation, and maintenance of your DYNAMIC SAUNAS Elite 1 Person Compact Ultra Low EMF FAR Infrared Sauna. Please read this manual thoroughly before assembly and use to ensure proper function and longevity of your product. This sauna is designed for personal indoor use, offering a compact solution for infrared heat therapy, red light therapy, and integrated Bluetooth audio.





*Figure 1: DYNAMIC SAUNAS Elite 1 Person Compact Ultra Low EMF FAR Infrared Sauna. This image shows the full exterior of the sauna, highlighting its wooden construction and glass door.*

## Safety Information

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Adherence to the following safety guidelines is crucial for preventing injury and ensuring the safe operation of your sauna.

- Consult a physician before use if you have any medical conditions, are pregnant, or are taking medication.
- Do not use the sauna under the influence of alcohol or drugs.
- Stay hydrated by drinking water before, during, and after sauna sessions.
- Limit session duration to recommended times to avoid overheating.
- Ensure the sauna is placed on a level, stable surface.
- Do not block ventilation openings.
- Keep children and pets away from the sauna during operation.

- Unplug the sauna from the power outlet when not in use or during cleaning.

## Setup and Assembly

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The DYNAMIC SAUNAS Elite is designed for straightforward assembly using a clasp-together construction method. Two people are recommended for assembly.

1. **Unpack Components:** Carefully remove all parts from the packaging and verify against the parts list (not provided in this document, refer to included physical manual).
2. **Prepare Location:** Choose a dry, indoor location with a level floor. Ensure access to a dedicated 120VAC 15AMP electrical circuit.
3. **Assemble Base and Walls:** Connect the base panel to the side walls using the provided clasps. Ensure all connections are secure.
4. **Install Heating Panels:** Position the Carbon PureTech ultra-low EMF heating panels as indicated in the physical assembly guide.
5. **Attach Roof and Door:** Secure the roof panel and attach the tempered glass door, ensuring it swings freely and latches properly.
6. **Connect Electrical:** Plug the sauna into the dedicated 120VAC 15AMP wall outlet.



Figure 2: Assembly steps for the Dynamic Sauna. This image illustrates the simple clasp-together construction, showing individuals assembling the sauna panels.



# Personal Retreat in a Compact Design

## Designed for One. Fits Anywhere.



**Plugs into Standard Outlets**  
120VAC 15AMP Dedicated Circuit

Figure 3: Sauna dimensions and electrical requirements. This image displays the sauna's height (67 inches), width (32 inches), and depth (34 inches), along with the requirement for a 120VAC 15AMP dedicated circuit.

## Operating Instructions

Your DYNAMIC SAUNAS Elite is equipped with user-friendly controls for a customized experience.

- **Power On/Off:** Use the main power button on the interior LED control panel to turn the sauna on or off.
- **Temperature Control:** Adjust the desired temperature using the up/down arrows on the control panel. The sauna can reach temperatures between 118°F and 132°F, with a maximum heating capability of 140°F.
- **Session Timer:** Set your preferred session duration using the timer function on the control panel.
- **Chromotherapy Lighting:** Activate and cycle through various color options for chromotherapy using the dedicated button on the control panel. This feature includes red light therapy.
- **Bluetooth Audio:** Pair your Bluetooth-enabled device with the sauna's built-in speakers to enjoy music or podcasts during your session. Refer to your device's Bluetooth pairing instructions.



# Pacific Clear Cedar Wood Construction



Naturally  
Aromatic



Resists Moisture  
& Decay



Warm  
Aesthetic



Superior Thermal  
Insulation

Figure 4: Interior view of the sauna showing the LED control panel and Carbon PureTech heating panels. The control panel allows for temperature, time, and lighting adjustments.



Figure 5: Illustration of the chromotherapy lighting system. This image displays the sauna interior with various colored lights, demonstrating the range of chromotherapy options available.

Your browser does not support the video tag.

Video 1: Introduction to Dynamic & Golden Design Saunas. This video provides an overview of Dynamic Saunas, highlighting features such as deep penetrating warmth, ease of assembly, and advanced heating technology.

## Maintenance

Regular maintenance ensures the longevity and optimal performance of your sauna.

- **Cleaning:** Wipe down the interior and exterior wood surfaces with a clean, damp cloth after each use. Avoid using harsh chemicals or abrasive cleaners.
- **Wood Care:** The Pacific clear cedar wood is naturally resistant to moisture and decay. To maintain its appearance, avoid excessive moisture and direct sunlight. Do not apply sealants or varnishes to the interior wood.
- **Heater Panels:** Do not touch the heating panels during operation. Ensure they are free from obstructions.
- **Electrical Connections:** Periodically check all electrical connections for tightness and signs of wear.



## Feel Better, Naturally

The Dynamic Sauna Elite supports everyday wellness with a calming, restorative experience.

- Soothes tired muscles
- Supports circulation
- Aids post-workout recovery
- Promotes clearer, smoother skin
- May reduce the appearance of cellulite
- Creates a calming space to relax
- Helps you feel refreshed and recharged
- Ideal for daily relaxation and reset

Figure 6: Close-up of the Pacific Clear Cedar wood used in the sauna's construction. This image highlights the natural grain and quality of the wood, known for its durability and aromatic properties.

## Troubleshooting

If you encounter issues with your sauna, refer to the following common troubleshooting steps:

Problem	Possible Cause	Solution
Sauna does not power on.	No power supply; loose connection; circuit breaker tripped.	Check power cord connection, wall outlet, and circuit breaker. Ensure a dedicated 15AMP circuit is used.
Sauna not heating sufficiently.	Temperature setting too low; door not fully closed; ambient room temperature too cold.	Increase temperature setting. Ensure the door is securely latched. Allow more time for preheating in colder environments.
Bluetooth audio not connecting.	Device not in pairing mode; sauna Bluetooth off; interference.	Ensure your device's Bluetooth is on and in pairing mode. Restart both the sauna and your device. Move closer to the sauna.

If these steps do not resolve the issue, please contact customer support.

## Specifications

- **Model Number:** DYN-6210-04 Elite
- **Dimensions:** Approximately 67" (Height) x 32" (Width) x 34" (Depth)
- **Capacity:** 1 Person
- **Heating Elements:** 4 Carbon PureTech Ultra-Low EMF FAR Infrared Heating Panels
- **Temperature Range:** 118°F - 132°F (Max 140°F)
- **Wood Type:** Pacific Clear Cedar
- **Power Requirement:** 120VAC, 15AMP Dedicated Circuit
- **Features:** Red Light Therapy, Chromotherapy Lighting, Bluetooth Speakers, Interior LED Control Panel

## Warranty Information

The DYNAMIC SAUNAS Elite 1 Person Compact Ultra Low EMF FAR Infrared Sauna comes with a **5-year limited warranty**. This warranty is valid for indoor use only. Please retain your proof of purchase for warranty claims. For detailed terms and conditions, refer to the warranty card included with your product or contact customer support.

## Customer Support

For any questions, technical assistance, or warranty claims, please contact DYNAMIC SAUNAS customer support. Contact information can typically be found on the manufacturer's website or in the packaging materials.

**Manufacturer:** Dynamic Saunas / Golden Designs Inc (NA)

