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› [SKG Shiatsu Foot Massager with Heat and Remote \(Model YS100\) Instruction Manual](#)

SKG YS100

SKG Shiatsu Foot Massager with Heat and Remote

MODEL: YS100 - INSTRUCTION MANUAL

INTRODUCTION

This manual provides essential information for the safe and effective use of your SKG Shiatsu Foot Massager (Model YS100). Please read all instructions carefully before operation and retain this manual for future reference. The SKG YS100 is designed to provide a comprehensive foot massage experience with heat and compression features.

SAFETY INFORMATION

- Not suitable for children, pregnant women, or individuals with sensory impairment unless under supervision.
- Do not use the foot massager if you have serious foot injuries, fractures, open wounds, or swelling.
- Limit use to 15–30 minutes per session to avoid overuse.
- If you feel discomfort or pain, stop using immediately and consult your doctor.
- Use original adapter only (Input: 100-240V).
- Ensure the plastic tab on the remote control has been removed before first use.
- Point the remote directly at the control panel for proper signal reception.

PRODUCT FEATURES

- **Upgraded Professional Foot Massage:** Delivers 20% stronger 360° compression and 30% deeper kneading massage. Features 3 compression modes for fatigue relief.
- **Customizable Comfort:** Offers 3 compression modes and 3 shiatsu intensities for personalized massage. Can use air compression alone or activate 12 rotating massage heads on 4 discs.
- **Soothing Heat Function:** Targeted heat with optional 131°F warmth to help relieve foot tension, plantar fasciitis, neuropathy pain, and numbness.
- **Easy Operation:** Control via remote control or responsive touchscreen panel.
- **Suitable for Various Foot Sizes:** Universally designed for all foot sizes up to US 13 inches.
- **Superior Styling & Easy Maintenance:** Sleek supercar-inspired design (5.51 lbs). Features detachable, machine-washable liners for hygiene. Compact size (6.97 inches height) with 72-inch

power cord for easy storage.

SETUP & INITIAL USE

1. Unpack the SKG Shiatsu Foot Massager from its packaging.
2. Place the massager on a flat, stable surface near a power outlet.
3. Connect the power adapter to the massager and then plug it into a 100-240V power outlet.
4. For remote control use, ensure the plastic tab on the remote has been removed to activate the battery.
5. Sit comfortably and place your feet into the foot chambers.



Figure 1: The SKG Foot Massager can be used comfortably in various home and office settings.

OPERATING INSTRUCTIONS

The SKG YS100 offers dual control options: a responsive touchscreen panel on the unit and a wireless remote control.

Power On/Off

- Press the Power button on the touchscreen or remote to turn the unit on.

- Press and hold the Power button to turn the unit off.

Adjusting Massage Modes & Intensity

- Use the 'Mode' button on the touchscreen or remote to cycle through the 3 available compression modes.
- Use the 'Air Intensity' button to adjust the compression strength (Low, Medium, High).
- The shiatsu kneading intensity can also be adjusted through the controls.

Heat Function

- Press the 'Heat' button on the touchscreen or remote to activate or deactivate the 131°F soothing heat.

Timer Settings

- The massager has auto shut-off settings for 15 or 30 minutes. It is recommended to start with a lower timer setting for initial use.



Figure 2: The control panel and remote offer intuitive access to all massage functions.

MASSAGE MODES AND EFFECTS

The SKG YS100 combines shiatsu kneading, air compression, and heat to target various areas of the foot for comprehensive relief.

- **Shiatsu Kneading:** 12 rotating massage heads on 4 discs target arches, soles, and heels to relieve pain and improve circulation.
- **Air Compression:** 360° compression with 3 adjustable levels helps release tight muscles and activate foot joints.
- **Heat Therapy:** Optional 131°F heat warms the feet, aiding in the relief of plantar fasciitis, neuropathy pain, and numbness.

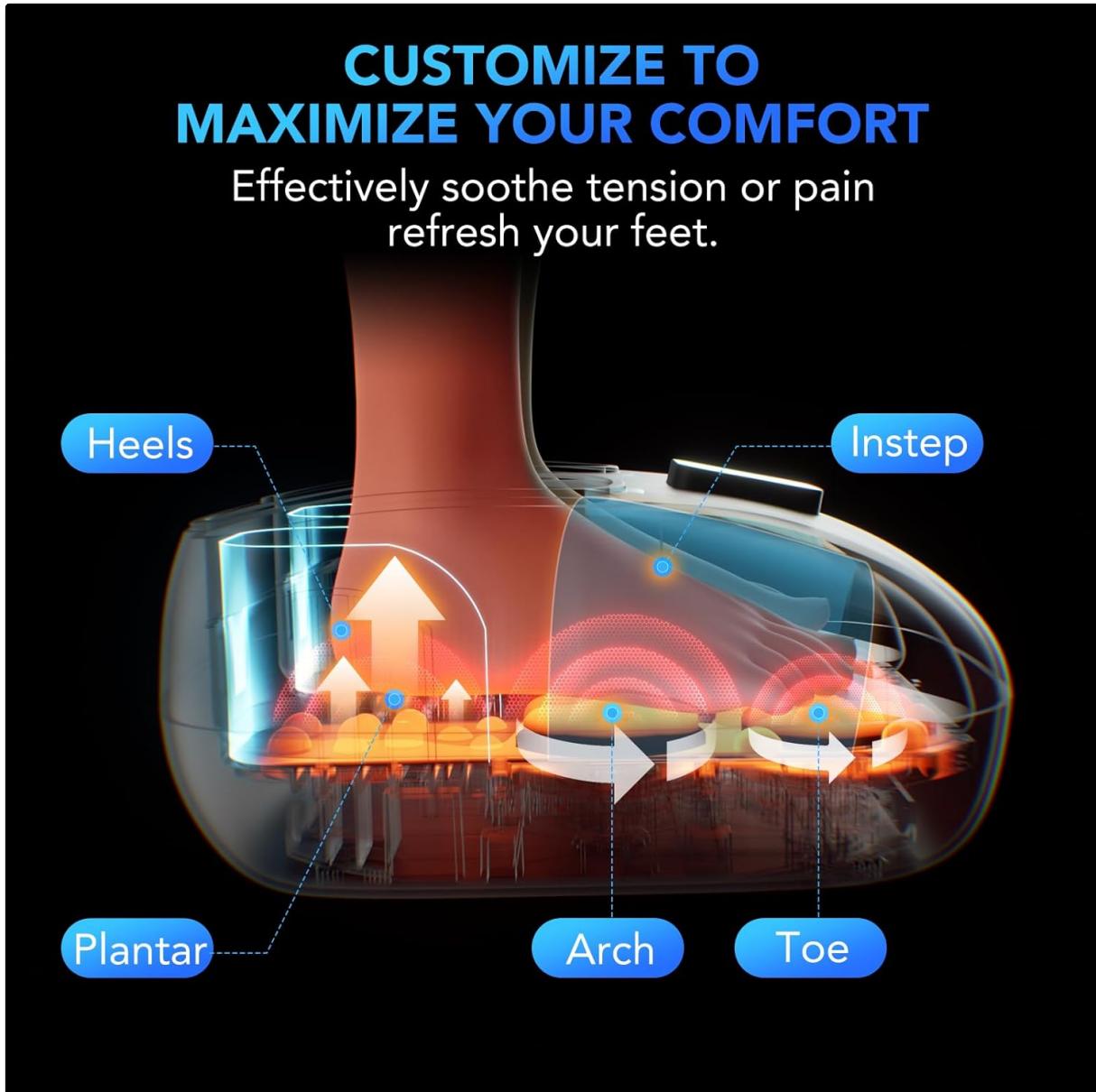


Figure 3: Internal mechanisms target key areas of the foot for effective massage.



3 ADJUSTABLE COMPRESSION LEVELS

Relieve foot tension and restore
comfort after long hours of standing or walking.

Figure 4: Adjustable compression levels provide targeted relief around the entire foot.



Figure 5: The soothing heat function helps to warm feet and alleviate discomfort.

MAINTENANCE

- The internal liners are detachable and machine-washable for easy cleaning and hygiene.
- The exterior surface can be wiped clean with a damp cloth.
- Ensure the unit is unplugged and completely dry before cleaning or storage.

PORTABLE MASSAGER WITH SLEEK DESIGN



Figure 6: The massager features a sleek design and removable, washable covers for easy maintenance.

TROUBLESHOOTING

- Unit not powering on:** Ensure the power adapter is securely connected to both the massager and a working power outlet. Check if the remote control's plastic tab has been removed.
- Remote control not responding:** Point the remote directly at the massager's control panel. Check the remote's battery.
- Abnormal massage intensity or discomfort:** Start at the lowest intensity setting. Adjust your foot position within the massager. Limit session duration to 15-30 minutes. If discomfort persists, discontinue use.
- Heat function not working:** Ensure the heat function is activated via the control panel or remote. Allow a few minutes for the heat to build up.

SPECIFICATIONS

Product Dimensions	14.37 x 12.52 x 6.97 inches
Item Weight	5.51 Pounds

Item Model Number	YS100
Manufacturer	SKG
Power Source	Corded Electric
Material	Ethylene Vinyl Acetate, Polyurethane
Max Foot Size	US Men's 13

OFFICIAL PRODUCT VIDEO

Video: This short video from SKG Health Store highlights the foot massager as a gift idea, showcasing its compact design and ease of use.

WARRANTY AND SUPPORT

For warranty information, product support, or any issues encountered with your SKG Shiatsu Foot Massager YS100, please contact SKG customer service directly. Refer to the product packaging or the official SKG website for contact details.