

[manuals.plus](#) /› [BIGGERFIVE](#) /› [BIGGERFIVE Vigor 3 Kids Fitness Tracker Watch Instruction Manual](#)**BIGGERFIVE KR05**

BIGGERFIVE Vigor 3 Kids Fitness Tracker Watch Instruction Manual

Model: KR05

1. INTRODUCTION

This manual provides detailed instructions for the BIGGERFIVE Vigor 3 Kids Fitness Tracker Watch. This device is designed to help children aged 5-15 track their daily activity, monitor heart rate and sleep, and encourage healthy habits. It features an AMOLED screen and is 3ATM waterproof, making it suitable for various activities without requiring a smartphone for basic functions.

2. WHAT'S IN THE Box

- BIGGERFIVE Vigor 3 Fitness Tracker Watch
- Magnetic Charging Cable
- User Manual

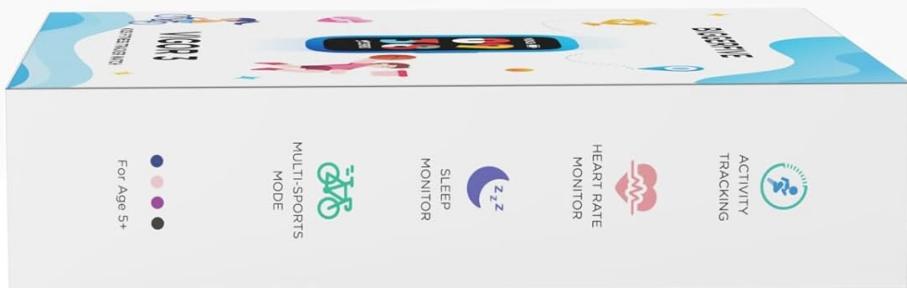


Image: Package contents of the BIGGERFIVE Vigor 3 Fitness Tracker Watch.

3. PRODUCT OVERVIEW

The BIGGERFIVE Vigor 3 features a vibrant AMOLED screen and a durable, comfortable silicone strap. The watch is designed for ease of use, with a single touch button for navigation and interaction.

3.1. Key Components

- **AMOLED Display:** High-resolution, colorful touch screen for clear visibility.
- **Strap:** Adjustable, skin-friendly silicone strap.
- **Charging Contacts:** Located on the back for magnetic charging.
- **Optical Sensor:** For heart rate and sleep monitoring.



Image: The BIGGERFIVE Vigor 3 Kids Fitness Tracker Watch.

LONG BATTERY AMOLED DISPLAY



Up to **10**
day Battery



Vibrant
Colors



Smooth
Touch

Image: Features of the AMOLED display and battery life.

4. SETUP

4.1. Charging the Device

1. Connect the magnetic charging cable to the charging contacts on the back of the watch.
2. Plug the USB end of the cable into a standard USB power adapter (not included) or a computer USB port.
3. The watch will display a charging indicator. A full charge typically takes about 1 hour and provides up to 10 days of battery life.

4.2. Initial Setup (No App Required)

The BIGGERFIVE Vigor 3 can be used independently without a smartphone or app for essential functions. You can set the time, alarm, and step goals directly on the watch.

- Upon first use or after a factory reset, follow the on-screen prompts to set the basic information.
- Navigate through menus using swipes and taps on the screen.



Image: Features available without an app.

4.3. Optional App Connection (For Enhanced Features)

To unlock advanced features such as habit building, health reports, family accounts, and more watch faces, you can connect the watch to the BIGGERFIVE app.

1. Download the BIGGERFIVE app from the App Store (iOS) or Google Play Store (Android). You can find the app by scanning the QR code provided in the packaging or by visiting <https://t.ido.ink/eMFrqm>.
2. Open the app and follow the on-screen instructions to create an account and pair your watch.
3. Ensure Bluetooth is enabled on your smartphone during the pairing process.

24/7 HEART RATE TRACKING

Keep a pulse on fun & health!



Image: Solo mode setup on the watch.

3ATM WATERPROOF



Image: App connection process for enhanced features.

5. OPERATING INSTRUCTIONS

5.1. Navigation

The watch features a touch-sensitive AMOLED screen. Swipe up, down, left, or right to navigate through different menus and functions. Tap to select an option or confirm an action.

5.2. Activity Tracking

The watch automatically tracks steps, distance, and calories burned throughout the day. This data is displayed

directly on the watch face and can be viewed in more detail within the activity menu.

NO APP/PHONE REQUIRED

NO APP:



Activity
Tracking



Heart
Rate



Sleep
Monitor



Alarm
Clock



10 Sports
Mode



Fun
Games

•

•

•

With APP:

Habit
Builder



Health
Report



Family
Account



Daily
Reminder



More
Watch Faces



Badges
Collect



•

•

•

Connect App for More Insights & Features

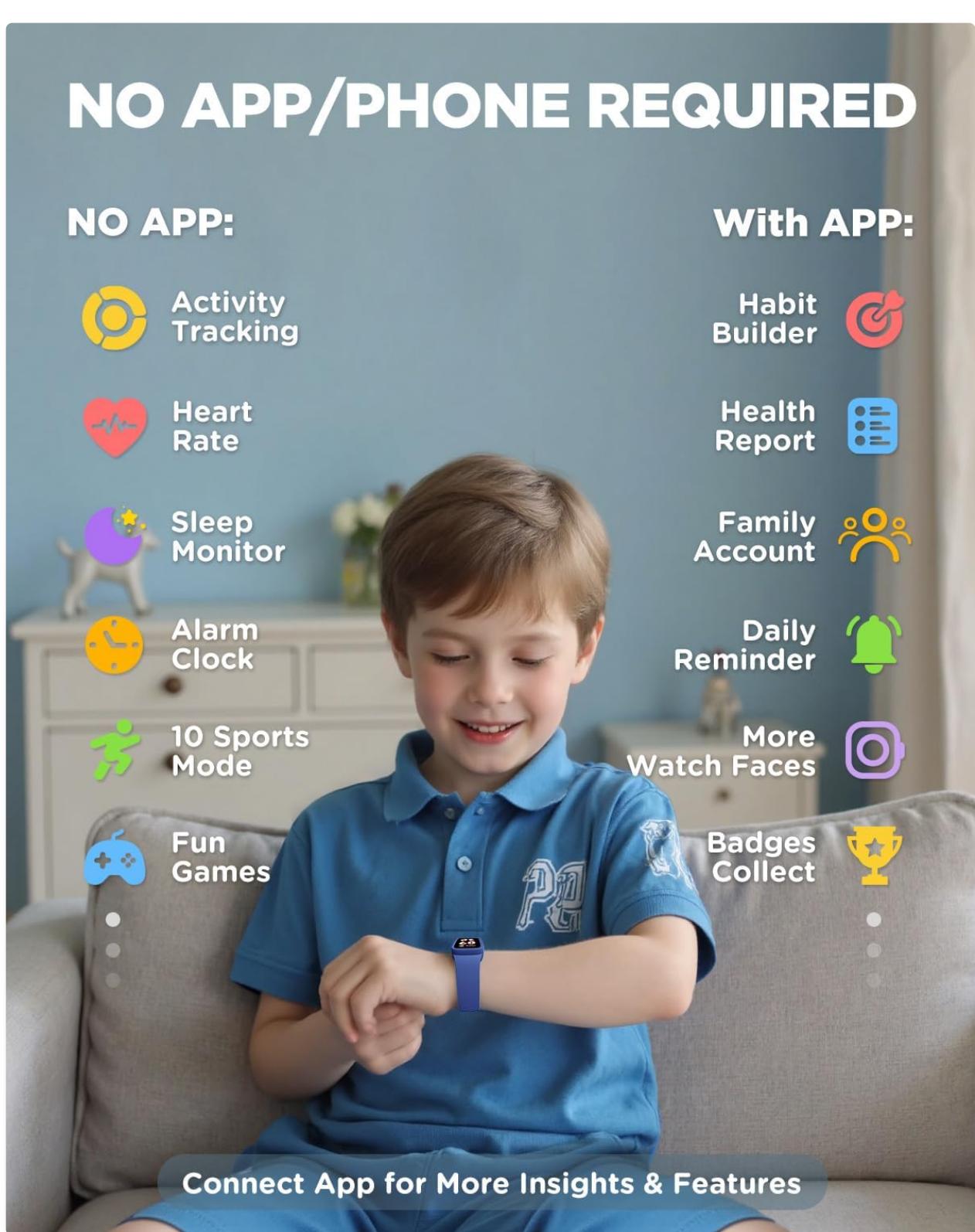


Image: Activity tracking in action, showing steps, distance, and calories.



Image: Real-time activity tracking display.

5.3. Heart Rate Monitoring

The watch provides continuous heart rate monitoring. To view your current heart rate, navigate to the heart rate screen. The watch will display your beats per minute (BPM).

Games



E-Pet



Watch Faces



Habit Forming



Family Account



Reminders

Image: 24/7 Heart Rate Tracking feature.

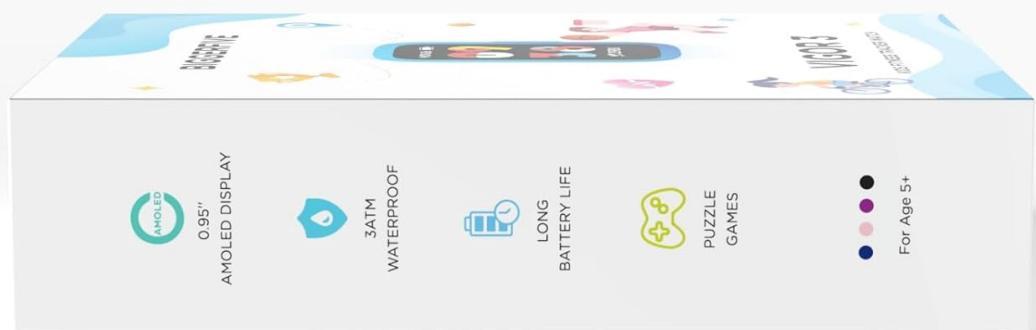


Image: Always-On Heart Rate Monitoring.

5.4. Sleep Monitoring

The watch automatically tracks sleep patterns, including deep sleep, light sleep, and awake times. This data helps in understanding sleep quality and can be viewed on the watch or in the app for more detailed analysis.

SLEEP MONITORING & ANALYZING



Image: Sleep monitoring and analysis.



Image: Understanding sleep patterns with the watch and app.

5.5. Sports Modes

The watch supports 10 different sports modes to track specific activities. To select a sport mode:

1. Swipe to the 'Sports' menu on the watch.
2. Tap to select your desired activity (e.g., Run, Basketball, Cycling, Swimming).
3. The watch will begin tracking metrics specific to that activity.



Image: 10 Sports Modes supported by the watch.

5.6. Habit Reminders, Games & Virtual Pet

The watch includes features to encourage healthy habits and engagement:

- **Habit Reminders:** Set reminders for daily routines like study time, meals, or exercise.
- **Interactive Mini-Games:** Engage with simple games directly on the watch.
- **Virtual Pet:** An e-pet that grows as the child stays active, providing motivation.

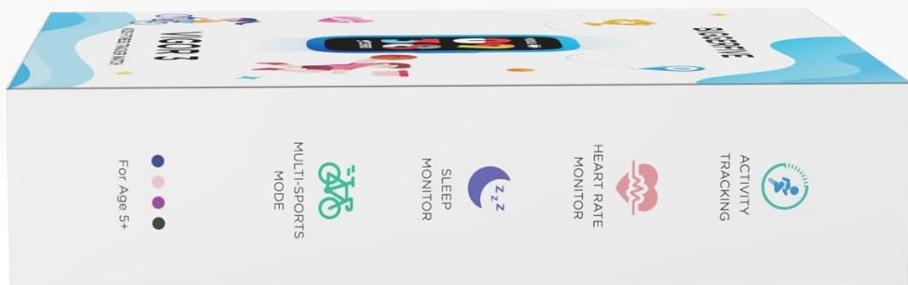


Image: Good Habits, Fun Games & Virtual Pet features.

5.7. Watch Faces

Customize the watch face to personalize the device. Multiple watch face options are available directly on the watch, with more options accessible via the BIGGERFIVE app.

6. WATER RESISTANCE

The BIGGERFIVE Vigor 3 is rated 3ATM waterproof, meaning it is resistant to splashes, rain, and can be worn during swimming. It is not suitable for diving or high-pressure water activities.

- **Suitable for:** Hand-washing, rain, swimming.
- **Avoid:** Hot water (showers, saunas), salt water (sea water), or corrosive liquids, as these can compromise the water resistance and device integrity over time.

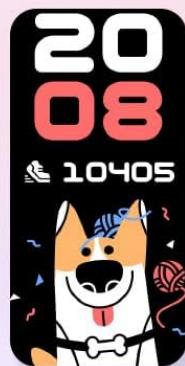
Games



E-Pet



Watch Faces



Habit Forming



Family Account



Reminders

Image: 3ATM Waterproof feature in use while swimming.



Image: Water resistance capabilities.

7. MAINTENANCE

- **Cleaning:** Regularly clean the watch screen and strap with a soft, damp cloth. Avoid harsh chemicals or abrasive materials.
- **Drying:** Ensure the watch is completely dry after exposure to water, especially the charging contacts, to prevent corrosion.
- **Storage:** Store the watch in a cool, dry place when not in use. Avoid extreme temperatures.
- **Charging:** Charge the device regularly to maintain battery health, even if not used frequently.

8. TROUBLESHOOTING

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 10 minutes.
- **Inaccurate tracking:** Ensure the watch is worn snugly on the wrist, about one finger's width above the wrist bone. Restart the watch if issues persist.

- **Screen unresponsive:** Try restarting the watch by pressing and holding the side button (if available) or connecting it to the charger to force a restart.
- **Cannot pair with app:** Ensure Bluetooth is enabled on your phone, the watch is charged, and it is within range. Restart both the watch and the phone, then try pairing again.
- **Short battery life:** Reduce screen brightness, disable unnecessary notifications, and ensure the watch is fully charged before use.

9. SPECIFICATIONS

Feature	Specification
Model Number	KR05
Display Type	AMOLED Screen
Water Resistance	3ATM
Battery Capacity	88 Milliamp Hours
Battery Life	Up to 10 days (typical usage)
Connectivity	Bluetooth
Memory Storage Capacity	64 MB
Item Weight	0.02 Kilograms (0.704 ounces)
Operating System	KR05
Special Features	3ATM Waterproof, AMOLED Screen, Activity Tracker, Multisport Tracker

10. WARRANTY AND SUPPORT

BIGGERFIVE products are designed for quality and reliability. For warranty information, please refer to the documentation included with your purchase or visit the official BIGGERFIVE website.

For technical support or inquiries, please contact:

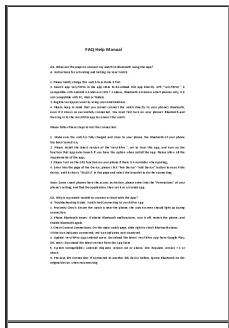
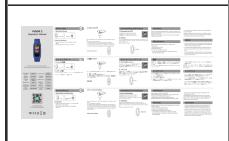
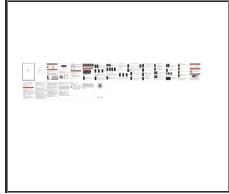
- **Email:** support@biggerfive.com



Image: Support contact information and app download QR codes.

Related Documents - KR05

<p>BIGGERFIVE Watch FAQ and Troubleshooting Guide</p> <p>Comprehensive FAQ and troubleshooting guide for the BIGGERFIVE watch, covering connection issues, app compatibility, data accuracy, battery life, and more.</p>

	<p>BIGGERFIVE Fitness Tracker FAQ and Troubleshooting Guide</p> <p>A comprehensive FAQ and troubleshooting guide for the BIGGERFIVE fitness tracker, covering connection issues, data synchronization, battery life, and resetting the device.</p>
	<p>BIGGERFIVE VIGOR 2 Quick Start Guide: Features and Setup</p> <p>Comprehensive quick start guide for the BIGGERFIVE VIGOR 2 fitness tracker, covering compatibility, charging, app setup, activity tracking, heart rate monitoring, sleep tracking, and specifications.</p>
	<p>VIGOR 2 Smart Band Operation Manual BIGGERFIVE</p> <p>Official operation manual for the BIGGERFIVE VIGOR 2 smart band, detailing quick start, pairing, functions, maintenance, safety, and specifications.</p>
	<p>BIGGERFIVE VIGOR 3 Smart Band Quick Start Guide</p> <p>Comprehensive quick start guide for the BIGGERFIVE VIGOR 3 smart band, detailing charging, features, Bluetooth connectivity, app recommendations, and essential safety information.</p>
	<p>BIGGERFIVE VIGOR Fitness Tracker Watch User Guide</p> <p>Comprehensive user guide for the BIGGERFIVE VIGOR Fitness Tracker Watch, covering setup, features, functions, and maintenance. Learn how to activate, pair, and use your device for health and fitness tracking.</p>