Parsonver G01

Parsonver G01 GPS Smart Watch User Manual

Model: G01

1. INTRODUCTION

Thank you for choosing the Parsonver G01 GPS Smart Watch. This manual provides essential information for the proper setup, operation, and maintenance of your device. Please read it carefully to ensure optimal performance and longevity of your smartwatch.

Image: The Parsonver G01 Smart Watch displayed with various outdoor activity scenes, highlighting its versatile use.

2. PACKAGE CONTENTS

Upon opening the package, verify that all items are present:

- 1x Parsonver G01 Smart Watch
- 1x Magnetic Charging Cable
- 1x User Manual

2 Hours
Fully Charged

7-10 Days
Working Time

40 Days
Standby Time

*Magnetic Fast Charging

Note: Actual battery life varies based on usage
(e.g. screen brightness, active features)

Image: An illustration detailing the package contents, including the smartwatch, charging cable, and user manual.

3. SETUP GUIDE

3.1 Charging the Smart Watch

Before initial use, fully charge your Parsonver G01 Smart Watch. The device features a 520mAh battery, providing extended usage time.

1. Connect the magnetic charging cable to the charging contacts on the back of the watch.
2. Plug the USB-A end of the cable into a standard USB power adapter (not included) or a computer's USB port.
3. The watch display will indicate charging status. A full charge typically takes approximately 2 hours.
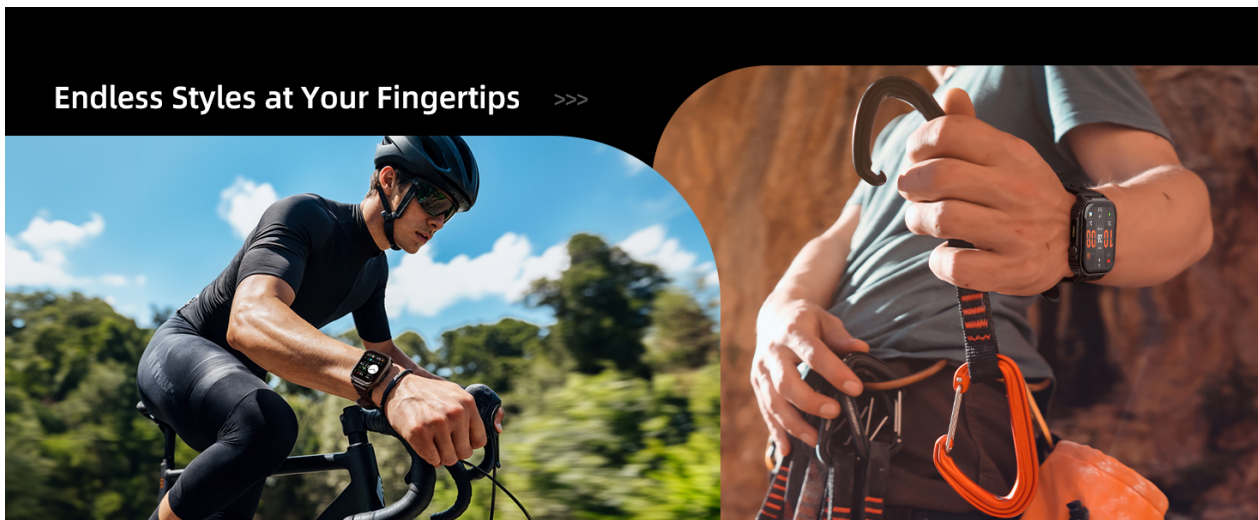

Endless Styles at Your Fingertips   >>>

Image: The smartwatch connected to its magnetic charging cable, illustrating the charging process and battery life indicators.

3.2 App Installation and Pairing

To unlock the full functionality of your smartwatch, download and install the companion application on your smartphone.

1. Scan the QR code provided in the quick start guide or search for "Glory Fit" in your smartphone's app store (compatible with iOS 9.0/Android 5.0 or above).
2. Install the "Glory Fit" application.
3. Open the app and follow the on-screen instructions to create an account or log in.
4. Ensure Bluetooth is enabled on your smartphone.

5. In the app, navigate to the device pairing section and select your Parsonver G01 Smart Watch from the list of available devices.
6. Confirm the pairing request on both your smartphone and the watch.

4. OPERATING INSTRUCTIONS

4.1 Basic Navigation

The Parsonver G01 features a 1.95-inch HD touchscreen for intuitive interaction.

- **Swipe Up/Down:** Access quick settings or notifications.
- **Swipe Left/Right:** Navigate through widgets and main functions.
- **Tap:** Select an item or confirm an action.
- **Press Side Button:** Return to the home screen or power on/off.

Image: A detailed view of the smartwatch screen, illustrating its 1.95-inch size, along with icons for compass and flashlight functions.

4.2 Bluetooth Calls and Smart Notifications

Stay connected by making and receiving calls directly from your wrist and receiving instant notifications.

- **Making Calls:** Once paired via Bluetooth 5.3, access the call function on your watch to dial numbers or select contacts.
- **Receiving Calls:** Incoming calls will display on the watch screen, allowing you to answer or reject them.
- **Notifications:** The watch provides vibration alerts for SMS, WhatsApp, Facebook, and other app notifications. Note: Direct replies from the watch are not supported.

Image: A man on a mountain trail interacting with his Parsonver G01 Smart Watch to manage a Bluetooth call, with notification icons floating above.
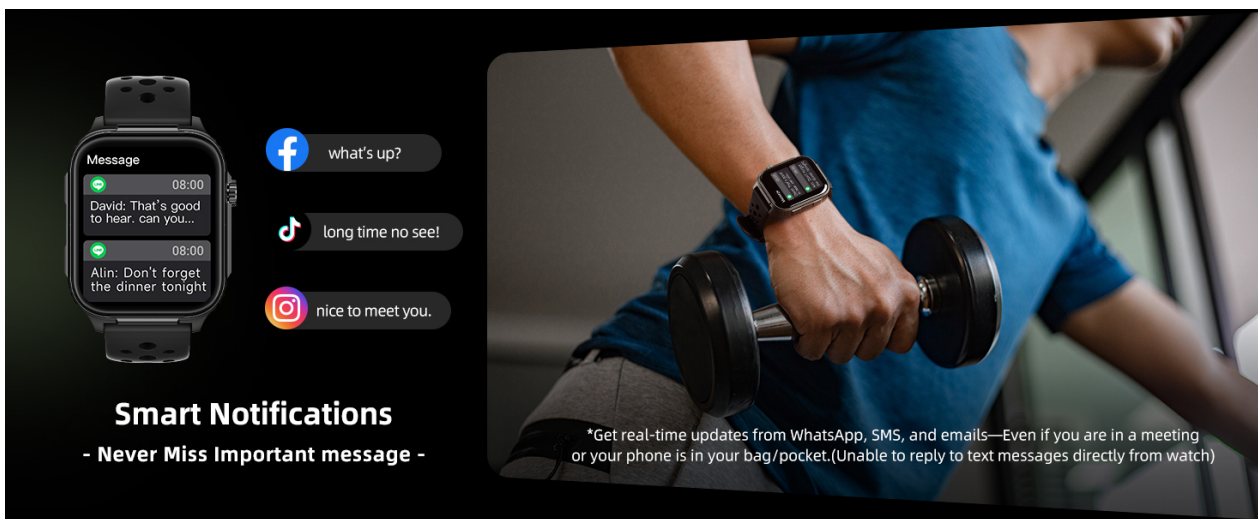
Image: The smartwatch screen showing incoming messages and app notifications, demonstrating its smart notification feature.

4.3 Watch Faces

Personalize your watch with over 400 available watch faces or create your own custom designs.

- Access the watch face market through the "Glory Fit" app.
- Browse and download various styles, from classic to modern.
- Use the DIY function to upload custom photos and create unique watch faces.

Image: The smartwatch screen showcasing a variety of watch face designs, illustrating the customization options.

4.4 Built-in GPS and Compass

Track your outdoor activities and navigate with precision, even without your phone.

- **GPS Tracking:** The built-in GPS accurately records your route, distance, and pace during outdoor workouts like running, hiking, and cycling. Ensure you are in an open area for optimal GPS signal acquisition.
- **Compass:** Utilize the integrated compass for navigation and orientation during your adventures.

Image: A cyclist wearing the Parsonver G01 Smart Watch, with the watch display showing GPS tracking data and a map.

Image: Hikers on a mountain trail, with the smartwatch displaying compass and GPS navigation features.

4.5 LED Flashlight

The integrated LED flashlight provides convenient illumination when needed.

- Access the flashlight function from the quick settings menu or a dedicated shortcut.
- The flashlight provides hands-free lighting for various situations.

Image: The smartwatch with its LED flashlight illuminated, demonstrating its utility in dark environments.

4.6 Sports Modes

The watch supports over 100 built-in sports modes to track your physical activities.

- Select your desired sport from the activity menu.
- The watch will track metrics such as calories burned, steps, distance, and heart rate in real-time.
- Examples include running, cycling, yoga, hiking, football, and more.

Image: An athlete tying shoelaces, with the smartwatch displaying various sports tracking metrics like steps, calories, distance, and heart rate.

Image: A visual representation of the smartwatch's extensive range of over 100 built-in sports modes, including running, football, and cycling.

4.7 Health Monitoring

The Parsonver G01 provides comprehensive health monitoring features to help you maintain a healthy lifestyle.

- **Heart Rate Monitoring:** Continuous 24/7 heart rate tracking.
- **Blood Oxygen (SpO2) Monitoring:** Track your blood oxygen levels in real-time.
- **Sleep Monitoring:** Analyzes sleep stages (deep, light, awake) to provide insights into your sleep quality.
- **Stress and Mood Monitoring:** Helps you understand and manage your stress levels.
- **Sedentary Reminders:** Prompts you to move after periods of inactivity.
- **Breathing Exercises:** Guided breathing sessions to help reduce stress.

Image: A collage illustrating the smartwatch's 24-hour health monitoring capabilities, including sleep, stress, heart rate, and blood oxygen tracking.

More practical functions

Voice Assistant   Sedentary reminder   Remote Camera Control   Raise to Wake   Breathing Training

Image: A man sleeping, with the smartwatch on his wrist, and a graphic showing detailed sleep analysis data.

4.8 Other Practical Functions

The Parsonver G01 includes a variety of additional features to assist with daily tasks:

- **Alarm Clock:** Set multiple alarms.
- **Timer & Stopwatch:** For precise timing.
- **Calculator:** Basic arithmetic functions.
- **Calendar:** View dates and schedule.
- **Music Control:** Play, pause, skip tracks on your connected phone.
- **Weather Forecast:** Get real-time weather updates.
- **Voice Assistant:** Interact with your phone's voice assistant.
- **Remote Camera Control:** Trigger your phone's camera remotely.
- **Find Phone:** Locate your misplaced smartphone.
- **Raise-to-Wake:** Automatically activate the screen when you raise your wrist.

Image: A display of various practical functions on the smartwatch, including alarm, timer, stopwatch, calculator, calendar, music control, and weather.

5. MAINTENANCE

5.1 Water Resistance

The Parsonver G01 Smart Watch has an IP68 waterproof rating, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily splashes, hand washing, and light rain.
Important Note:

- The IP68 rating does not make the watch suitable for swimming, showering, or sauna use. Exposure to hot water, steam, or high-pressure water jets may compromise the water resistance.
- Avoid pressing buttons underwater.
- If the watch gets wet, dry it thoroughly before charging or using the touchscreen.

Image: A hand wearing the smartwatch under running water, illustrating its IP68 waterproof capabilities for everyday use.

5.2 Cleaning and Care

- Regularly clean the watch and strap with a soft, dry cloth.
- If necessary, use a slightly damp cloth with mild soap, then rinse and dry thoroughly.
- Avoid using harsh chemicals, abrasive cleaners, or solvents, as these can damage the watch's finish and components.
- Keep the charging contacts clean and free of debris to ensure proper charging.

6. TROUBLESHOOTING

If you encounter issues with your Parsonver G01 Smart Watch, refer to the following common solutions:

- **Watch not turning on:** Ensure the watch is fully charged. Connect it to the charger for at least 30 minutes.
- **Cannot pair with smartphone:**
  - Ensure Bluetooth is enabled on your phone and the watch.
  - Make sure the watch is within the Bluetooth range of your phone.
  - Restart both the watch and your phone.
  - Check if the "Glory Fit" app has necessary permissions on your phone.

- **Inaccurate GPS data:**
  - Ensure you are in an open outdoor area with a clear view of the sky for better satellite reception.
  - Allow sufficient time for the watch to acquire a GPS signal before starting an activity.

- **Screen lights up during sleep:** This can be caused by wrist movements activating the raise-to-wake feature. You may be able to disable or adjust the sensitivity of the raise-to-wake feature in the watch settings or the companion app.
- **Short battery life:**
  - Frequent use of GPS, Bluetooth calls, and continuous health monitoring can consume more battery.

- Reduce screen brightness or shorten screen-on time.
- Disable unnecessary notifications.

- **Compass inaccuracy:** Calibrate the compass if available in the watch settings or app. Ensure no strong magnetic fields are nearby.
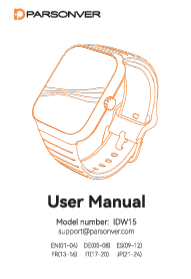
If the issue persists, consult the FAQ section within the "Glory Fit" app or contact customer support.

7. SPECIFICATIONS

Feature	Specification
Model Number	G01
Screen Size	1.95 Inches
Display Type	Full Touch Screen HD
Battery Capacity	520 mAh Lithium Polymer
Typical Use Battery Life	7-10 Days
Standby Time	Up to 40 Days
Charging Time	Approx. 2 Hours (Magnetic Fast Charging)
Connectivity	Bluetooth 5.3
Operating System Compatibility	iOS 9.0 / Android 5.0 or above
Water Resistance Rating	IP68
Built-in Features	GPS, Compass, LED Flashlight
Health Monitoring	Heart Rate, Blood Oxygen, Sleep, Stress, Mood
Sports Modes	100+
Item Weight	47 Grams (1.66 ounces)
Memory Storage Capacity	256 MB

8. WARRANTY AND SUPPORT

Parsonver is committed to providing reliable products and dedicated customer support. For any questions, technical assistance, or warranty inquiries, please refer to the contact information provided with your purchase or visit the official Parsonver website.

Related Documents - G01

[Parsonver SR2 Smartwatch User Manual: Setup, Features, and Specifications](#)
Comprehensive user manual for the Parsonver SR2 smartwatch, covering setup, pairing, basic operations, health monitoring, app integration, and specifications. Learn how to use your Parsonver smartwatch effectively.

[Parsonver PSLD1 Smartwatch User Manual](#)
Comprehensive user manual for the Parsonver PSLD1 smartwatch, detailing setup, features, operation, specifications, and precautions for optimal use.

[Parsonver IDW15 Smartwatch User Manual](#)
User manual for the Parsonver IDW15 smartwatch, covering setup, basic operations, app settings, charging, and precautions.

[SR1 Smart Watch User Instructions and Specifications](#)
Comprehensive user instructions and technical specifications for the SR1 Smart Watch, covering setup, operation, features, and FCC compliance.

[Parsonver FF1 Smart Watch User Manual](#)
The official user manual for the Parsonver FF1 smartwatch, detailing setup, features, operations, health tracking, specifications, and maintenance. Learn how to maximize your Parsonver FF1 experience.

SPROD1 Smartwatch
User Manual

EN (02-08)   DE (09-16)   FR (17-24)
IT (25-31)   ES (32-38)   JP (39-46)

Model number: SR1   support@parsonver.com

[Parsonver SPROD1 Smartwatch User Manual](#)
Your comprehensive guide to the Parsonver SPROD1 Smartwatch. Learn how to set up, pair, use features like calls, health tracking, sports modes, and customize settings. Includes charging, maintenance, and troubleshooting information.