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SIHOO Doro C300 Pro

SIHOO Doro C300 Pro Ergonomic Office Chair

USER INSTRUCTION MANUAL

Model: Doro C300 Pro | Brand: SIHOO

Introduction

This manual provides detailed instructions for the assembly, operation, and maintenance of your SIHOO Doro C300 Pro Ergonomic Office Chair. Designed for optimal comfort and support, this chair features multiple adjustable components to adapt to various body types and preferences, promoting a healthy sitting posture during extended periods of use.



Figure 1: The SIHOO Doro C300 Pro Ergonomic Office Chair.

Setup and Assembly

Follow these steps to correctly assemble your SIHOO Doro C300 Pro office chair. Ensure all parts are

present before beginning assembly.

Required Parts:

- Chair Base (1)
- Chair Leg Tubes (5)
- Wheels (5)
- Gas Lift (1)
- Decorative Cover (1)
- Armrests (2)
- Armrest Brackets (2)
- Backrest (1)
- Seat Cushion (1)
- Headrest (1)
- Various Screws and Washers (as per included hardware kit)
- T-wrench (1)

Assembly Steps:

1. **Assemble the Chair Legs and Gas Lift:** Connect the 5 chair leg tubes to the chair base. Place the M6 double-stacked self-locking washers onto the M6x12 chair leg screws, then hand-screw and secure them with the T-wrench. Insert the wheels into the chair legs. Install the decorative cover and insert the gas lift into the central hole of the chair base.
2. **Connect the Armrest Brackets and Armrests:** Place the spring washers onto the M6x30 screws. Place the armrest tube washers inside the armrest brackets. Connect the armrests with the armrest brackets and secure them with the T-wrench.
3. **Connect the Backrest and Seat Cushion:** Insert the backrest into the back plate of the mechanism. Connect them with 3 M8x20 screws and 8mm washers, securing with the T-wrench.
4. **Connect the Armrests and Seat Cushion:** Connect the armrests and the seat cushion with M8x78 screws and 8mm washers. Secure with the T-wrench.
5. **Connect the Upper and Lower Halves:** Align the gas lift with the hole in the mechanism and insert it into place.
6. **Install the Headrest:** Insert the headrest into the backrest. Connect with 2 M6x16 screws and secure with the T-wrench. Install the decorative cover.

Video 1: Detailed assembly and function introduction for the SIHOO Doro C300 Pro chair.

Operating Instructions

Your SIHOO Doro C300 Pro chair offers extensive adjustability to customize your seating experience. Familiarize yourself with the following controls:

1. Chair Height Adjustment

- Locate the lever on the right side, beneath the seat.
- To raise the seat, pull up on the lever while lifting your weight off the seat.
- To lower the seat, pull up on the lever while remaining seated.

- Release the lever to lock the seat height.

2. Seat Depth Adjustment

- Locate the handle on the left side, beneath the seat.
- Turn the handle forward to unlock the seat depth adjustment.
- Slide the seat forward or backward to your desired depth.
- Return the handle to its original position to lock the seat depth.

3. Backrest Recline and Lock

- Locate the handle on the left side, beneath the seat (same as seat depth).
- Turn the handle backward to recline the backrest. The backrest can be locked at 3 angles (105°, 120°, and 135°).
- To lock the recline angle, return the handle to its original position at your desired angle.

4. Dynamic Lumbar Support

- The adaptive dynamic lumbar support automatically moves with your body as you sit, providing continuous support for your lower back.
- The backrest also features a flexible triangular frame that conforms to your back as you move your upper body from side to side.

Self-adaptive Dynamic Lumbar Support Design

Eliminates the gap between the seat and back



Figure 2: Illustration of the self-adaptive dynamic lumbar support.

5. 6D Armrest Adjustment

- The ultra-soft 6D armrests can be adjusted in six directions:
- Up/Down (65mm)
- Inward/Outward (75°)
- Upward (35°)
- In/Out (80mm)
- Back/Forth (50mm)
- Coordinate when reclining (synchronizes with backrest movement).

6D Coordinated Armrests Next-level Arm Support

Adjustable in 6 direction and synchronized with the backrest when reclining.



Figure 3: The 6D coordinated armrests with multiple adjustment points.

Video 2: Demonstration of the SIHOO Doro C300 Pro Ergonomic Office Chair with 6D Armrests.

6. Headrest Adjustment

- The 3D mechanical headrest can be freely adjusted up and down, back and forth, and rotated to precisely fit the curve of your neck.
- It offers 5 gear height adjustments for personalized neck support.

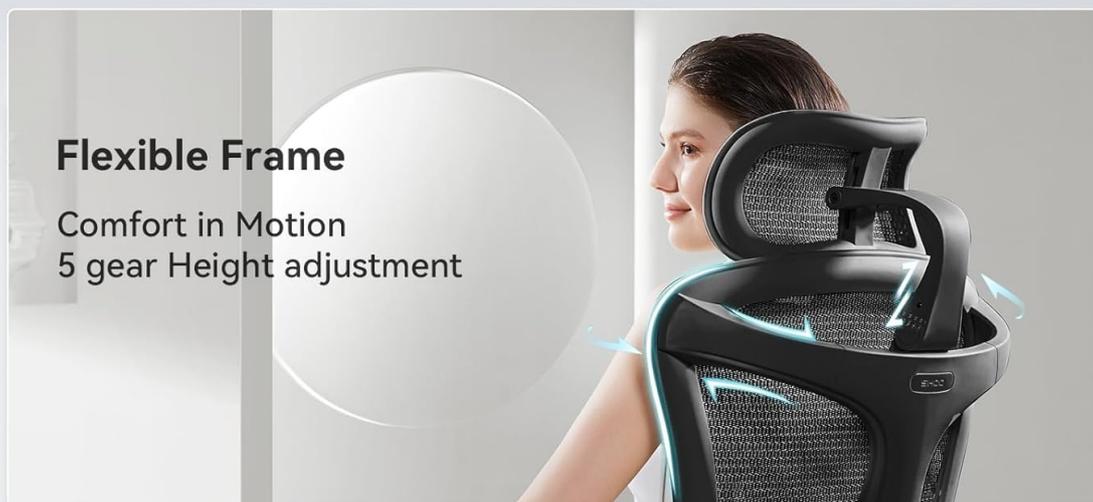
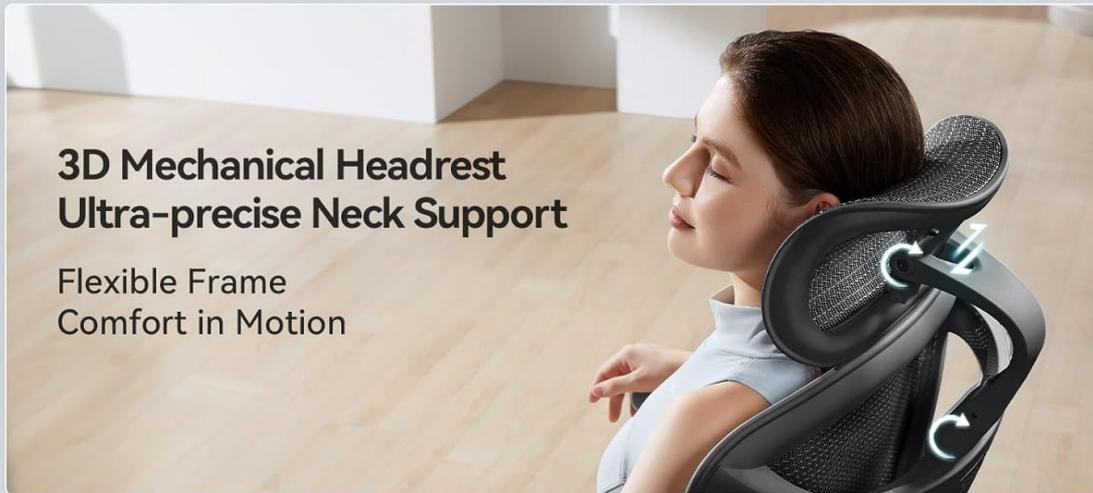


Figure 4: The 3D mechanical headrest provides ultra-precise neck support.

7. Retractable Footrest

- The chair includes a retractable footrest for added comfort during relaxation.
- Pull the footrest out from beneath the seat when needed, and push it back in for storage.

Features Overview

- **Multi-functional Adjustability:** Adjustable 3D headrest, enlarged seat cushion, adaptive lumbar support, ultra-soft 6D armrests, adjustable seat depth, intelligent weight-sensing device, flexible backrest.
- **Breathable Mesh Fabric:** Fully breathable mesh fabric on the backrest and seat cushion ensures comfort and airflow, preventing heat buildup during long sitting periods.
- **Intelligent Weight Sensing:** The chair features an intelligent weight-sensing device that adjusts to the user's weight, making reclining easier and more balanced.
- **Wider Seat and Larger Tilt Angle:** The Doro C300 Pro offers a wider seat and seat depth adjustment, suitable for taller users. It reclines to 105°, 120°, and 135° for flexibility.

Full-body ergonomic support



Figure 5: Full-body ergonomic support features.

Maintenance

Proper maintenance will extend the life and performance of your SIHOO Doro C300 Pro chair.

- **Cleaning Mesh Fabric:** Use a soft brush or vacuum cleaner to remove dust and debris. For stains, gently wipe with a damp cloth and mild soap, then blot dry. Avoid harsh chemicals.
- **Cleaning Frame and Base:** Wipe metal and plastic components with a soft, damp cloth.
- **Caster Maintenance:** Periodically check casters for hair or debris and clean as needed to ensure smooth movement.
- **Tightening Screws:** Over time, screws may loosen. Periodically check and tighten all screws using the provided T-wrench to maintain stability.

Troubleshooting

If you encounter any issues with your chair, refer to the following common troubleshooting tips:

- **Chair does not raise/lower:** Ensure the gas lift lever is fully engaged. Check if the gas lift cylinder is

properly seated in the mechanism and base.

- **Chair is wobbly:** Verify that all assembly screws are securely tightened.
- **Casters not rolling smoothly:** Inspect casters for any obstructions (e.g., hair, carpet fibers) and remove them.
- **Backrest does not recline/lock:** Ensure the recline lock lever is fully disengaged/engaged. Check for any obstructions in the recline mechanism.

If problems persist, please contact SIHOO customer support for assistance.

Specifications

Attribute	Value
Brand	SIHOO
Color	Black
Product Dimensions	17.1"D x 20"W x 40"H
Back Style	Mesh Back
Maximum Weight Recommendation	350 Pounds
Style	Upgrade with Footrest
Pattern	Solid
Age Range (Description)	Adult
Included Components	Arm Pad, Caster, Cushion
Shape	L-Shape
Model Name	DORO C300
Arm Style	Pillow-Top
Indoor/Outdoor Usage	Indoor
Seat Depth	18.11 inches
Fill Material	Foam
Leg Style	Tapered Leg
Reclining Position Count	4
Form Factor	Recliner
Manufacturer	SIHOO
Item Weight	46 pounds
ASIN	B0FL1MBCZT
Item model number	C300 PRO M101 JT

Attribute	Value
Date First Available	September 5, 2025
Material	Mesh

Warranty and Support

The SIHOO Doro C300 Pro Ergonomic Office Chair comes with a comprehensive warranty to ensure your satisfaction:

- **3-Year Warranty:** SIHOO promises to provide free product parts during the three-year warranty period from the date of purchase.
- **Certifications:** The chair has 12 patents, passes the European Union's REACH and EN1335 standards, and is certified for safety and quality by the German TUV. It is also compliant with the US SGS BIFMA standard and equipped with SGS-certified 4-stage pneumatic lifts.

For any inquiries or support, please contact SIHOO customer service. You can also visit the [SIHOO Store on Amazon](#) for more information.

Related Documents - Doro C300 Pro

	<p>SIHOO M57 Ergonomic Office Chair Installation Guide</p> <p>Step-by-step assembly instructions and user guide for the SIHOO M57 ergonomic office chair, covering functions, parts, and safety.</p>
	<p>SIHOO Doro C300L-A3 Ergonomic Office Chair Installation Guide</p> <p>Comprehensive installation guide for the SIHOO Doro C300L-A3 ergonomic office chair, featuring step-by-step instructions, safety precautions, and parts list. Includes details on assembly, functions, and maintenance.</p>
	<p>SIHOO M18 Ergonomic Office Chair User Manual and Assembly Guide</p> <p>Comprehensive user manual and assembly guide for the SIHOO M18 ergonomic office chair, covering parts list, assembly steps, operation, and safety instructions. Includes troubleshooting tips and company information.</p>
	<p>SIHOO M18-M148 Ergonomic Office Chair Installation Guide and User Manual</p> <p>A comprehensive guide for assembling and using the SIHOO M18-M148 ergonomic office chair. Learn about its features, installation steps, safety precautions, and troubleshooting tips.</p>
	<p>SIHOO V1-M109 Ergonomic Office Chair Installation Guide</p> <p>Comprehensive installation guide for the SIHOO V1-M109 ergonomic office chair, covering assembly steps, functions, safety precautions, and parts list. Includes multilingual instructions.</p>



[SIHOO M102C Ergonomic Office Chair User Manual and Assembly Guide](#)

Detailed user manual and assembly guide for the SIHOO M102C ergonomic office chair. Includes parts list, step-by-step assembly instructions, operation guide, and safety information.