

BOB AND BRAD D6 Ultra

BOB AND BRAD D6 Ultra Massage Gun with Infrared Light

Instruction Manual

[Safety Information](#) [Package Contents](#) [Product](#)
[Overview](#) [Attachments](#) [Setup](#) [Operating](#) [Therapy](#)
[Modes](#) [Maintenance](#) [Troubleshooting](#) [Specifications](#) [Warranty & Support](#)

1. SAFETY INFORMATION

Please read all safety warnings and instructions before using the BOB AND BRAD D6 Ultra Massage Gun. Failure to follow these instructions may result in electric shock, fire, or serious injury.

- Always use the massager on the lowest speed setting when first using it.
- Do not use the massager on injured, inflamed, or painful areas.
- Keep the massager dry and do not submerge it in water.
- Unplug the massager when not in use and store it in a cool, dry place.
- Do not use the massager while sleeping or operating a vehicle.
- Consult a healthcare professional before use if you have any medical conditions or are pregnant.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

2. PACKAGE CONTENTS

The BOB AND BRAD D6 Ultra Massage Gun package includes the following items:

- BOB AND BRAD D6 Ultra Massage Gun
- 8 Specialized Massage Heads (including Infrared Relief Head)
- USB-C Charging Cable and PD Fast Charging Adapter
- Stylish Carrying Case
- User Manual
- Grease for Maintenance

Video: Unboxing and demonstration of the BOB AND BRAD D6 Pro Max+ Massage Gun, showcasing all included items and the carrying case.

3. PRODUCT OVERVIEW

The BOB AND BRAD D6 Ultra Massage Gun is a professional-grade deep tissue percussion massager designed for muscle recovery and pain relief. It features a unique parallelogram design with a 90-degree adjustable connection for ergonomic comfort and reach.



Image: The BOB AND BRAD D6 Ultra Massage Gun, highlighting its ergonomic design and overall appearance.

Key Features:

- **Infrared Light Massage Head:** Combines deep percussion with heat therapy for enhanced blood circulation and muscle relief.
- **16mm Amplitude & 85lbs Stall Force:** Provides powerful deep tissue massage.
- **6 Adjustable Speeds:** Ranging from 1500 to 2500 RPM for customized intensity.

- **PD Fast Charging & Smart OLED Display:** Quick charging and real-time display of speed, intensity, and battery status.
- **Smooth, Quiet Operation:** High-power brushless motor with reduced noise.
- **90-Degree Adjustable Connection:** For ergonomic handling and reaching various body parts.



Visually-Guided OLED Screen

Displaying your current speed, a responsive force meter, and 4 built-in routines

M1

Periodicity



Remaining power



Strike force



Periodicity

2500

Speed

M1

Normal mode (M1) individual adjustable speeds of 6 levels

M2

Increasing mode (M2) massage cycles with the speed increasing from level 1 to level 6

M3

Decreasing mode (M3) massage cycles with the speed decreasing from level 6 to level 1

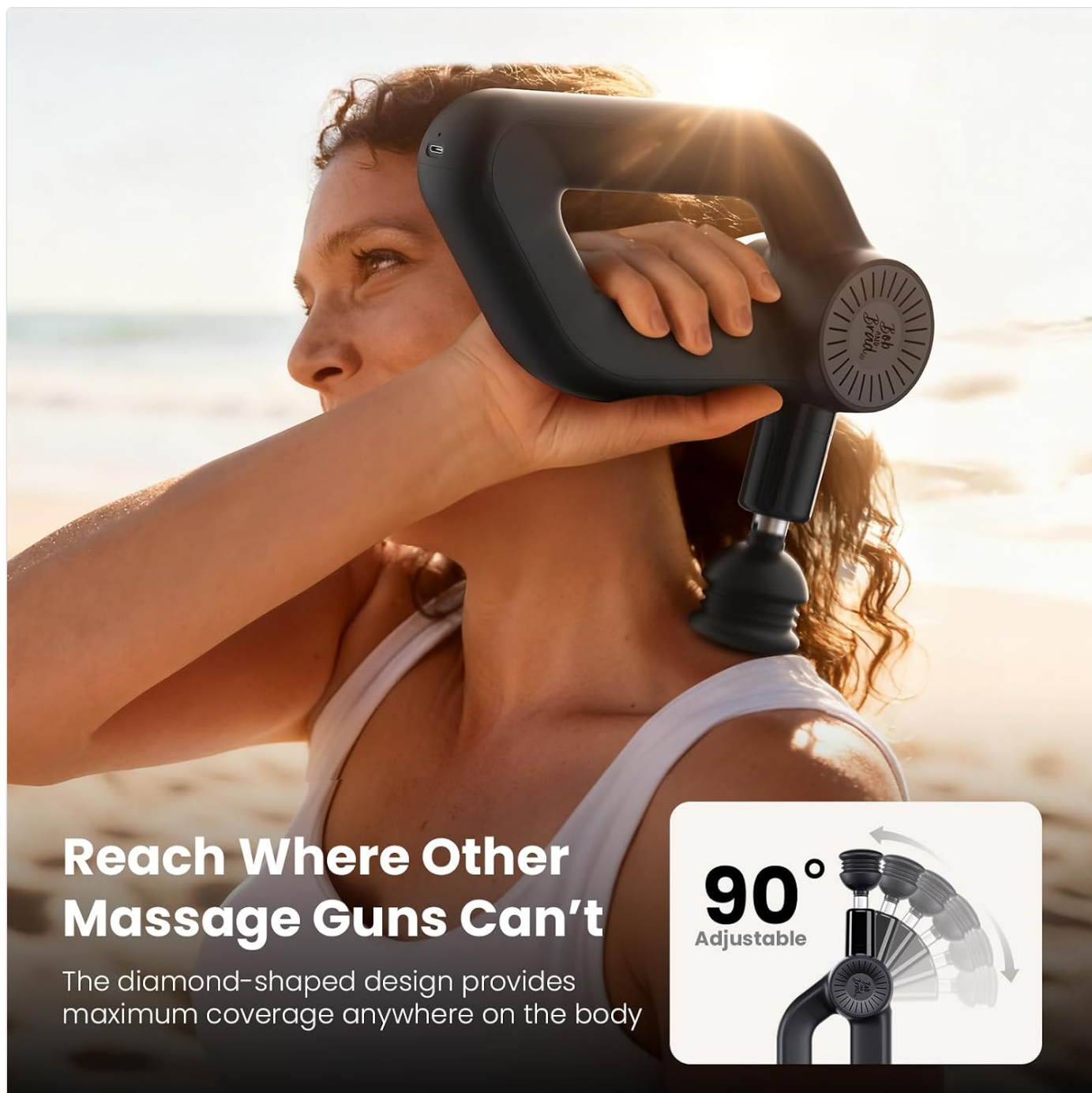
M4

Wave mode (M4) massage cycles with the speed alternating between 1700 RPM and 2300 RPM

Image: Close-up of the D6 Ultra's OLED screen, showing periodicity, remaining power, strike force, and speed settings.

4. SPECIALIZED MESSAGE ATTACHMENTS

The D6 Ultra comes with 8 specialized massage heads, each designed for specific muscle areas and therapy types. To attach a head, simply align it with the device's shaft and twist clockwise until secure. To remove, twist counter-clockwise and pull.



Reach Where Other Massage Guns Can't

The diamond-shaped design provides maximum coverage anywhere on the body



Image: A visual guide to the 8 different massage heads included with the D6 Ultra, each designed for targeted relief.

Attachment Guide:

- **Infrared Relief Head:** Features red light and near-infrared therapy with heat. Ideal for post-workout recovery, promoting blood circulation, and relieving muscle tension.
- **Air Cushion Head:** For lower back and calves, providing a softer impact for sensitive areas.
- **Flat Head:** For lower back and trigger points, offering a broader contact surface.
- **Damping Head:** Relieves sore, sensitive joints and muscles with a gentler touch.
- **Space Head:** For shoulder blades and IT bands, designed for scraping-like motions.
- **Ball Head:** For full-body massage, versatile for various muscle groups.
- **Standard Ball Head:** For targeted circulation, suitable for small and large muscle groups.
- **Bullet Head:** For tender or sensitive muscles, providing precise, deep percussion.

5. SETUP

Charging the Device:

1. Connect the USB-C charging cable to the charging port located at the bottom of the massage gun handle.
2. Plug the PD fast charging adapter into a wall outlet.
3. The OLED display will indicate the charging status. A full charge takes approximately 2 hours.

Attaching a Massage Head:

1. Ensure the massage gun is turned off.
2. Select the desired massage head.
3. Align the base of the massage head with the opening on the device's shaft.
4. Gently push and twist clockwise until the head is securely in place. Do not overtighten.

Adjusting the Arm Angle:

The D6 Ultra features a 90-degree adjustable connection for its arm. To adjust:

1. Locate the adjustment button/lever near the arm's pivot point.
2. Press and hold the button/lever.
3. Adjust the arm to your desired angle.
4. Release the button/lever to lock the arm in position.

Perfect Gift for Anyone | Thoughtful Massage Gun for Him & Her



BOBAND BRAD Massage Tools- Professional Relax .Gift the tight-muscle relaxation in one device.



Image: The adjustable arm of the D6 Ultra Massage Gun, demonstrating its flexibility for reaching various body parts.

6. OPERATING INSTRUCTIONS

The D6 Ultra Massage Gun is designed for intuitive operation with its OLED display and simple controls.

Power On/Off:

- To power on, press and hold the power button (usually the top button on the handle) for a few seconds until the OLED display illuminates.
- To power off, press and hold the power button again until the display turns off.

Adjusting Speed and Intensity:

- Once powered on, use the up and down arrow buttons on the handle to increase or decrease the percussion speed.
- The OLED display will show the current RPM (ranging from 1500 to 2500 RPM).

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Video: A demonstration of turning on the massage gun, adjusting speed, and cycling through different modes on the OLED display.

7. THERAPY MODES AND SETTINGS

The D6 Ultra offers multiple built-in modes to cater to different massage needs.

Changing Modes:

- To cycle through the modes (M1, M2, M3, M4), long press the mode button (usually the bottom button on the handle).
- The device will temporarily pause percussion, allowing you to select the desired mode from the OLED display.

Mode Descriptions:

- **M1 (Normal Mode):** Individual adjustable speeds of 6 levels (1500-2500 RPM).
- **M2 (Increasing Mode):** Massage cycles with the speed increasing from level 1 to level 6 over 5-second increments. Ideal for muscle relaxation and recovery after a workout.
- **M3 (Decreasing Mode):** Massage cycles with the speed decreasing from level 6 to level 1 over 5-second increments. Great for activating muscles before a workout.
- **M4 (Wave Mode):** Massage cycles with the speed alternating between 1700 RPM and 2300 RPM every 2 seconds. Suitable for all-purpose use, before or after workouts, or for general massage.

Infrared Light and Heat Therapy:

The Infrared Relief Head provides a combination of deep percussion, red light, near-infrared therapy, and heat.

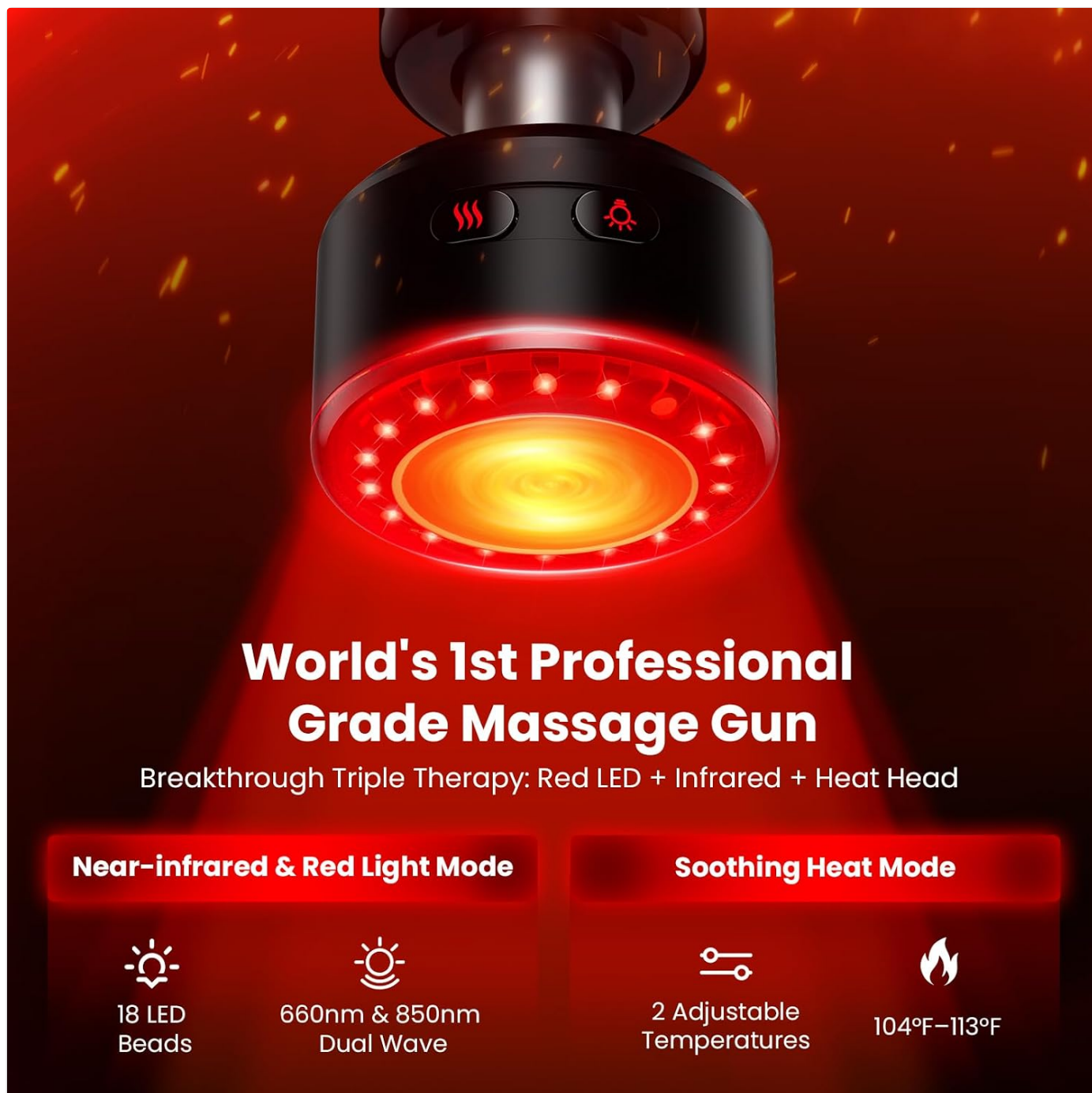


Image: The Infrared Relief Head with red light and heat indicators.

- To activate the heat and infrared functions, attach the Infrared Relief Head.
- Press the dedicated buttons on the head to cycle through heat levels (104°F or 113°F) and red light/near-infrared modes.
- The head heats up in less than 2 seconds.
- The combination of therapies promotes rapid blood circulation, effectively releasing muscle tension and fatigue.

8. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your D6 Ultra Massage Gun.

Greasing the Piston:

It is recommended to grease the piston every 3 months with regular use. If used daily, more frequent greasing may be necessary.

1. Ensure the massage gun is turned off and unplugged.
2. Remove any attached massage head.
3. Gently pull out the silver piston from the device.
4. Apply a small amount of the provided grease around the piston.
5. Use the small brush (if included) to spread the grease evenly.
6. Reinsert the piston and twist gently to distribute the grease.

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Video: A detailed guide on how to properly grease the piston of your massage gun to prevent stiffness and maintain smooth operation.

Cleaning:

- Wipe the device and attachments with a damp cloth after each use.
- Do not use abrasive cleaners or submerge the device in water.

9. TROUBLESHOOTING

If you encounter any issues with your D6 Ultra Massage Gun, please refer to the following common solutions:

- **Device not turning on:** Ensure the device is fully charged. If the battery is low, connect it to the charger.
- **Weak percussion/Stall force:** Check if the battery is low. If the device feels stiff, refer to the maintenance section for greasing instructions.
- **Attachments not staying in place:** Ensure the attachment is twisted clockwise until securely locked.
- **Infrared/Heat head not working:** Ensure the head is properly attached and the device is powered on. Press the dedicated buttons on the head to activate functions.

For further assistance, please contact BOB AND BRAD customer support.

10. SPECIFICATIONS

Product Dimensions	4.92 x 3.35 x 1.89 inches
Item Weight	1.27 Grams
Model Name	D6 Ultra
Item Model Number	D6 Pro-G
Battery	1 Lithium Metal battery required (included)
Power Source	Battery Powered
Amplitude	16mm
Stall Force	85lbs
Speed Range	1500 to 2500 RPM (6 adjustable speeds)
Material Type	Plastic
Special Features	Heat, Portable, Rechargeable, Speed Control

11. WARRANTY & SUPPORT

The BOB AND BRAD D6 Ultra Massage Gun comes with a **2-Year Warranty**. This warranty covers manufacturing defects and ensures the product is built to last.

For any product inquiries, technical support, or warranty claims, please contact BOB AND BRAD customer support through their official website or the contact information provided in your product packaging.

BOB AND BRAD is committed to 100% customer satisfaction and provides dedicated US Customer Support for real people, real help.

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