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RENPHO MorphoScan Base

RENPHO MorphoScan Base Smart Body Composition Scale User Manual

Model: MorphoScan Base

Brand: RENPHO

INTRODUCTION

This manual provides instructions for the RENPHO MorphoScan Base Smart Body Composition Scale. This advanced scale utilizes eight-electrode dual-frequency and segmental Bioelectrical Impedance Analysis (BIA) technology to deliver comprehensive body composition data. It measures various metrics including body weight, body fat percentage, BMI, muscle mass, water ratio, and more, with high precision. The scale features a clear LED display and connects to the user-friendly RENPHO Health App for detailed health reports and progress tracking.

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Video: An overview of the RENPHO MorphoScan Base Smart Body Fat Scale, highlighting its features and benefits for body composition analysis.

WHAT'S IN THE BOX

- RENPHO MorphoScan Base Smart Body Composition Scale
- User Manual
- 4 AAA Batteries

SETUP

1. Install Batteries

Open the battery compartment on the underside of the scale. Insert the 4 AAA batteries, ensuring correct polarity. Close the compartment.

2. Download and Install the RENPHO Health App

Search for "RENPHO Health" in your device's app store (Apple App Store or Google Play Store) and install the application.

Your browser does not support the video tag.

Video: Step-by-step guide on how to download and install the Renpho Health App, register an account, and connect the scale via Bluetooth.

3. Register and Log In

Open the RENPHO Health App. Register for a new account or log in if you already have one.

4. Connect the Scale via Bluetooth

Ensure Bluetooth is enabled on your smartphone. In the RENPHO Health App, follow the prompts to add a new device and connect to your MorphoScan Base scale.

OPERATING INSTRUCTIONS

1. Placement

Place the scale on a hard, flat surface. Avoid carpets or uneven floors for accurate readings.

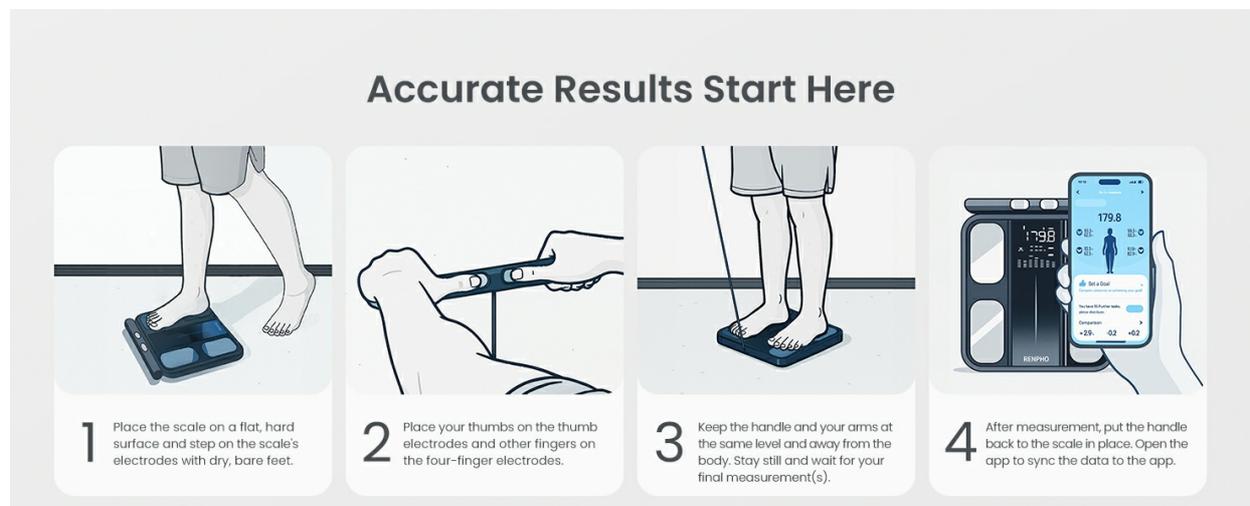


Image: A person placing the RENPHO scale on a flat, hard surface, emphasizing proper placement for accurate measurements.

2. Taking a Measurement

Step onto the scale with bare, dry feet, ensuring your feet are positioned on the electrode pads.

Grasp the handle and pull it up, keeping your arms straight and held at a 30-45 degree angle away from your body. Ensure continuous contact with all eight electrode pads (four on the scale platform, four on the handle).

Trust Your Body Data

98% Accuracy:
Reliability close to medical-grade scales

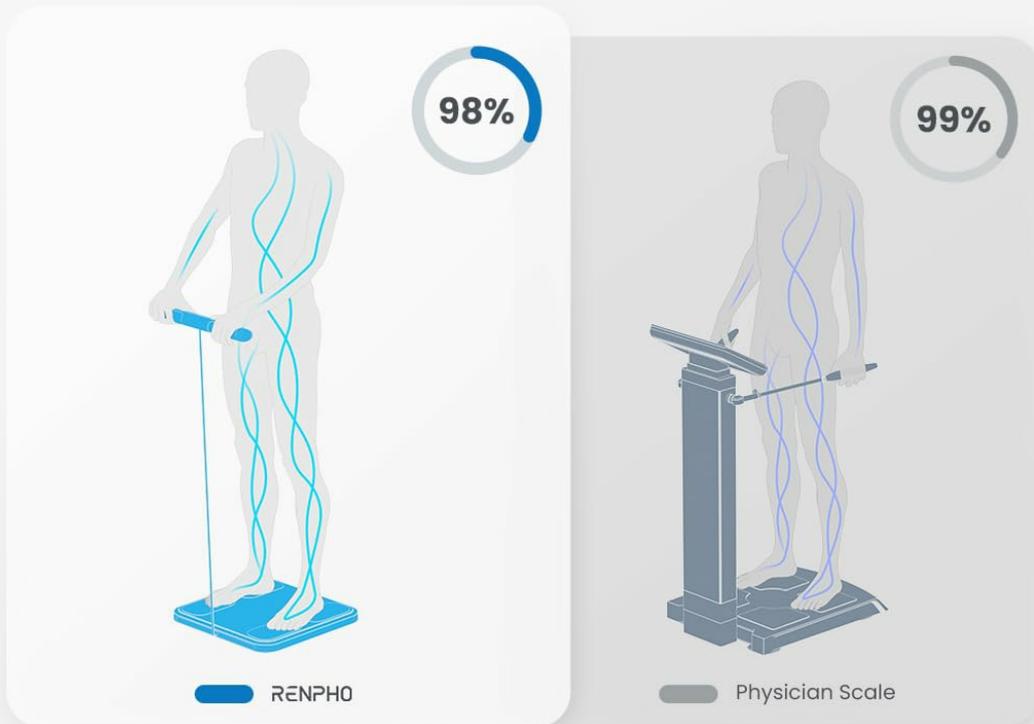


Image: A person standing on the RENPHO scale, holding the retractable handle with both hands, demonstrating the correct body position for a full body composition analysis.

Hold this position until the measurement is complete and the report is generated in the app.

After measurement, return the handle to its resting position and step off the scale.

Join RENPHO Health and Share Your Progress

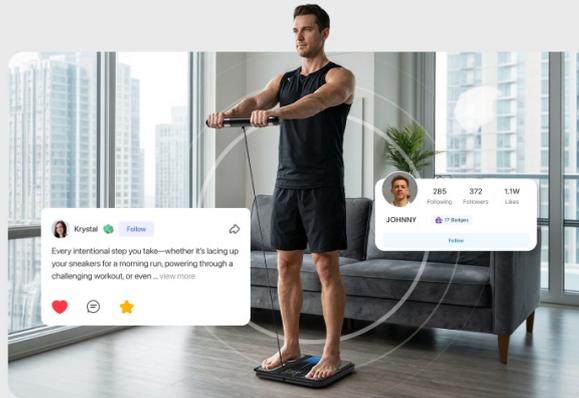


Image: A visual guide illustrating the four steps for accurate measurement: placing the scale, placing thumbs on electrodes, keeping arms straight, and viewing results on the app.

UNDERSTANDING YOUR DATA

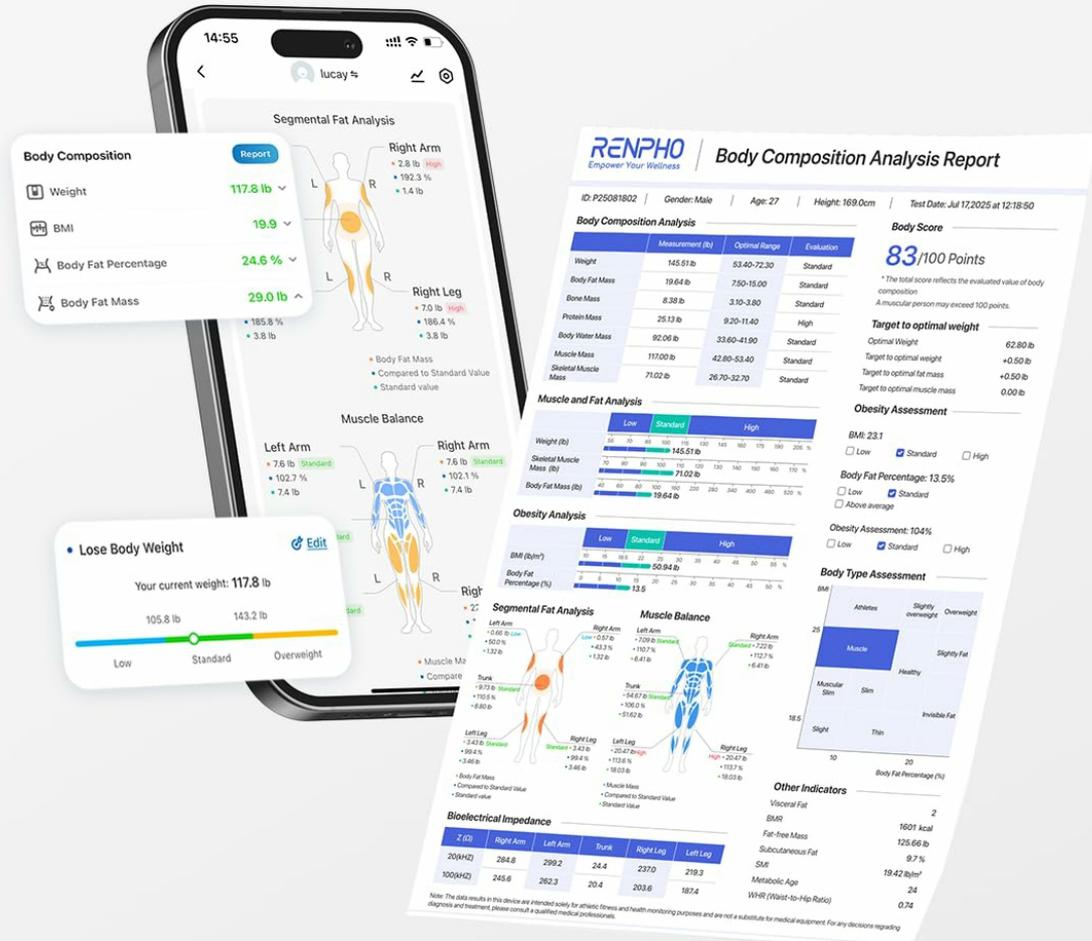
The RENPHO Health App provides a detailed body composition analysis report. This report includes metrics such as:

- Weight
- BMI (Body Mass Index)
- Body Fat Percentage
- Skeletal Muscle Percentage
- Visceral Fat Index
- Body Water Percentage
- Bone Mass
- Protein Percentage
- BMR (Basal Metabolic Rate)
- Metabolic Age
- Segmental Fat Analysis (Left Arm, Right Arm, Trunk, Left Leg, Right Leg)
- Muscle Balance

The app also displays a seven-day weight trend and allows for tracking progress over time. You can generate and print comprehensive health reports for personal use or to share with fitness professionals.

50+ Metrics on App

Clarity Like Never Before



Weight



BMI



Body Fat



Skeletal Muscle



Fat-Free Mass



Subcutaneous Fat



Visceral Fat



Protein



Body Water



Muscle Mass



Bone Mass



BMR



Metabolic Age

Image: A smartphone screen showing the RENPHO Health App interface with detailed body composition analysis, including segmental fat and muscle data, and a comprehensive health report.

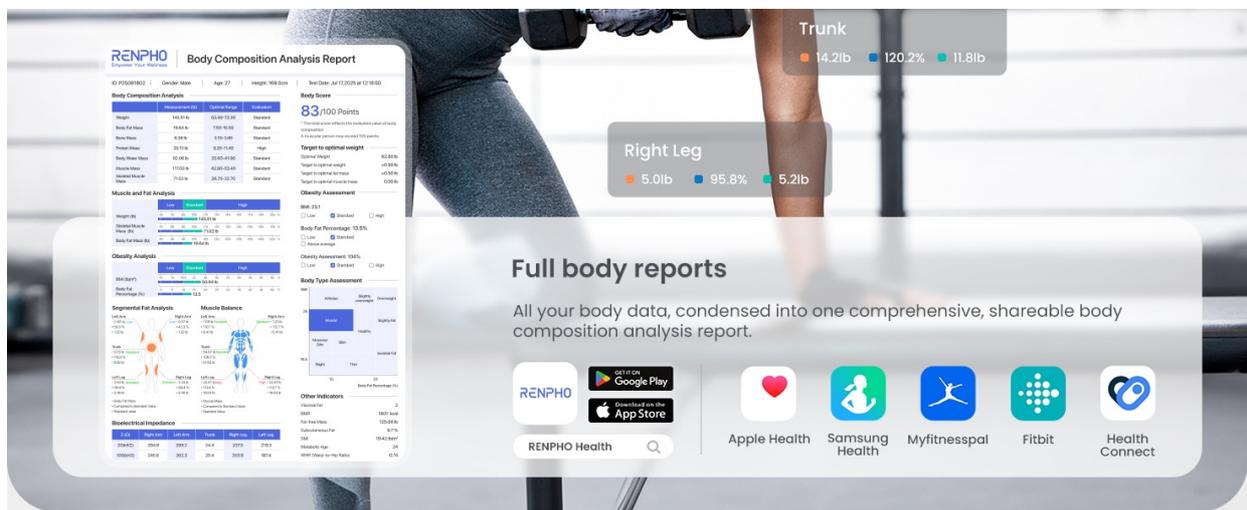


Image: An infographic listing over 15 body metrics measured by the RENPHO scale, such as Weight, BMI, Body Fat, and Muscle Mass, indicating the depth of analysis available through the app.

MAINTENANCE

Cleaning

To clean the scale, use a soft, damp cloth. Avoid abrasive cleaners or harsh chemicals. Ensure the scale is dry before storage or next use.

Your browser does not support the video tag.

Video: A user demonstrating how to clean the scale by spraying it and wiping it down with a cloth.

Battery Replacement

The scale operates on 4 AAA batteries. When the battery indicator appears on the display, replace all four batteries with new ones.

SPECIFICATIONS

Feature	Detail
Brand	RENPHO
Model	MorphoScan Base
Weight Limit	180 Kilograms / 400 lbs
Display Type	LED
Electrodes	8 (Dual-frequency BIA)
Power Source	4 AAA Batteries (included)
Battery Life	Up to 130 days
Connectivity	Bluetooth
App Compatibility	RENPHO Health App, Apple Health, MyFitnessPal, Samsung Health

TROUBLESHOOTING

Inaccurate Readings

- Ensure the scale is placed on a hard, flat surface.
- Make sure your feet are bare and dry, and in full contact with all electrode pads.
- Hold the handle correctly, ensuring continuous contact with all handle electrodes.
- Avoid taking measurements immediately after intense exercise, showering, or consuming large amounts of food/drink, as these can affect hydration levels and readings.
- Check battery levels and replace if necessary.

App Connectivity Issues

- Ensure Bluetooth is enabled on your smartphone.
- Restart the RENPHO Health App.
- Try re-pairing the scale with the app.
- Ensure your smartphone's operating system is up to date.

Scale Not Turning On

- Check if the batteries are correctly installed.
- Replace the batteries with new ones.

WARRANTY & SUPPORT

For warranty information and customer support, please refer to the official RENPHO website or contact their customer service directly. Keep your purchase receipt as proof of purchase.

***Note:** The data results from this device are intended solely for athletic fitness and health monitoring purposes and are not a substitute for medical equipment. For any decisions regarding diagnosis and treatment, please consult a qualified medical professional.*