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- › [SIHOO](#) /
- › [SIHOO Doro S100 Ergonomic Office Chair User Manual](#)

SIHOO S100-M302

SIHOO Doro S100 Ergonomic Office Chair User Manual

Model: S100-M302

1. INTRODUCTION

Thank you for choosing the SIHOO Doro S100 Ergonomic Office Chair. This manual provides essential information for the proper assembly, operation, maintenance, and troubleshooting of your new chair. Please read these instructions carefully before use to ensure optimal comfort and longevity of the product.



Image 1.1: SIHOO Doro S100 Ergonomic Office Chair (White Basic)

2. SAFETY INFORMATION

Always read and follow the assembly instructions carefully. Be cautious when adjusting the backrest, armrests, and seat depth to avoid injury. Keep the chair on a stable surface and do not exceed the maximum weight capacity. Ensure all screws and bolts are securely tightened before use and periodically check for any loose components.

3. PACKAGE CONTENTS

Before beginning assembly, verify that all components are present and undamaged. If any parts are missing or damaged, please contact customer support.

- Backrest Assembly
- Seat Cushion Assembly
- Armrests (Left and Right)
- Chair Base
- Gas Lift Cylinder
- Casters (5 pieces)
- Hardware Kit (screws, washers, Allen wrench)
- Instruction Manual

4. ASSEMBLY INSTRUCTIONS

Assembly is required. Please follow the included instructions carefully. It is recommended to assemble the chair on a soft, clean surface to prevent damage. All necessary tools are provided.

1. **Attach Casters to Base:** Insert the five casters into the holes at the end of each leg of the chair base until they click securely into place.
2. **Insert Gas Lift:** Place the gas lift cylinder into the center hole of the chair base.
3. **Attach Armrests to Seat:** Secure the armrests to the underside of the seat cushion assembly using the provided screws. Ensure they are oriented correctly (left and right).
4. **Attach Backrest to Seat:** Connect the backrest assembly to the seat cushion assembly using the designated screws.
5. **Connect Seat Assembly to Gas Lift:** Carefully place the assembled seat and backrest onto the gas lift cylinder, ensuring it is centered and stable.



Image 4.1: Chair Dimensions and Components Overview

5. OPERATING INSTRUCTIONS AND ADJUSTMENTS

The SIHOO Doro S100 chair offers multiple adjustment options to customize your seating experience for optimal ergonomic support.

5.1. Dual Dynamic Lumbar Support

The chair features a dual dynamic lumbar support system with an adaptive mechanism and four springs, providing 6D automatic adjustment. This system dynamically adapts to various body shapes and postures, offering comprehensive and enveloping lumbar support.

DUAL DYNAMIC LUMBAR SUPPORT

Comprehensive lumbar support that cradles your back



Image 5.1.1: Dual Dynamic Lumbar Support Detail

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Video 5.1.2: Demonstration of SIHOO S100 Dual Lumbar Support adjustment.

5.2. 4D Coordinated Armrests

The armrests feature an ultra-soft and thick surface and can be adjusted in four dimensions:

- **Height Adjustment:** Up and down by 2.76 inches (7 cm).
- **Forward/Backward Adjustment:** Back and forth by 1.18 inches (3 cm).
- **Pivot Adjustment:** Inward and outward by 72°.
- **Coordinated Recline:** Armrests coordinate with the backrest when reclining to maintain support.

4D COORDINATED ARMRESTS

Multi-adjustable to suit more sitting postures



Image 5.2.1: 4D Coordinated Armrest Adjustments

5.3. Advanced Independent Backrest

The backrest uses high-resilience mesh fabric and is independently adjustable. The upper half can be positioned in 5 levels, providing comprehensive support for shoulders and neck for users between 5' (150 cm) and 6'3" (190 cm) tall. The dual-wing lumbar support provides precise lower back support.

PREMIUM INDEPENDENT BACKREST

Adjustable in 5 levels to suit various heights



Image 5.3.1: 5-Level Adjustable Backrest

5.4. Adjustable Pressure-Free Seat Cushion

The seat offers a depth adjustment range of 1.97 inches (5 cm). Its waterfall-shaped design maximizes contact area with the thighs and hips, minimizing pressure and ensuring unobstructed blood flow, even during movement.

SEAT DEPTH ADJUSTMENT

Deeper seat to suit more body types



Image 5.4.1: Seat Depth Adjustment

PRESSURE-REDUCING SEAT CUSHION

Long-lasting and tireless seating experience



Image 5.4.2: Pressure-Reducing Seat Cushion

5.5. Recline Function

The chair allows for an extra-large recline angle of up to 135 degrees, providing relaxing comfort. The coordinated armrests ensure continuous support during recline.

EXTRA LARGE RECLINE ANGLE

Up to 135° of recline and relaxing comfort



Image 5.5.1: Extra Large Recline Angle

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Video 5.5.2: Overview of SIHOO Doro S100 chair features and recline function.

6. MAINTENANCE

Regular maintenance helps preserve the appearance and functionality of your SIHOO Doro S100 chair.

- **Cleaning:** Wipe mesh and plastic surfaces with a soft, damp cloth. For stubborn stains, use a mild soap solution and dry thoroughly. Avoid harsh chemicals or abrasive cleaners.
- **Casters:** Periodically clean casters to remove accumulated dust and debris, ensuring smooth movement.
- **Hardware:** Check all screws and bolts every few months and tighten if necessary to maintain stability.
- **Mesh Fabric:** Avoid sharp objects that could damage the mesh. For spills, blot immediately with a clean cloth.

7. TROUBLESHOOTING

If you encounter any issues with your chair, refer to the following common problems and solutions:

Problem	Possible Cause	Solution
Chair does not adjust height	Gas lift not engaged or faulty.	Ensure the height adjustment lever is fully engaged. If the problem persists, the gas lift may need replacement.
Chair wobbles or is unstable	Loose screws or uneven floor.	Check and tighten all assembly screws. Ensure the chair is on a flat, stable surface.
Casters do not roll smoothly	Debris caught in casters.	Remove any hair, dust, or debris from the caster wheels.
Lumbar support feels uncomfortable	Incorrect adjustment for body type.	Experiment with the lumbar support adjustments to find the most comfortable position for your back.

If these solutions do not resolve the issue, please contact SIHOO customer support for further assistance.

8. SPECIFICATIONS

- **Brand:** SIHOO
- **Model Name:** S100-M302
- **Color:** White
- **Material:** Mesh
- **Product Dimensions:** 17.1"D x 20"W x 40"H
- **Item Weight:** 38 pounds
- **Back Style:** Mesh Back
- **Arm Style:** Pillow-Top
- **Seat Depth:** 18.11 inches
- **Reclining Position Count:** 6
- **Age Range (Description):** Adult
- **Certifications:** BIFMA, SGS

9. WARRANTY AND SUPPORT

SIHOO prioritizes product quality and customer satisfaction. The Doro S100 chair is BIFMA and SGS certified, ensuring high standards of quality and durability.

For any inquiries, assistance, or to report issues, please contact SIHOO customer support. Information

regarding protection plans (2-Year, 3-Year, Complete Protect) is available through your retailer or SIHOO's official channels.

Always retain your proof of purchase for warranty claims.