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› Insta360 X5 Satin White - Waterproof 8K 360° Action Camera, Leading Low Light, Invisible Selfie Stick Effect, Rugged and Replaceable Lens, 3-Hour Battery, Built-in Wind Guard, Stabilization Satin White Standard Bundle User Manual

Insta360 CINSAAHA

Insta360 X5 Satin White User Manual

Model: CINSAAHA

1. INTRODUCTION

Thank you for choosing the Insta360 X5 Satin White 8K 360° Action Camera. This manual provides essential information for setting up, operating, and maintaining your camera to ensure optimal performance and longevity. The Insta360 X5 is designed to capture immersive 360-degree video and photos with advanced stabilization and low-light capabilities.

2. SAFETY INFORMATION

- Do not expose the camera to extreme temperatures or direct sunlight for extended periods.
- Ensure all ports are securely closed before exposing the camera to water.
- Use only official Insta360 accessories and chargers.
- Keep the camera and its components out of reach of children.
- Avoid dropping or subjecting the camera to strong impacts.

3. WHAT'S IN THE BOX

The Insta360 X5 Satin White Standard Bundle includes the following items:

- 1x Insta360 X5 Camera
- 1x USB-C Cable
- 1x Lens Cloth
- 1x Protective Pouch
- 1x User Guide (this document)

**Invisible Selfie Stick & MicroSD Card sold separately.*

4. SETUP

4.1. Charging the Battery

The Insta360 X5 features an upgraded battery providing up to 185 minutes of runtime. For fast charging, connect the camera to a 30W USB-C PD certified charger. The camera can charge to 80% in approximately 20 minutes.

4.2. Inserting a MicroSD Card

A MicroSD card is required for recording. Insert a compatible MicroSD card (UHS-I V30 speed class or above, exFAT format recommended) into the designated slot until it clicks into place.

4.3. Powering On/Off

To power on, press and hold the Power Button until the screen lights up. To power off, press and hold the Power Button until the camera shuts down.

4.4. Connecting to the Insta360 App

Download the official Insta360 app on your mobile device. Enable Wi-Fi and Bluetooth on your phone, then open the app and follow the on-screen instructions to connect to your Insta360 X5.

5. KEY FEATURES

5.1. 8K30fps 360° Video with Dual 1/1.28" Sensors

Capture stunning detail with dual 1/1.28" sensors shooting up to 8K30fps. Film epic adventures, everyday moments, and more, all in sharp, immersive 360° video with better clarity, color, and dynamic range.



8K 360°

FLAGSHIP IMAGING

Experience ultra-clear 8K 30fps 360° videos with dual 1/1.28" sensors, delivering true-to-life colors.

Image: The Insta360 X5 captures ultra-clear 8K 30fps 360° videos with dual 1/1.28" sensors, delivering true-to-life colors.

5.2. Triple AI Chip Design, Better Low Light

Shoot confidently even in challenging lighting. The X5's triple AI chip design powers advanced noise reduction and image processing, delivering crisp, vibrant footage even in dim or night conditions.



Image: Enhanced low light performance with 360° PureVideo, featuring triple AI chip noise reduction and improved brightness for clarity.

5.3. Invisible Selfie Stick Effect

Create impossible third-person views with no selfie stick in sight! Capture everything in 360°, then choose your angles later using AI-assisted reframing—perfect shots, every time.

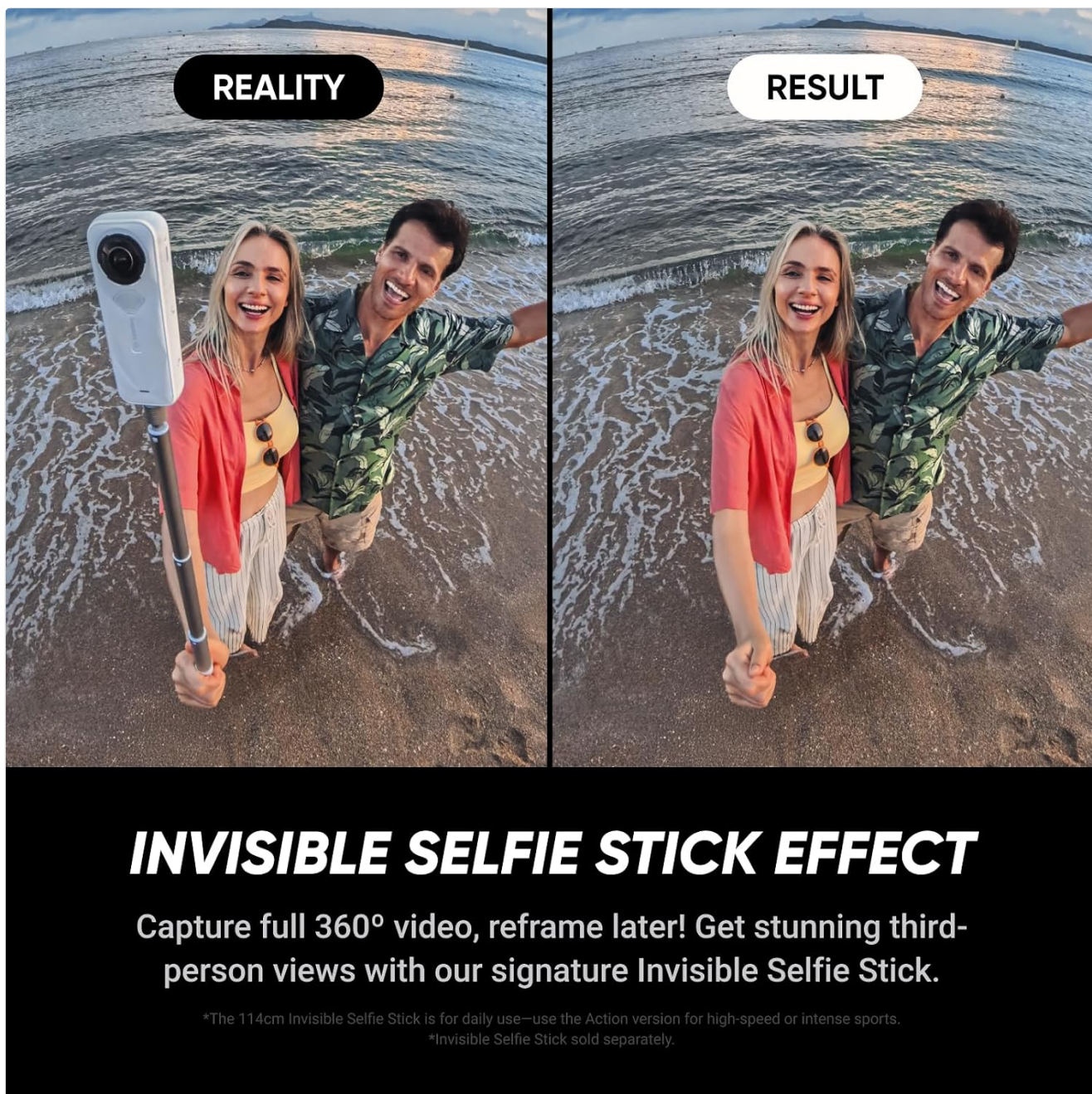
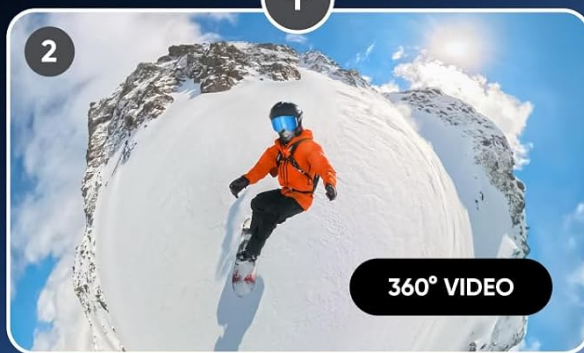


Image: The Invisible Selfie Stick effect allows for seamless third-person views, making the stick disappear from your 360° footage.

5.4. InstaFrame Mode

Get a ready-to-share flat video instantly. Choose auto-framing to let the camera track you, or lock in a fixed angle. Preview the 360° video later to add in any unexpected moments, too.



INSTAFRAME MODE

Get a Fixed View or Selfie View for sharable flat videos without editing, all while filming in 360° at the same time!

Image: InstaFrame Mode allows you to get a fixed view or selfie view for sharable flat videos without editing, while simultaneously filming in 360°.

5.5. FlowState Stabilization + 360° Horizon Lock

No gimbal needed. The X5's FlowState Stabilization and full 360° Horizon Lock deliver buttery-smooth, level footage, even during action-packed moments, bumps, or full rotations.

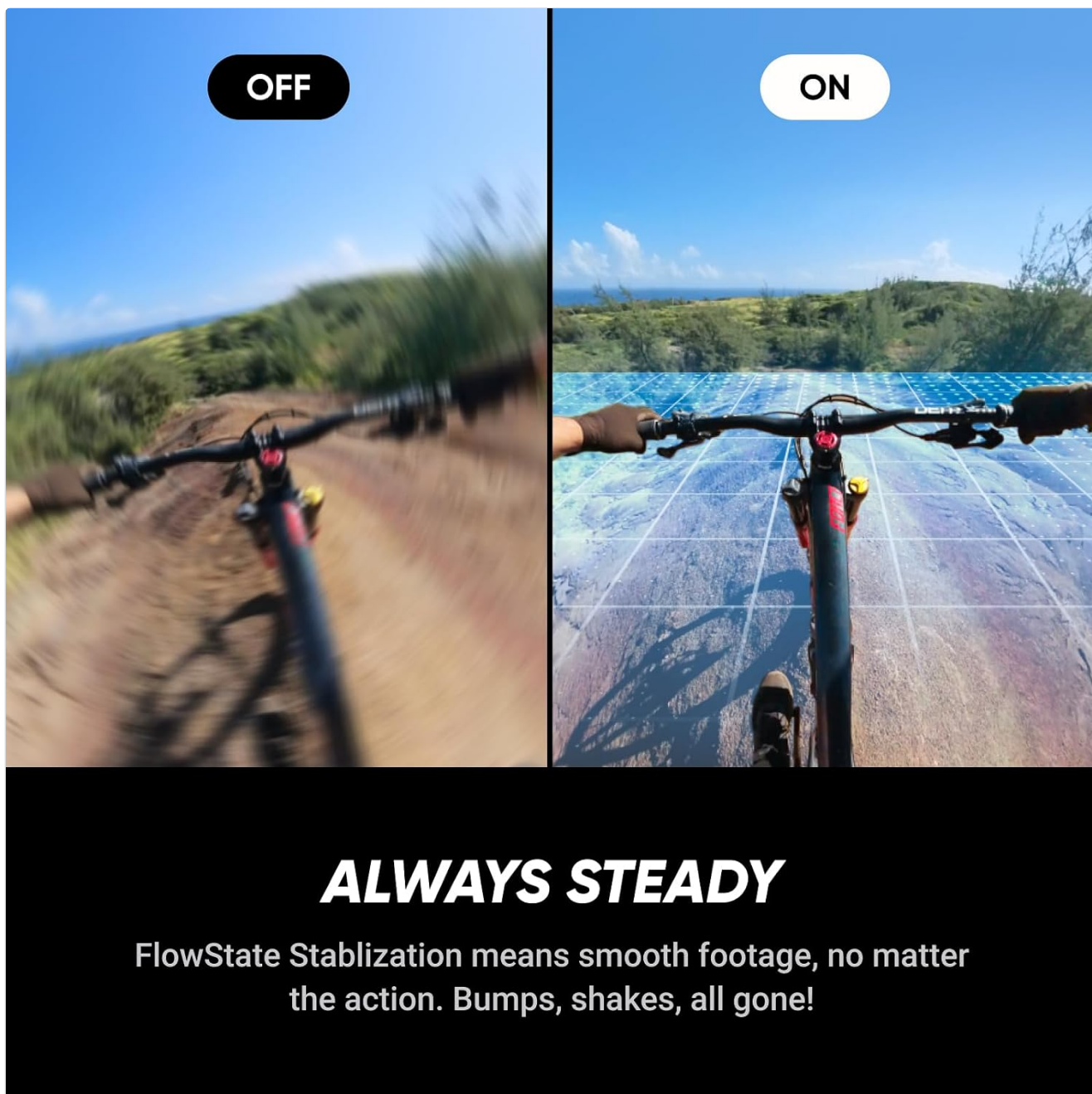


Image: FlowState Stabilization ensures smooth footage, eliminating bumps and shakes, no matter the action.

5.6. Tougher, Replaceable Lenses

Brand new, fully replaceable lenses are here. The X5's upgraded lenses are tough, durable, and scratch-resistant. Easily replace them in seconds so you're always ready to shoot your next mission.

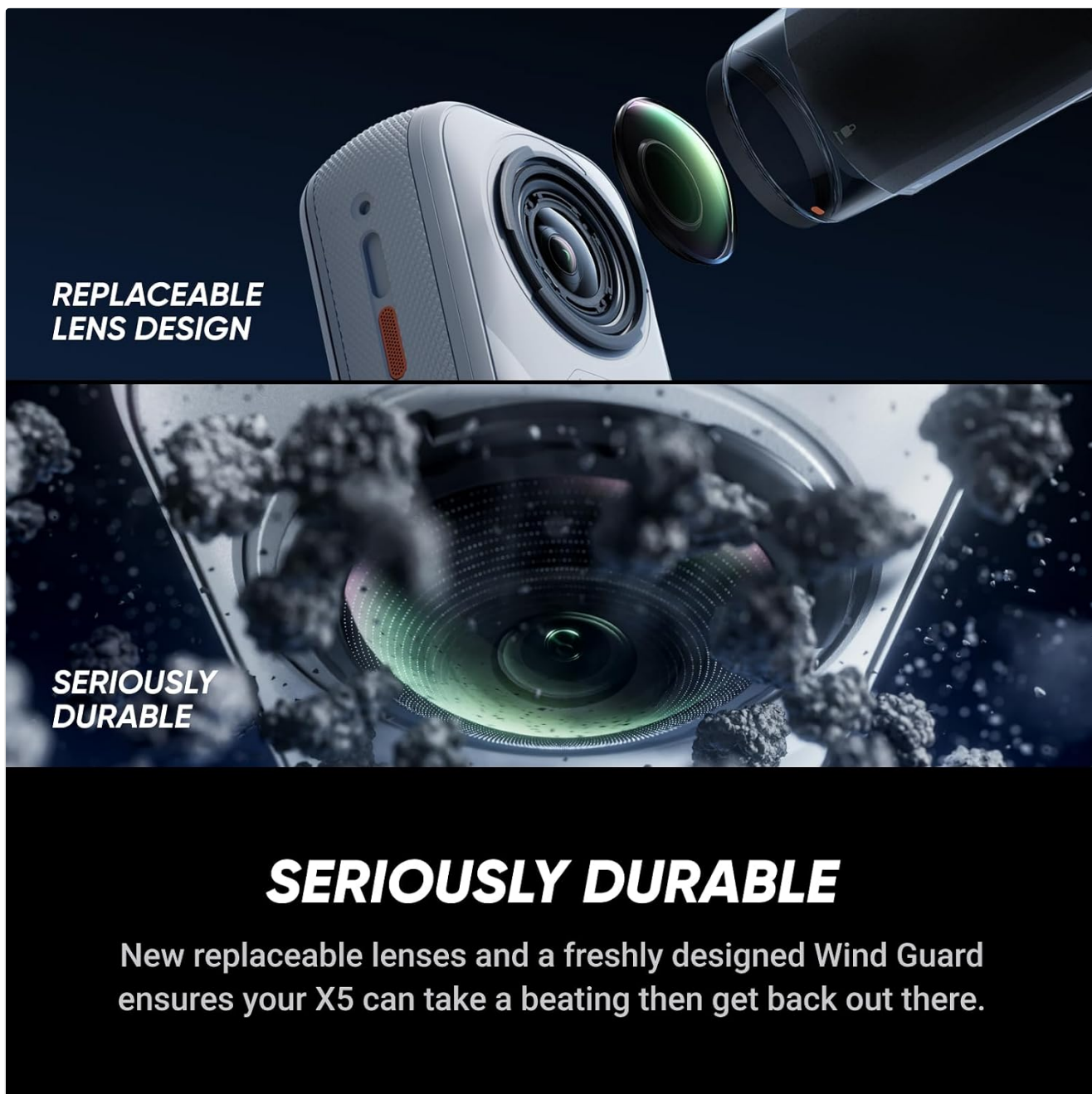


Image: The Insta360 X5 features a replaceable lens design and seriously durable, scratch-resistant lenses.

5.7. New Wind Guard for Clearer Audio

Audio matters. The new 4-mic array includes an advanced Wind Guard that reduces wind interference and hones in on voices—ideal for vlogs, narration, and action scenes alike.

5.8. Waterproof to 49ft (15m)

Ready for it all. Take your X5 diving to 49ft (15m) without a case.

A promotional graphic for the Insta360 X5 camera. The top half features a white Insta360 X5 with a blue charging cable plugged in, set against a dark background with blue light streaks. A large blue graphic reads "80% IN 20 MINS" above the phone's screen, which shows a green battery icon at 80%. Below this, the text "HYPER CHARGING" is written in white, followed by "208 mins of power. 80% in 20 mins." in smaller white text. The bottom half features a black Insta360 X5 with a blue graphic reading "49ft" above it, with water splashing around the device. Below the "49ft" graphic, the text "WATERPROOF TO 49FT (15M)" is written in white. At the bottom, the text "PUSH FURTHER, SHOOT LONGER" is written in large, bold, white letters. Below this, a paragraph reads: "Huge upgrade! Get 208 minutes of shooting, then fast charge back to 80% in just 20 mins, and waterproof to 49ft (15m)!" and a small footnote says: "*Please update X5's firmware to v1.3.0 or later."

Image: The Insta360 X5 is waterproof to 49ft (15m), allowing for underwater capture without an additional case.

5.9. Export Without Editing, Using AI

Short on time? One-tap export lets you grab a quick clip without editing. Or use our revolutionary AI editing in the Insta360 app to automatically create highlights for you!

6. OPERATING THE CAMERA

6.1. Basic Controls

The Insta360 X5 features intuitive controls. The main record button is prominently located for easy access. Use the touchscreen display to navigate menus and settings.

6.2. Shooting Modes

The camera offers various shooting modes, including standard 360-degree video, single-lens mode, and specialized modes like InstaFrame. Select your desired mode via the touchscreen interface.

6.3. Connecting to the Insta360 App

For advanced control, real-time preview, and editing, connect your X5 to the Insta360 mobile app. The app allows for seamless transfer of footage and access to AI-powered editing tools.

7. MAINTENANCE

7.1. Cleaning the Lenses

Use the provided lens cloth to gently clean the camera lenses. For stubborn smudges, a specialized lens cleaning solution can be applied to the cloth. Avoid abrasive materials that could scratch the lenses.

7.2. Battery Care

To prolong battery life, avoid fully discharging the battery frequently. Store the camera with a partial charge (around 50%) if not used for extended periods. Do not expose the battery to extreme heat.

7.3. Waterproof Seal Check

Before using the camera in water, always ensure the battery compartment and USB-C port covers are securely closed and free of debris. Regularly inspect the rubber seals for any signs of wear or damage.

8. TROUBLESHOOTING

8.1. Camera Not Powering On

- Ensure the battery is sufficiently charged.
- Try removing and reinserting the battery.
- Connect the camera to a power source to see if it powers on while charging.

8.2. Footage Appears Unstable

- Ensure FlowState Stabilization is enabled in the camera settings.
- Update camera firmware to the latest version.

8.3. Connectivity Issues with App

- Restart both the camera and your mobile device.
- Ensure Wi-Fi and Bluetooth are enabled on your phone.
- Forget the camera's Wi-Fi network on your phone and reconnect.

9. SPECIFICATIONS

Feature	Detail
Brand	Insta360
Model Number	CINSAAHA
Color	Satin White
Item Weight	1.19 pounds
Video Capture Resolution	8K

Photo Sensor Technology	CMOS
Screen Size	2.5 Inches
Flash Memory Type	Micro SD
Batteries	1 AAA batteries required (included)
Date First Available	July 24, 2025

10. WARRANTY AND SUPPORT

The Insta360 X5 comes with a standard manufacturer's warranty. For detailed warranty information, product support, firmware updates, and additional resources, please visit the official Insta360 website or contact their customer service directly. Keep your proof of purchase for warranty claims.

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Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

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After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question