

CY

# TAIXL Body Sculpting Device (Model CY) Instruction Manual

**Brand:** Generic | **Model:** CY

## 1. INTRODUCTION

This manual provides essential information for the safe and effective operation of the TAIXL Body Sculpting Device, Model CY. This non-invasive muscle stimulator utilizes High-Intensity Focused Electromagnetic (HIFEM) technology to induce muscle contractions, aiming to strengthen and tone muscles in targeted areas.

### Key Features:

- Non-invasive technology with no reported side effects or pain.
- Utilizes Tesla High-Intensity Electromagnetic technology to target skeletal muscles.
- Equipped with 2 magnetic applicators for fat reduction and muscle toning.
- Features a patented cooling system for extended operation.
- Offers 5 distinct training modes: HIIT, Hypertrophy, Strength, Combo 1 (HIIT+Hypertrophy), and Combo 2 (Hypertrophy+Strength).
- Designed to target areas such as the abdomen, arms, hips, hamstrings, and thighs.
- Supports body toning, muscle building, fat reduction, and may contribute to improved lymphatic circulation.



Figure 1: TAIXL Body Sculpting Device main unit with attached handles.

## 2. SAFETY INFORMATION

### Important Safety Precautions:

- Read all instructions before use.
- Do not use if pregnant or breastfeeding.
- Consult a physician before use if you have any medical conditions, especially heart conditions, pacemakers, or metal implants.
- Keep out of reach of children.
- Do not operate the device near water or in wet environments.
- Ensure the power cord is securely connected and not damaged.
- Discontinue use immediately if you experience any discomfort or adverse reactions.
- This device is intended for home fitness and body toning; it is not a medical device.

## 3. PRODUCT OVERVIEW

The TAIXL Body Sculpting Device consists of a main unit with a touchscreen interface and two magnetic applicators. The rear panel provides connection ports for the applicators and the power cord.



Figure 2: Rear view of the device, highlighting power and applicator connections.



Figure 3: Diversified touch screen interface for operation.

## 4. SETUP

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1. **Unpacking:** Carefully remove all components from the packaging. Ensure all parts are present: main unit, magnetic applicators (x2), power cord, and instruction manual.
2. **Placement:** Place the main unit on a stable, flat surface in a well-ventilated area.
3. **Connect Applicators:**
  - Locate the connection ports on the rear of the main unit.
  - Align the magnetic applicators with their respective ports, ensuring the marks on the applicator and unit match.
  - Gently push the applicator into the port until it clicks securely into place.
4. **Connect Power:**
  - Plug the power cord into the designated power input on the rear of the main unit.
  - Plug the other end of the power cord into a suitable electrical outlet.
5. **Power On:** Press the main power button, usually located on the rear or front panel, to turn on the device. The touchscreen will illuminate.

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*Video 1: Demonstrates the physical setup and initial power-on sequence of the TAI XL Body Sculpting Device.*

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*Video 2: Shows an alternative setup process for a similar muscle sculpting machine, including handle and power connections.*

## 5. OPERATING INSTRUCTIONS

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The device offers both automatic and manual operating modes. It is recommended to start with lower intensity settings and gradually increase them based on comfort and tolerance.

### 5.1. Automatic Mode (Pattern 1)

1. From the main screen, select "Pattern 1" for automatic mode.
2. This mode uses fixed parameters. You can adjust the energy intensity using the up/down arrows on the screen.
3. Press the play button to start the treatment.

### 5.2. Manual Mode (Pattern 2)

1. From the main screen, select "Pattern 2" for manual mode.
2. In this mode, you can choose different parameters for energy intensity and frequency (F1, F2, F3) according to your requirements.
3. It is recommended to start the frequency from low to high.
4. Press the play button to start the treatment.



### 5.3. Treatment Guidelines

- A typical treatment session is 30 minutes.
- After each 30-minute session, it is recommended to rest for 15 minutes.
- Apply the applicators directly to the target areas (abdomen, arms, hips, hamstrings, thighs).

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*Video 3: Demonstrates the touchscreen interface and selection of operating modes and intensity levels.*



*Figure 4: Illustrative image of body areas suitable for treatment.*

## 6. MAINTENANCE

- **Cleaning:** After each use, wipe the applicators and the device's surface with a soft, damp cloth. Do not use abrasive cleaners or immerse the device in water.
- **Storage:** Store the device in a cool, dry place away from direct sunlight and extreme temperatures.
- **Inspection:** Regularly inspect the power cord and applicator cables for any signs of damage. If damage is found, discontinue use and contact customer support.

## 7. TROUBLESHOOTING

- **Device not powering on:**
  - Check if the power cord is securely connected to both the device and the electrical outlet.
  - Ensure the main power switch (if present) is in the "ON" position.

- **Applicators not working:**
  - Verify that the applicators are correctly and securely attached to the main unit.
  - Check the selected mode and intensity settings on the touchscreen.
- **Unusual noise or smell:**
  - Immediately turn off the device and unplug it from the power source.
  - Contact customer support for assistance.

## 8. SPECIFICATIONS

Feature	Detail
Operation Mode	Automatic
Manufacturer	China
Parcel Dimensions	69 x 59 x 59 cm
Item Model Number	CY
Item Weight	57 kg
Brand	Generic
Colour	White
Material	Plastic
Controls Type	Push Button, Dial

## 9. WARRANTY AND SUPPORT

The manufacturer offers the following for this product:

- CE certificate and ROHS test report.
- One-year free insurance.
- Lifetime technical support service.
- One-to-one video guide for problem resolution.

For any inquiries or support, please refer to the contact information provided at the point of purchase.

