

Saaf L-228

Saaf Multicooker L-228 Instruction Manual

Model: L-228

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1. INTRODUCTION

Thank you for choosing the Saaf Multicooker L-228. This versatile 11-piece appliance combines 12 cooking programs into one unit, functioning as a slow cooker, rice cooker, steamer, and pressure cooker. With its 6-liter capacity and user-friendly digital display, it simplifies meal preparation for the entire family. This manual provides essential information for safe and efficient operation, maintenance, and troubleshooting.

Please read this manual thoroughly before first use and keep it for future reference.

2. IMPORTANT SAFETY INSTRUCTIONS

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and injury to persons, including the following:

- Read all instructions carefully before operating the appliance.
- Do not touch hot surfaces. Use handles or knobs.
- To protect against electric shock, do not immerse the cord, plugs, or the main unit in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- Do not use outdoors.
- Do not let the cord hang over the edge of a table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.

- Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to "off", then remove plug from wall outlet.
- Do not use the appliance for other than intended use.
- This appliance cooks under pressure. Improper use may result in scalding injury. Ensure unit is properly closed before operating.
- Never force open the pressure cooker. Do not open until the unit has cooled and internal pressure has been released.
- Do not fill the inner pot above the MAX fill line.
- Ensure the pressure release valve is clear before each use.

3. PRODUCT OVERVIEW

3.1 Components

The Saaf Multicooker L-228 comes with an 11-piece set to enhance your cooking experience. Refer to the image below for a visual guide to all included components.



Figure 3.1: All 11 components of the Saaf Multicooker L-228 set.

1. Pressure Cooker Lid
2. Six-liter Inner Pot
3. Saaf Multicooker Base
4. Glass Lid

5. Spoon
6. Ladle
7. Measuring Cup
8. Condensation Tray
9. Recipe Book
10. Manual
11. Power Cord

3.2 Control Panel and Digital Display

The digital display and control panel provide intuitive access to all cooking programs and settings. Familiarize yourself with the various indicators and buttons for optimal use.



Figure 3.2: Saaf Multicooker Digital Display and Control Panel.

Display Indicators:

1. **Start Timer:** Indicates the countdown for delayed start.
2. **Preheating:** Illuminates when the appliance is preheating.
3. **Under-pressure Indicator:** Shows when the cooker is under pressure.
4. **Keep Warm Function Activated:** Indicates the keep warm function is active.
5. **Time and Message Display:** Shows cooking time, remaining time, and various messages.
6. **Pressure Level:** Displays selected pressure level (Low or High).
7. **Program Duration:** Indicates the selected program's duration (Less, Normal, More).
8. **Progress Indicator:** Shows the current stage of cooking (preheating, cooking, keep warm).
9. **Sound Indicator:** Indicates sound status.

Control Buttons:

- **Program Buttons:** Oatmeal, Broth/Soup, Poultry, Yogurt, Egg, Beans/Chili, Rice, Pressure Cook, Meat/Stew, Cake, Slow Cook, Steam, Sauté, Multi-Grain.
- **Pressure Level:** Adjusts pressure setting.
- **Delay Start:** Sets a delayed start time for cooking.
- **Keep Warm/Cancel:** Activates keep warm function or cancels current program.
- **+/- Buttons:** Adjusts time or other settings.

4. SETUP AND FIRST USE

4.1 Unpacking

Carefully remove all components from the packaging. Retain packaging materials for future storage or transport if needed. Verify that all 11 pieces listed in Section 3.1 are present and undamaged.

4.2 Initial Cleaning

Before first use, clean all parts that will come into contact with food:

- Wash the inner pot, pressure lid (including the sealing ring and valves), glass lid, spoon, ladle, and measuring cup with warm, soapy water. Rinse thoroughly and dry completely.
- Wipe the exterior of the multicooker base with a damp cloth. Never immerse the base in water.
- Ensure all parts are completely dry before assembly and storage.

4.3 Assembly

1. Place the Saaf Multicooker base on a stable, level, heat-resistant surface.
2. Insert the inner pot into the multicooker base. Ensure it sits properly and is not tilted.
3. Attach the condensation tray to the back of the multicooker base.
4. Depending on your cooking method, use either the pressure cooker lid or the glass lid. Ensure the sealing ring is correctly seated in the pressure lid before use.

5. OPERATING INSTRUCTIONS

The Saaf Multicooker offers 12 automatic cooking programs and various manual settings for diverse culinary needs.



Figure 5.1: Saaf Multicooker L-228 in operation.

5.1 Basic Operation

1. Add ingredients to the inner pot. Do not exceed the MAX fill line.
2. Place the appropriate lid (pressure lid for pressure cooking, glass lid for slow cooking/sautéing) on the multicooker and lock it if using the pressure lid. Ensure the pressure release valve is in the correct position for pressure cooking (sealed) or venting (open) as required.
3. Plug the power cord into a grounded electrical outlet. The display will illuminate.
4. Select your desired cooking program using the dedicated buttons on the control panel.
5. Adjust cooking time or pressure level using the '+' and '-' buttons if necessary.
6. The multicooker will begin the preheating phase, indicated on the display.
7. Once cooking is complete, the appliance will typically switch to the 'Keep Warm' function automatically.
8. To cancel a program or turn off the 'Keep Warm' function, press the 'Keep Warm/Cancel' button.

5.2 Cooking Programs

The Saaf Multicooker features 12 automatic programs for various dishes. Refer to the recipe book for specific instructions and recommended cooking times for each program.



Figure 5.2: 12 Automatic Cooking Programs.

- **Oatmeal/Porridge:** For breakfast cereals and porridges.
- **Soup/Broth:** Ideal for preparing various soups and broths.
- **Poultry:** Optimized for cooking chicken and other poultry.
- **Yogurt:** For making homemade yogurt.
- **Egg:** For perfectly cooked eggs.
- **Beans/Chili:** Suitable for cooking beans and chili dishes.
- **Rice:** For various types of rice.
- **Pressure Cooker:** General pressure cooking function for fast cooking.
- **Meat/Stew:** For tender meat dishes and stews.
- **Cake:** For baking cakes and desserts.
- **Slow Cook:** For slow-cooked meals, allowing flavors to develop over time.
- **Steam:** For healthy steaming of vegetables, fish, and more.
- **Sauté:** For browning ingredients before cooking.
- **Multi-Grain:** For cooking various grains.

5.3 Pressure Cooking (up to 70kPa)

The pressure cooking function significantly reduces cooking times while preserving flavor and nutrients. Ensure the pressure lid is securely locked and the pressure release valve is in the 'Sealing' position. The display will indicate when pressure is building and when the cooker is under pressure.

5.4 Slow Cooking

For slow cooking, you can use either the pressure lid (with the valve in 'Venting' position) or the glass

lid. The glass lid allows for full visibility during the cooking process. Select the 'Slow Cook' program and adjust the time as needed.

5.5 Sauté Function

Use the 'Sauté' function to brown ingredients before pressure cooking or slow cooking. This function operates without pressure. The glass lid can be used during sautéing for better visibility.

5.6 Delay Start and Keep Warm

- **Delay Start:** Use the 'Delay Start' button to program the multicooker to begin cooking at a later time. Set your desired cooking program and then press 'Delay Start' to set the delay time.
- **Keep Warm:** After most cooking programs, the multicooker will automatically switch to 'Keep Warm' mode. This function can also be manually activated or canceled using the 'Keep Warm/Cancel' button.

6. MAINTENANCE AND CLEANING

Regular cleaning and maintenance will ensure the longevity and optimal performance of your Saaf Multicooker.

Pourquoi saaf.?



saaf.

- ✓ 12 programmes de cuisson automatiques
- ✓ Livre de cuisine gratuit inclus (30 recettes)
- ✓ Capacité plus que suffisante pour toute la famille
- ✓ Système de sécurité à double soupape de surpression
- ✓ Complètement sans danger pour les aliments - Sans PFAS ni BPA
- ✓ Tout inclus pour un démarrage rapide

autres.

- ✗ seulement 6 programmes différents
- ✗ pas de livre de recettes
- ✗ capacité trop faible pour plusieurs personnes
- ✗ couvercle difficile à retirer sous pression
- ✗ revêtement antiadhésif PFAS obsolète
- ✗ peu d'accessoires

Figure 6.1: Inner pot and lid for easy cleaning.

6.1 Cleaning the Inner Pot

The inner pot is non-stick and easy to clean. After each use, allow the pot to cool completely. Wash it

with warm, soapy water using a soft sponge or cloth. Avoid abrasive cleaners or scouring pads that could damage the non-stick coating. Rinse thoroughly and dry completely before storing.

6.2 Cleaning the Lids and Sealing Ring

Wash both the pressure lid and the glass lid with warm, soapy water. For the pressure lid, carefully remove the sealing ring and wash it separately. Ensure all valves and vents are clear of food debris. Rinse all parts thoroughly and allow them to air dry completely before reassembling. The sealing ring should be reinserted correctly to ensure proper sealing during pressure cooking.

6.3 Cleaning the Exterior

Wipe the exterior of the multicooker base with a damp cloth. Do not immerse the base in water or any other liquid. Ensure the control panel and display are clean and dry.

6.4 Storage

After cleaning, ensure all parts are completely dry. Store the multicooker in a dry place. You can store the inner pot inside the base for compact storage.

7. TROUBLESHOOTING

If you encounter any issues with your Saaf Multicooker, refer to the table below for common problems and solutions.

Problem	Possible Cause	Solution
Multicooker does not turn on.	Not plugged in; power outlet issue; damaged cord.	Ensure power cord is securely plugged into a working outlet. Check for power supply. If cord is damaged, contact support.
Pressure is not building up.	Lid not properly sealed; sealing ring missing or damaged; pressure release valve in 'Venting' position.	Ensure lid is securely locked. Check sealing ring for proper placement and damage. Turn pressure release valve to 'Sealing' position.
Steam leaks from the lid.	Sealing ring dirty or damaged; food debris on rim; lid not properly closed.	Clean or replace sealing ring. Clean the rim of the inner pot and lid. Ensure lid is closed and locked correctly.
Food is undercooked or overcooked.	Incorrect cooking time or program selected; insufficient liquid for pressure cooking.	Adjust cooking time or select a different program. Ensure adequate liquid is added for pressure cooking. Refer to the recipe book.
Error code on display.	Specific internal issue.	Unplug the multicooker, wait a few minutes, then plug it back in. If the error persists, consult the manufacturer's support.

8. SPECIFICATIONS

Technical details for the Saaf Multicooker L-228:

Feature	Detail
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Feature	Detail
Model Number	L-228
Brand	Saaf
Capacity	6 Liters
Power	1000 Watts
Voltage	220-240 Volts
Frequency	50-60 Hz
Pressure	0-70 kPa
Dimensions (L x W x H)	32.5 x 32.5 x 37 cm
Weight	6.51 Kilograms
Material	Stainless Steel, Ceramic, Plastic
Color	Black
Special Features	Locking Lid, Programmable, Keep Warm Setting
Control Method	Push Button

9. WARRANTY AND SUPPORT

9.1 Warranty Information

The Saaf Multicooker L-228 comes with a 2-year availability for spare parts. Please retain your proof of purchase for any warranty claims.

9.2 Customer Support

For further assistance, technical support, or to inquire about spare parts, please contact Saaf customer service. Refer to the contact information provided with your purchase or visit the official Saaf website.