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› LASTAR Light Therapy Lamp (Model B0FJ238TGN) User Manual

## LASTAR B0FJ238TGN

# LASTAR Light Therapy Lamp User Manual

Model: B0FJ238TGN

## INTRODUCTION

This manual provides instructions for the safe and effective use of your LASTAR Light Therapy Lamp. Please read this manual thoroughly before operating the device and retain it for future reference.

## IMPORTANT SAFETY INSTRUCTIONS

- Read all instructions before use.
- Do not immerse the device in water or other liquids.
- Keep away from children.
- Consult a healthcare professional before use if you have any eye conditions, skin conditions, or are taking medications that increase light sensitivity.
- This device is for indoor use only.
- Unplug the device during lightning storms or when unused for long periods.
- Do not operate with a damaged cord or plug.
- Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

## PACKAGE CONTENTS

- LASTAR Light Therapy Lamp
- USB-C Cable
- Power Adapter
- Wall Mounting Screws and Anchors
- User Manual (this document)



Image: LASTAR Light Therapy Lamp, USB-C cable, power adapter, and wall mounting hardware.

## PRODUCT OVERVIEW

Familiarize yourself with the components of your light therapy lamp.

1. **Light Panel:** Emits 10,000 lux UV-free daylight.
2. **Power Button:** Turns the lamp on/off.
3. **Timer Button:** Cycles through timer settings (15, 30, 45, 60 minutes).
4. **Brightness Button:** Adjusts brightness levels (5 levels: 15%-100%).
5. **Adjustable Stand:** For desktop placement.
6. **Wall Mounting Hole:** For wall installation.
7. **USB-C Port:** For power input.

# 5 Level Brightness Adjustment

Choose the brightness and distance you need according to the environment and light.

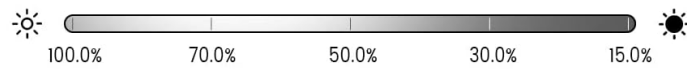


Image: Front view of the LASTAR Light Therapy Lamp showing the power, timer, and brightness control buttons, and the adjustable stand.

## SETUP

### Desktop Placement

1. Unfold the adjustable stand located on the back of the lamp.
2. Place the lamp on a stable, flat surface.
3. Connect the USB-C cable to the lamp's USB-C port and the power adapter.
4. Plug the power adapter into a standard electrical outlet.

### Wall Mounting

1. Identify a suitable location on a wall.
2. Use the provided screws and anchors to securely mount the lamp via the hanging hole on its back.
3. Connect the USB-C cable to the lamp's USB-C port and the power adapter.
4. Plug the power adapter into a standard electrical outlet.

## Wall-mounted

There is a hanging hole on the back for hanging on the wall and includes a pack of blasting screws.



Image: A person demonstrating wall mounting of the LASTAR Light Therapy Lamp, showing the hanging hole and included screws.

## OPERATING INSTRUCTIONS

### Power On/Off

- Press the **Power Button** to turn the lamp on.
- Press the **Power Button** again to turn the lamp off.

### Adjusting Brightness

- With the lamp on, press the **Brightness Button** to cycle through 5 brightness levels (15%, 30%, 50%, 70%, 100%).
- Choose the brightness level that is comfortable for your environment.

# Say Goodbye to Winter Blues



6500K Color  
Temperature



Full Spectrum  
Light



UV-Free LED



10000 LUX



Timer &  
Memory Function



Image: Visual representation of the LASTAR Light Therapy Lamp at its five different brightness settings, from 15% to 100%.

## Setting the Timer

- With the lamp on, press the **Timer Button** to select a desired usage duration.
- Available timer settings are 15, 30, 45, and 60 minutes. The lamp will automatically turn off after the selected time.

# 4 Timer Setting

Timing selection of different time periods to customize your phototherapy in a scientific way



Image: A hand pressing the timer button on the LASTAR Light Therapy Lamp, with indicators for 15, 30, 45, and 60-minute settings.

## Memory Function

The lamp features a memory function. When turned on again, it will resume the last brightness and timer settings used before it was turned off.

## MAINTENANCE

### Cleaning

- Ensure the lamp is unplugged before cleaning.
- Wipe the surface with a soft, dry, or slightly damp cloth.
- Do not use abrasive cleaners, solvents, or harsh chemicals.

### Storage

- Store the lamp in a cool, dry place when not in use.
- Avoid placing heavy objects on the lamp.

## TROUBLESHOOTING

Problem	Possible Cause	Solution
Lamp does not turn on.	Not plugged in correctly; power outlet issue; damaged cable.	Ensure the USB-C cable is securely connected to both the lamp and the power adapter. Verify the power adapter is plugged into a working outlet. Try a different outlet. If the cable is damaged, discontinue use and contact support.
Buttons are unresponsive.	Temporary software glitch; power issue.	Unplug the lamp, wait 10 seconds, then plug it back in. Ensure your finger makes full contact with the touch buttons.
Lamp turns off unexpectedly.	Timer function activated; power interruption.	Check if the timer was set. If not, ensure the power connection is stable and there are no power interruptions.

## SPECIFICATIONS

- **Model:** B0FJ238TGN
- **Light Intensity:** 10,000 Lux
- **Light Type:** UV-Free LED
- **Brightness Levels:** 5 (15%, 30%, 50%, 70%, 100%)
- **Timer Settings:** 15, 30, 45, 60 minutes
- **Power Input:** USB-C
- **Dimensions:** 8.98 x 5.67 x 2.32 inches
- **Weight:** 10.86 ounces
- **Material:** Plastic

# Portable Charging Method

therapy lamp powered by Type-C  
cable with power adapter



Image: Diagram showing the dimensions of the LASTAR Light Therapy Lamp (5.9 inches height, 5.11 inches width).

## WARRANTY AND SUPPORT

For warranty information or technical support, please contact LASTAR customer service. Refer to the product packaging or the LASTAR official website for contact details.

**Manufacturer:** LASTAR