

MOMAX 1-Sense Soul Sizing Kit

MOMAX 1-Sense Soul Smart Ring Sizing Kit - User Manual

Model: 1-Sense Soul Sizing Kit

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1. PRODUCT OVERVIEW

The MOMAX 1-Sense Soul Smart Ring Sizing Kit is designed to help you determine the most comfortable and accurate size for your MOMAX Smart Ring before purchase. This kit is essential as MOMAX Smart Ring sizes differ from standard ring sizes. The kit includes various plastic rings (sizes 6-13) to ensure a precise fit. Please note that this kit contains sizing rings only; the MOMAX Smart Ring is sold separately.



Image: The MOMAX 1-Sense Soul Smart Ring Sizing Kit packaging, showing the box and the various sizing rings.

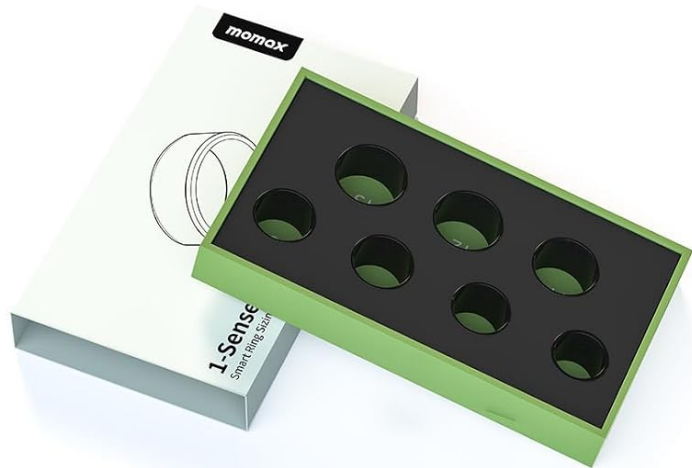
2. SETUP AND SIZING INSTRUCTIONS

Follow these steps to accurately determine your MOMAX Smart Ring size:

1. **Select a Finger:** The MOMAX Smart Ring can be worn on any finger of either hand. For optimal accuracy in health tracking, it is recommended to wear the smart ring on your left index or ring finger.
2. **Try Multiple Sizes:** Experiment with the different plastic sizing rings provided in the kit. The ring should fit snugly over the largest part of your finger (e.g., your knuckle) but still be comfortable enough for daily wear without rotating freely.
3. **24-Hour Wear Test:** Finger size can fluctuate due to environmental factors and body weight. Wear your chosen sizing ring for at least 24 hours to confirm the perfect fit. The ideal fit is snug against your skin without causing discomfort or rotating excessively.
4. **Note on Materials:** The sizing rings are made of plastic. The actual MOMAX Smart Ring is crafted from premium metal for enhanced comfort and durability. Therefore, the plastic sizers may feel less comfortable than the final product.

1

**Purchase the
Momax Sizing Kit**



2

**Purchase the Momax smart
ring after learning your size**



3

**Download and install the Momox
sense APP to your phone**



After Bluetooth connection, you can begin your health monitoring journey

Image: A hand demonstrating how to try on the plastic sizing rings from the kit.



Image: A close-up view of the various plastic sizing rings neatly arranged in their kit.

3. SMART RING OPERATION (REFERENCE)

While this product is a sizing kit, the MOMAX Smart Ring (sold separately) offers advanced features. This section provides a general overview of its operation for your reference.

3.1 App Connection and Health Tracking

The MOMAX Smart Ring connects to the MOMAX Sense App (available on iOS and Android) via Bluetooth. Once paired, the app allows you to monitor various health metrics:

- **Heart Rate:** Continuous monitoring of your heart rate.
- **Sleep Analysis:** Tracks sleep stages (deep, light, REM), duration, and quality.
- **Stress Levels:** Utilizes AI mood monitoring through Heart Rate Variability (HRV) measurements.
- **Activity Tracking:** Includes multiple workout modes such as running, yoga, and cycling.
- **Skin Temperature:** Measures skin temperature for health insights.

Your browser does not support the video tag.

Video: An overview of the MOMAX Smart Ring, demonstrating its unboxing, interchangeable covers, app pairing, health tracking features (heart rate, skin temperature), and charging. This video highlights the ring's elegant design and functional capabilities.

3.2 Smart Reminders and Notifications

The smart ring features a built-in vibration motor for gentle feedback. You can set custom reminders for various events like meetings, flights, or medication, helping you stay organized without constantly checking your phone.

Your browser does not support the video tag.

Video: A demonstration of the MOMAX Smart Ring's health tracking capabilities, including heart rate, blood oxygen, skin temperature,

mood, and sleep management within the companion app. It also shows how to set reminders.

4. CARE AND MAINTENANCE

4.1 Sizing Kit Care

- Keep the plastic sizing rings clean by wiping them with a soft, dry cloth.
- Store the sizing rings in their original packaging to prevent loss or damage.
- Avoid exposing the plastic rings to extreme heat or direct sunlight for prolonged periods.

4.2 Smart Ring Care (Reference)

- **Water Resistance:** The MOMAX Smart Ring is designed to be water-resistant, allowing you to swim, shower, or exercise without concern for damage.
- **Cleaning:** Clean the smart ring with a soft, damp cloth. Avoid harsh chemicals or abrasive materials.
- **Charging:** The smart ring charges quickly. A full charge typically takes around 40 minutes, and a 5-minute boost provides enough power for a full day of use.



Image: The MOMAX Smart Ring worn on a finger, highlighting its sleek design and comfortable fit for everyday use.

5. TROUBLESHOOTING (SMART RING REFERENCE)

This section provides general troubleshooting tips for the MOMAX Smart Ring (not the sizing kit).

- **Inaccurate Readings:** Ensure the smart ring is worn snugly on the correct finger (left index or ring finger is recommended for optimal accuracy). The sensors on the inner surface of the ring should maintain consistent contact with your skin.
- **Connectivity Issues:** If the smart ring fails to connect to the MOMAX Sense App, ensure Bluetooth is enabled on your smartphone and the ring is sufficiently charged. Restarting both the app and the ring may resolve the issue.
- **Charging Problems:** Verify that the charging cable is securely connected to both the ring and a power source. Clean the magnetic charging port on the ring if necessary to ensure proper contact.
- **App Not Displaying Data:** Confirm that the ring is being worn for sufficient periods, especially during sleep, for the app to collect and display comprehensive data.

6. PRODUCT SPECIFICATIONS

Feature	Detail
Brand	MOMAX
Model Name	1-Sense Soul Smart Ring Sizing Kit
Model Number	B0FC6N79NM

Sizing Kit Material	Plastic
Available Sizes	6-13 (no half sizes)
Compatibility (Smart Ring)	iOS devices (via Momax Rings App)
Special Feature	Lightweight (Smart Ring)
Water Resistance Level	Not Water Resistant (Sizing Kit) / Water Resistant (Smart Ring)

7. WARRANTY AND SUPPORT

7.1 Warranty Information

The MOMAX Smart Ring (not the sizing kit) comes with a standard warranty of 365 days. Please retain your proof of purchase for any warranty claims.

7.2 Returns Policy

This product is eligible for a refund or replacement within 30 days of purchase, subject to the retailer's return policy.

7.3 Customer Support

For further assistance or inquiries, please visit the official MOMAX website or contact their customer support. You can also visit the [MOMAX Store on Amazon](#) for more information.

ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question