

## Dreamegg MBZ226-US

# Dreamegg Sunrise 1+ Sound Machine Instruction Manual

Model: MBZ226-US | Brand: Dreamegg

### 1. INTRODUCTION

The Dreamegg Sunrise 1+ Sound Machine is designed to enhance your sleep and wake-up experience. This device combines a sunrise alarm clock, a night light, and a sound machine with various soothing sounds. It offers smart control options via an app, touch controls, and customizable routines to support a balanced lifestyle.

### 2. SAFETY INFORMATION

- Read all instructions before use and retain for future reference.
- Do not expose the device to water or excessive moisture.
- Use only the provided power adapter.
- Keep out of reach of children.
- Do not attempt to disassemble or repair the device yourself. Contact customer support for assistance.

### 3. PACKAGE CONTENTS

- Dreamegg Sunrise 1+ Sound Machine (Model: MBZ226-US)
- Power Adapter
- User Manual

### 4. PRODUCT OVERVIEW

The Dreamegg Sunrise 1+ features intuitive controls and a sleek design. The top panel includes touch-sensitive buttons for various functions, while the front displays the time and other indicators.

# Favorites Made Easy Via **App** or **Buttons**



## Favorites

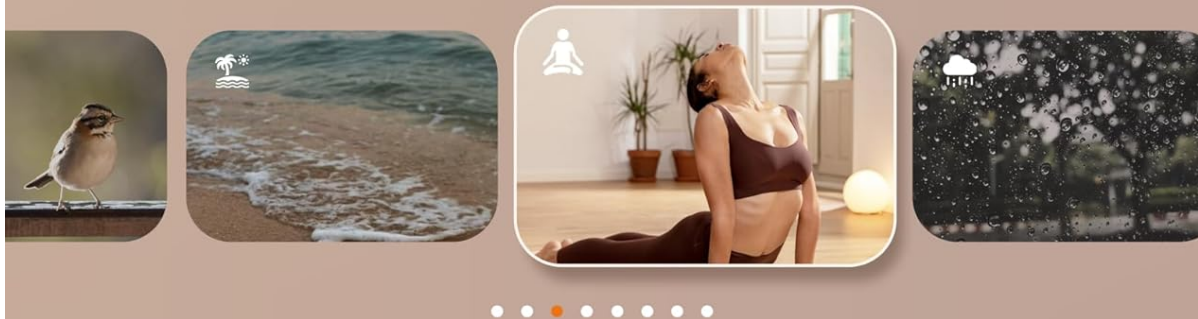


Image: Top view of the Dreamegg Sunrise 1+ with clearly labeled touch controls for easy operation.

## 5. SETUP

### 5.1 Power Connection

1. Connect the power adapter to the DC input port on the back of the device.
2. Plug the adapter into a standard wall outlet. The device will power on and the display will illuminate.

### 5.2 Setting the Time

- Press the 'Time' button (usually indicated by a clock icon) on the top panel. The hour display will start blinking.
- Use the '+' and '-' buttons to adjust the hour.
- Press the 'Time' button again to switch to minute adjustment. Use '+' and '-' to set the minutes.
- Press the 'Time' button one more time to confirm and exit time setting mode.

### 5.3 App Download and Connection

For advanced control and customization, download the Dreamegg app from your smartphone's app store. Follow the in-app instructions to pair your device.

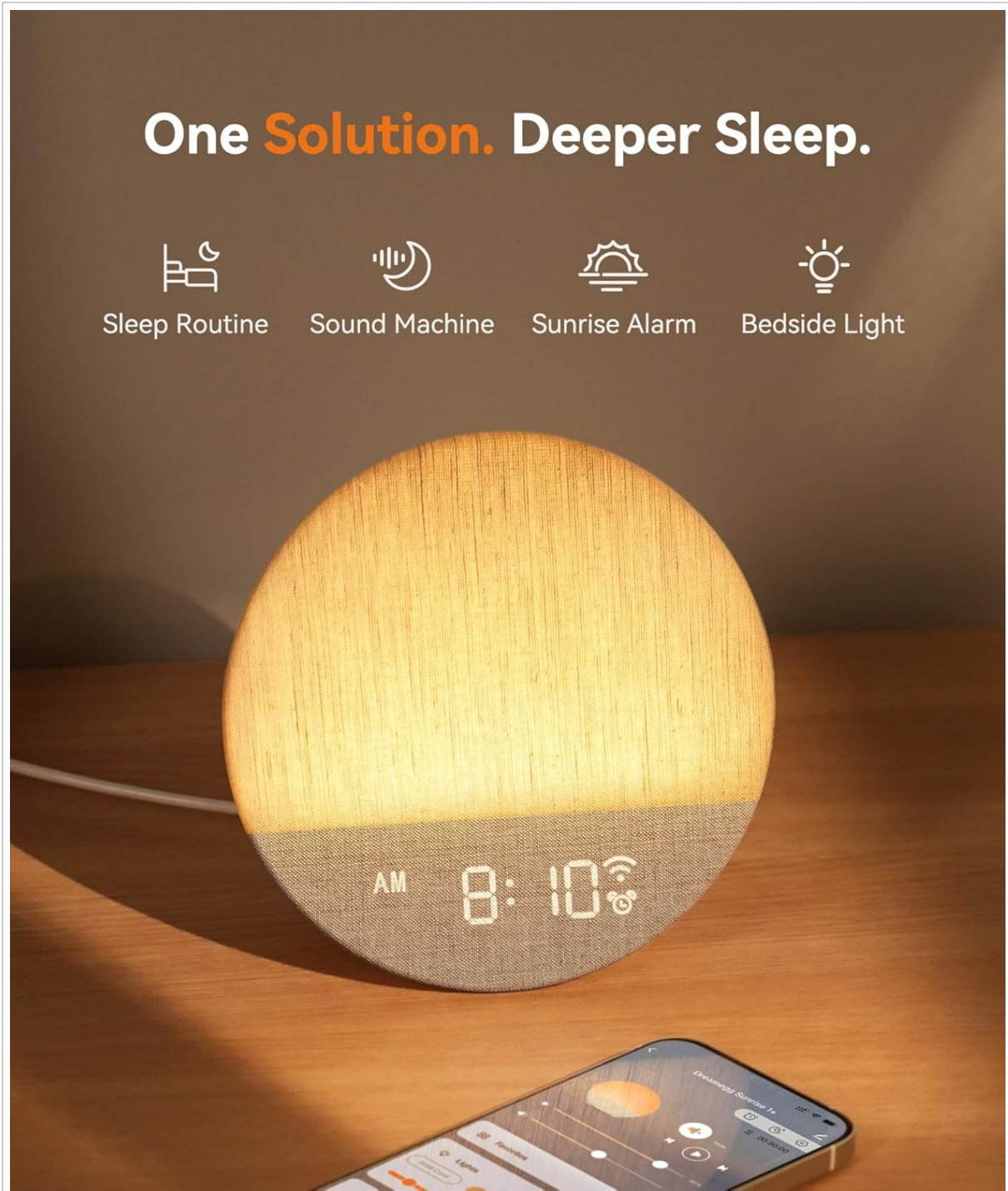


Image: The Dreamegg Sunrise 1+ device shown alongside a smartphone, illustrating the app control feature.

## 6. OPERATING INSTRUCTIONS

### 6.1 Sunrise Alarm Function

The sunrise alarm gradually brightens the light and introduces a chosen sound to gently wake you up, supporting your natural circadian rhythm.

- Set your desired wake-up time via the app or device controls.
- Choose a sunrise duration from 5 to 120 minutes. The light will gradually increase in brightness during this period.
- Select a soothing alarm sound from the available options.





Image: The Dreamegg Sunrise 1+ simulating a sunrise, providing a gentle wake-up experience.

## 6.2 Sunset Sleep Aid Function

The customized sunset mode helps you wind down by gradually dimming the light and fading out sounds, preparing your body for restorative rest.

- Activate the sunset mode via the app or device controls.
- Set a duration for the light and sound to gradually fade.
- Choose a calming soundscape to accompany the sunset.

# Unwind with the **Sunset** Glow

Mask distractions and drift into deep sleep with calming light and sound



Image: The Dreamegg Sunrise 1+ in sunset mode, casting a warm, dimming light to aid sleep.

## 6.3 Sound Machine Functions

The device offers 34 immersive soundscapes, including nature sounds, white noise, pink noise, and gentle melodies, all available without subscriptions.

- Press the 'Sound' button (musical note icon) to cycle through available sounds.
- Use the '+' and '-' buttons to adjust the volume.
- Set a timer for the sound to play for a specific duration (e.g., 30, 60, 90 minutes) or continuously.

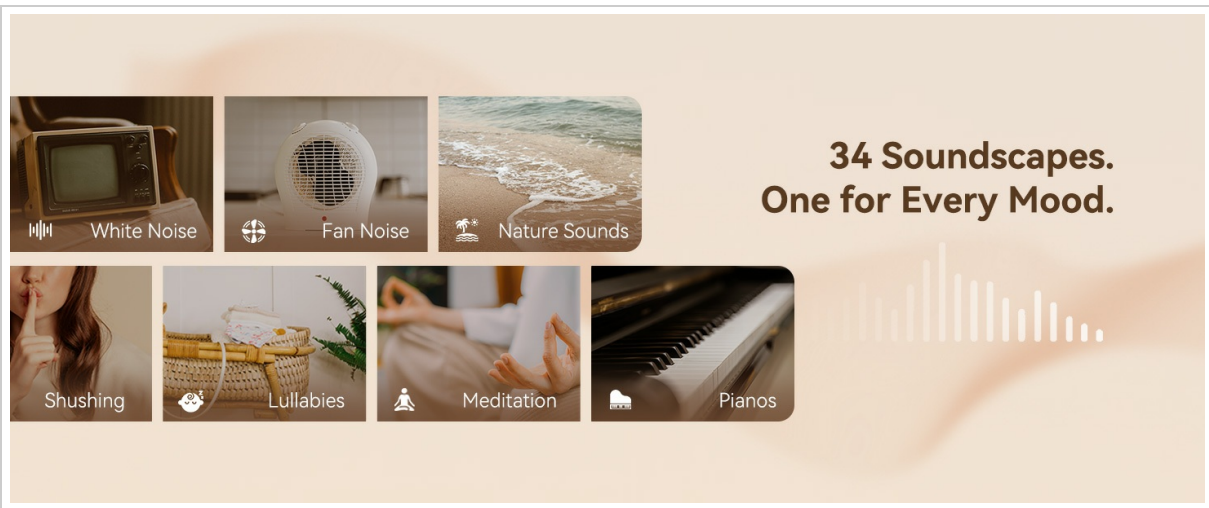


Image: A visual representation of the diverse soundscapes offered by the Dreamegg Sunrise 1+.

## 6.4 Night Light / Light Modes

The versatile night light adapts to various needs with adjustable brightness, colors, and dynamic modes.

- Press the 'Light' button (sun icon) to turn the light on/off or cycle through different colors.
- Use the '+' and '-' buttons to adjust the brightness of the light.
- Explore dynamic modes like color changing, color fading, or sunlight breathing via the app.



Image: The Dreamegg Sunrise 1+ showcasing its multiple light color and dynamic modes.

## 6.5 Daily Routines and Favorites Mode

Create up to 6 custom alarms and daily routines to support consistency. Save your favorite light and sound combinations for instant recall.

- Use the app to set up custom daily routines, combining specific light, sound, and duration settings.
- Save your preferred light and sound scenes as 'Favorites' for quick access via the app or dedicated buttons.



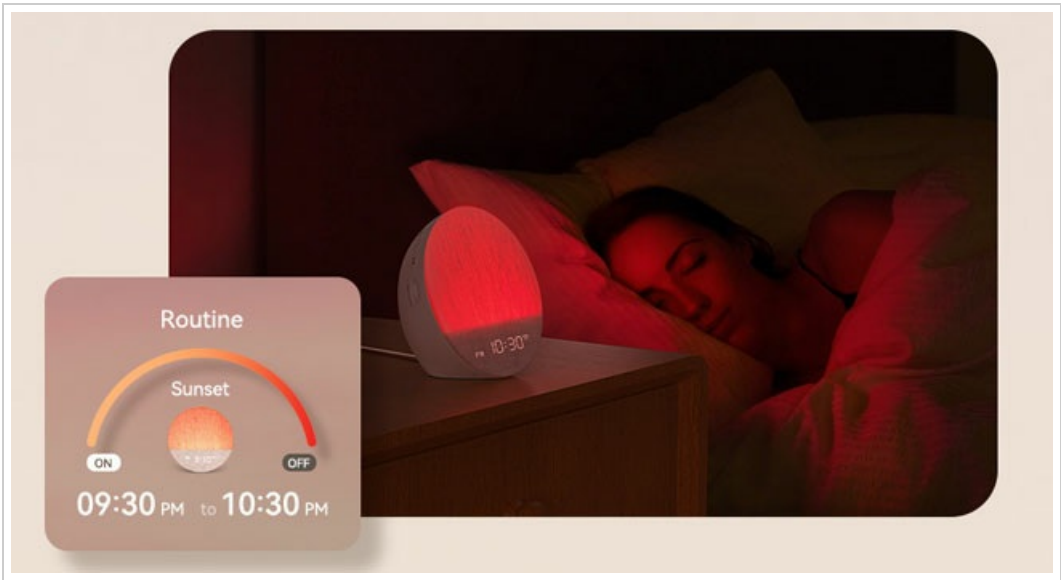


Image: The 'Favorites' feature allows users to save and recall personalized light and sound settings.

## 7. MAINTENANCE

- Wipe the device with a soft, dry cloth.
- Do not use abrasive cleaners or solvents.
- Ensure the device is unplugged before cleaning.

## 8. TROUBLESHOOTING

### 8.1 Device Not Powering On

- Check if the power adapter is securely connected to the device and the wall outlet.
- Ensure the wall outlet is functioning correctly by testing it with another device.

### 8.2 No Sound Output

- Verify that the volume is not set to minimum or muted.
- Ensure a soundscape is selected and playing.

### 8.3 Light Not Functioning

- Check if the light is turned on and not set to minimum brightness.
- Cycle through different light modes to ensure it's not on a 'light off' setting.

## 9. SPECIFICATIONS

Product Dimensions	5.91 x 5.91 x 2.87 inches
Weight	1.34 Pounds
Model Number	MBZ226-US
Color	White
Material	Acrylonitrile Butadiene Styrene (ABS)
Power Source	1 Nonstandard Battery (included)
Manufacturer	Dreamegg



## 10. WARRANTY AND SUPPORT

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Dreamegg is committed to providing high-quality customer service. For any inquiries, troubleshooting, or warranty claims, please contact Dreamegg customer support. Refer to the product packaging or official website for contact details.