YOSUDA WM-SE02

YOSUDA Water Rowing Machine User Manual

Model: WM-SE02

Introduction

The YOSUDA Water Rowing Machine provides a full-body workout experience designed for home use. Its innovative foldable design allows for efficient space-saving storage. This manual provides comprehensive instructions for the setup, operation, and maintenance of your rowing machine, ensuring optimal performance and longevity.



Image: The YOSUDA Water Rowing Machine shown in its operational, unfolded state and its compact, folded state, highlighting its space-saving design. A smartphone is shown above the machine, indicating app connectivity.

Setup

Your YOSUDA Water Rowing Machine arrives approximately 98% pre-assembled, simplifying the setup process. Assembly typically takes about 10 minutes. All necessary tools and hardware are included.

Assembly Steps:

1. **Unboxing and Initial Placement:** Carefully remove all components from the packaging. Place the main frame on a flat, stable surface.
2. **Attaching Frame Extensions:** Secure the two main frame extensions to the base of the machine using the provided bolts and nuts. Do not fully tighten the bolts until all frame components are in place to allow for minor adjustments.
3. **Installing the Seat:** Remove the temporary stoppers from the seat rails. Slide the comfortable seat onto the rails. Reinstall the stoppers at the end of the rails to prevent the seat from coming off during use.

4. **Connecting the Digital Monitor:** The digital monitor tracks your workout metrics. Attach the monitor to its designated bracket on the machine. Connect the two small cables from the machine to the back of the monitor. Ensure a secure connection. The monitor requires four AA batteries, which are included.
5. **Filling the Water Tank:** Remove the rubber plug from the water tank. Use the provided funnel and siphon to fill the tank with clean water. The tank has marked water levels to indicate resistance. Add the included water treatment powder to prevent mold and mildew. Replace the rubber plug securely.
6. **Final Tightening:** Once all components are assembled, securely tighten all bolts on the frame extensions.



Image: A person is shown in various stages of assembling the YOSUDA Water Rowing Machine, including attaching the frame and connecting the digital monitor. The hardware kit is also visible.

Operating Instructions

The YOSUDA Water Rowing Machine offers a natural rowing feel with adjustable water resistance and smart connectivity.

Using the Digital Monitor:

- The built-in LCD display provides real-time workout metrics including distance, rowing time, and calories burned.
- Use the 'MODE' button to cycle through different display modes and the 'UP'/'DOWN' buttons for settings adjustments.
- The monitor is designed to be power-efficient and will turn off automatically after a period of inactivity.

App Integration (Bluetooth):

- The rowing machine features a built-in Bluetooth receiver, allowing you to connect to compatible fitness applications like Kinomap or FitsShow.
- Download the desired app to your smartphone or tablet.
- Enable Bluetooth on your device and within the app. Select 'Rowing Machine' and search for the FTMS (Fitness Machine Service) Bluetooth connection.
- Once connected, your workout data (e.g., watts, distance, strokes per minute) will wirelessly transmit to the app, enhancing your training experience with virtual routes and progress tracking.

Adjusting Resistance:

The resistance of the YOSUDA Water Rowing Machine is determined by the amount of water in the tank. More water provides higher resistance, while less water results in lower resistance. The tank has clear markings to guide you in setting your desired resistance level.



Image: A user is actively rowing on the YOSUDA machine, with a smartphone mounted on the console displaying a fitness application that tracks their progress and shows a virtual rowing environment.

Maintenance

Regular maintenance ensures the longevity and smooth operation of your YOSUDA Water Rowing Machine.

Water Treatment:

- To prevent the growth of mold, algae, and bacteria in the water tank, use the provided water treatment powder.
- Add the treatment powder to the water tank as instructed in the setup section.
- Periodically check the water quality and replace the water and treatment powder if discoloration or growth occurs.

Cleaning:

- Wipe down the machine's frame and seat with a damp cloth after each use to remove sweat and dust.
- Keep the seat rails clean to ensure a smooth glide.

Storage:

- The YOSUDA Water Rowing Machine features a revolutionary 180° foldable design for easy storage.
- When folded, the water tank's plug is positioned above the water line, preventing any leakage.
- The machine is equipped with wheels for easy movement and can be stored upright in a compact space.



Image: A detailed view of the water tank on the YOSUDA Water Rowing Machine, emphasizing its patented 360-degree leak-proof seal for worry-free use and upright storage.

Troubleshooting

If you encounter any issues with your YOSUDA Water Rowing Machine, please refer to the following common solutions:

- **Monitor Not Displaying:** Check that the four AA batteries are correctly installed and have sufficient charge. Ensure the cables connecting the monitor to the machine are securely plugged in.

- **Bluetooth Connectivity Issues:** Make sure Bluetooth is enabled on your smart device and that the rowing machine's monitor is powered on. Try restarting both the app and the monitor. Ensure no other devices are actively connected to the rowing machine via Bluetooth.
- **Unusual Noises During Operation:** Check that all bolts and connections are securely tightened. Ensure the seat rails are clean and free of debris that might impede smooth movement.
- **Resistance Feels Too Low/High:** Verify the water level in the tank. Adjust the water volume according to your desired resistance level.

For persistent issues not covered here, please contact YOSUDA customer support.

Specifications

- **Brand:** YOSUDA
- **Model Name:** Water Rower (WM-SE02)
- **Special Feature:** Foldable
- **Color:** Water Rower (Wood finish)
- **Resistance Mechanism:** Water
- **Product Dimensions (LxWxH):** 43"D x 20"W x 17.5"H (Unfolded)
- **Maximum Weight Recommendation:** 400 Pounds
- **Metrics Measured:** Distance, Time, Calories Burned
- **Frame Material:** Wood (Solid Beech Wood)
- **Item Weight:** 36.25 Kilograms
- **Display Type:** LCD

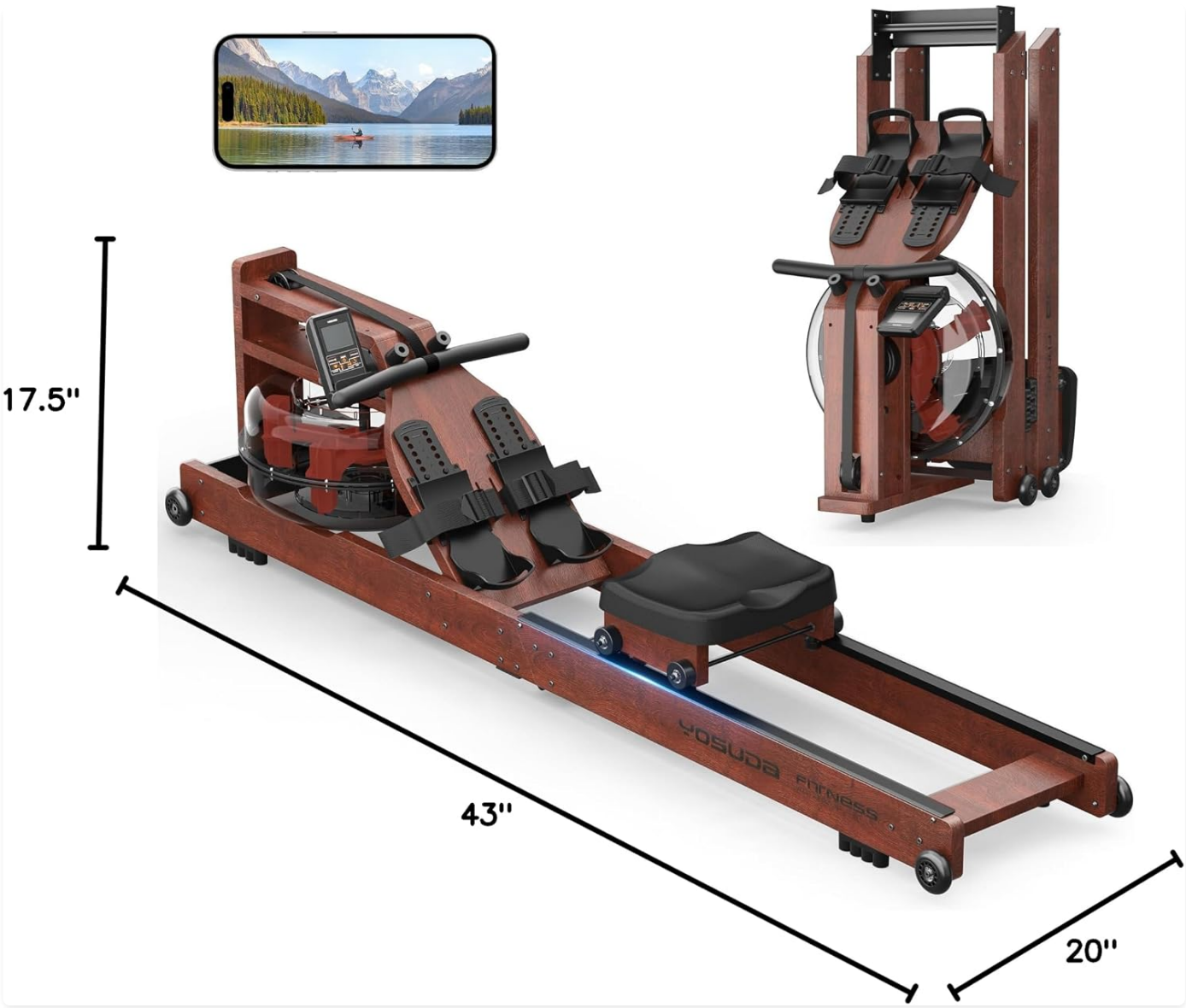


Image: A diagram illustrating the key dimensions of the YOSUDA Water Rowing Machine, including its length, width, and height.

Warranty & Support

YOSUDA is committed to providing high-quality products and excellent customer service.

Warranty Information:

The YOSUDA Water Rowing Machine comes with a two-year replacement warranty for parts.

Customer Support:

For any questions, concerns, or assistance with your YOSUDA Water Rowing Machine, please contact us through Amazon. Our support team is available to help you with any inquiries regarding your product.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

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After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question