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› Anyloop AMOLED Fitness Tracker Watch User Manual

anyloop ALB2

Anyloop AMOLED Fitness Tracker Watch User Manual

Model: ALB2

INTRODUCTION

The Anyloop AMOLED Fitness Tracker Watch is a versatile device designed to help you monitor your health and fitness activities. Featuring a vibrant AMOLED display, comprehensive health tracking capabilities including 24/7 heart rate and SpO2 monitoring, advanced sleep analysis, and over 100 sports modes, this smartwatch is an ideal companion for an active lifestyle. It also provides smart notifications and a long-lasting battery to keep you connected and informed.



Image: Anyloop AMOLED Fitness Tracker Watch, Matte Black. This image displays the sleek design of the fitness tracker with its rectangular AMOLED screen and black silicone strap.

SETUP

Package Contents

- Anyloop AMOLED Fitness Tracker Watch
- Magnetic Charging Cable
- User Manual (this document)

Charging the Device

Before first use, fully charge your Anyloop Fitness Tracker. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a standard USB power adapter (not included) or a computer USB port. A full charge typically takes approximately 1.5 hours. Once fully charged, the device offers up to 21 days of standby time or 10-12 days of daily use.

1.58" AMOLED Full Touch Screen

100+ cloud watch face, Supports album customization

250mAh Ultra Long Life Battery

≤2H HOURS
Charging Time

10+ DAYS
Average Usage

21+ DAYS
Standby Time

Image: The Anyloop Fitness Tracker displaying its 1.58-inch AMOLED screen with various watch faces, and an illustration of its magnetic charging capability and battery life indicators.

App Installation and Pairing

1. **Download the App:** Search for the official 'Anyloop' app on the Apple App Store (for iOS devices) or Google Play Store (for Android devices) and install it on your smartphone.

2. **Create Account:** Open the Anyloop app and follow the on-screen instructions to create a new user account or log in if you already have one.
3. **Enable Bluetooth:** Ensure Bluetooth is enabled on your smartphone.
4. **Pair Device:** In the Anyloop app, navigate to the 'Device' or 'Add Device' section. The app will scan for nearby Anyloop devices. Select 'ALB2' or the detected device name from the list to initiate pairing.
5. **Confirm Pairing:** A pairing request may appear on your watch screen. Confirm the pairing on both your watch and smartphone. Once successfully paired, the watch will synchronize data with the app.

OPERATING INSTRUCTIONS

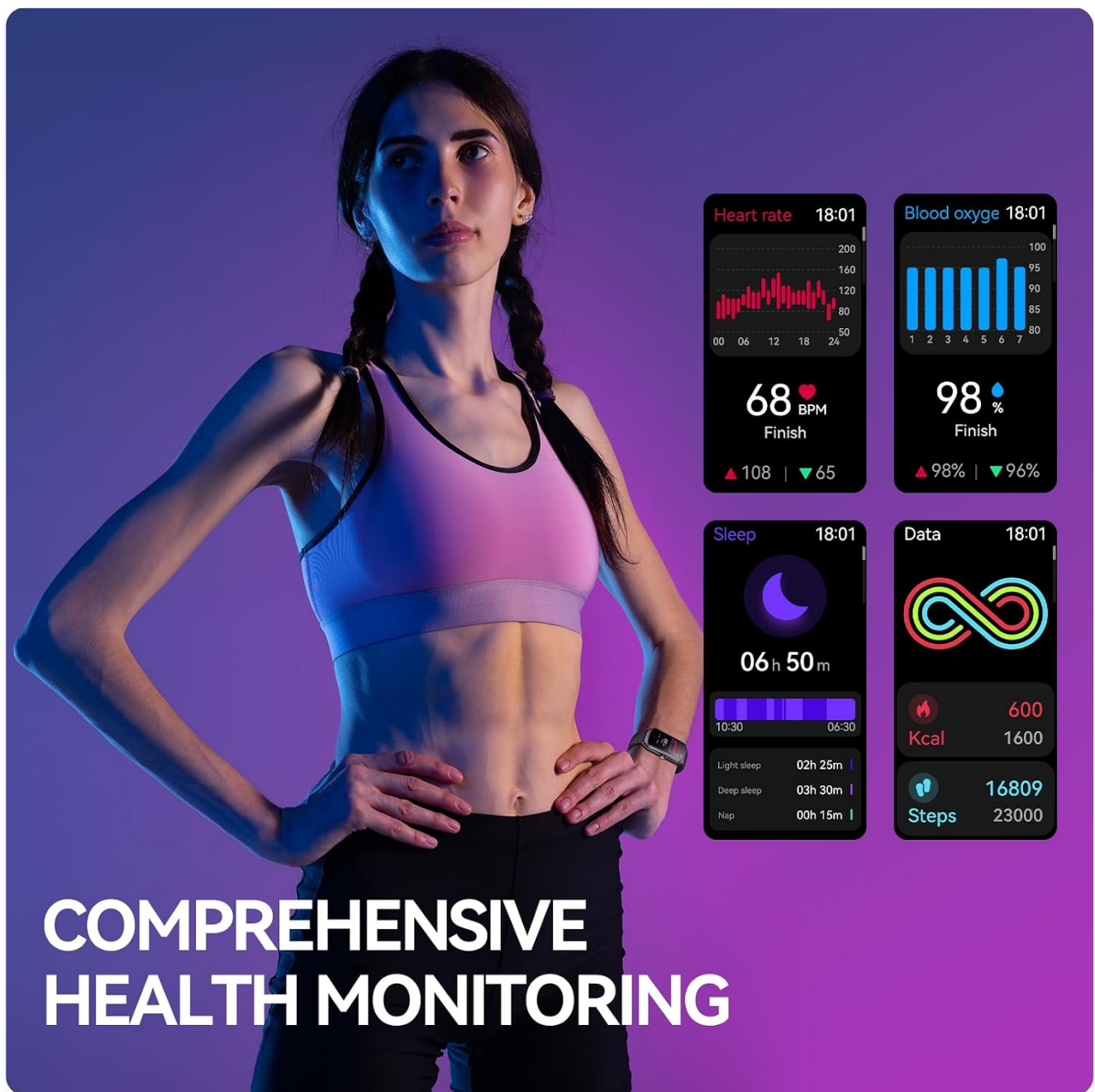
Display and Navigation

The watch features a 1.58-inch AMOLED full touch screen with a resolution of 228x460 pixels and 450 nits brightness, ensuring clear visibility even in sunlight. Navigate through menus by swiping left, right, up, or down, and tap to select options. The physical button on the side can be used to activate the display or return to the home screen.

Health Monitoring

The Anyloop Fitness Tracker provides comprehensive health data:

- **24/7 Heart Rate Tracking:** Continuously monitors your heart rate throughout the day. Access real-time data on your watch and detailed records in the Anyloop App. The watch can alert you if your heart rate exceeds set thresholds.
- **SpO2 (Blood Oxygen) Monitor:** Offers manual single-time blood oxygen measurements. Perform a measurement directly from the watch interface. Detailed historical data is available in the app.
- **Advanced Sleep Tracking:** Accurately measures sleep quality, including deep sleep, light sleep, and awake periods. It also supports nap tracking. View your sleep patterns and scores in the app to help improve sleep habits.
- **Stress Tracking:** Manual stress monitoring feature allows for real-time assessment of your physical and mental well-being.



COMPREHENSIVE HEALTH MONITORING

Image: A user wearing the Anyloop Fitness Tracker, with graphical representations of heart rate, blood oxygen, sleep patterns, and activity data displayed on the screen, highlighting the comprehensive health monitoring features.

Activity Tracking

The watch supports over 100 professional sports modes to accurately record your activities:

- **Sports Modes:** Includes Walking, Running, Treadmill, Hiking, Cycling, Basketball, Swimming, Badminton, Elliptical, Yoga, Table Tennis, Rope Skipping, Lazy Bike, Exercise Bike, Tennis, Baseball, Rugby, Cricket, Strength Training, and many more.
- **All-Day Activity Tracking:** Records steps, distance, and calories burned automatically throughout the day.
- **Swimming Algorithm:** Specifically designed for swimming enthusiasts, it calculates swimming trips, time, calories, and heart rate during swimming sessions. You can set swimming goals and pool length within the app.

100+ Professional Sports Modes

A variety of professional sports modes ensure your sports safety, allowing you to exercise better and keep healthy



Image: A swimmer in a pool, with an overlay showing the Anyloop Fitness Tracker displaying swimming metrics and a list of over 100 professional sports modes supported by the device.

Smart Features

Enhance your daily life with these intelligent functions:

- **Intelligent Notifications:** Receive timely alerts for calls, messages, emails, and social media notifications (e.g., Facebook, WhatsApp, Instagram, TikTok) directly on your watch via vibrations and on-screen displays.
- **Weather Updates:** Get current weather information directly on your wrist.
- **Menstrual Cycle Reminders:** A dedicated feature for women to track and receive reminders for menstrual cycles.
- **Camera and Music Control:** Remotely control your smartphone's camera and music playback from your watch.
- **Reminders:** Includes sedentary reminders (to encourage movement) and drink water reminders.
- **Utility Tools:** Alarm clock, stopwatch, calculator, flashlight, time display, and 'Find Phone' function.
- **Customized Dials:** Choose from over 100 watch faces or personalize with your own photos.



Image: A collage showing the Anyloop Fitness Tracker receiving an incoming call notification, displaying a text message, and a hand wearing the watch with various social media app icons floating around, illustrating its intelligent notification capabilities.



Data



Find Phone



Weather



Pressure



Music



Messages



Camera



Sleep



Heart rate



Blood oxygen



Female



Breath training



Language



Call reminder

Image: The Anyloop Fitness Tracker from front and back, surrounded by icons representing its various features such as data tracking, find phone, weather, music, messages, camera control, sleep monitoring, heart rate, blood oxygen, female health, breath training, language settings, and call reminders.

MAINTENANCE

Cleaning the Device

To maintain the performance and appearance of your fitness tracker, regularly clean the device and strap. Use a soft, lint-free cloth to wipe the screen and body. For the strap, you can use a mild soap solution and rinse thoroughly, ensuring it is completely dry before wearing. Avoid using harsh chemicals or abrasive materials.

Water Resistance (IP68)

The Anyloop Fitness Tracker is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water up to 1.5 meters for 30 minutes. It is suitable for daily activities such as handwashing, showering, and use in rainy weather. However, it is not recommended for hot water activities, diving, or high-pressure water jets, as steam and high pressure can

compromise the seal.

Battery Care

To prolong battery life, avoid fully discharging the battery frequently. Charge the device when the battery level is low, and avoid leaving it uncharged for extended periods. Store the device in a cool, dry place when not in use.

TROUBLESHOOTING

Problem	Possible Cause / Solution
Inaccurate Step Counter	Ensure the watch is worn snugly on your wrist. Calibrate the step counter via the Anyloop app if available. Sync the watch regularly with the app to update data.
Cannot select country/region in app settings	Check if the app's region settings are tied to your phone's region. Some apps may have limited region options. Ensure the app is updated to the latest version.
Workout tracking does not start automatically	The watch requires manual initiation for specific workout modes. Navigate to the 'Sports' section on your watch and select the desired activity to start tracking. Remember to end the workout manually when finished.
Small font size on watch display	Check the Anyloop app settings for any display or font size customization options. If none are available, the font size is fixed.
Weather information is incorrect or not updating / Temperature stuck in Celsius	Ensure the Anyloop app has location permissions enabled on your smartphone. Verify that your phone has an active internet connection. Check the app's settings for weather unit (Celsius/Fahrenheit) and location refresh options.
Watch display turns on randomly	Check watch settings for 'Raise to Wake' or 'Wrist Flick' features. Disable these if you prefer the screen to only activate with the physical button.
Watch automatically starts timing an exercise	This can sometimes occur due to accidental gestures or inferred activity. If an unintended exercise starts, simply end the exercise period manually on the watch.
Blood oxygen (SpO2) only measures on demand	This is by design. The Anyloop Fitness Tracker provides on-demand SpO2 measurements, not continuous monitoring.
Calorie counter seems different than expected	The watch typically displays calories in kilocalories (kcal). Ensure your personal profile (age, weight, height) is accurately entered in the Anyloop app for more precise calculations.
REM sleep is not tracked	The Anyloop Fitness Tracker tracks Deep Sleep, Light Sleep, and Awake periods. REM sleep tracking is not a supported feature for this model.
Cannot reply to messages from the watch	The watch supports receiving and displaying notifications (up to 100 characters) but does not support replying to messages directly from the device.

SPECIFICATIONS

Feature	Detail
Brand	anyloop
Model	ALB2
Display	1.58 Inches AMOLED Full Touch Screen
Display Resolution	228 x 460 pixels
Brightness	450 nits
Battery Capacity	250mAh Lithium Polymer (built-in)
Charging Time	Approx. 1.5 hours
Battery Life (Daily Use)	10-12 days
Battery Life (Standby)	Up to 21 days
Water Resistance	IP68 (suitable for handwashing, showers, rain)
Connectivity	Bluetooth
Compatible Devices	Smartphones (iOS & Android)
Human Interface Input	Touchscreen
Health Monitoring	24/7 Heart Rate Tracking, SpO2 (Blood Oxygen), Sleep Tracking (Deep, Light, Awake, Nap), Stress Tracking
Activity Tracking	100+ Sports Modes, Pedometer, Calorie Counter, Distance Tracking, Swimming Algorithm
Smart Features	Smart Notifications (Calls, Messages, Social Media), Weather, Menstrual Cycle Reminders, Camera Control, Music Control, Sedentary Reminder, Drink Water Reminder, Alarm, Stopwatch, Calculator, Find Phone, Flashlight, Time Display, 100+ Watch Faces, Customized Dials
Dimensions (Parcel)	19.6 x 9.1 x 1.7 cm
Weight (Parcel)	120 g

WARRANTY AND SUPPORT

Warranty Information

Specific warranty details for the Anyloop AMOLED Fitness Tracker Watch may vary by region and retailer. Please refer to the warranty card included with your product or visit the official Anyloop website for the most up-to-date warranty policy information.

Customer Support

For technical assistance, troubleshooting, or any product-related inquiries, please contact Anyloop customer support through their official website or the contact information provided in the product packaging. Ensure you have your model number (ALB2) and purchase details ready when contacting support.