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› LIGE EF12-I Smartwatch User Manual

LIGE EF12-I

LIGE EF12-I Smartwatch User Manual

Model: EF12-I

Brand: LIGE

INTRODUCTION

Welcome to the user manual for your LIGE EF12-I Smartwatch. This guide provides essential information on setting up, operating, and maintaining your device. Please read this manual thoroughly to ensure proper use and to fully utilize all features of your smartwatch.

PACKAGE CONTENTS

Verify that all items are present in your package:

- Smartwatch (1 unit)
- Watch straps (3 units)
- Charging cable (1 unit)
- Product manual (1 unit)

SETUP

1. Charging the Device

Before first use, fully charge your smartwatch. Connect the magnetic charging cable to the charging contacts on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. A full charge typically takes approximately 2.5 hours.

Batterie Haute Capacité 1000mAh



Notre technologie(1000mAh)	Comparaison standard (450mAh)
✓ 50+ jours (autonomie en veille)	✗ 15+ jours (autonomie en veille)
✓ 30+ jours (autonomie normale)	✗ 7+ jours (autonomie normale)
✓ 2 heures (temps de charge)	✗ 3 heures (temps de charge)

Image: The LIGE EF12-I Smartwatch being charged, illustrating its 1000mAh battery capacity and charging process.

2. Powering On/Off

- **To Power On:** Press and hold the side power button until the screen lights up.
- **To Power Off:** Press and hold the side power button, then select 'Power Off' on the screen.

3. App Installation and Pairing

To unlock the full potential of your smartwatch, download the companion application on your smartphone. The app is compatible with both Android and iOS devices.

1. Scan the QR code in the manual or on the watch screen, or search for the app name (usually indicated in the quick start guide) in your phone's app store.
2. Install the application and create an account if prompted.
3. Enable Bluetooth on your smartphone.
4. Open the app, navigate to 'Device' or 'Add Device', and select your LIGE EF12-I Smartwatch from the

list of available devices.

5. Follow the on-screen prompts to complete the pairing process. Ensure the pairing code displayed on the watch matches the one on your phone.

OPERATING INSTRUCTIONS

1. Basic Navigation

- **Touch Screen:** Swipe left, right, up, or down to navigate through menus and features. Tap to select an option.
- **Side Buttons:** Use the physical buttons for quick access to functions like power on/off, returning to the home screen, or accessing specific modes.

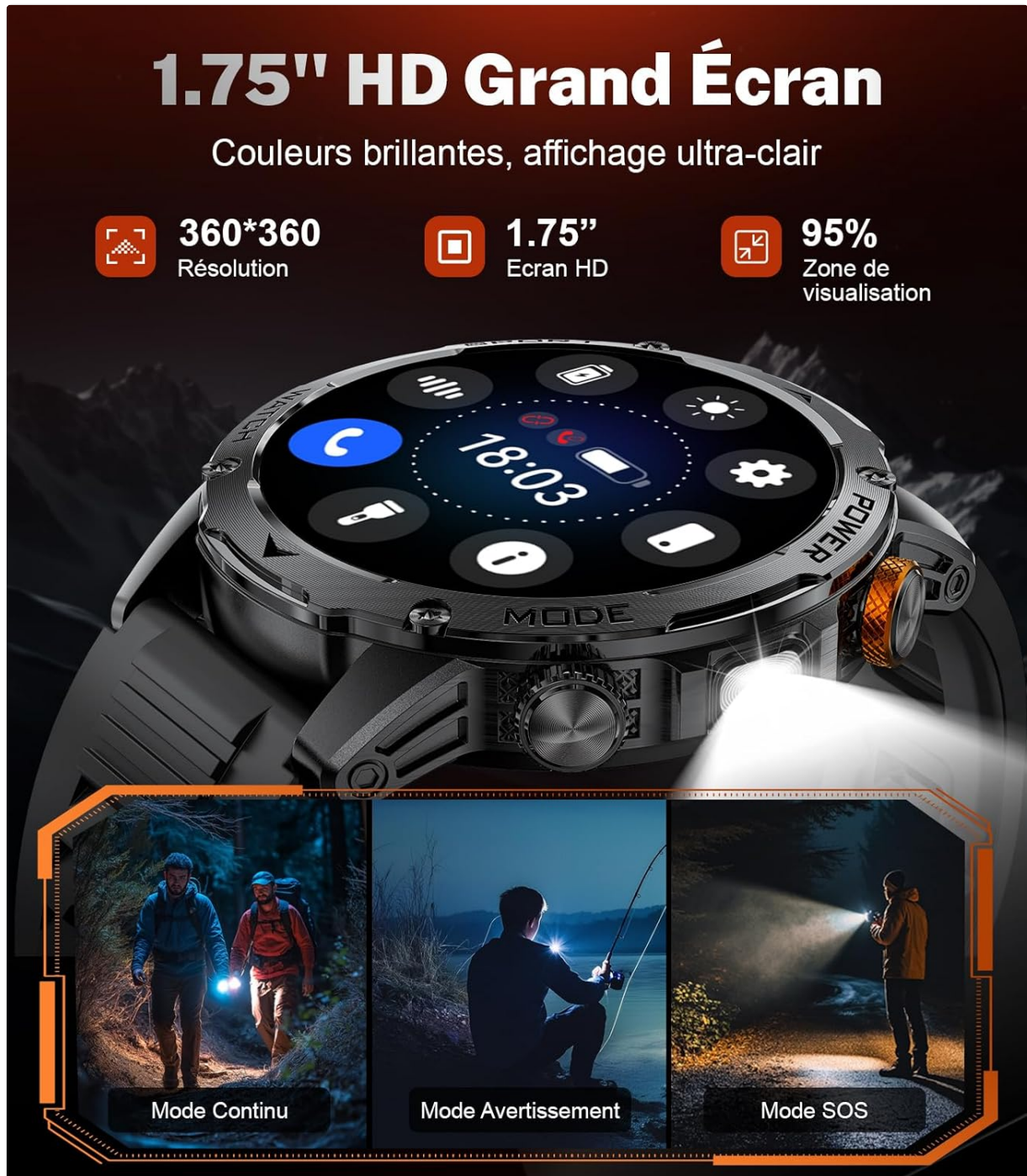


Image: Overview of the LIGE EF12-I Smartwatch display, highlighting its 1.75-inch HD screen, resolution, and integrated LED flashlight modes.

2. Bluetooth Calling and Notifications

Once paired with your smartphone, you can make and receive calls directly from your smartwatch and receive real-time notifications.

- **Making Calls:** Access the 'Phone' or 'Dialer' function on your watch to dial numbers or select contacts.
- **Receiving Calls:** When a call comes in, you can answer or reject it directly from the watch screen.
- **Notifications:** The watch will display incoming SMS messages and notifications from social media applications (e.g., WhatsApp, Twitter, Facebook) configured in the companion app.



Image: The smartwatch demonstrating Bluetooth call functionality and displaying message notifications from various applications.

3. Sports Modes

The smartwatch supports over 110 sports modes to track your physical activities. These modes help monitor calories burned, distance covered, and steps taken during your workouts.

- Access the 'Sports' menu on your watch.

- Select your desired activity (e.g., running, cycling, hiking, basketball, badminton).
- Start your workout, and the watch will begin recording data.
- End your workout to save the data, which can be viewed in detail on the companion app.

100+ Modes sportifs

Faites des exercices à fond et faites des fracas à chaque mouvement

Calories: 236 kcal

Pas: 6550 pas

Distance: 2.6 km

SPORT WATCH POWER MODE

236 Kcal 6550 Steps 2.6 Km

Image: The smartwatch interface showing active sports tracking, including metrics like calories, steps, and distance, alongside icons for different sports.

4. Health Monitoring

Your smartwatch provides 24/7 health monitoring features to help you stay informed about your well-being.

- **Heart Rate:** Continuously monitors your heart rate throughout the day.
- **Blood Oxygen:** Measures your blood oxygen saturation levels.
- **Sleep Tracking:** Analyzes your sleep patterns, including deep sleep, light sleep, and wake times.
- **Breathing Training:** Guides you through breathing exercises for relaxation.

Note: This device is not a medical device. Health data is for reference only and should not be used for

Surveillance de la santé 24 heures sur 24



Fréquence cardiaque

Oxygène sanguin

Sommeil

Respiration

Image: The smartwatch interface showing various health monitoring functions, including heart rate, blood oxygen, sleep, and breathing.

5. LED Flashlight

The smartwatch features a powerful LED flashlight, providing 6-8 meters of illumination. It includes different modes for various situations:

- **Continuous Mode:** For general illumination.
- **Warning Mode:** A flashing light for attention.
- **SOS Mode:** Emits an SOS signal in emergencies.

Access the flashlight function from the watch's quick settings or main menu.

6. Customizing Watch Faces

Personalize your smartwatch with over 200 available watch faces or create your own using the DIY watch

face feature.

- **Pre-installed Faces:** Long-press the watch screen to browse and select different watch faces.
- **App Store Faces:** Use the companion app to download additional watch faces.
- **DIY Watch Faces:** Upload your favorite photos through the app to set them as your watch background.



Image: A selection of watch faces available for the LIGE EF12-I Smartwatch, including the DIY customization feature.

7. Other Features

- **Music Player Control:** Control music playback on your smartphone (play, pause, skip tracks).
- **Remote Camera Control:** Use your watch as a remote shutter for your phone's camera.
- **Sedentary Reminder:** Get alerts to move after periods of inactivity.
- **Water Reminder:** Receive reminders to drink water.
- **Alarm Clock:** Set alarms directly from your watch.

- **Always-On Display:** Keep the time visible on your screen.

MAINTENANCE

1. Cleaning

Regularly clean your smartwatch and straps to prevent skin irritation and maintain performance.

- Wipe the screen and body with a soft, lint-free cloth.
- For stubborn dirt, slightly dampen the cloth with water. Avoid using harsh chemicals or abrasive materials.
- Ensure the watch is completely dry before charging or prolonged use.

2. Water Resistance (IP68)

The LIGE EF12-I Smartwatch is IP68 water-resistant, meaning it is protected against dust and can withstand immersion in water up to 1.5 meters for a limited time.

- It is suitable for daily use, such as washing hands, rain, and splashes.
- **Do not use the watch for swimming, diving, hot showers, or in saunas.** Exposure to hot water or steam can compromise the water seal.
- If the watch gets wet, wipe it dry before charging or using the buttons.

3. Battery Care

- Avoid fully discharging the battery frequently.
- Store the watch in a cool, dry place when not in use for extended periods.
- Use only the provided charging cable.

TROUBLESHOOTING

If you encounter issues with your smartwatch, refer to the following common solutions:

Problem	Solution
Watch does not turn on	Ensure the watch is fully charged. Press and hold the power button for at least 10 seconds.
Cannot pair with smartphone	Ensure Bluetooth is enabled on your phone. Restart both the watch and phone. Make sure the watch is within range. Check the companion app for pairing instructions.
Notifications not received	Check app permissions on your phone to ensure the companion app has access to notifications. Verify notification settings within the app. Ensure the watch is connected via Bluetooth.
Inaccurate health data	Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch. Avoid excessive movement during measurements.
Short battery life	Reduce screen brightness, disable unnecessary features like continuous heart rate monitoring if not needed, and limit frequent screen wake-ups. Ensure the watch is fully charged.

SPECIFICATIONS

Key technical specifications for the LIGE EF12-I Smartwatch:

Feature	Detail
Model Number	EF12-I
Operating System	AsteroidOS
Screen Size	1.75 Inches
Display Type	LED
Resolution	360 x 360
Battery Capacity	1000 mAh (Lithium-polymer)
Average Battery Life	7 days (daily use)
Charging Time	2.5 hours
Memory Storage	128 MB
Connectivity	Bluetooth
GPS	No
Water Resistance	IP68 (up to 1.5 meters)
Case Material	Metal
Band Material	Silicone
Compatible Devices	Android, iOS Smartphones
Special Features	Bluetooth Call, 110+ Sports Modes, Heart Rate Monitor, Sleep Tracker, LED Flashlight, Notifications, Music Control, Remote Camera, Sedentary/Water Reminders, Customizable Watch Faces

WARRANTY AND SUPPORT

1. Warranty Information

The LIGE EF12-I Smartwatch comes with a **2-year manufacturer's warranty**. This warranty covers defects in materials and workmanship under normal use. It does not cover damage caused by misuse, accidents, unauthorized modifications, or failure to follow the instructions in this manual.

Please retain your proof of purchase for warranty claims.

2. Contact Support

For technical assistance, warranty claims, or any questions not covered in this manual, please contact LIGE customer support through the retailer where you purchased the product or visit the official LIGE website for contact information.

