Sperax Sperax Pro

Sperax Walking Pad Treadmill User Manual

Model: Sperax Pro | Brand: Sperax

1. INTRODUCTION AND PRODUCT OVERVIEW

The Sperax Walking Pad Treadmill is a versatile 3-in-1 fitness solution designed for home and office use. Featuring a powerful 2.5 HP motor, a wide anti-slip belt, and a compact foldable design, it supports various exercise modes from leisurely walking to running. This manual provides essential information for safe and effective operation, maintenance, and troubleshooting.

Figure 1: Sperax Walking Pad Treadmill in both upright and flat modes.

Key Features:

- **High Power Motor:** Equipped with a 2.5 HP motor, supporting up to 340 pounds.
- **3-in-1 Folding Design:** Easily transitions between leisure, walking, and running modes. No assembly required.
- **Wider Anti-Slip Belt:** Five-layer non-slip running belt with shock-absorbing cushioning for joint protection.
- **LED Display & Remote Control:** Real-time display of distance, speed, time, and calories. Convenient remote control for easy adjustments.
- **Portable Design:** Features transportation wheels for easy movement and storage.

2. Setup

The Sperax Walking Pad Treadmill arrives fully assembled, requiring minimal setup to begin your workout. Simply unbox, unfold the handle (if desired), and plug it into a power outlet.

Unboxing and Initial Placement:

1. Carefully remove the treadmill from its packaging.

2. Place the treadmill on a flat, stable surface. Ensure there is adequate clear space around the unit for safe operation.

3. Plug the power cord into a grounded electrical outlet.

Figure 2: The treadmill's low noise motor, highlighting its stable and safe design.

Handlebar Setup (Optional):

The handlebar can be used in an upright position for running or folded down for walking/under-desk use.

- To raise the handlebar: Locate the locking mechanisms on both sides of the handlebar base. Release them and carefully lift the handlebar until it locks securely into the upright position.

- To fold the handlebar: Release the locking mechanisms and gently lower the handlebar until it rests flat against the treadmill base.

Video 1: Demonstration of unboxing and initial setup of the Sperax Treadmill, including raising and lowering the handle.

Video 2: A short clip showcasing the treadmill's compact design and its ability to be used under a desk.

Video 3: An overview of the walking pad's features and ease of use in a home setting.

3. OPERATING INSTRUCTIONS

Before starting, ensure the safety key is properly attached to the console and clipped to your clothing. This will immediately stop the treadmill if you lose balance or fall.

Figure 3: Detailed view of the LED display, console controls, and remote control.

Starting the Treadmill:

1. Press the 'ON/OFF' button on the console or remote control. The display will show a countdown before the belt starts moving.
2. The treadmill will start at a low speed (e.g., 0.6 MPH) for safety.

Adjusting Speed and Modes:

- Use the '+' and '-' buttons on the console or remote to increase or decrease the speed in small increments.
- The treadmill offers various modes: 1-3 km/h (leisure), 1-5 km/h (walking), and 5-10 km/h (running). The maximum speed is 6.2 MPH.
- The '3/6' button on the console allows for quick speed changes between 3 MPH and 6 MPH.

Figure 4: Visual representation of the treadmill's 3-in-1 functionality for different exercise intensities.

Monitoring Your Workout:

The LED display provides real-time data:

- **Speed:** Current speed in MPH.
- **Time:** Duration of your workout.
- **Distance:** Total distance covered.
- **Calories:** Estimated calories burned.

Video 4: An influencer demonstrating the treadmill's speed adjustments and display features during use.

Video 5: A user showcasing the treadmill's operation and how it helps achieve daily step goals.

Video 6: A comprehensive review detailing various aspects of the Sperax Treadmill, including its operational features.

4. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your treadmill.

Cleaning:

- Wipe down the treadmill surface with a damp cloth after each use to remove sweat and dust.
- Avoid using abrasive cleaners or solvents that could damage the finish.

Lubrication:

The running belt requires periodic lubrication to reduce friction and wear. Refer to the included user manual for specific lubrication instructions and frequency.
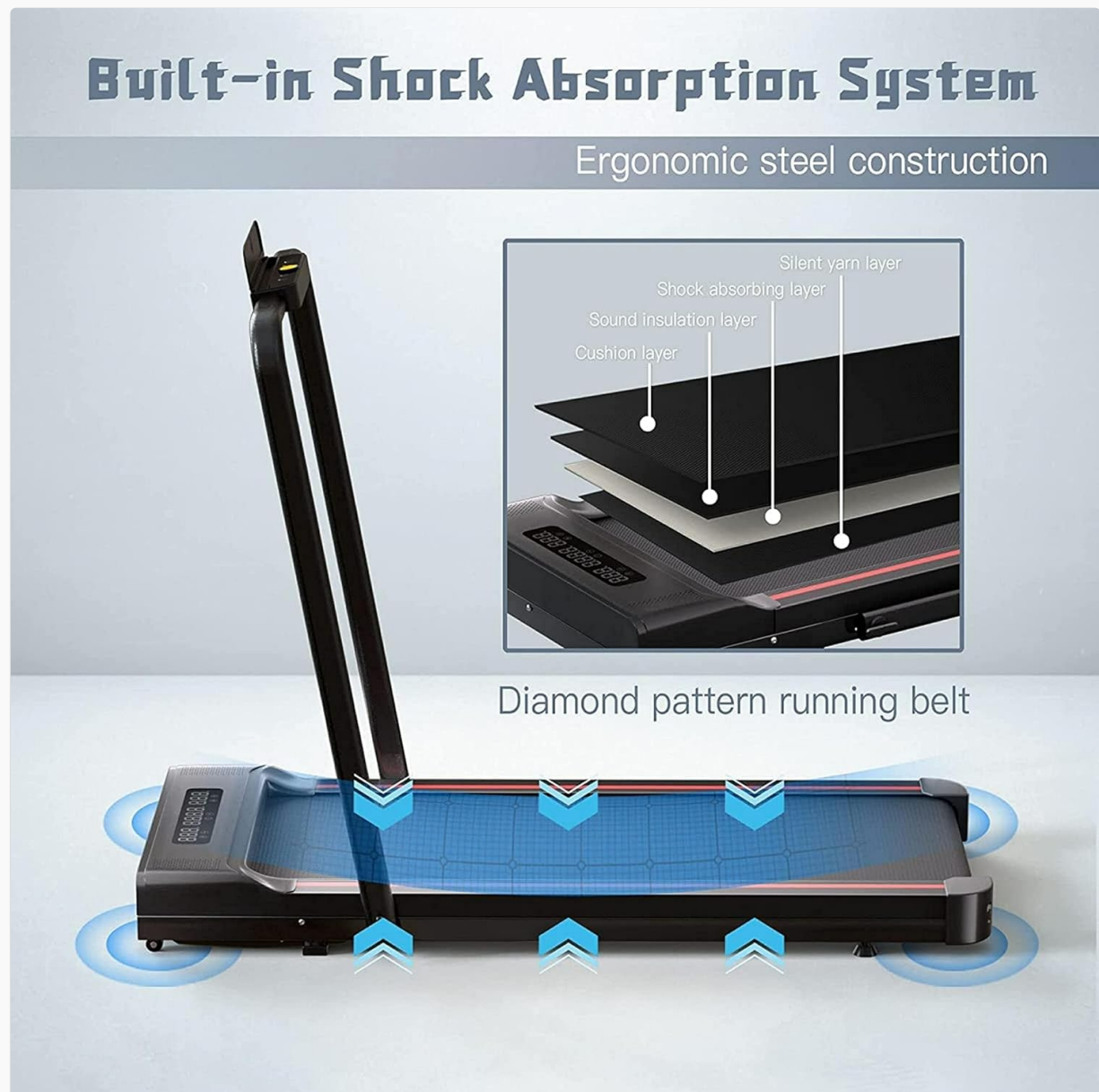

Figure 5: Illustration of the multi-layer running belt with shock absorption for user comfort.

5. TROUBLESHOOTING

If you encounter any issues with your Sperax Walking Pad Treadmill, please refer to the common problems and solutions below. For persistent issues, contact customer support.

Problem	Possible Cause	Solution
Treadmill does not start	Power cord unplugged, safety key not in place, power switch off.	Ensure power cord is securely plugged in, safety key is correctly inserted, and power switch is ON.

Problem	Possible Cause	Solution
Belt stops suddenly during use	Safety key dislodged.	Re-attach the safety key. Ensure it is securely clipped to your clothing during use.
Speed adjustment issues (e.g., large increments)	Specific model design or potential software issue.	Familiarize yourself with the intended speed increments. If unexpected behavior, contact customer support.
Unusual noise from the motor	Lack of lubrication, motor malfunction.	Lubricate the running belt as per maintenance instructions. If noise persists, discontinue use and contact customer support.

6. SPECIFICATIONS

Feature	Detail
Brand	Sperax
Model Name	Sperax Pro
Color	red+black
Product Dimensions	50"D x 20.8"W x 40"H
Item Weight	51 Pounds
Material	Alloy Steel
Maximum Speed	6.2 Miles per Hour
Minimum Speed	0.6 Miles per Hour
Maximum Horsepower	2.5 Horsepower
Maximum Weight Recommendation	280 Pounds
Special Feature	Foldable
Assembly Required	No
Display Type	LED
Metrics Measured	Speed, Distance, Time, Calories

7. WARRANTY AND SUPPORT

Sperax is committed to providing high-quality products and services. Your Sperax Walking Pad Treadmill comes with a 2-year warranty.

For any questions, technical assistance, or warranty claims, please contact Sperax customer support. Contact information can typically be found in the original packaging or on the official Sperax website.