Sperax LK-01

Sperax Walking Vibration Pad Instruction Manual

Model: LK-01
Brand: Sperax

1. Introduction

The Sperax Walking Vibration Pad is a versatile 3-in-1 under desk treadmill designed for home and office use. Featuring a powerful yet quiet 2.5HP motor, it supports users up to 320 lbs. This portable treadmill offers working, walking, and running modes, allowing for varied exercise routines. Its compact design and movable tires ensure easy storage and transport. The integrated LED display and remote control provide convenient tracking of speed, distance, time, and calories.



Figure 1: Sperax Walking Vibration Pad in various usage scenarios.

2. Key Features

- **Powerful 2.5HP Quiet Motor:** Supports up to 320 lbs with minimal noise, ideal for shared spaces.
- **3-in-1 Usage Modes:** Offers Working Mode (0.6-1.5mph), Walking Mode (0.6-2.5mph), and Running Mode (2.5-3.8mph) to suit different fitness needs.
- **LED Display & Remote Control:** Track speed, distance, time, and calories in real-time. Adjust settings conveniently with the remote.

- **Easy to Move & Space Saver:** Pre-assembled with transport wheels for effortless movement and compact storage under furniture.
- **Non-Slip Running Belt & Shock Reduction:** Features a 16.54"x39.78" rubber belt with shock-absorbing and noise-reducing design for stable and quiet operation.



Figure 2: Illustration of the low noise motor technology.



Figure 3: Strong damping system and 320 lbs weight capacity.

3. Setup Guide

3.1 Unboxing and Initial Placement

The Sperax Walking Pad arrives pre-assembled. Carefully remove it from the packaging. Place the unit on a flat, stable, and dry surface. Ensure there is adequate space around the treadmill for safe operation.



Figure 4: Movable tires for easy movement and placement.

3.2 Power Connection

Connect the power cord to the treadmill's power input and then plug it into a standard electrical outlet. Ensure the power switch on the treadmill is in the 'ON' position.

3.3 Safety Precautions

Always operate the treadmill on a flat, stable ground. Avoid placing the machine in the following environments:

- Outdoors or in humid conditions.
- On sloping ground.
- In direct sunlight or near a heater.
- In excessively noisy places where warnings might not be heard.



Figure 5: Important safety precautions for treadmill usage.

4. Operating Instructions

4.1 Remote Control Functions

The treadmill is operated via a remote control. It features buttons for power (On/Off), mode selection (M), and speed adjustment (+/-).

4.2 Usage Modes

The Sperax Walking Pad offers three distinct modes:

- **Working Mode:** 0.6-1.5 MPH (Ideal for light activity while working).
- **Walking Mode:** 0.6-2.5 MPH (Suitable for brisk walking).
- **Running Mode:** 2.5-3.8 MPH (For light jogging).



Figure 6: Visual representation of the 3-in-1 usage modes.

4.3 LED Display

The integrated LED display shows real-time exercise data, including speed, distance, time, and calories burned. Use the remote control to cycle through these metrics or adjust settings.



Figure 7: The clear vision Liquid Crystal Display.

5. Routine Maintenance

5.1 Lubricating the Running Belt

Regular lubrication of the running belt is crucial for maintaining treadmill performance and longevity. Use the provided lubricating oil as instructed in the user manual. Typically, apply a small amount of oil under the belt every few months, depending on usage frequency.

5.2 Running Belt Adjustment

If the running belt becomes misaligned or feels loose, use the provided L-shaped wrench to adjust it. Follow the specific instructions in the user manual for proper tensioning and centering of the belt to ensure smooth operation and prevent wear.



Figure 8: Included accessories for routine maintenance.

6. Troubleshooting

If you encounter issues with your Sperax Walking Pad, please refer to the following common troubleshooting tips:

- **Treadmill not powering on:** Ensure the power cord is securely plugged into both the unit and a working electrical outlet. Check the power switch on the treadmill is in the 'ON' position.
- **Belt slipping or uneven movement:** The running belt may need adjustment. Refer to section 5.2 for instructions on how to properly tension and align the belt.
- **Unusual noises:** Check for any loose parts or debris under the belt. Ensure the treadmill is on a flat surface. If the noise persists, lubrication may be needed (refer to section 5.1).
- **Remote control not responding:** Check if the remote control batteries need replacement. Ensure there are no obstructions between the remote and the treadmill's display.

7. Product Specifications

Brand	Sperax
Model Name	Sperax Treadmill Q1
Model Number	LK-01
Color	Classic
Product Dimensions	48"D x 19.6"W x 4.6"H
Item Weight	26 Pounds
Material	Alloy Steel
Maximum Speed	3.8 Miles per Hour

Minimum Speed	0.6 Miles per Hour
Maximum Horsepower	2.5 Horsepower
Maximum Weight Recommendation	320 Pounds
Assembly Required	No
Display Type	LED
Power Source	Corded Electric
UPC	726960932778

8. Warranty and Support

This product does not come with a specified warranty description. For any product-related inquiries, technical support, or assistance with troubleshooting, please contact the manufacturer, Sperax, directly through their official support channels.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

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After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question