

FLEXISPOT OC1 SD

FLEXISPOT Ergonomic Office Chair OC1 SD User Manual

Model: OC1 SD

1. INTRODUCTION

Thank you for choosing the FLEXISPOT Ergonomic Office Chair OC1 SD. This manual provides essential information for the safe assembly, operation, and maintenance of your new office chair. Please read these instructions carefully before use and retain them for future reference.

2. IMPORTANT SAFETY INFORMATION

WARNING:

- Do not exceed the maximum weight capacity of 300 pounds.
- Ensure the chair is properly assembled before use to avoid instability.
- Keep all packaging materials away from children to prevent choking hazards.
- Use the chair only for its intended purpose as an office or task chair.

3. PACKAGE CONTENTS

Before assembly, verify that all components are present. If any parts are missing or damaged, please contact customer support.

- Chair Backrest (Mesh)
- Seat Cushion (Memory Foam)
- Armrests (4D Flip-up, Left and Right)
- Headrest
- Gas Lift Cylinder
- Chair Base (Nylon)
- Casters (Wheels)
- Lumbar Support Mechanism
- Assembly Tools (Allen wrench, screws)
- User Manual (this document)

4. ASSEMBLY INSTRUCTIONS

Assembly typically takes 20-30 minutes. It is recommended to assemble the chair on a soft, clean surface to prevent damage.

1. **Attach Casters to Base:** Insert the casters into the holes at the end of each leg of the chair base until they click securely into place.
2. **Insert Gas Lift:** Place the gas lift cylinder into the center hole of the chair base.
3. **Assemble Seat and Backrest:** Attach the seat cushion to the backrest using the provided screws and Allen wrench. Ensure all connections are tight.
4. **Install Armrests:** Secure the 4D flip-up armrests to the seat assembly using the designated screws.
5. **Attach Lumbar Support:** Connect the lumbar support mechanism to the backrest as indicated in the diagrams.
6. **Mount Headrest:** Attach the headrest to the top of the backrest, ensuring it is aligned correctly for secure fastening.
7. **Connect Top to Base:** Carefully place the assembled seat and backrest onto the gas lift cylinder, ensuring it is centered and stable.



Image: The FLEXISPOT Ergonomic Office Chair OC1 SD, fully assembled, with a separate headrest and gift box, indicating included components.

5. OPERATING INSTRUCTIONS

Your FLEXISPOT Ergonomic Office Chair OC1 SD offers multiple adjustments to customize your seating experience.

5.1. Seat Height Adjustment

To adjust the seat height, locate the lever under the right side of the seat. Pull the lever up while seated to lower the seat, or pull it up while standing to raise the seat. Release the lever at your desired height.

5.2. Backrest Recline and Tilt Tension

The chair backrest can recline from 90° to 120°. Use the lever on the left side of the seat to lock or unlock the recline position. The tilt tension knob, located under the front of the seat, allows you to adjust the resistance of the recline function. Turn clockwise to increase tension, counter-clockwise to decrease.



Image: Visual guide illustrating the chair's tilt function, ranging from 90 to 120 degrees, along with the controls for tilt tension and back angle adjustment.

5.3. 4D Flip-up Armrests

The armrests can be adjusted in four dimensions: height, depth, pivot, and width. They can also be flipped up completely to save space, allowing the chair to be pushed closer to a desk or stored compactly.



Image: A visual representation of the chair's 4D flip-up armrests, highlighting their ability to be raised for space-saving purposes, with the chair positioned near a desk in a bedroom setting.

5.4. 2D Lumbar Support

The lumbar support can be adjusted vertically and horizontally to provide precise support to your lower back. Use the knobs or levers on the backrest to position the lumbar support to your comfort.

SUPPORT

Move up/down & front/rear to support the waist more accurately



Image: A detailed view of the chair's 2D adjustable lumbar support, illustrating its vertical (up/down) and horizontal (front/rear) movement capabilities for accurate waist support.

5.5. 2D Adjustable Headrest

The headrest can be adjusted in two dimensions: height and angle. Adjust it to support your neck and head comfortably, especially when reclining.

2D HEADREST

Adjust the headrest in multiple dimensions to achieve precise support

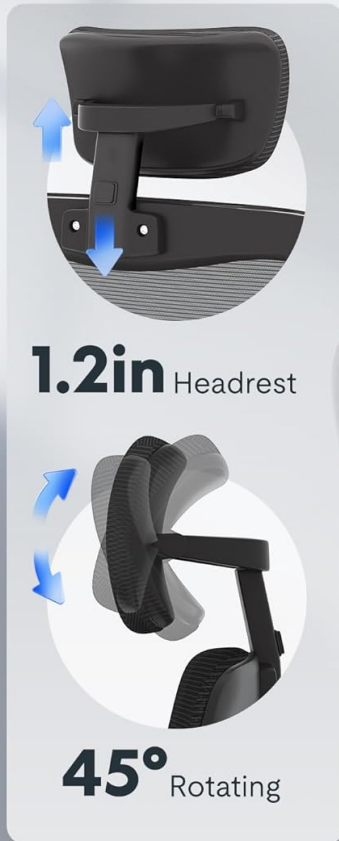


Image: A diagram detailing the 2D adjustable headrest, showing its 1.2-inch vertical adjustment and 45-degree rotation for precise support.

6. MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your chair.

- **Cleaning:** For the mesh and fabric components, dry clean or wipe clean with a damp cloth and mild soap. Avoid harsh chemicals.
- **Casters:** Periodically check casters for hair or debris that may hinder smooth rolling. Clean as needed.
- **Fasteners:** Every few months, check all screws and bolts to ensure they are tight. Retighten if necessary.
- **Moving Parts:** Avoid applying excessive force to adjustment levers and knobs.

7. TROUBLESHOOTING

If you encounter issues with your chair, refer to the following common problems and solutions:

- **Chair is unstable or wobbly:** Ensure all assembly screws are securely tightened. Check that the gas lift is fully inserted into the base.

- **Chair creaks during movement:** This can sometimes occur due to loose connections. Re-tighten all screws, especially those connecting the seat and backrest to the mechanism. Applying a small amount of silicone lubricant to moving metal parts may also help.
- **Adjustments are not working:** Verify that no debris is obstructing the levers or mechanisms. Ensure the tilt lock is disengaged if you are trying to recline.
- **Casters do not roll smoothly:** Inspect casters for trapped hair, dust, or other debris. Clean them thoroughly.

If problems persist after attempting these solutions, please contact FLEXISPOT customer support.

8. SPECIFICATIONS



Image: Detailed dimension diagram for the FLEXISPOT Ergonomic Office Chair OC1 SD, including height, width, depth, and maximum load capacity of 300 lbs.



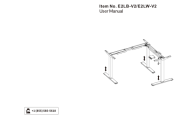
Feature	Detail
Brand	FLEXISPOT
Model Name	Ergonomic Task Chair (OC1 SD)

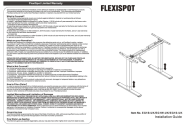


Feature	Detail
Color	Black
Product Dimensions	26.8"D x 26.8"W x 50.4"H
Maximum Weight Recommendation	300 Pounds
Item Weight	27 pounds
Back Style	Mesh Back
Arm Style	4D Flip-up Armrests
Lumbar Support	2D Adjustable
Headrest	2D Adjustable
Reclining Position Count	2 (90°-120°)
Fill Material	Memory Foam (Seat Cushion)
Furniture Base Movement	Swivel, Wheels
Product Care Instructions	Dry Clean, Wipe Clean

9. WARRANTY AND SUPPORT

This FLEXISPOT Ergonomic Office Chair OC1 SD comes with **lifetime warranty**. If you encounter any quality problems or require support, please do not hesitate to contact our professional after-sales team. FLEXISPOT values your feedback and is committed to providing excellent service. For assistance, product inquiries, or suggestions for improvement, please visit the official FLEXISPOT website or contact their customer service directly.

Related Documents - OC1 SD

	FlexiSpot C7 Morpher Ergonomic Office Chair Instruction Manual Comprehensive instruction manual for the FlexiSpot C7 Morpher ergonomic office chair, covering assembly, features, usage, safety, care, and warranty. Learn how to assemble, adjust, and maintain your chair for optimal comfort and support.
	Flexispot Limited Warranty and Office Chair OC3B Installation Guide Official limited warranty information from Flexispot covering defects in materials and workmanship for their products, along with a detailed installation guide for the Flexispot OC3B Office Chair, including parts list and step-by-step assembly instructions.
	FlexiSpot E2LB-V2/E2LW-V2 Electric Height-Adjustable Desk User Manual User manual for the FlexiSpot E2LB-V2 and E2LW-V2 electric height-adjustable desks, covering assembly, operation, technical specifications, and troubleshooting.

	<p>FlexiSpot Height Adjustable Desk EG1B/EG1W/EG1S Series Installation Guide and Limited Warranty</p> <p>Comprehensive guide for installing FlexiSpot height adjustable desks (EG1B/EG1W/EG1S series), including detailed steps, specifications, warranty information, and troubleshooting tips.</p>
	<p>FlexiSpot Q8B/Q8W Height Adjustable Standing Desk Installation Guide and Warranty</p> <p>Comprehensive installation guide and warranty information for the FlexiSpot Q8B/Q8W height adjustable standing desk, including setup instructions, usage tips, troubleshooting, and warranty details.</p>
	<p>FlexiSpot DT3B-EU User Manual and Warranty Information</p> <p>Comprehensive user manual for the FlexiSpot DT3B-EU height adjustable desk frame, including detailed assembly instructions, parts list, and warranty coverage information.</p>