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› [HOMEFITNESSCODE](#) /

› Incline Walking Pad with Handle Bar, 2 in 1 Portable Under Desk Treadmill with Ultra Quiet Brushless Motor, 3.0HP Foldable Treadmill for Home Office, 300lbs Dark Black

HOMEFITNESSCODE M55

HOMEFITNESSCODE M55 Incline Walking Pad User Manual

Model: M55

IMPORTANT SAFETY INSTRUCTIONS

Please read all instructions carefully before using the HOMEFITNESSCODE M55 Incline Walking Pad. Retain this manual for future reference.

- Always ensure the safety lock is properly engaged before operation. The safety lock is designed to stop the treadmill immediately in emergency situations.
- The treadmill features an ultra-shock absorption system and a 5-layer non-slip running surface to minimize joint stress and provide a stable workout.
- Do not exceed the maximum weight capacity of 300 lbs (approximately 136 kg).
- Keep children and pets away from the treadmill during operation.
- Ensure the power cord is not pinched or damaged.
- Operate the treadmill on a flat, stable surface.
- The motor operates quietly (under 45dB), but always be aware of your surroundings.

SETUP AND ASSEMBLY

The HOMEFITNESSCODE M55 Incline Walking Pad arrives fully assembled, allowing for immediate use right out of the box.

Unpacking and Placement

- Carefully remove the treadmill from its packaging.
- Place the treadmill on a level surface. Ensure there is adequate clear space around the unit for safe operation.
- The treadmill is equipped with front-mounted pulleys for easy movement. Simply tilt and roll the unit to your desired location.

Lightweight & Easy to Move



Figure 1: The HOMEFITNESSCODE M55 is lightweight and features built-in wheels for easy relocation and storage, such as sliding it under a sofa.

Initial Lubrication

While the treadmill comes pre-lubricated, it is good practice to check and apply additional lubricant if needed, especially after initial setup or if you notice any unusual sounds from the belt. A bottle of lubricant is included in the package.

- Refer to the included operation instructions for detailed steps on lubricating the running belt.
- It is normal for some lubrication oil to leak out after initial lubrication; placing a mat underneath the treadmill can help

manage this.



Figure 2: Included components: Operation Instructions, Remote Control, Lubricant, Safety Lock, and Hex Spanner.

OPERATING INSTRUCTIONS

The HOMEFITNESSCODE M55 is a versatile 2-in-1 treadmill designed for both walking and jogging, suitable for home and office environments.

Modes of Operation

- **Walking Mode (Under Desk):** Ideal for low-intensity activity while working or relaxing. In this mode, the handle bar is folded down.
- **Running Mode (with Handle Bar):** For more vigorous workouts, the handle bar can be raised to provide stability and support.



Figure 3: The 2-in-1 design allows for both running with the handle bar and walking under a desk.

Speed Control and Display

- The treadmill offers a speed range of 0.6 to 6.2 MPH.
- Adjust the speed effortlessly using the included remote control, with increments of 0.2 MPH.
- The bright LED display tracks essential workout metrics in real-time, including speed, time, distance, and calories burned.

Clear LED Display & Remote Control



Figure 4: Clear LED display and remote control for tracking and adjusting your workout.

Using the Safety Lock

Always attach the safety lock clip to your clothing before starting your workout. In case of an emergency or if you step off the treadmill, the magnetic safety key will detach, immediately stopping the belt.

Product Video Demonstration

Your browser does not support the video tag.

Video 1: A demonstration of the HOMEFITNESSCODE M55 treadmill's features, including its foldable design, quiet operation, and ease of use for both walking and jogging.

MAINTENANCE

Regular maintenance ensures the longevity and optimal performance of your HOMEFITNESSCODE M55 Incline Walking Pad.

Running Belt Lubrication

- The running belt requires periodic lubrication to ensure smooth operation and prevent wear.
- Apply lubricant as instructed in the operation manual, typically every few months depending on usage.
- Use only the recommended silicone-based lubricant provided or specified by HOMEFITNESSCODE.

Cleaning

- Wipe down the treadmill with a damp cloth after each use to remove sweat and dust.
- Avoid using abrasive cleaners or solvents that could damage the treadmill's surfaces.

Storage

- When not in use, the treadmill can be easily folded and stored under furniture like a sofa or bed, thanks to its compact design and built-in wheels.
- Store in a dry place away from direct sunlight and extreme temperatures.

TROUBLESHOOTING

This section addresses common issues you might encounter with your HOMEFITNESSCODE M55 Incline Walking Pad.

Problem	Possible Cause	Solution
Treadmill not starting	Power cord not plugged in; Safety key not in place; Power switch off.	Ensure power cord is securely plugged into a grounded outlet. Verify the safety key is correctly inserted. Turn on the main power switch.
Unusual noise from belt	Lack of lubrication; Belt misalignment.	Apply lubricant to the running belt as per maintenance instructions. If noise persists, check belt alignment and adjust if necessary (refer to the detailed operation manual).
Belt slipping or hesitating	Belt too loose; Lack of lubrication.	Adjust the tension of the running belt (refer to the detailed operation manual). Apply lubricant if the belt feels dry.
Display not working	Loose connection; Power issue.	Check all connections. Ensure stable power supply. If the issue persists, contact customer service.

For issues not listed here or if troubleshooting steps do not resolve the problem, please contact HOMEFITNESSCODE customer service.

SPECIFICATIONS

Feature	Detail
Brand	HOMEFITNESSCODE
Model Name	M55
Color	Dark Black
Product Dimensions (LxWxH)	52.8"D x 23.6"W x 4.69"H
Item Weight	57.3 Pounds
Material	Alloy Steel
Maximum Speed	6 Miles per Hour
Maximum Horsepower	3 Horsepower
Maximum Incline Percentage	15%
Maximum Weight Recommendation	300 Pounds
Assembly Required	No
Number of Programs	4
Connectivity Technology	Power Cord
Included Components	Remote Control



120 Kg
Maximum weight



26 Kg
Product weight



Figure 5: Detailed dimensions and weight specifications of the M55 treadmill.

WARRANTY INFORMATION

The HOMEFITNESSCODE M55 Incline Walking Pad comes with a **1-Year Warranty** from the date of purchase.

This warranty covers manufacturing defects and issues arising from normal use. It does not cover damage caused by misuse, accidents, unauthorized modifications, or failure to follow the instructions in this manual.

Please retain your proof of purchase for warranty claims.

CUSTOMER SUPPORT

For any questions, concerns, or technical assistance regarding your HOMEFITNESSCODE M55 Incline Walking Pad, please contact our customer service team.

- Our customer service is available 24/7 to assist you.
- When contacting support, please have your model name (M55) and purchase information ready.

For the most up-to-date contact information, please refer to the HOMEFITNESSCODE official website or your purchase documentation.

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