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› Superun Walking Pad Treadmill User Manual

## Superun CT

# User Manual: Superun Walking Pad Treadmill with Handle Bar

Model: CT

## 1. INTRODUCTION

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The Superun Walking Pad Treadmill with Handle Bar is a versatile fitness device designed for home use. It functions as a 3-in-1 unit, combining a walking pad, a foldable treadmill, and an under-desk treadmill. This compact and quiet machine allows for both light exercise and more intense jogging or running, adapting to various fitness needs and living spaces.



Figure 1: The Superun Walking Pad Treadmill in use, demonstrating its dual functionality with a handle bar for running and folded flat for walking under a desk.

With a powerful yet quiet 3.0 HP motor, it supports users up to 300 lbs. The running belt features a 5-layer anti-skid design for enhanced safety and comfort during exercise. Its portable and foldable design allows for easy storage, saving significant space in your home or office.

## 2. SETUP AND INITIAL ACTIVATION

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### 2.1 Unpacking and Placement

Carefully remove all components from the packaging. Place the treadmill on a flat, stable surface. Ensure there is adequate clear space around the treadmill for safe operation.

### 2.2 Extending the Handle Bar

To use the treadmill in running mode, extend the handle bar. The design allows for quick extension without complex installation. Ensure the handle bar is securely locked in place before use.



Figure 2: Illustration of the treadmill's two primary modes: Running Mode with the handle bar extended (0.6-7.5 MPH) and Walking Mode with the handle bar folded (0.6-3.8 MPH).

### 2.3 PitPat App Activation

This treadmill requires the PitPat app for activation and full functionality. Download the PitPat app from your device's app store. Follow the in-app instructions to connect your treadmill and begin your fitness journey. The app provides training programs, events, social features, and entertainment options.

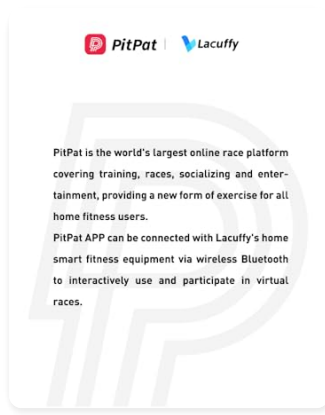


Figure 3: The PitPat app interface, essential for activating and utilizing the treadmill's smart features.

If you encounter any issues during activation, please refer to the troubleshooting section or contact customer support.

## 3. OPERATING INSTRUCTIONS

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### 3.1 Control Methods

The treadmill can be controlled via the included remote control or through the touch screen on the unit itself. Ensure the emergency safety key is attached to your clothing and the treadmill before starting any exercise.

# Clear & Accurate LED Monitor



WIFI



BLUETOOTH



SPEED



TIME



DISTANCE



CALORIES

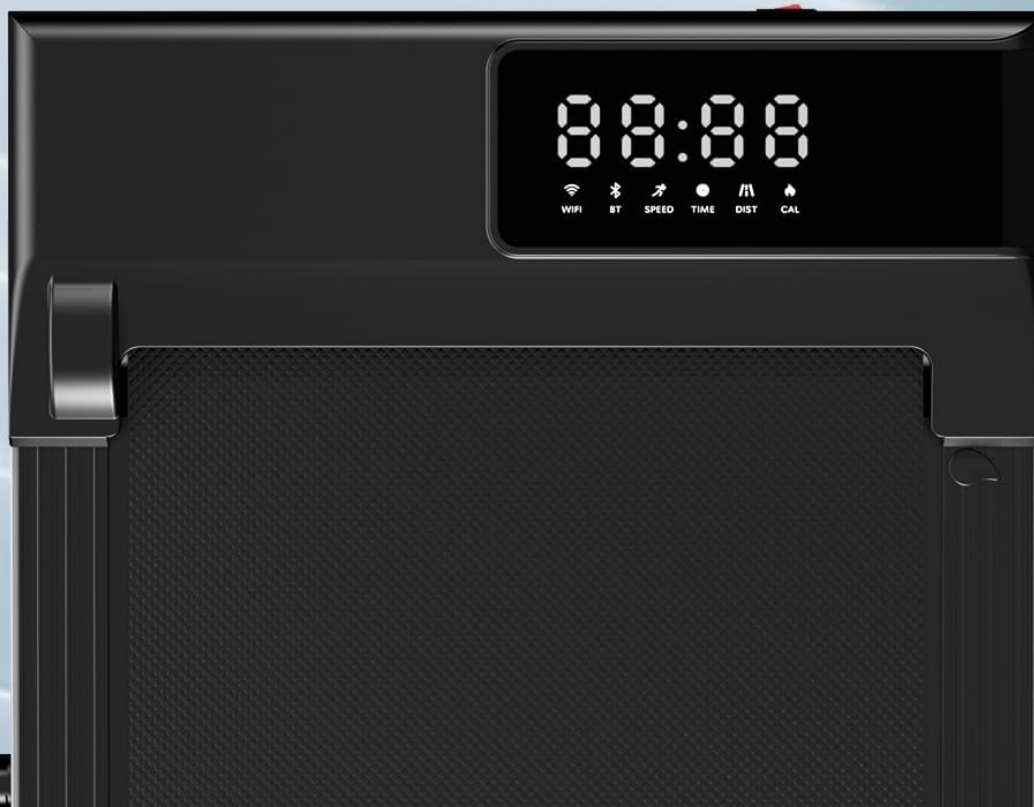


Figure 4: The clear LED monitor provides real-time data including speed, time, distance, and calories burned, along with connectivity status.

## 3.2 Speed Adjustment

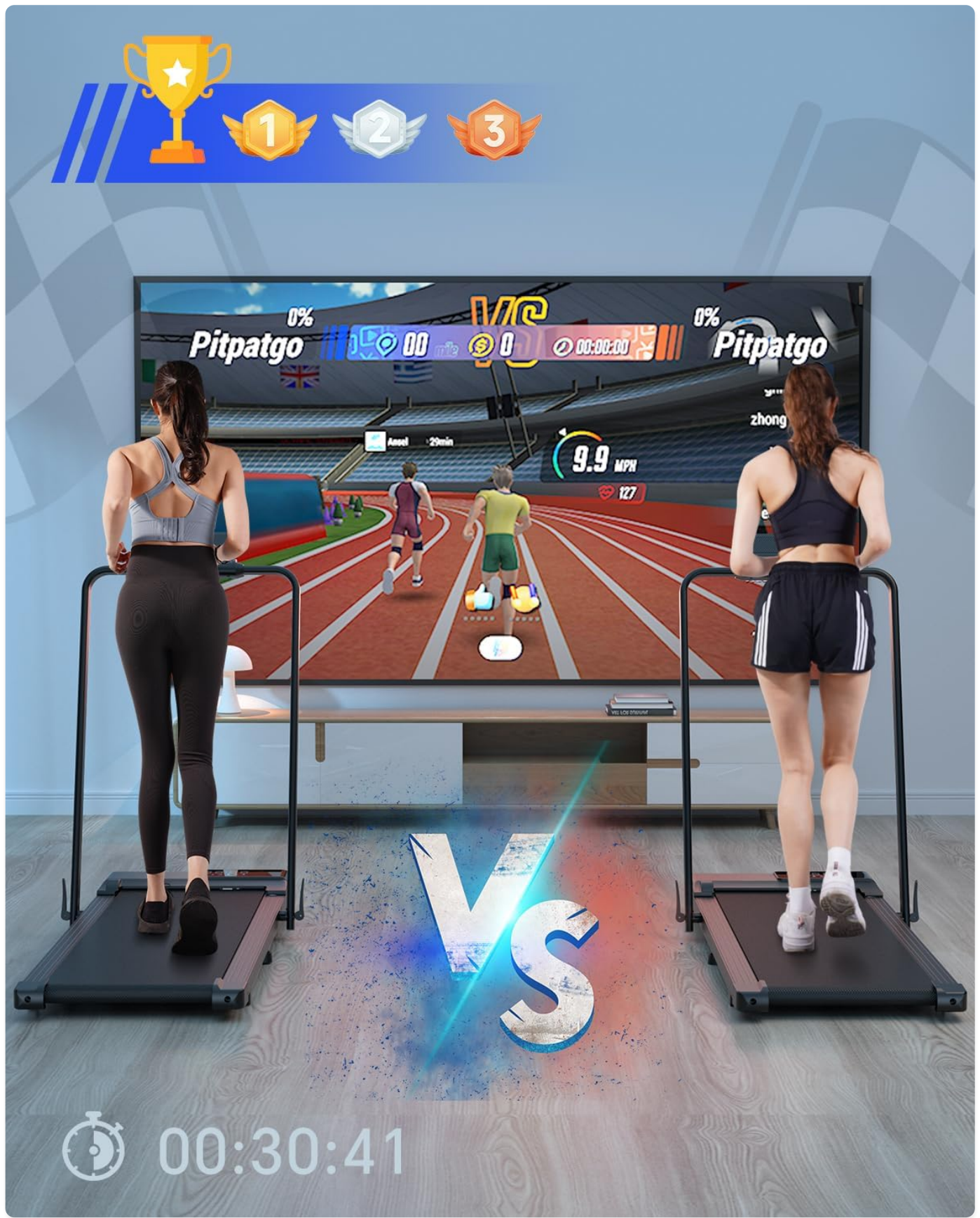
The treadmill offers two main speed ranges depending on the handle bar position:

- **Walking Pad Mode (Handle Bar Folded):** Speed range of 0.6-3.8 MPH, ideal for light exercise or walking while working.
- **Treadmill Mode (Handle Bar Extended):** Speed range of 0.6-7.5 MPH, suitable for jogging or running.

Adjust the speed using the '+' and '-' buttons on the remote control or the touch screen. Always start at a low speed and gradually increase to your desired pace.

### 3.3 Using the PitPat App for Interactive Workouts

The PitPat app enhances your workout experience by offering interactive training, virtual races, and social features. Connect your smartphone to the treadmill via Bluetooth. You can place your phone on the integrated phone holder for easy viewing during your workout.



### 3.4 Safety Features

The treadmill is equipped with an emergency safety key. Attach this key to your clothing. In case of an emergency or if you lose balance, the key will detach, immediately stopping the treadmill for your safety.

## 4. MAINTENANCE

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Regular maintenance ensures the longevity and optimal performance of your Superun treadmill.

### 4.1 Belt Lubrication

It is crucial to lubricate the running belt periodically to reduce friction and wear. Use the provided lubricating oil and follow the instructions in the video below for proper application. Frequency of lubrication depends on usage, but generally, every few months for moderate use is recommended.

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Video 1: Instructions on how to fix a loose treadmill belt issue, which includes steps for checking belt tightness and adjusting screws for proper tension. This process also ensures smooth operation and reduces wear.

### 4.2 Cleaning

Wipe down the treadmill surfaces with a damp cloth after each use to remove sweat and dust. Avoid using abrasive cleaners or solvents that could damage the finish.

### 4.3 Storage

The treadmill's foldable design allows for easy storage. It can be folded to a thickness of approximately 5.5 inches and stored under a bed or sofa, or stood upright against a wall. The front-side pulleys facilitate easy movement.

# EASY TO MOVE & STORE



Figure 6: Demonstrates the ease of moving and storing the treadmill due to its compact design and built-in wheels.

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Video 2: A short demonstration showing how easily the Superun Walking Pad Treadmill can be stored, highlighting its compact size when folded.

## 5. TROUBLESHOOTING

## 5.1 Loose Treadmill Belt

If the treadmill belt feels too loose, causing jerky movement or improper running, it indicates the belt needs tightening. Refer to Video 1 in the Maintenance section for detailed instructions on how to adjust the belt tension.

## 5.2 Remote Control Not Functioning

If your remote control is unresponsive or unable to control the treadmill, try the following steps:

1. Check the battery contact: Gently open the back cover of the remote control and ensure the battery is properly seated and making good contact.
2. Re-pair the remote: Turn off the treadmill. Then, press and hold the power button on the remote control while turning on the treadmill's power. Continue holding until you hear a beep and see "00:00" displayed on the screen, indicating successful pairing.

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Video 3: Detailed guide on how to troubleshoot and resolve issues with the remote control not being able to control the treadmill, including battery contact and re-pairing steps.

If the issue persists after attempting these steps, please contact customer service for further assistance.

# 6. SPECIFICATIONS

| Feature                       | Detail                      |
|-------------------------------|-----------------------------|
| Brand                         | Superun                     |
| Model Name                    | treadmill CT                |
| Color                         | Metallic Black              |
| Product Dimensions            | 52.17"D x 25.51"W x 42.32"H |
| Item Weight                   | 61.5 Pounds                 |
| Material                      | Alloy Steel                 |
| Maximum Speed                 | 7.5 Miles per Hour          |
| Minimum Speed                 | 0.6 Miles per Hour          |
| Maximum Horsepower            | 3 Horsepower                |
| Maximum Weight Recommendation | 300 Pounds                  |
| Included Components           | Remote Control              |
| UPC                           | 743456532410                |

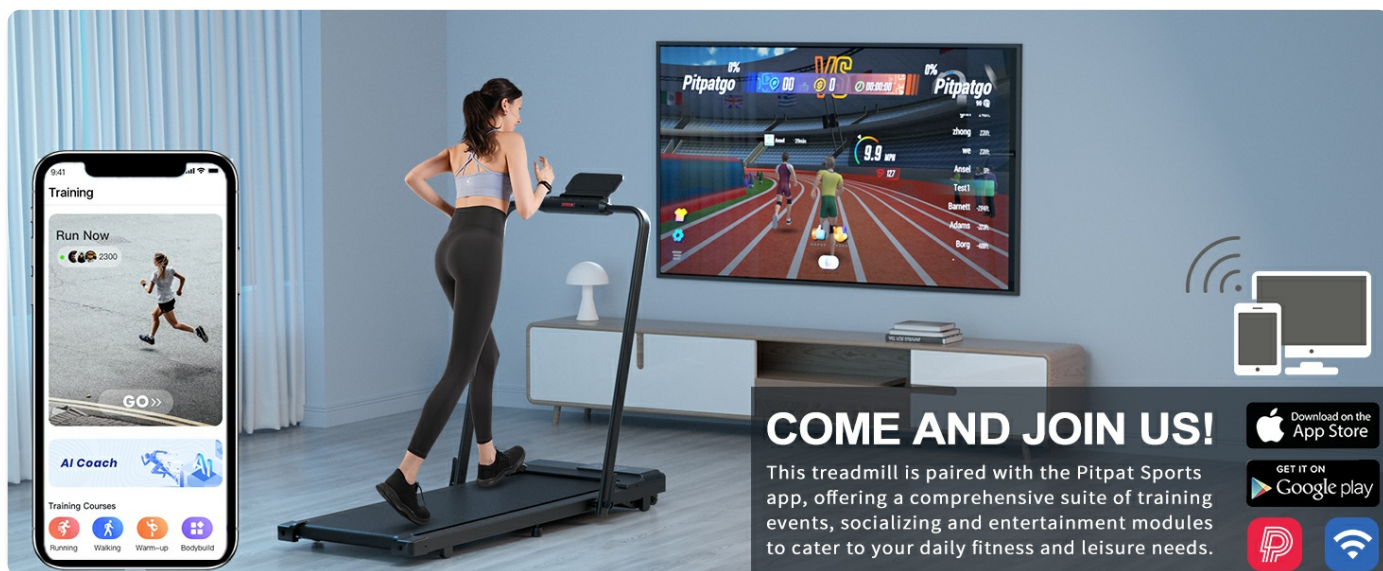


Figure 7: Package contents, including the treadmill, remote control, user manual, and essential tools for setup and maintenance.

## 7. WARRANTY AND SUPPORT

Superun is committed to providing high-quality fitness equipment and excellent customer service. This product comes with a **1-year warranty** from the date of purchase.

If you have any questions, concerns, or require assistance with your treadmill, please do not hesitate to contact our customer service team. We are available to serve you within 24 hours.

For support, please refer to the contact information provided in your purchase documentation or visit the official Superun store on Amazon: [Superun Store](#).