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YUENZEE SY-02

YUENZEE SY-02 Smart Ring User Manual

Model: SY-02 (YZ-006.2B)
Brand: YUENZEE

1. Introduction

The YUENZEE SY-02 Smart Ring is a multifunctional health and activity tracker designed for continuous monitoring of your well-being. This device offers features such as sleep management, activity tracking, heart rate monitoring, blood oxygen saturation measurement, and smart gesture controls. Its lightweight and waterproof design ensures comfortable and reliable use in various daily scenarios.

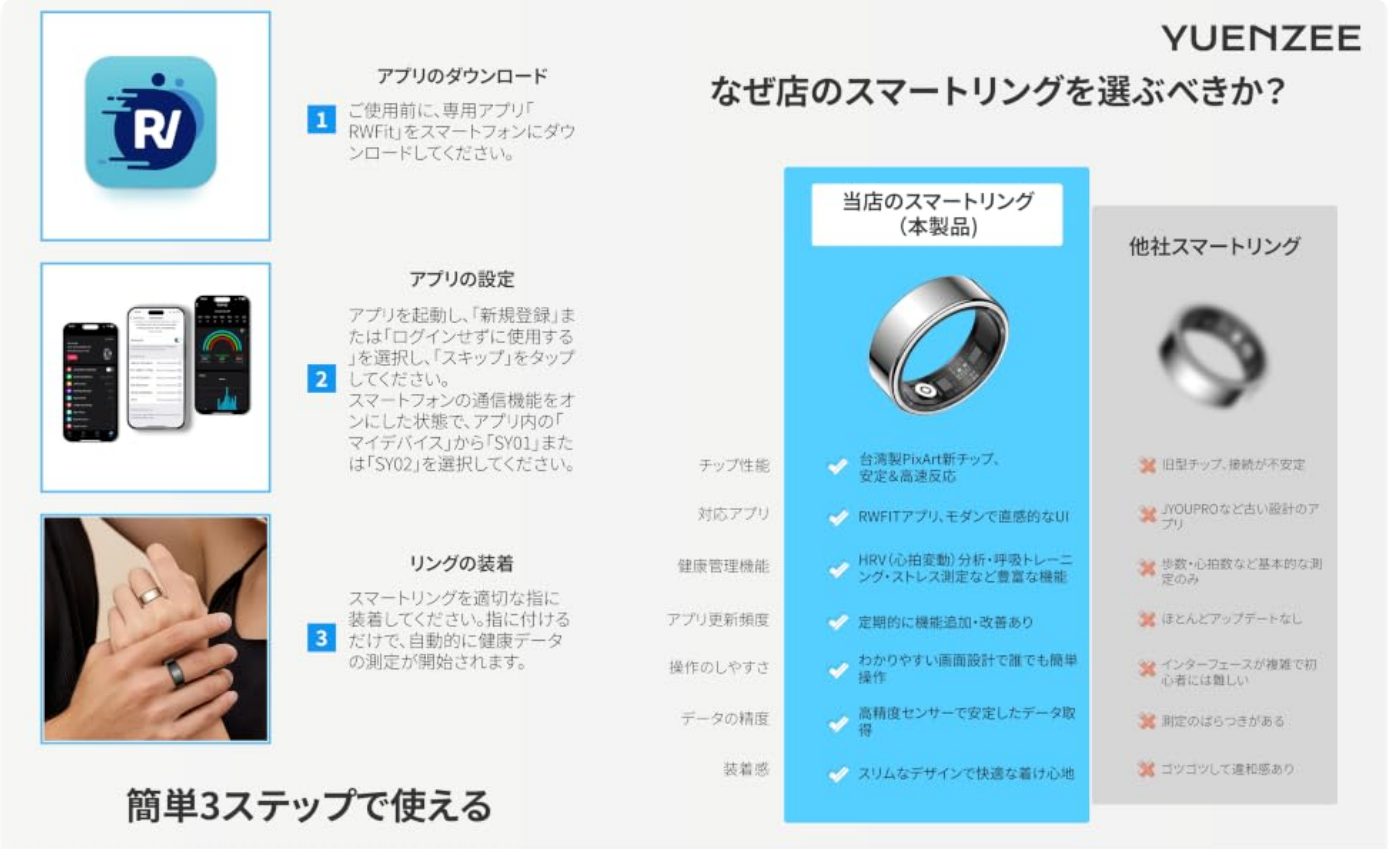


Image 1.1: Overview of the YUENZEE SY-02 Smart Ring, showcasing its sleek design and core functionalities like advanced chip, improved measurement accuracy, and full monitoring of sleep, activity, and recovery.

2. Setup Guide

Follow these simple steps to set up your YUENZEE SY-02 Smart Ring and begin tracking your health data.



Image 2.1: Visual guide to the three-step setup process: App download, App settings, and Ring wearing.

1. **Download the App:** Before use, download the dedicated 'RWFIT' app to your smartphone.
2. **App Settings:** Launch the app and select 'New Registration' or 'Login to use'. Alternatively, tap 'Skip'. Ensure your smartphone's communication function is enabled. From 'My Device' within the app, select 'SY01' or 'SY02' to connect.
3. **Wear the Ring:** Place the smart ring on the appropriate finger. Automatic health data measurement will begin.

3. Operating Instructions

3.1 Health Monitoring

The SY-02 Smart Ring provides 24-hour health monitoring, offering insights into your physical condition.

- **Sleep Monitoring:** The ring analyzes your sleep cycles (deep sleep, light sleep, REM sleep) to help maximize your refreshed feeling upon waking. It records your sleep structure in detail, supporting better sleep habits.
- **Blood Oxygen & Heart Rate:** Real-time tracking of blood oxygen saturation and heart rate helps you detect signs of overwork or changes in your physical condition early.
- **Stress Level:** The device visualizes your daily stress levels, assisting in improving overall healthy habits.



Image 3.1: The smart ring monitors sleep patterns, including deep sleep, light sleep, and awake times, providing a detailed record of your sleep structure.

3.2 Activity Tracking

The SY-02 Smart Ring records your activity data in real-time, supporting various sports modes.

- **Pedometer:** Tracks your steps throughout the day.
- **Calorie & Distance:** Measures calories burned and distance covered during your activities.
- **Multiple Sports Modes:** Supports 8 types of sports, including running and yoga, to accurately measure and record your exercise volume.



Image 3.2: The smart ring records real-time exercise data, including steps, calories, and distance, with high-precision sensors detecting subtle movements.

3.3 Smart Gesture Control

Maximize convenience with simple fingertip gestures.

- **Camera Shutter:** Control your smartphone's camera shutter remotely.
- **SNS Operations:** Perform various operations on social media applications.
- **Compatibility:** Compatible with Android and iOS devices, and integrates with Apple Health for centralized health data management.



Image 3.3: The smart ring enables gesture control, such as double-tapping with your fingertip to switch videos or operate your smartphone camera and social media.

4. Maintenance

4.1 Waterproofing

The YUENZEE SY-02 Smart Ring features IP68 + 5ATM waterproof performance, supporting water depths up to 50 meters. This allows for worry-free use in various wet environments.

- **Daily Use:** Suitable for daily water tasks, showering, and even hot spring baths.
- **Sports:** Can be worn during swimming in pools and other water-related sports activities.
- **Cleaning:** To clean the ring, simply wipe it with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials.



Image 4.1: The smart ring is shown in water, highlighting its IP68+5ATM waterproof rating, making it suitable for use up to 50 meters deep, including swimming and showering.

4.2 Battery and Charging

The ring features a long-lasting battery to minimize charging frequency.

- **Battery Life:** Approximately 5 days of use on a single charge (actual usage may vary).
- **Charging:** Use the provided USB-C magnetic charging cable. A full charge takes approximately 1.5 hours.

5. Troubleshooting

If you encounter any issues with your YUENZEE SY-02 Smart Ring, please refer to the following common solutions:

- **Connection Issues:** Ensure Bluetooth is enabled on your smartphone and the ring is within range. Try restarting both the ring (if applicable) and your smartphone. Re-pair the device through the 'RWFIT' app.
- **Inaccurate Readings:** Ensure the ring is worn correctly on your finger, not too loose or too tight. Clean the sensors on the inside of the ring. Update the app to the latest version.
- **Battery Not Charging:** Check if the USB-C magnetic charging cable is properly connected to both the ring and a power source. Ensure the charging contacts on the ring and cable are clean. Try a different USB port or power adapter.
- **App Not Syncing:** Verify that the 'RWFIT' app has the necessary permissions on your smartphone (e.g., Bluetooth, location). Check your internet connection.
- **Ring Not Responding:** If the ring is unresponsive, try charging it for a few minutes. If the issue persists, contact customer support.

For further assistance, please consult the in-app help section or the manufacturer's website.

6. Specifications

Detailed technical specifications for the YUENZEE SY-02 Smart Ring.



Image 6.1: A table summarizing the main product specifications, including weight, materials, battery, and waterproof rating.

Feature	Specification
Model Number	SY-02 (YZ-006.2B)
Brand	YUENZEE
Material	Stainless Steel + Epoxy Resin
Weight	Approx. 3.3g (#10 size) / 112g (product weight listed in specs, likely package weight)
Dimensions (D x W x H)	25mm x 25mm x 10mm
Connectivity Technology	Bluetooth 5.2
Battery Type	Lithium Polymer
Battery Capacity	15-18 mAh
Average Battery Life	Up to 5 days (approx. 1 week in some specs)
Charging Time	Approx. 1.5 hours
Waterproof Rating	IP68 + 5ATM (up to 50 meters)
Compatible OS	Android 5.1~ / iOS 8.0~
Included Components	USB-C Magnetic Charging Cable, User Manual

Feature	Specification
Target Audience	Unisex

6.1 Ring Sizes

Size	Inner Diameter (mm)	Finger Circumference (mm)
#7	17.4mm	54.3mm
#9	19mm	59.6mm

7. Warranty and Support

7.1 Warranty Information

The product specifications indicate that there is **no specific warranty content provided**. Please retain your proof of purchase for any potential returns or exchanges in accordance with the retailer's policy.

7.2 Customer Support

For any questions, technical support, or further assistance regarding your YUENZEE SY-02 Smart Ring, please refer to the following resources:

- **In-App Help:** Check the help or FAQ section within the 'RWFIT' application.
- **Manufacturer's Website:** Visit the official YUENZEE website for product information, updates, and support contact details.

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