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YUENZEE YZ-006

YUENZEE SY-01 Smart Ring Instruction Manual

Model: YZ-006

1. Introduction

This manual provides essential information for the proper use, setup, and maintenance of your YUENZEE SY-01 Smart Ring. Please read it thoroughly before using the device to ensure optimal performance and longevity.

2. Product Overview

The YUENZEE SY-01 Smart Ring is a multi-functional health and fitness tracker designed for continuous monitoring. Its compact and lightweight design allows for comfortable, 24-hour wear, providing insights into various health metrics.

Key Features:

- 24-hour monitoring of sleep, blood oxygen, and heart rate.
- Waterproof rating of IP68 + 5ATM, suitable for depths up to 50m.
- Comfortable fit with a stainless steel and gel structure.
- Extended battery life of up to 5 days on a single charge.
- Gesture control for camera operation and social media applications.
- Compatibility with Android, iOS, and Apple Health.



Figure 2.1: YUENZEE SY-01 Smart Ring with digital display.



Figure 2.2: Overview of the SY-01 Smart Ring's advanced features, including new chip technology and enhanced measurement accuracy.



Figure 2.3: Comparison highlighting the SY-01's superior chip performance, app compatibility, health management, update frequency, ease of operation, data accuracy, and comfortable fit compared to other smart rings.

3. Setup

Follow these three simple steps to begin using your YUENZEE SY-01 Smart Ring:

1. **Download the App:** Before use, download the dedicated "RWFIT" application to your smartphone.
2. **App Settings:** Launch the app and select "New Registration" or "Login without registration." Tap "Skip" if prompted. With your smartphone's communication function enabled, select "SY01" or "SY02" from "My Devices" within the app.
3. **Wearing the Ring:** Wear the smart ring on the appropriate finger. Once worn, automatic health data measurement will begin.



Figure 3.1: Visual guide for the three-step setup process: App download, app settings, and wearing the ring.

4. Operating Instructions

4.1 Health Monitoring

The SY-01 Smart Ring continuously monitors various health parameters:

- **Sleep Monitoring:** Tracks deep sleep, light sleep, and awake times to provide a comprehensive sleep analysis.
- **Activity Tracking:** Records steps, calories burned, and distance traveled in real-time.
- **Heart Rate Monitoring:** Provides continuous heart rate data.
- **Blood Oxygen Monitoring:** Measures blood oxygen levels.
- **Stress Management:** Monitors stress levels and provides insights into your body's response to daily activities.

- **Menstrual Cycle Prediction:** Offers predictions for menstrual cycles.



Figure 4.1: Sleep quality visualization and analysis provided by the smart ring, helping to improve sleep habits.



Figure 4.2: Real-time activity data recording, including steps, calories, and distance, with detailed analysis in the app.

4.2 Gesture Control

The smart ring supports gesture control for certain functions:

- **Camera Operation:** Double-tap your finger to control your smartphone camera.
- **SNS Control:** Use gestures to interact with social media applications.



Figure 4.3: Demonstrating camera operation via double-tapping with the smart ring.

5. Maintenance

5.1 Water Resistance

The YUENZEE SY-01 Smart Ring features IP68 + 5ATM water resistance, allowing it to withstand water depths of up to 50 meters. This means you can wear it during daily activities such as washing hands, showering, and swimming without concern.



Figure 5.1: The smart ring's IP68 + 5ATM waterproof rating allows for use during hand washing, showering, and swimming.

5.2 Cleaning

To clean your smart ring, simply rinse it with fresh water and wipe it dry with a soft cloth. Avoid using harsh chemicals or abrasive materials that could damage the ring's surface or sensors.

6. Troubleshooting

If you encounter any issues with your YUENZEE SY-01 Smart Ring, please consider the following general troubleshooting steps:

- **Connectivity Issues:** Ensure Bluetooth is enabled on your smartphone and the ring is within range. Try restarting

both the ring (if applicable) and your smartphone.

- **Inaccurate Readings:** Ensure the ring is worn snugly on your finger. Clean the sensors on the inside of the ring.
- **App Not Syncing:** Check your internet connection and ensure the app is updated to the latest version. Try force-closing and reopening the app.
- **Battery Life Concerns:** Ensure the ring is fully charged using the provided magnetic charger. Minimize background app usage on your smartphone if it affects connectivity.

For persistent issues, please refer to the support section of the RWFIT app or contact YUENZEE customer support.

7. Specifications

Feature	Detail
Model Number	YZ-006
Material	Stainless Steel + Epoxy Resin
Weight	Approx. 3.3g (#10 size)
Bluetooth Version	Ver 5.2
Battery Capacity	15-18mAh
Charging Time	Approx. 1.5 hours
Continuous Use Time	Up to 1 week (5-7 days)
Waterproof Rating	IP68 + 5ATM (Max 50m)
Compatible OS	Android 5.1~ / iOS 8.0~
Connectivity	Bluetooth
Included Accessories	USB-C Cable, User Manual, Charging Cable
Size (Current Product)	#8 (Inner Diameter 18.2mm / Circumference 57.1mm)



Figure 7.1: Detailed product specifications including material, weight, Bluetooth version, battery, waterproof rating, and compatible OS. Also shows available ring sizes.

8. Warranty and Support

Your YUENZEE SY-01 Smart Ring comes with a manufacturer's warranty. Please retain your proof of purchase for any warranty claims. For detailed warranty information, technical support, or service inquiries, please refer to the official YUENZEE brand store on Amazon or contact customer service through the RWFIT application.
This product is intended for wellness and fitness purposes and is not a medical device.

Visit the YUENZEE Brand Store

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