YUENZEE SY-01

YUENZEE SY-01 Smart Ring User Manual

Model: SY-01 (YZ-006)

Introduction

Thank you for choosing the YUENZEE SY-01 Smart Ring. This device is designed to help you monitor your health and activity levels with advanced features like 24-hour monitoring of sleep, oxygen saturation, and heart rate. It also offers convenient gesture control for your smartphone and is built with a durable, waterproof design. Please read this manual carefully to ensure proper use and maintenance of your smart ring.



A close-up view of the YUENZEE SY-01 Smart Ring in silver, displaying a digital time.

Package Contents

- YUENZEE SY-01 Smart Ring
- Charging Cable
- USB-C Cable
- User Manual (this document)

Setup Guide

1. Charging the Smart Ring

Before first use, fully charge your smart ring. Connect the provided charging cable to the ring's magnetic charging port and plug the USB-C end into a compatible power adapter (not included) or a computer's USB port. A full charge typically takes approximately 1.5 hours and provides up to 5-7 days of continuous use.



A split image showing the long battery life and precise design of the ring on one side, and its IP68+5ATM waterproof rating (up to 50m) on the other, emphasizing its suitability for various activities without removal.

2. App Download and Setup

The YUENZEE Smart Ring requires the dedicated RWFIT app for full functionality. The app is compatible with both Android and iOS devices.

1. **Download the App:** Search for "RWFIT" in your smartphone's app store (Google Play Store for Android or Apple App Store for iOS) and download the dedicated application.
2. **App Settings:** Launch the RWFIT app. You will be prompted to register a new account or log in. Alternatively, you can choose to use the app without logging in by tapping "Skip".
3. **Enable Bluetooth:** Ensure your smartphone's Bluetooth function is enabled.
4. **Connect the Ring:** Within the RWFIT app, navigate to "My Device" and select "SY01" or "SY02" to pair your smart ring.



A visual guide showing three simple steps to use the smart ring: app download, app setup, and ring wearing.

3. Wearing the Smart Ring

For accurate health data measurement, wear the smart ring on the appropriate finger. Once worn, the ring will automatically begin measuring your health data.



A three-step guide showing app download, app settings (with smartphone screens), and a hand wearing the smart ring, illustrating proper wearing for health data measurement.

Operating Instructions

1. Health Monitoring

The YUENZEE SY-01 Smart Ring continuously monitors various health metrics:

- **Sleep Management:** Tracks sleep patterns, including deep sleep, light sleep, and awake times, providing detailed analysis to help improve sleep quality.
- **Oxygen Saturation:** Monitors blood oxygen levels throughout the day and night.
- **Heart Rate:** Provides 24-hour heart rate monitoring.
- **Activity Tracking:** Records steps, calories burned, and distance traveled in real-time.

製品仕様

本体

重量 約3.3g (#10)	材質 ステンレス＋エポキシ樹脂
Bluetooth ver 5.2	バッテリー 15〜18mAh／充電時間：約1.5h
防水等級 IP68＋5ATM (最大50m)	対応OS Android 5.1〜／iOS 8.0〜



シルバー



ブラック

CE・FCC・RoHS認証取得済み
⚠ 本製品は医療機器ではありません。健康管理の参考用としてご利用ください。

サイズ

サイズ	内径(mm)	指回り(mm)	
#8	18.2mm	57.1mm	
#9	19mm	59.6mm	
#10	19.9mm	62.4mm	



ステップ 1
紐や紙テープを1本用意し、指に一直線につけます。

ステップ 2
紐や紙テープが指にしっかりとフィットするように調整します。ゆるすぎたり、きつすぎたりすると正確なサイズが測れないためご注意ください。

ステップ 3
巻き終わりの交差部分に印を付けます。

ステップ 4
紐や紙テープをまっすぐに伸ばし、長さをミリ単位で測定します。
誤差を防ぐため、複数回測定して平均値を取ることをおすすめします。

A dynamic image illustrating the smart ring's ability to visualize daily training data and maximize results, showing real-time activity recording and detailed health metrics.



A woman sleeping with a smartphone screen showing detailed sleep analysis, highlighting the high-precision sensor for deep sleep, light sleep, and awake times.

2. Gesture Control

The smart ring supports gesture control for certain smartphone functions, such as operating the camera or navigating social media applications. For example, a double-tap of your finger can switch videos.



A hand holding a smartphone displaying a video, with the smart ring on a finger, illustrating gesture control (double-tap) for switching videos or operating SNS.

3. Notifications

When connected to the RWFIT app, the smart ring will alert you to incoming messages and notifications by illuminating its light, ensuring you don't miss important information.



A smartphone displaying a notification, with the smart ring nearby, indicating that the ring's light illuminates for incoming messages and notifications when connected to the app.

Maintenance

1. Water Resistance

The YUENZEE SY-01 Smart Ring boasts an IP68+5ATM waterproof rating, allowing it to withstand depths of up to 50 meters. This means you can wear it during hand washing, showering, and even swimming without concern. However, it is recommended to avoid prolonged exposure to hot water or steam, such as in saunas or hot springs, as this may affect the device's seals over time.



The smart ring submerged in water, demonstrating its IP68+5ATM waterproof rating, suitable for depths up to 50m.

2. Cleaning

To clean your smart ring, gently wipe it with a soft, damp cloth. Avoid using abrasive cleaners or solvents that could damage the finish or internal components.

Troubleshooting

If you encounter any issues with your YUENZEE SY-01 Smart Ring, please try the following steps:

- **Connection Issues:** Ensure Bluetooth is enabled on your smartphone and the ring is within range. Try restarting both the ring (if possible, by placing it on the charger) and your smartphone.
- **Inaccurate Readings:** Ensure the ring is worn correctly and snugly on your finger. Clean the sensors on the inside of the ring.
- **App Not Responding:** Close and reopen the RWFIT app. If the issue persists, try reinstalling the app.
- **Charging Problems:** Verify that the charging cable is securely connected to both the ring and the power source. Try a

different USB port or power adapter.

If these steps do not resolve the issue, please contact customer support for further assistance.

Specifications

Feature	Specification
Model Number	SY-01 (YZ-006)
Brand	YUENZEE
Connectivity	Bluetooth 5.2
Battery Type	Lithium Polymer
Battery Life	Up to 5-7 days (continuous use)
Charging Time	Approx. 1.5 hours
Water Resistance	IP68 + 5ATM (up to 50m)
Material	Stainless Steel + Epoxy Resin
Weight	Approx. 3.3g (#10 size) / 112g (packaged)
Compatible OS	Android 5.1 and above / iOS 8.0 and above
Included Accessories	User Manual, Charging Cable, USB-C Cable



A promotional image for the YUENZEE Smart Ring SY-01, highlighting its health monitoring capabilities, liquid crystal display, touch operation, and

wireless charging.

Warranty and Support

Warranty Information

Please refer to the product packaging or the seller's information for specific warranty details. Typically, electronic devices come with a limited manufacturer's warranty covering defects in materials and workmanship.

Customer Support

For any questions, technical assistance, or warranty claims, please contact the seller or manufacturer directly. Their contact information can usually be found on the product packaging, purchase receipt, or the online store where you purchased the product.
You can also visit the YUENZEE brand store on Amazon for more information: YUENZEE Store

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This manual is for informational purposes only. Product specifications are subject to change without notice.

Ask a question about this manual

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page's manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. Privacy details.

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question