

Fischer 37005-104678

Fischer Air Fryer Dual Grill 6L Instruction Manual

Model: 37005-104678 | Brand: Fischer

1. INTRODUCTION

The Fischer Air Fryer Dual Grill 6L is a versatile kitchen appliance designed for healthy and convenient cooking. With a 6-liter capacity, it accommodates larger portions and features a unique Frozen Pizza Function, allowing a whole pizza to be cooked without pre-cutting. Equipped with dual heating elements (upper and lower), it ensures even heat distribution for consistent cooking results. This 4-in-1 appliance can fry, bake, reheat, and dehydrate. It includes 9 pre-programmed recipes accessible via a touchscreen interface. Users can also manually adjust the temperature from 60°C to 200°C and set a timer up to 60 minutes with an automatic shut-off feature. With up to 2600W of power, it provides efficient heat distribution. The non-stick basket simplifies cleaning and maintenance.

2. IMPORTANT SAFETY INSTRUCTIONS

When using electrical appliances, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and injury to persons.

- Read all instructions before using the appliance.
- Do not touch hot surfaces. Use handles or knobs.
- To protect against electric shock, do not immerse cord, plugs, or the main unit in water or other liquid.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
- Do not operate any appliance with a damaged cord or plug, or after the appliance malfunctions or has been damaged in any manner.
- The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
- Do not use outdoors.
- Do not let cord hang over edge of table or counter, or touch hot surfaces.
- Do not place on or near a hot gas or electric burner, or in a heated oven.
- Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
- Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to "off", then remove plug from wall outlet.
- Do not use appliance for other than intended use.
- Ensure the appliance is placed on a stable, heat-resistant surface.

- Do not block any ventilation openings.

3. PRODUCT COMPONENTS

Familiarize yourself with the main parts of your Fischer Air Fryer Dual Grill 6L.

- **Main Unit:** Houses the heating elements and control panel.
- **Control Panel:** Touchscreen interface for settings and pre-programmed functions.
- **6L Cooking Basket:** The primary cooking compartment.
- **Grill Plate:** Insert for grilling functions.
- **Handle:** For safely pulling out the cooking basket.
- **Air Inlet/Outlet:** For proper air circulation during operation.



Front view of the Fischer Air Fryer Dual Grill 6L, showing its sleek black design and control panel.



The Fischer Air Fryer Dual Grill 6L with the cooking basket partially pulled out, revealing the interior.



The 6-liter cooking basket of the Fischer Air Fryer Dual Grill, featuring a non-stick grill plate.



Top-down view of the non-stick grill plate, designed for even cooking and easy cleaning.

4. SETUP

1. **Unpack:** Carefully remove all packaging materials and any promotional stickers from the appliance.
2. **Clean:** Before first use, clean the cooking basket and grill plate with warm soapy water. Wipe the main unit with a damp cloth. Ensure all parts are completely dry before assembly.
3. **Placement:** Place the air fryer on a stable, level, and heat-resistant surface. Ensure there is adequate space (at least 10 cm) around the appliance for proper air circulation. Do not place it directly against a wall or under cabinets.
4. **Power Connection:** Ensure the voltage of your power outlet matches the voltage specified on the appliance (220V). Plug the power cord into a grounded wall outlet.
5. **Initial Run (Optional):** For the first use, it is recommended to run the air fryer empty for about 10-15 minutes at 180°C to burn off any manufacturing residues. A slight odor may be present, which is normal.

5. OPERATING INSTRUCTIONS

The Fischer Air Fryer Dual Grill 6L features a user-friendly touchscreen interface for easy operation.

5.1 Powering On/Off

- To turn on, press the Power button on the touchscreen. The display will illuminate.
- To turn off, press and hold the Power button until the display turns off.

5.2 Using Pre-Programmed Settings

The appliance comes with 9 pre-programmed recipes for common dishes. To use them:

1. Place your food in the cooking basket.
2. Press the 'Menu' or 'Pre-set' button (refer to specific icon on your panel) to cycle through the available programs.
3. Once the desired program is selected, the appliance will automatically set the temperature and time.
4. Press the 'Start' button to begin cooking.

5.3 Manual Temperature and Timer Adjustment

For custom cooking, you can manually set the temperature and time:

1. Place your food in the cooking basket.
2. Press the 'Temperature' button and use the '+' and '-' icons to adjust the temperature between 60°C and 200°C.
3. Press the 'Timer' button and use the '+' and '-' icons to set the cooking time up to 60 minutes.
4. Press the 'Start' button to begin cooking. The appliance will automatically shut off when the timer expires.

5.4 Pause and Resume

- To pause cooking, pull out the cooking basket. The appliance will automatically pause.
- To resume, reinsert the cooking basket. Cooking will continue from where it left off.

6. COOKING GUIDE AND TIPS

Optimize your cooking experience with these guidelines.

6.1 Dual Resistance Technology

The dual upper and lower heating elements ensure uniform heat distribution, reducing the need to shake or flip food during cooking for many recipes.

6.2 4-in-1 Functionality

This appliance is capable of:

- **Frying:** Achieve crispy results with minimal oil.
- **Baking:** Ideal for cakes, pastries, and even whole pizzas.
- **Reheating:** Quickly warm up leftovers.
- **Dehydrating:** Prepare dried fruits, vegetables, or jerky.

6.3 Capacity Examples

The 6-liter capacity allows for cooking various quantities:

- Up to 30 Nuggets

- Up to 25 Cheese Breads (Pães de Queijo)
- Up to 25 Mini Coxinhas
- Up to 15 Chicken Coxinhas
- Up to 4 Hamburgers
- Up to 10 Cupcakes
- 1 Whole Pizza (up to 30 cm diameter)



A whole pizza cooking inside the Fischer Air Fryer Dual Grill basket, demonstrating its capacity.



Five cooked hamburger patties arranged on the grill plate of the air fryer.



A mix of roasted vegetables, including potatoes, broccoli, and onions, in the air fryer basket.

7. CLEANING AND MAINTENANCE

Regular cleaning ensures optimal performance and extends the lifespan of your appliance.

1. **Unplug and Cool:** Always unplug the air fryer from the power outlet and allow it to cool completely before cleaning.
2. **Clean Basket and Grill Plate:** The cooking basket and grill plate have a non-stick coating, making them easy to clean. Wash them with warm soapy water and a non-abrasive sponge. Rinse thoroughly and dry completely. They may also be dishwasher safe (check product markings for confirmation).
3. **Clean Interior:** Wipe the interior of the appliance with a damp cloth. For stubborn food residues, use a mild detergent. Do not use abrasive cleaners or metal scouring pads.
4. **Clean Exterior:** Wipe the exterior of the air fryer with a soft, damp cloth.
5. **Storage:** Store the appliance in a dry place when not in use.

8. TROUBLESHOOTING

If you encounter issues with your air fryer, refer to the following common problems and solutions.

Problem	Possible Cause	Solution
Appliance does not turn on.	Not plugged in; Power outlet malfunction; Appliance malfunction.	Ensure the power cord is securely plugged into a working outlet. Check the circuit breaker. If the problem persists, contact customer support.
Food is not cooked evenly.	Overcrowding the basket; Incorrect temperature/time; Food not shaken/flipped.	Do not overcrowd the basket; cook in smaller batches if necessary. Adjust temperature and time according to recipe. While dual resistance reduces the need, some foods may still benefit from shaking or flipping halfway through.
White smoke coming from the appliance.	Grease residue from previous use; Fatty food cooking.	Clean the basket and interior thoroughly after each use. For fatty foods, place a small amount of water in the bottom of the outer pan to prevent smoke.
Food is not crispy.	Too much moisture in food; Not enough oil (for some recipes); Overcrowding.	Pat food dry before cooking. Lightly brush or spray food with oil for crispier results. Ensure the basket is not overcrowded.

9. SPECIFICATIONS

- **Brand:** Fischer
- **Model:** 37005-104678
- **Name:** AIR FRYER DUAL GRILL 6L
- **Color:** Black
- **Capacity:** 6 Liters
- **Voltage:** 220 Volts
- **Power:** Up to 2600W
- **Temperature Range:** 60°C to 200°C
- **Timer:** Up to 60 minutes with auto-shutoff
- **Material:** Polypropylene (PP)
- **Product Dimensions:** 51 x 42.5 x 19.5 cm
- **Special Features:** Dual zone functionalities, Programmable, Dual Resistance (Superior and Inferior)
- **Inmetro Registration:** BRA25/00171

10. WARRANTY AND SUPPORT

This product includes a manufacturer's warranty. For detailed information regarding the warranty period and terms, please refer to the warranty card included with your purchase or contact Fischer customer support. Extended warranty options may be available for purchase, offering additional coverage for 12 or 24 months against failures and defects. For technical assistance, spare parts, or any inquiries, please contact the official Fischer customer service. Contact

information can typically be found on the manufacturer's website or in the documentation provided with the product.