

TOOBUR DR05

TOOBUR Smart Watch DR05 User Manual

Comprehensive instructions for your TOOBUR DR05 Smart Watch, including setup, operation, maintenance, and specifications.

INTRODUCTION


This manual provides detailed instructions for the TOOBUR DR05 Smart Watch. Please read this manual carefully before using your device to ensure proper operation and to maximize its features. The TOOBUR DR05 is designed to enhance your daily life with fitness tracking, health monitoring, and smart communication capabilities.

WHAT'S IN THE BOX

Upon opening your TOOBUR DR05 Smart Watch package, you should find the following items:

- TOOBUR DR05 Smart Watch (Rose Gold with mesh metal band)
- Charging Cable
- User Guide
- Additional Silicone Sports Band

 Attention

 Size Details

 Packaging Details

Packaging Details



Image: Packaging details showing the TOOBUR DR05 Smart Watch, charging cable, user guide, and an additional silicone band.

SETUP

1. Initial Charging

Before first use, charge the TOOBUR DR05 Smart Watch for at least 1 hour. If the battery is completely drained, charge for at least 30 minutes before attempting to power it on.



Image: The TOOBUR DR05 Smart Watch connected to its magnetic charging cable, illustrating the charging process.

2. App Installation and Bluetooth Connection

1. Download the "Veryfit App" from your smartphone's app store (compatible with Android 8.0+ and iOS

13.0+).

2. Open the Veryfit App and follow the on-screen instructions to pair your TOOBUR DR05 Smart Watch via Bluetooth 5.3.
3. Ensure the Veryfit App is running in the background and Bluetooth is connected on both your phone and the watch to receive phone notifications and sync activity data.
4. For answering and making calls, a separate Bluetooth connection to the phone is required. Follow the app's instructions to enable this feature.



Image: The TOOBUR DR05 Smart Watch positioned between an Android smartphone and an iPhone, demonstrating its compatibility with both Android and iOS devices.

OPERATING INSTRUCTIONS

Navigation and Display

The TOOBUR DR05 features a 1.27-inch HD touchscreen display (450 nits brightness, 401 ppi). Swipe across the screen to navigate through various functions and menus. Press the side button to return to the home screen or access specific features.

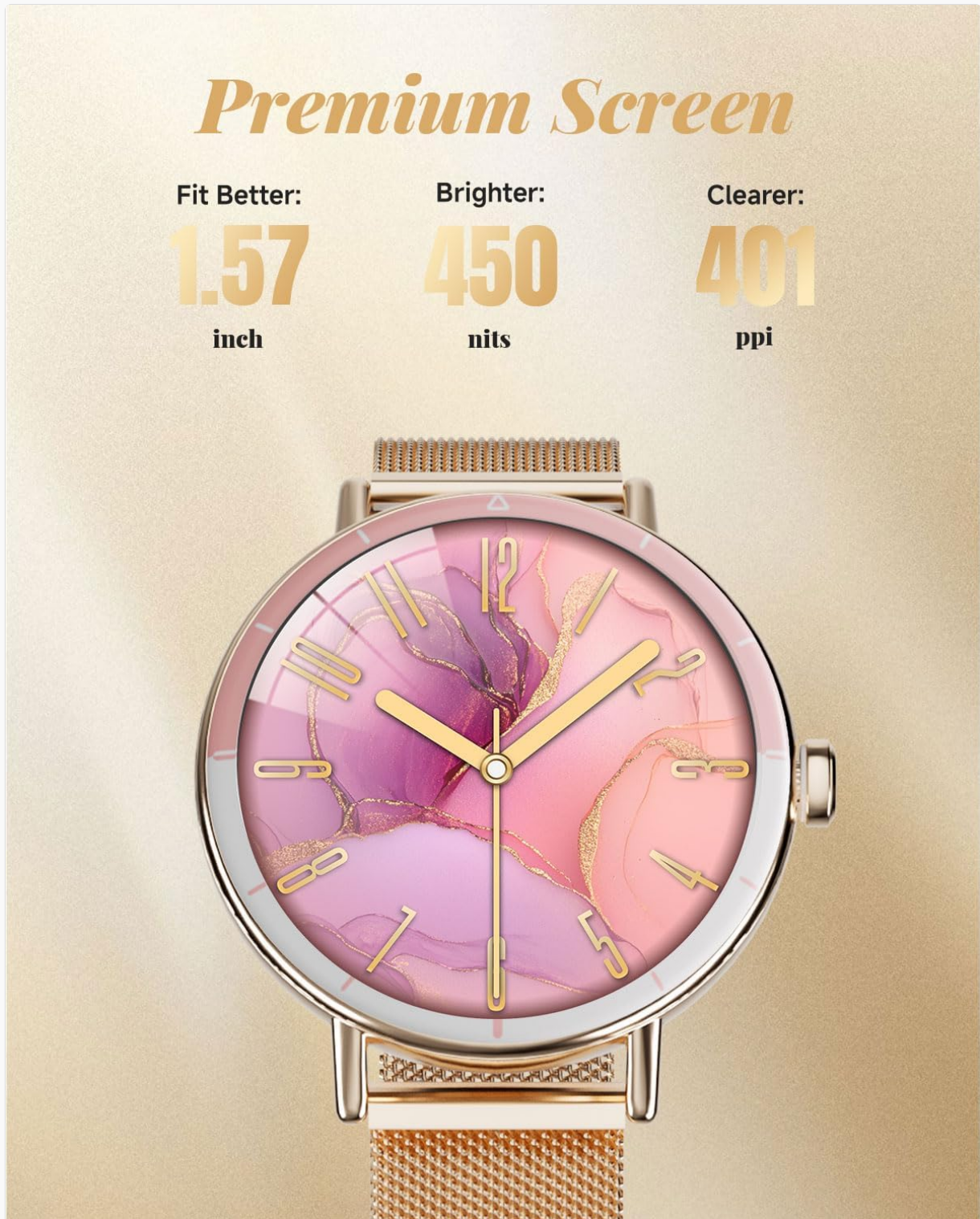


Image: A detailed view of the TOOBUR DR05 Smart Watch's premium HD screen, highlighting its clarity and vibrant display.

Communication Features

- **Answer/Make Calls:** Once connected via Bluetooth, you can answer incoming calls directly from your watch or dial out using the watch interface.
- **Message Notifications:** Receive notifications from popular apps directly on your watch screen. Ensure the Veryfit App is running in the background for this feature.

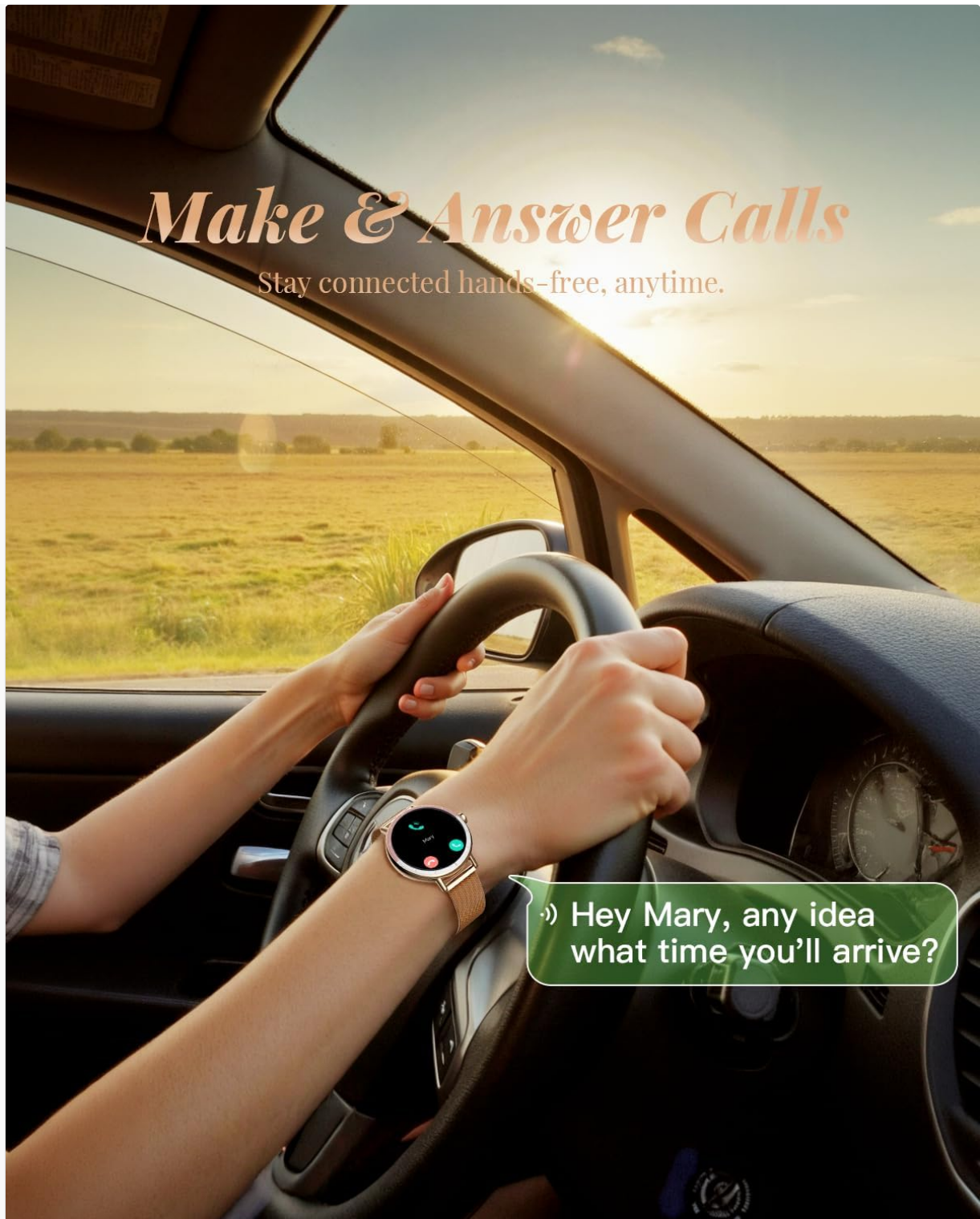


Image: A user wearing the TOOBUR DR05 Smart Watch while driving, demonstrating the ability to receive and manage calls hands-free.

Health Monitoring

- **Heart Rate Monitoring:** The watch continuously monitors your heart rate, providing data to help you manage your workout intensity and overall health.
- **Blood Oxygen (SpO2) Monitoring:** Real-time SpO2 monitoring assists in optimizing your workout pace and understanding your body's oxygen levels.
- **Sleep Tracking:** Records your entire sleep process, including light sleep, deep sleep, REM, and awake times, with detailed data and charts in the app to help improve sleep quality.
- **Stress Monitoring:** Tracks your stress levels throughout the day.
- **Female Period Management:** Provides features to track and predict menstrual cycles for smarter health management.

Sleep Tracking

Sleep smarter, wake refreshed.



Image: The TOOBUR DR05 Smart Watch displaying sleep tracking data, illustrating its capability to monitor sleep patterns.

Fitness Tracking

- **100+ Sports Modes:** Built-in tracking for a wide variety of sports activities. Select your activity to record specific metrics.
- **Daily Activity Monitoring:** Meticulously records steps, calories burned, and exercise time.
- **Running Training Courses:** Access built-in running programs to guide your workouts and improve performance.

Fitness Partner

Built-in 100+ sports modes.

 **Steps: 15780**

 **Heart Rate: 175 bpm**

 **Calorie: 497 kcal**



Extra Silicone Band Included

Image: A woman engaged in tennis, wearing the TOOBUR DR05 Smart Watch, which shows various fitness tracking metrics.

Other Features

The TOOBUR DR05 Smart Watch includes additional functionalities for convenience:

- Weather updates
- Music control
- Remote camera control
- Alarm clock
- Timer
- Calendar
- Calculator

- Breathing exercises
- Mini games

Customization

Choose from over 100 watch faces available to personalize your device. You can also customize the watch face with your own photos or images via the Veryfit App.



Image: A visual representation of the 100+ watch faces available for the TOOBUR DR05 Smart Watch, highlighting customization.

MAINTENANCE

Battery Life and Charging

The TOOBUR DR05 Smart Watch is equipped with a high-capacity battery, offering up to 7-10 days of standard battery life. A full charge typically takes 2 hours. Battery life may vary based on usage habits and settings.

Water Resistance

The watch has an IP68 waterproof rating, meaning it can handle daily water resistance and sports-grade waterproofing. It is suitable for activities like hand washing, rain, and shallow water sports. However, it is not recommended for swimming or diving, especially in hot water or steam environments, as this may affect its waterproof integrity.

TROUBLESHOOTING

- **Bluetooth Connection Issues:** If the connection repeatedly disconnects, try restarting the watch and your phone's Bluetooth.
- **Notifications Not Received:** Ensure the Veryfit App is running in the background on your phone and that Bluetooth is actively connected between the watch and the app. Check your phone's notification settings to ensure the app has necessary permissions.
- **General Malfunctions:** For detailed function introductions and precautions, refer to the documents available within the Veryfit App. If issues persist, contact customer support.

SPECIFICATIONS

Feature	Detail
Model Number	DR05
Product Dimensions	9.65 x 1.42 x 0.35 inches
Item Weight	2.12 ounces (60 Grams)
Screen Size	1.27 Inches
Display Type	HD Touchscreen
Battery Capacity	290 Milliamp Hours (Lithium Ion)
Battery Life	Up to 7-10 days (standard use)
Connectivity	Bluetooth 5.3
Operating System Compatibility	Android 8.0+ / iOS 13.0+
Waterproof Rating	IP68

Memory Storage Capacity	150 MB
RAM Memory Installed Size	150 MB
Special Features	Bluetooth Make/Answer Calls, iOS & Android Compatible, Display Notifications, Heart Rate Monitoring, Sleep Tracker, Step/Calorie Counter, Activity Tracker, 100 Sport Modes, IP68 Waterproof, Find My Phone, Stress Monitoring, Female Period Management.

WARRANTY AND SUPPORT

For information regarding product warranty, returns, or technical support, please refer to the official TOOBUR website or contact the seller directly. Specific warranty details are typically provided with your purchase documentation.