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› JOVS Toning Shorts Instruction Manual - Model 01.02.00.0494

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JOVS Toning Shorts Instruction Manual

Model: 01.02.00.0494

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|------------------------------|-----------------------------|--|-----------------------|--|--|
| Instructions | Maintenance | Overview Troubleshooting | Setup | Operating Specifications | Warranty & Support |
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1. PRODUCT OVERVIEW

The JOVS Toning Shorts are designed to assist in hip shaping and pelvic floor muscle lifting through advanced technology. These shorts feature dual modes for targeted muscle activation and offer multiple adjustable intensity levels.



Image 1: User adjusting the remote control on the JOVS Toning Shorts while seated.

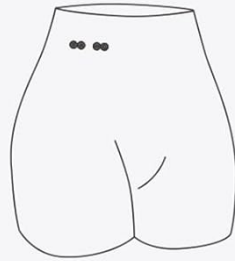
Key Features:

- **Dual Modes:** Specifically designed for both hip shaping and pelvic floor muscle activation.
- **Efficient Muscle Activation:** A 20-minute session is equivalent to 30,000 Kegel exercises, promoting deep muscle activation.
- **Smart & Safe Technology:** Incorporates advanced technology for effective and secure use.
- **Advanced Design:** Engineered for superior results in muscle toning and shaping.

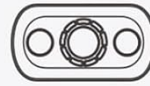
2. SETUP GUIDE

2.1 What's in the Box:

What's in the Box



1× Super Membrane Shaping Pants



1× Remote Control



1× TYPE-C Charging Cable

Quick Guide

- ① JOVS EMS-Toning Super Membrane Shaping Pants
- ② Magnetic Snap: Easy attachment of the remote
- ③ Control Buttons
- ④ "+" Increase Intensity
- ⑤ "-" Decrease Intensity
- ⑥ Blue Light: Intensity indicator
- ⑦ White Light: Mode indicator
- ⑧ type-c charging port
- ⑨ Power Button: Long Press: Power On/ Off /Short Press: Switch Modes
- ⑩ Conductive Electrode Area: Targets core muscles precisely"

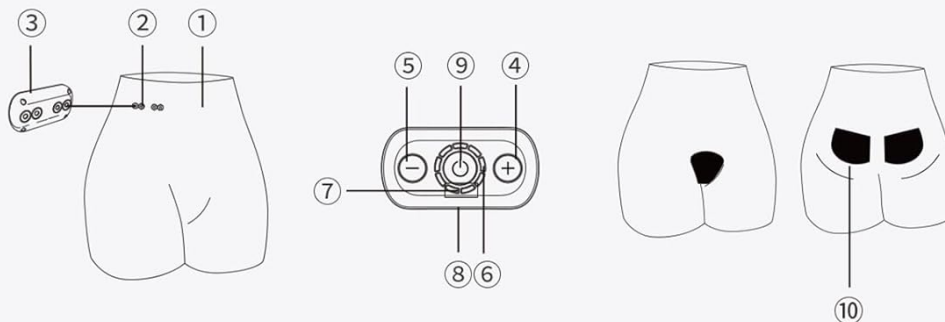


Image 2: Contents of the JOVS Toning Shorts package, including the shorts, remote, and charging cable.

- 1x JOVS EMS-Toning Super Membrane Shaping Pants
- 1x Remote Control (with magnetic snap for easy attachment)
- 1x Type-C Charging Cable

2.2 Charging the Remote Control:

1. Locate the Type-C charging port on the remote control.
2. Connect the provided Type-C charging cable to the remote control and a suitable USB power source.
3. The indicator light on the remote will show charging status. Ensure the remote is fully charged before first use.



Image 3: Detail of the remote control and its charging port.

3. OPERATING INSTRUCTIONS

1. Step 1: Prepare Your Body

Clean and dry your body and intimate areas before wearing the shorts. This ensures optimal conductivity and hygiene.

2. Step 2: Wear the Shorts

Wear the Super Membrane Pants. Align the remote control with the magnetic position on the shorts, ensuring the charging port faces down.

3. Step 3: Power On

Press and hold the power button on the remote control for 2 seconds to power on. The device will enter standby mode, indicated by both the hip and intimate care mode lights staying on.

4. Step 4: Start Working Mode

In standby mode, press the power button once to initiate the working mode. The device will default to level 1.

5. Step 5: Adjust Intensity and Switch Modes

In working mode, press the power button once to switch between modes (Hip Shaping Mode and Intimate Care Mode). When the mode light blinks, use the '+' or '-' buttons to adjust the intensity level (7 levels in total). The selected intensity will lock after 5 seconds.

6. Step 6: Session Completion

After 20 minutes, the device will automatically turn off.

7. Step 7: Remove and Clean

Remove the remote control from the shorts. Proceed to the maintenance steps for cleaning.



Image 4: User demonstrating an exercise while wearing the JOVS Toning Shorts.



Image 5: User relaxing while wearing the JOVS Toning Shorts, highlighting ease of use during daily routines.

4. MAINTENANCE

4.1 Cleaning the Shorts:

- Always remove the remote control before cleaning the shorts.
- The shorts are **Hand Wash Only**.
- Wash gently by hand for 3-5 minutes.
- Ensure water temperature does not exceed 40°C (104°F).
- Wring out until damp, then air dry naturally. Do not machine wash, tumble dry, iron, or dry clean.

4.2 Storing the Device:

- Store the shorts and remote control in a cool, dry place away from direct sunlight.

- Keep out of reach of children.

5. TROUBLESHOOTING

| Problem | Possible Cause | Solution |
|--|---|--|
| Device does not power on. | Low battery on remote control. | Charge the remote control using the provided Type-C cable. |
| No sensation or weak sensation during use. | <ol style="list-style-type: none"> 1. Shorts or skin are not sufficiently dry. 2. Remote control not properly attached. 3. Intensity level is too low. | <ol style="list-style-type: none"> 1. Ensure skin and shorts are completely dry before use. 2. Re-attach the remote control, ensuring a secure magnetic connection. 3. Increase the intensity level using the '+' button. |
| Device turns off unexpectedly. | Session completed (20 minutes). | This is normal operation. If it turns off before 20 minutes, ensure the remote is securely attached and fully charged. |

If you experience any issues not listed here, please contact customer support.

6. PRODUCT SPECIFICATIONS

| Feature | Detail |
|--------------------|--|
| Model Number | 01.02.00.0494 |
| Modes | Dual (Hip Shaping, Pelvic Floor Lifting) |
| Intensity Levels | 7 Adjustable Levels |
| Session Duration | 20 minutes (auto-off) |
| Fabric Composition | 75% Nylon, 25% Spandex |
| Care Instructions | Hand Wash Only |
| Package Dimensions | 7.56 x 7.56 x 3.82 inches |
| Item Weight | 1.28 Pounds |

7. WARRANTY & SUPPORT

7.1 Warranty Information:

The JOVS Toning Shorts come with a standard manufacturer's warranty. Please refer to the warranty card included in your package for specific terms and conditions, including coverage duration and claim procedures.

7.2 Customer Support:

For product inquiries, technical assistance, or warranty claims, please contact JOVS customer support through the following channels:

- **Website:** Visit the official JOVS website for FAQs and support resources.
- **Email:** Refer to your product packaging or warranty card for customer service email address.
- **Phone:** Refer to your product packaging or warranty card for customer service phone number.

Please have your model number (01.02.00.0494) and purchase date ready when contacting support.