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› Pinmoco Ergonomic Cross-Legged Office Chair Instruction Manual

Pinmoco B0FFTCRFDW

Pinmoco Ergonomic Cross-Legged Office Chair

Model: B0FFTCRFDW

Brand: Pinmoco

1. INTRODUCTION

Thank you for choosing the Pinmoco Ergonomic Cross-Legged Office Chair. This chair is designed to provide versatile and comfortable seating options for various activities, including office work, meditation, and yoga. Its unique two-layer design allows for multiple sitting postures, such as cross-legged, squatting, and kneeling, while offering excellent back support and adjustability.

This manual provides essential information for the proper assembly, operation, maintenance, and troubleshooting of your new chair. Please read it thoroughly before use to ensure safe and optimal performance.



Figure 1.1: The Pinmoco Ergonomic Cross-Legged Office Chair in a typical office environment, showcasing its unique design with two seating levels and a backrest.

2. IMPORTANT SAFETY INFORMATION

To ensure your safety and prolong the life of your chair, please adhere to the following guidelines:

- Always ensure the chair is fully assembled and all components are securely fastened before use.
- Be cautious when adjusting the height or swiveling the chair to prevent tipping or loss of balance.
- Use the chair in a manner that is comfortable and safe for your body, avoiding any postures that may cause strain or injury.
- Place the chair on a stable, level surface. Avoid using it on uneven or slippery floors.
- Do not exceed the maximum weight capacity of 330 lbs (150 kg).
- Keep hands and fingers clear of moving parts during adjustment.
- Do not stand on the chair.

3. PACKAGE CONTENTS

Upon opening the package, please verify that all components are present and undamaged. If any parts are missing or damaged, please contact customer support immediately.

While specific component names may vary, a typical package for this chair includes:

- Backrest Cushion
- Upper Seat Cushion
- Lower Foot Pad/Seat Cushion
- Chair Base with Casters (for upper seat)
- Foot Pad Base with Casters (for lower foot pad)
- Gas Lift Cylinder
- Assembly Hardware (screws, washers, Allen wrench)
- Instruction Manual

4. ASSEMBLY INSTRUCTIONS

The Pinmoco Ergonomic Cross-Legged Office Chair is designed for easy assembly. It is recommended to assemble the chair on a soft, clean surface to prevent scratches. Please follow the step-by-step instructions provided in the included assembly booklet.

General Assembly Steps:

1. Attach the casters to the chair bases.
2. Insert the gas lift cylinder into the central hole of the upper chair base.
3. Secure the backrest to the upper seat cushion using the provided hardware.
4. Attach the upper seat cushion assembly to the gas lift cylinder.
5. Assemble the lower foot pad to its dedicated base using the provided hardware.
6. Ensure all screws are tightened securely, but do not overtighten.

Assembly typically takes approximately 20 minutes. If you encounter any difficulties, refer to the detailed diagrams in your assembly booklet or contact customer support.

5. OPERATING INSTRUCTIONS

5.1. Height Adjustment

The upper seat cushion's height can be easily adjusted to suit your preference and desk height. Locate the adjustment lever, typically found under the right side of the upper seat. To raise the seat, lift the lever while taking your weight off the chair. To lower the seat, lift the lever while seated.



Figure 5.1: Illustration of the chair's height adjustment feature, highlighting the range of vertical movement for the upper seat.

5.2. 360° Rotation

Both the upper seat and the lower foot pad are designed with 360° swivel capabilities, allowing for effortless mobility and flexibility within your workspace. Simply apply gentle pressure to rotate the desired section.



Figure 5.2: Demonstration of the chair's 360-degree rotation feature, emphasizing the smooth movement provided by the casters and adjustable components.

5.3. Utilizing Sitting Positions

The unique two-tier design of this chair accommodates various sitting postures to enhance comfort and flexibility:

- **Cross-Legged Sitting:** Sit on the upper cushion and place your crossed legs comfortably on the lower foot pad.
- **Kneel Sitting:** Position yourself with your knees on the lower foot pad and your shins resting against the upper cushion.
- **Normal Sitting:** Use the upper cushion as a standard seat, with your feet on the floor or a footrest.
- **Reclining Seat:** Lean back against the curved backrest for support while adjusting your leg position on the lower pad or floor.

The wide arc-shaped backrest provides comfortable support for your back in all positions.

Activate Your Various Sitting Positions



**kneel
Sitting**



**Sit
Cross
-Legged**



**Reclining
Seat**



**Normal
Sitting**

Figure 5.3: Visual guide to various sitting postures supported by the chair, including cross-legged, kneeling, reclining, and standard sitting.



Figure 5.4: The chair's design facilitates comfortable meditation postures, allowing users to sit cross-legged with ease.

6. MAINTENANCE AND CARE

Regular maintenance will help keep your Pinmoco chair in excellent condition.

- **Cleaning:** The teddy fabric is soft and skin-friendly. For general cleaning, gently wipe the fabric with a soft, damp cloth. For tougher spots, use a mild fabric cleaner and blot dry. Avoid harsh chemicals or abrasive cleaners.
- **Casters:** Periodically check the casters for any accumulated hair or debris that might hinder smooth movement. Clean them as needed.
- **Hardware:** Every few months, check all screws and bolts to ensure they remain tight. Retighten if necessary to maintain stability.
- **General Care:** Avoid exposing the chair to direct sunlight for prolonged periods, as this may cause fading of the fabric. Keep the chair away from excessive moisture.

7. TROUBLESHOOTING

If you encounter any issues with your Pinmoco chair, please refer to the following common solutions:

Problem	Possible Cause	Solution
Chair feels unstable or wobbly	Loose assembly hardware	Check and tighten all screws and bolts. Ensure components are correctly aligned.
Difficulty adjusting height	Gas lift issue or obstruction	Ensure the lever is fully engaged. Check for any obstructions around the gas lift cylinder. If the issue persists, the gas lift may need replacement.
Casters not rolling smoothly	Debris in casters or damaged wheels	Remove any hair or debris from the caster wheels. If wheels are damaged, consider replacing them.
Missing parts or bent components upon arrival	Shipping damage or packaging error	Do not attempt to force assembly. Contact Pinmoco customer support immediately for parts replacement or service.

If the problem persists after attempting these solutions, please contact Pinmoco customer support for further assistance.

8. PRODUCT SPECIFICATIONS

Detailed specifications for your Pinmoco Ergonomic Cross-Legged Office Chair:

- **Brand:** Pinmoco
- **Model:** B0FFTCRFDW
- **Color:** Green
- **Material:** Teddy Fabric, High-Density Memory Sponge
- **Style:** Modern, Contemporary
- **Shape:** L-Shaped (referring to the overall structure with two seating levels)
- **Leg Style:** Straight
- **Maximum Weight Capacity:** 330 lbs (150 kg)
- **Rotation:** 360° Swivel (both upper seat and lower foot pad)
- **Height Adjustment:** Yes, for upper seat
- **Casters:** 5 durable casters suitable for various floor types
- **Item Weight:** Approximately 26.2 pounds
- **Package Dimensions:** Approximately 27.95 x 16.93 x 9.06 inches
- **Date First Available:** July 28, 2025

Product Size

INCH

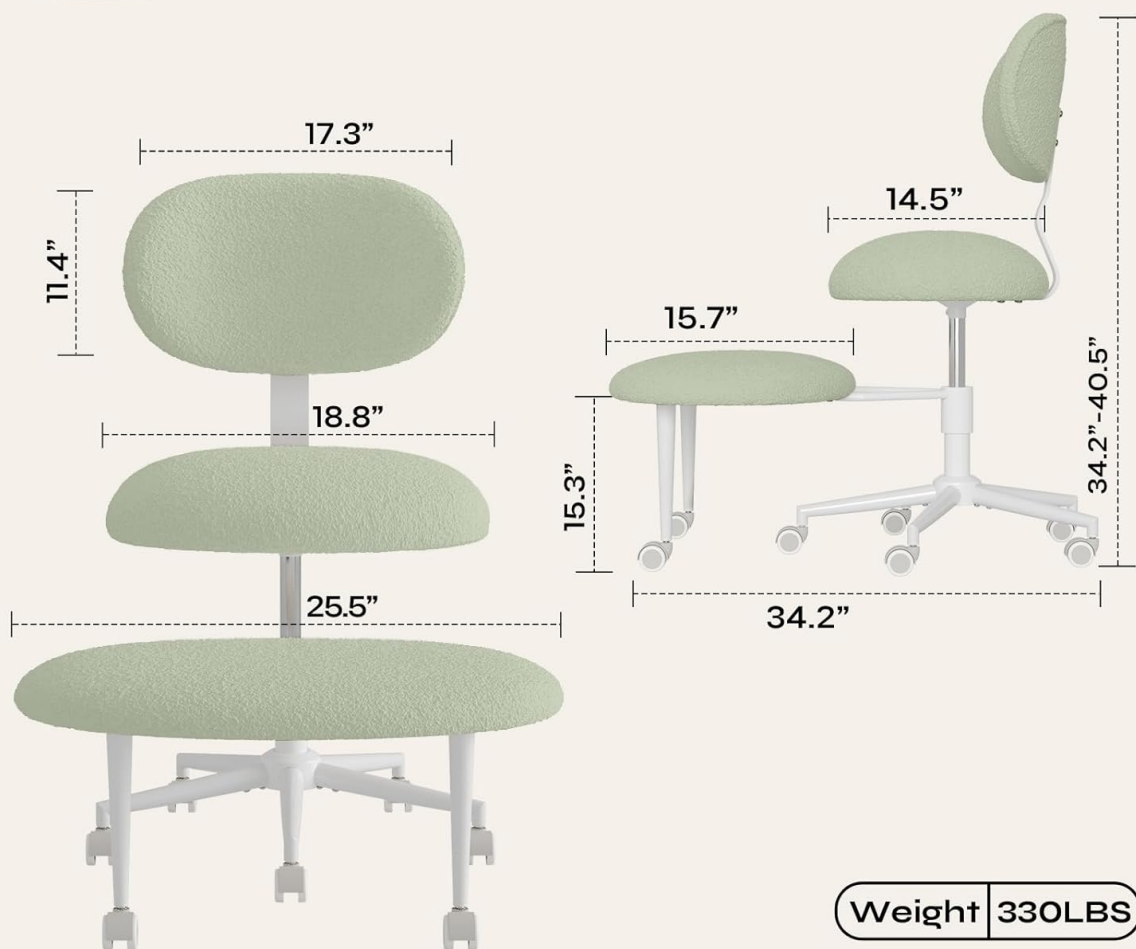


Figure 8.1: Detailed dimensions of the chair, providing measurements for various components.

9. WARRANTY AND SUPPORT

Pinmoco is committed to providing high-quality products and customer satisfaction. While specific warranty terms are not detailed in this manual, we offer support for our products.

If you encounter any issues such as missing parts, a bent bar, or require service for your chair, please contact Pinmoco customer support directly. We are dedicated to providing parts replacement or upgrade services to ensure your satisfaction.

For support, please visit the Pinmoco Store on Amazon or use the contact information provided with your purchase documentation.

Pinmoco Direct Store Link: [Visit the Pinmoco Store](#)