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Puqo T80

Puqo T80 Smart Watch User Manual

Model: T80 | Brand: Puqo

INTRODUCTION

Welcome to your new Puqo T80 Smart Watch. This manual provides detailed instructions on how to set up, operate, and maintain your device. Please read this manual thoroughly to ensure proper use and to fully utilize all features of your smart watch.

PACKAGE CONTENTS

Before you begin, please verify that all items are present in your package:

- Smart watch x 1
- Magnetic charger x 1
- User manual x 1



Image: Illustration of the Puqo T80 Smart Watch and its included accessories.

GETTING STARTED

1. Charging the Smart Watch

Before first use, fully charge your smart watch. Connect the magnetic charger to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer's USB port. A full charge typically takes about 2 hours.



Image: The Puqo T80 Smart Watch connected to its magnetic charger.

2. App Installation and Pairing

To unlock the full potential of your smart watch, download and install the "Gloryfit" app on your smartphone. The app is compatible with iOS 9.0 and above, and Android 5.0 and above.

1. Scan the QR code in the manual or search for "Gloryfit" in your phone's app store (Apple App Store or Google Play Store).
2. Install the app and open it.
3. Follow the on-screen instructions to create an account or log in.
4. In the app, navigate to the device section and select "Add Device".
5. Your phone will search for nearby Bluetooth devices. Select "T80" from the list to pair.
6. Confirm the pairing request on both your phone and the smart watch.

Ensure Bluetooth is enabled on your smartphone during the pairing process.

OPERATING INSTRUCTIONS

Basic Navigation

- **Touch Screen:** Swipe left, right, up, or down to navigate through menus and functions. Tap to select.
- **Side Button:** Press to wake the screen, return to the home screen, or access the main menu.



Image: The 1.95-inch HD touch screen of the Puqo T80 Smart Watch showing different customizable watch faces.

Bluetooth Calls and Notifications

The T80 Smart Watch allows you to make and receive calls directly from your wrist and receive notifications from your smartphone.

- **Making Calls:** Access the dial pad or contacts list on your watch to initiate a call.
- **Receiving Calls:** When a call comes in, you can answer or reject it directly from the watch screen.
- **Notifications:** Ensure app notifications are enabled in the "Gloryfit" app settings. The watch will vibrate and

display incoming messages from apps like Facebook, WhatsApp, Instagram, and Twitter.



Image: A user interacting with the smart watch to manage Bluetooth calls and view message reminders.

Health Monitoring

The T80 Smart Watch features advanced sensors for continuous health tracking.

- **Heart Rate Monitoring:** The watch monitors your heart rate 24/7. View real-time data on the watch or detailed historical data in the "Gloryfit" app.
- **Sleep Tracking:** The watch automatically tracks your sleep patterns, including deep sleep, light sleep, and awake times. Access comprehensive sleep analysis in the app to understand your sleep quality.

1.95" HD Display & Customize Watch Faces

With over 100 watch faces built into the GloryFit app, you can choose from a wide range of options to suit your style.



Image: The smart watch displaying heart rate and sleep tracking features.

Sports Modes

With over 110 sports modes, your T80 Smart Watch can track a wide range of physical activities.

- **Selecting a Mode:** Swipe to the sports menu on your watch and select your desired activity (e.g., running, cycling, swimming).
- **Tracking:** The watch will record data such as duration, calories burned, and heart rate during your workout.
- **Reviewing Data:** Sync with the "Gloryfit" app to view detailed statistics and progress over time.



Image: The smart watch interface showing a selection of over 110 sports modes, with examples of activities like skiing, yoga, and basketball.

Other Functions

- **Music Control:** Control music playback on your smartphone directly from your watch (play, pause, skip tracks, adjust volume).
- **Camera Control:** Use your watch as a remote shutter button for your smartphone camera.
- **Weather Display:** View current weather conditions and forecasts.
- **Alarm:** Set alarms directly on the watch or through the app.
- **Sedentary Reminder:** Receive alerts to move if you've been inactive for too long.
- **Brightness Adjustment:** Adjust screen brightness for optimal viewing in various conditions.

MAINTENANCE AND CARE

Water Resistance (IP68)

The Puqo T80 Smart Watch is IP68 waterproof, meaning it is resistant to dust and can withstand immersion in water

up to 1.5 meters for 30 minutes. It is suitable for daily activities such as washing hands, exercising in the rain, and shallow swimming.

Important Note: Do not use the watch in hot water, saunas, or for prolonged immersion. Exposure to hot water or steam can compromise the waterproof seals and affect the device's longevity.

IP68 Waterproof



Raining



Bathe



Sweat



Rinse

Image: The smart watch demonstrating its IP68 water resistance, suitable for various daily water exposures.

Cleaning

To keep your watch in optimal condition, clean it regularly. Wipe the screen and strap with a soft, damp cloth. Avoid using harsh chemicals or abrasive materials.

TROUBLESHOOTING

Problem	Solution
Watch does not turn on.	Ensure the watch is fully charged. Connect it to the magnetic charger for at least 30 minutes.

Problem	Solution
Cannot pair with smartphone.	<ul style="list-style-type: none"> ◦ Ensure Bluetooth is enabled on your phone. ◦ Make sure the watch is within range of your phone. ◦ Restart both the watch and your phone. ◦ Forget the device in your phone's Bluetooth settings and try pairing again through the "Gloryfit" app.
Notifications are not received.	<ul style="list-style-type: none"> ◦ Check if notifications are enabled for the "Gloryfit" app in your phone's settings. ◦ Ensure app notifications are enabled within the "Gloryfit" app itself. ◦ Verify the watch is connected via Bluetooth.
Inaccurate health data.	Ensure the watch is worn snugly on your wrist, not too tight or too loose. Clean the sensor on the back of the watch.

SPECIFICATIONS

Feature	Detail
Model Name	T80
Brand	Puqo
Screen Size	1.95 Inches
Connectivity Technology	Bluetooth 5.4
Operating System Compatibility	Android 5.0 or above, iOS 9.0 or above
Water Resistance	IP68
Battery Life (Average Usage)	5-7 days
Standby Time	Up to 30 days
Charging Time	Approximately 2 hours
Special Features	1.95" Full Touch Screen, 110+ Sports Modes, Bluetooth Call, Voice Assistant, Heart Rate Monitor, Sleep Monitor, Smart Notifications, Music Control, Camera Control, Weather Display, Alarm, Sedentary Reminder.

OFFICIAL PRODUCT VIDEO

Your browser does not support the video tag.

Video: An overview of the Puqo T80 Smart Watch features, including its display, call functions, sports modes, and health tracking capabilities.

WARRANTY AND SUPPORT

Puqo is committed to providing quality products and excellent customer service. If you encounter any issues or have questions regarding your T80 Smart Watch, please refer to the following:

- **Warranty:** The product comes with a standard manufacturer's warranty. Please refer to the warranty card included in your package for specific terms and conditions.
- **Customer Support:** For technical assistance or support, please contact Puqo customer service. Contact information can typically be found on the product packaging or the official Puqo website.