

[Manuals.plus](#) /

› [EGQINR](#) /

› EGQINR DS02 Smart Bracelet User Manual - Activity & Health Tracker

EGQINR DS02

EGQINR DS02 Smart Bracelet User Manual

Model: DS02 | Brand: EGQINR

INTRODUCTION

The EGQINR DS02 Smart Bracelet is a versatile wearable device designed to help you monitor your health and track your fitness activities. It offers continuous monitoring of vital signs, comprehensive sleep analysis, and support for a wide range of sports, all managed through a dedicated mobile application.

WHAT'S IN THE BOX

- 1 x EGQINR DS02 Jewelry Smart Bracelet
- 1 x Instruction Manual
- 1 x Magnetic Charging Cable
- 1 x Gift Packaging
- 2 x Replacement Straps (one brushed stainless steel, one hypoallergenic silicone)

SETUP

1. Charging the Smart Bracelet

Before initial use, fully charge your smart bracelet. The device uses a magnetic charging cable for convenience.

1ATM Waterproof



55mAh
Long-lasting Battery

7 Days
Daily Use Time

20 Days
Standby Mode

2 Hours
Charging Time

Image: The EGQINR DS02 Smart Bracelet connected to its magnetic charging cable, illustrating the charging process. Connect the magnetic end of the charging cable to the charging points on the back of the bracelet. Plug the USB end into a compatible USB power adapter (not included). A full charge typically takes approximately 2 hours and provides 5-7 days of continuous operation or 20-30 days in regular use.

2. Downloading the Companion App

The EGQINR DS02 Smart Bracelet requires the 'QWatch Pro' app for full functionality. Scan the QR code provided in the manual or search for 'QWatch Pro' in your device's app store (compatible with iOS 10.0+ and Android 5.0+).

Long Battery Life

55mAh battery, fast charging,
stays with you for a long time
Compatible with most smartphones



Android 5.0+



iOS 10.0+

7 Days
Normal Use

2 Hours
Fast Charge

Strong
magnetic
adsorption
charging



Image: A visual guide demonstrating how to connect the smart bracelet to your phone via the QWatch Pro app, including scanning a QR code and enabling Bluetooth.

You can also visit the official QWatch Pro website for more information: [QWatch Pro Official Website](#)

3. Pairing with Your Smartphone

1. Ensure Bluetooth is enabled on your smartphone.
2. Open the 'QWatch Pro' app.
3. Navigate to the 'Device' interface within the app.
4. Tap 'Add Device' at the top and select 'DS02' from the list to connect.
5. Once connected, the app will display the bracelet's battery level, confirming a successful connection.

OPERATING THE DEVICE

Health Monitoring

The EGQINR DS02 Smart Bracelet provides continuous and accurate health monitoring throughout the day and night.

- **Heart Rate:** Continuously monitors your heart rate.
- **Blood Pressure:** Tracks your blood pressure levels.
- **Blood Oxygen (SpO2):** Measures your blood oxygen saturation.
- **Stress & HRV:** Monitors stress levels and Heart Rate Variability.
- **Sleep Tracking:** Analyzes sleep patterns, including deep sleep, light sleep, and wake-up times, for both day and night sleep.



Image: The smart bracelet's capability for 24/7 accurate health monitoring, showing real-time data for heart rate, blood pressure, blood oxygen, HRV, and stress.

24-hour Accurate Health Tracker

All day health monitoring, allowing you to enjoy every moment with peace of mind

- Heart Rate
- Blood Pressure
- Blood Oxygen
- Stress

Image: Illustration of the all-day sleep monitoring feature, providing insights into sleep duration, deep sleep, light sleep, and awake time.

Activity Tracking

Track your daily activities and workouts with precision.

- **All-Day Activity:** Monitors steps, distance, and calories burned.
- **170+ Sports Modes:** Supports various activities including skipping, swimming, yoga, basketball, and more.
- **GPS Modes:** Features 3 dedicated GPS modes for outdoor walking, running, and cycling, allowing real-time trajectory viewing on the app map.

24/7 Activity Tracking

170+ Sports Modes, Feature 3GPS Sports Modes

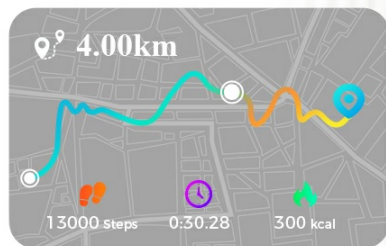


Image: The smart bracelet's 24/7 activity tracking capabilities, highlighting over 170 sports modes and GPS tracking for outdoor activities.

Smart Features

Enhance your daily life with convenient smart functions.

- **Notifications:** Receive vibration reminders for incoming calls, messages, and app notifications (e.g., WhatsApp, Facebook). Note: The smart bracelet does not support viewing or replying to messages.
- **Sedentary Reminder:** Alerts you to move after periods of inactivity.
- **Alarm Clock:** Set silent alarms that vibrate on your wrist.
- **Find Device:** Locate your connected smartphone through the bracelet.
- **Photo Control:** Remotely control your phone's camera.
- **Apple Health Sync:** Seamlessly syncs health data with Apple Health.
- **Women's Health:** Track and record menstrual cycles.



Women Period Companion

Record your menstrual cycle, remind you in time, avoid embarrassment, and help you plan pregnancy

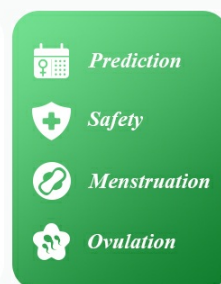


Image: The smart bracelet's notification feature, showing how it provides vibration alerts for calls, messages, and various social media apps.



Image: The Women Period Companion feature, which helps record menstrual cycles and plan for pregnancy.

Official Product Video

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Video: An official product video from the seller (YTING-US) demonstrating the EGQINR Smart Bracelet's 24-hour sleep, heart rate, blood pressure, and HRV monitoring, along with its 170+ sport modes.

MAINTENANCE

Waterproof Rating

The EGQINR DS02 Smart Bracelet has an IP68 waterproof rating, making it resistant to water splashes, sweat, and light rain. It can be worn confidently during hand washing or light water-related tasks.

- **Do NOT** wear it while swimming, showering with hot water, or in a sauna.
- Avoid prolonged submersion in water.

Image: The smart bracelet's 1ATM waterproof rating, indicating its resistance to sweat, handwashing, and rain, but advising against use in saunas or for diving.

Cleaning and Care

- Regularly clean the bracelet and charging contacts with a soft, dry cloth.
- Avoid using harsh chemicals or abrasive materials.
- Ensure the charging port is dry before charging.

TROUBLESHOOTING

- **Device not turning on:** Ensure the device is fully charged. Connect it to the magnetic charging cable and a power source.
- **Unable to pair with app:** Make sure Bluetooth is enabled on your phone and the bracelet is within range. Restart both the bracelet and your phone, then try pairing again. Ensure the 'QWatch Pro' app has necessary permissions.
- **Inaccurate readings:** Ensure the bracelet is worn snugly on your wrist, not too tight or too loose. Clean the sensors on the back of the device. Environmental factors or movement can sometimes affect accuracy.
- **Notifications not received:** Check app permissions for notifications on your phone. Ensure the 'QWatch Pro' app is running in the background and notifications are enabled within the app settings.
- **Short battery life:** Reduce the frequency of continuous monitoring features or disable unnecessary notifications to extend battery life.

SPECIFICATIONS

Feature	Detail
Model Number	DS02
Manufacturer	EGQINR
Item Weight	5.9 ounces
Battery Capacity	55 Milliamp Hours
Battery Type	1 Nonstandard Battery (included)
Connectivity Technology	Bluetooth
Wireless Communication Standard	Bluetooth
Operating System	Wear OS 3.0, Android & iOS
Memory Storage Capacity	64 MB
GPS	Via Smartphone
Special Features	Day&Night Sleep Tracker, Call Reminder, Message Notification, Heart Rate Monitor, Heart Rate Variability, Blood Pressure Monitor, Activity Tracker, Calorie Tracker, Pedometer, Camera Control, Alarm Clock

WARRANTY AND SUPPORT

For any product-related inquiries, technical support, or warranty information, please refer to the contact details provided in your product packaging or visit the official EGQINR website. Protection plans are available for purchase separately to extend coverage for your device.

- 2-Year Protection Plan
- 3-Year Protection Plan
- Complete Protect (monthly plan)

SAFETY INFORMATION

- Consult your doctor before starting any new exercise regimen or if you have pre-existing health conditions.
- The smart bracelet is not a medical device and should not be used for diagnostic or treatment purposes.
- Keep the device away from extreme temperatures and direct sunlight.
- Do not attempt to disassemble or modify the device.
- Keep out of reach of children.

