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› [LifePro](#) /

› [LifePro Foot Massager User Manual](#)

LifePro LP-VBRCP-BLK

LifePro Foot Massager User Manual

Model: LP-VBRCP-BLK

Brand: LifePro

1. IMPORTANT SAFETY INFORMATION

Please read all instructions carefully before using the LifePro Foot Massager. Keep this manual for future reference.

- May cause burns if used on injured or sensitive skin.
- Do not use if you have a blood clotting disorder or are taking blood-thinning medication.
- Consult a doctor before use if you have any medical conditions.
- Keep electrical cord away from water to prevent electrical shock.

Statements regarding dietary supplements have not been evaluated by the FDA and are not intended to diagnose, treat, cure, or prevent any disease or health condition.

2. PRODUCT OVERVIEW

The LifePro Foot Massager is designed to provide relaxing calf and foot therapy with an optional heat function. It features vibration and acupressure therapy to help alleviate foot pain, reduce stiffness, and promote blood circulation.



Figure 2.1: LifePro Foot Massager with its remote control, illustrating the heat zones and general design.

Key Features:

- 5 Massage Programs
- 30 Intensity Levels
- Heat Function
- Wireless Remote Control
- Texturized Pads with Visual Placement Design
- Non-slip Mat

3. SETUP

1. **Unboxing:** Carefully remove the foot massager and all accessories from the packaging. Ensure all components are present: the main unit, power cable, and wireless remote control.
2. **Placement:** Place the foot massager on a flat, stable surface. The included non-slip mat can be placed underneath for added stability and to reduce noise, especially on hard floors.
3. **Power Connection:** Insert the power cable into the designated port on the massager unit. Plug the other end into a standard electrical outlet.
4. **Remote Control:** Ensure the remote control has working batteries. If not, insert or replace batteries as per the instructions on the remote's battery compartment.

4. OPERATING INSTRUCTIONS

4.1 Powering On/Off

Press the power button on the unit or the remote control to turn the massager on. Press it again to turn it off.

4.2 Using the Remote Control

PERSONALIZE YOUR MASSAGE EASY-TO-USE REMOTE



**30 INTENSITY
LEVELS**



**5 MASSAGE
PROGRAMS**



HEAT FUNCTION



Figure 4.1: User operating the massager with the wireless remote control.

The wireless remote allows for convenient adjustment of settings without bending down.

- **Power Button:** Turns the unit on or off.
- **Program Selection:** Cycle through the 5 available massage programs. Each program offers a unique vibration pattern.
- **Intensity Adjustment:** Increase or decrease the vibration intensity across 30 levels to suit your comfort.
- **Heat Function:** Activate or deactivate the heat function for added soothing relief.

4.3 Usage Positions

The LifePro Foot Massager can be used in various positions to target different areas:



**RELAXING STRESS RELIEF THAT
FITS UNDER YOUR DESK**

A massage during work boosts productivity.

Figure 4.2: Using the massager under a desk for discreet relief during work.

WORKS ON CALVES

Loosen calf tightness
to reinvigorate your
lower body.



Figure 4.3: Positioning the massager to target calf muscles for relaxation.

- **Foot Massage:** Place your feet flat on the textured pads. Adjust the angle of the massager if desired for optimal comfort.
- **Calf Massage:** Tilt the massager to an upright position and rest your calves against the vibrating surface.

5. MAINTENANCE

5.1 Cleaning

- Always unplug the unit before cleaning.
- Wipe the surface of the massager with a soft, damp cloth.
- Do not use abrasive cleaners or harsh chemicals.
- Ensure no liquid enters the internal components.

5.2 Storage

- Store the massager in a cool, dry place away from direct sunlight.
- Keep it away from children and pets.
- Avoid placing heavy objects on top of the unit.

6. TROUBLESHOOTING

Problem	Possible Cause	Solution
Unit does not power on.	Power cable not properly connected; Power outlet not working; Remote control batteries dead.	Ensure power cable is securely plugged in. Test the outlet with another device. Replace remote control batteries.
No vibration or weak vibration.	Intensity level set too low; Internal malfunction.	Increase the intensity level using the remote or unit controls. If the issue persists, contact customer support.
Unit is excessively loud or making unusual noises.	Unit not on a stable surface; Internal component issue.	Ensure the unit is on a flat, stable surface, preferably with the non-slip mat. If the noise continues, discontinue use and contact customer support.
Heat function not working.	Heat function not activated; Malfunction.	Ensure the heat function is turned on via the remote or unit. Allow a few minutes for the heat to build. If still not working, contact customer support.

7. SPECIFICATIONS

Product Dimensions: 15.35 x 13 x 10.43 inches

Item Weight: 14.3 Pounds

Model Number: LP-VBRCP-BLK

Power Source: Power Cable

Material: ABS plastic housing, Ethylene Vinyl Acetate, Metal

Manufacturer: LifePro

Date First Available: December 27, 2021

8. WARRANTY AND SUPPORT

LifePro products are designed for durability and performance. This product may come with a lifetime warranty from LifePro. For specific warranty details and to register your product, please refer to the official LifePro website or contact their customer support.

Customer Support:

If you encounter any issues or have questions regarding your LifePro Foot Massager, please contact LifePro customer support directly. You can often find contact information (phone, email, or chat) on the manufacturer's official website.

For additional resources, you may also refer to the official user manual PDF available [here](#).