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TOPUTURE TP7

TOPUTURE TP7 Walking Pad Treadmill User Manual

Model: TP7

INTRODUCTION

This manual provides essential information for the safe and effective operation, maintenance, and setup of your TOPUTURE TP7 Walking Pad Treadmill. Please read this manual thoroughly before use and retain it for future reference.

IMPORTANT SAFETY INSTRUCTIONS

WARNING: To reduce the risk of burns, fire, electric shock, or injury to persons, read the following important precautions and information before operating the treadmill.

- Always attach the safety key to your clothing before starting the treadmill. The treadmill will stop automatically if the safety key is disengaged.
- Keep children and pets away from the treadmill at all times.
- Place the treadmill on a level surface with adequate clearance around it.
- Ensure the power cord is not pinched or damaged.
- Do not operate the treadmill if it has a damaged cord or plug, if it is not working properly, or if it has been dropped or damaged.
- Maximum user weight: 300 lbs.

SETUP

Unboxing and Initial Placement

Your TOPUTURE TP7 Walking Pad Treadmill comes pre-assembled and ready for use directly out of the box. Carefully remove the treadmill from its packaging. Place the treadmill on a flat, stable surface.



Image: The TOPUTURE TP7 Walking Pad Treadmill shown in both operational and folded states, highlighting its compact design and adjustable handle.

Adjusting the Handlebar

The handlebar is height-adjustable from 35 inches to 43 inches to accommodate various user heights and preferences. To adjust, loosen the locking mechanisms on both sides of the handlebar, raise or lower to the desired height, and then securely tighten the locking mechanisms.

Adjustable Telescopic Riser

Perfect for Different Heights



Image: Close-up of the adjustable telescopic riser on the treadmill, showing the height adjustment mechanism.

Setting the Manual Incline

The treadmill features 3 manual incline levels: 0°, 5°, and 10°. To adjust the incline, locate the incline adjustment pins at the rear of the treadmill. Remove the pins, raise or lower the treadmill deck to the desired incline level, and reinsert the pins securely. Ensure both sides are set to the same incline level for stability.

0%-5%-10% Manual Incline

For More Fat Burning



10%
Maximum

Image: The treadmill illustrating the three manual incline settings (0%, 5%, 10%) and their effect on calorie burn.

Power Connection

Connect the power cord to the treadmill's power input and then plug it into a standard electrical outlet. Ensure the power switch on the treadmill is in the "ON" position.

Safety Key Attachment

Before starting any workout, attach the red safety key to the designated slot on the console and clip the other end to your

clothing. The treadmill will not operate without the safety key in place.

OPERATING INSTRUCTIONS

Control Methods

Your treadmill can be controlled via the console, the magnetic remote control, or through a Bluetooth-connected application on your smartphone.

Your browser does not support the video tag.

Video: An overview of the TOPUTURE TP7 foldable walking pad treadmill, demonstrating its features and desk compatibility.

Your browser does not support the video tag.

Video: Demonstration of the TOPUTURE TP7 Walking Pad Treadmill's foldable design, incline adjustment, and handle bar features.

Console and Remote Control

- **Start/Stop:** Use the dedicated buttons on the console or remote to begin and end your workout.
- **Speed Adjustment:** Adjust the speed from 0.6 MPH to 7.5 MPH using the '+' and '-' buttons on the console or remote.
- **Preset Modes:** The console offers preset speed options (e.g., 3 MPH, 6 MPH) for quick selection.
- **Mute Control:** A one-touch mute button on the remote allows for quiet operation, turning off beeping sounds.

Large Rotatable LED Display

Reads Data Easily



Speed



Time



Distance



Calories



Image: The large rotatable LED display of the treadmill, clearly showing workout data such as speed, time, distance, and calories.

LED Display

The integrated LED display provides real-time feedback on your workout, including time, distance, speed, and calories burned. The display can be rotated for optimal viewing.

Bluetooth App Connectivity

Connect your treadmill to compatible fitness applications like Fitshow or KINOMAP via Bluetooth. This allows you to

record your workout activities, track progress, and access interactive training programs.

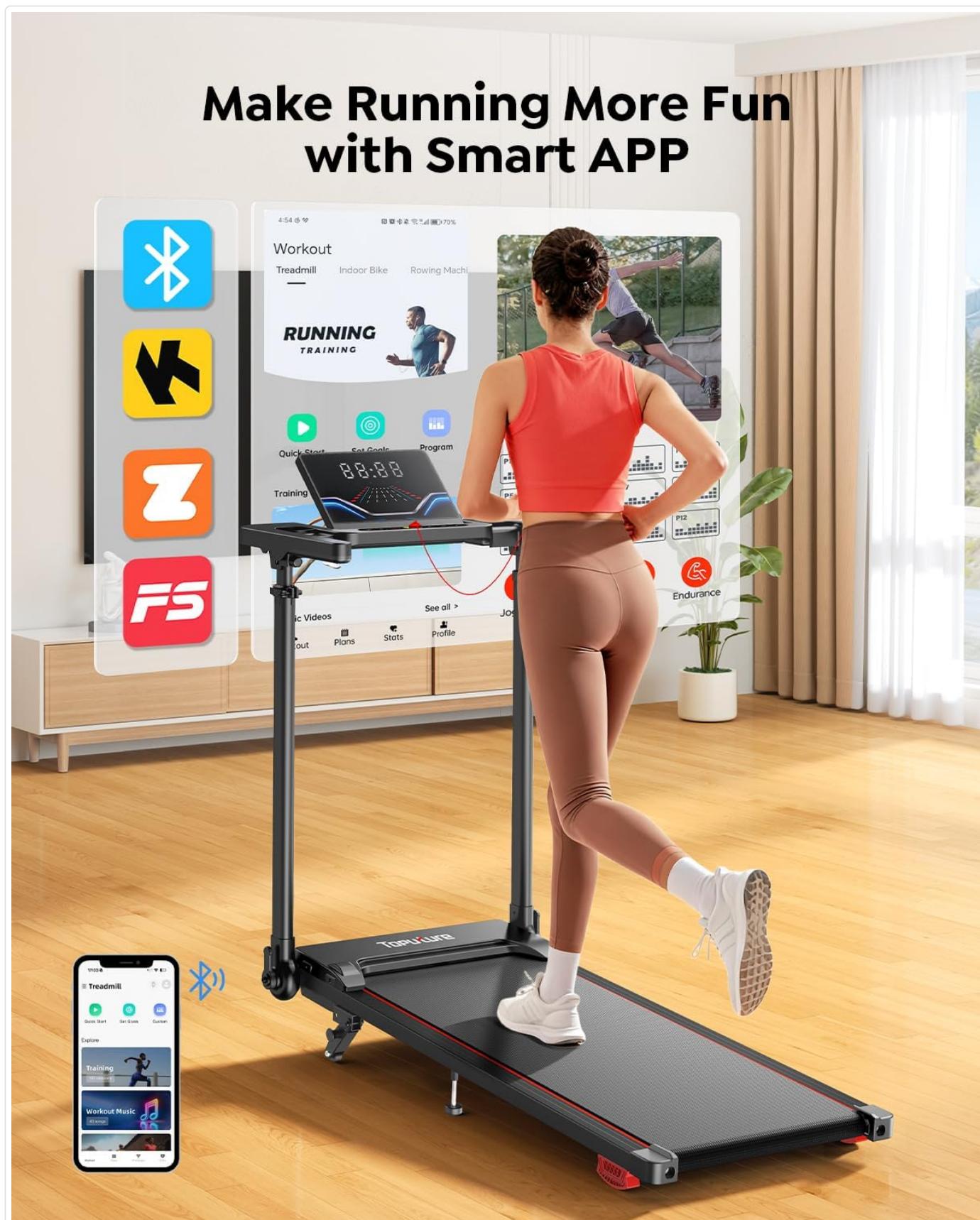


Image: A user on the treadmill with a smartphone displaying a fitness app, demonstrating Bluetooth connectivity for enhanced workout tracking.

Usage Modes

The treadmill supports various modes of use:

- **Walking Mode:** Ideal for casual walking or light exercise.
- **Running Mode:** For higher intensity workouts, supporting speeds up to 7.5 MPH.

- **Office Mode (Desk Treadmill):** With the adjustable handle, it transforms into a desk treadmill, allowing you to work while walking.
- **Climbing Mode:** Utilize the manual incline settings to simulate uphill walking for increased calorie burn.

6-IN-1 Folding Treadmill with Incline



Walking
Mode



Running
Mode



Fat Burning
Mode



Office
Mode



Family Sharing
Mode



Pet
Training



Image: Visual representation of the treadmill's six-in-one folding design, illustrating different usage modes like walking, running, and office use.

MAINTENANCE

Lubrication

Regular lubrication of the running belt is crucial for optimal performance and longevity. Apply lubricant as instructed in the included user manual. A small bottle of lubricant is typically included with the product.

Cleaning

Wipe down the treadmill surfaces with a damp cloth after each use to remove sweat and dust. Avoid using abrasive cleaners or solvents.

Storage

The treadmill features a foldable design for easy storage. When not in use, the handle can be lowered, and the unit can be moved using its front wheels. Its compact folded size (47.2" x 24.8" x 5.3") allows it to be stored under furniture.

TROUBLESHOOTING

- Treadmill not starting:** Ensure the power cord is securely plugged in, the power switch is on, and the safety key is correctly inserted into the console.
- Belt slipping:** Check if the running belt requires lubrication or adjustment. Refer to the detailed user manual for belt adjustment instructions.
- Unusual noises:** Inspect the treadmill for any loose parts. If the noise persists, discontinue use and contact customer support.

SPECIFICATIONS

| Feature | Detail |
|-------------------------------|---|
| Brand | TOPUTURE |
| Model Name | TP7 |
| Product Dimensions | 47.2"D x 24.4"W x 4.5"H |
| Folded Size | 47.2" x 24.8" x 5.3" |
| Item Weight | 52.7 Pounds |
| Material | Alloy Steel |
| Maximum Speed | 7.5 Miles per Hour |
| Minimum Speed | 1 Miles per Hour |
| Maximum Horsepower | 2.5 Horsepower |
| Maximum Incline Percentage | 10% (3 manual levels: 0°, 5°, 10°) |
| Maximum Weight Recommendation | 300 Pounds |
| Connectivity Technology | Bluetooth |
| Included Components | Safety Key, Power Cord, Remote Control, User Manual, L-Wrench |
| Assembly Required | No |



Anti-slip & Shock-absorbing Running Belt

Image: An exploded view of the treadmill's running belt layers and shock-absorbing system, highlighting its construction for comfort and durability.

2.5HP Powerful & Quiet Motor



<45dB
Low Noise



2.5HP
Motor Power



300LBS
Weight Capacity



Image: A view of the treadmill's powerful and quiet 2.5HP motor, alongside the remote control, emphasizing low noise operation.

WARRANTY AND SUPPORT

Your TOPUTURE TP7 Walking Pad Treadmill is covered by a 1-year manufacturer's warranty. For any product inquiries, technical assistance, or warranty claims, please contact TOPUTURE customer support.

For customer support, please refer to the contact information provided in your product packaging or visit the official TOPUTURE website.

Related Documents - TP7

| | |
|---|---|
|  USER MANUAL (Model TP3) INCLINE WALKING PAD | <p><u>Toputure TP3 Incline Walking Pad User Manual</u></p> <p>Comprehensive user manual for the Toputure TP3 Incline Walking Pad, covering installation, safety precautions, features, operation, maintenance, and troubleshooting. Includes technical specifications, error codes, and FCC compliance information.</p> |
|  USER MANUAL (Model TP3) INCLINE WALKING PAD | <p><u>Toputure TP3 Incline Walking Pad User Manual</u></p> <p>User manual for the Toputure TP3 Incline Walking Pad, covering installation, usage, maintenance, and troubleshooting.</p> |
|  USER MANUAL (Model TP1) FOLDING TREADMILL | <p><u>Toputure TP1 Folding Treadmill User Manual</u></p> <p>Comprehensive user manual for the Toputure TP1 Folding Treadmill, covering installation, operation, safety, maintenance, and troubleshooting.</p> |
|  USER MANUAL (Model TP1) FOLDING TREADMILL | <p><u>Toputure TP1 Folding Treadmill User Manual</u></p> <p>Comprehensive user manual for the Toputure TP1 Folding Treadmill, covering installation, operation, maintenance, and troubleshooting.</p> |
|  USER MANUAL (Model TP2) HOME TREADMILL | <p><u>Toputure TP2 Home Treadmill User Manual</u></p> <p>Comprehensive user manual for the Toputure TP2 Home Treadmill, covering installation, operation, maintenance, safety, and troubleshooting. Includes detailed instructions, parameters, and fault diagnostics.</p> |

TP2家用跑步机
Toputure TP2 Home Treadmill
型号：TP2
产地：中国
制造商：拓普特
产品编号：TP2
生产日期：2024年1月
序列号：TP2-000000000000
使用说明
用户手册

[Toputure TP2 Home Treadmill User Manual](#)

User manual for the Toputure TP2 Home Treadmill, covering installation, operation, maintenance, and safety guidelines.