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> Smart Watches for Women, 1.91" HD Fitness Tracker (Answer/Make Calls),IP68 Waterproof, 120+ Sport Modes with Heart Rate and Sleep Monitor, Fitness Watch for iOS Android, Gold

taopodo P98-US-Gold

taopodo P98-US-Gold Smart Watch User Manual

Model: P98-US-Gold

1. PRODUCT OVERVIEW

The taopodo P98-US-Gold Smart Watch is a versatile fitness tracker designed for daily use, offering a wide range of features including health monitoring, sports tracking, and communication capabilities. It features a 1.91-inch HD touch screen and is compatible with both iOS and Android devices.

What's in the Box

- taopodo P98-US-Gold Smart Watch
- Charging Cable
- User Guide

Sleep Quality Analysis

Helping you develop better sleep habits

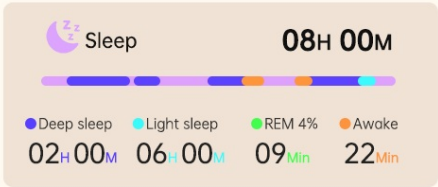


Image: The package contents of the taopodo P98-US-Gold Smart Watch, showing the watch, a magnetic charging cable, and the user guide. The watch dimensions are also indicated.

2. SETUP GUIDE

2.1 Initial Charging

Before first use, fully charge your smart watch. Connect the magnetic charging cable to the charging points on the back of the watch and plug the USB end into a power adapter (not included) or a computer USB port. A full charge typically takes approximately 2 hours.

2.2 App Download and Installation

To unlock the full functionality of your smart watch, download the **GloryFit** app from your smartphone's app store (compatible with iOS 10.0+ and Android 9.0+).

1. Scan the QR code in the user guide or search for "GloryFit" in the App Store (iOS) or Google Play Store (Android).
2. Download and install the app.
3. Follow the on-screen instructions to create an account and set up your profile.

2.3 Device Pairing

Ensure Bluetooth is enabled on your smartphone.

1. Open the GloryFit app.
2. Navigate to the "Device" or "My" section.
3. Select "Add Device" or "Bind Device".
4. The app will search for available devices. Select "P98-US-Gold" from the list.
5. Confirm the pairing request on both your phone and the watch.

2.4 Wearing the Smart Watch

Wear the smart watch correctly for accurate health monitoring. The strap should be fastened neither too tightly nor too loosely, allowing your skin to breathe. Position the watch approximately one finger's width from your wrist bone.

3. OPERATING THE SMART WATCH

3.1 Display and Watch Faces

The P98-US-Gold Smart Watch features a 1.91-inch HD full touch color TFT screen. You can customize your watch face through the GloryFit app, choosing from over 200 free personalized watch faces or setting your own photos as the desktop background.

All-Day Health Monitoring



Sleep
Monitoring



Heart Rate



Blood
Pressure



Blood
Oxygen



Image: The smart watch display showing different stylish watch faces, highlighting the option to choose from over 200 designs or create custom DIY dials.

3.2 Call Functionality

With its built-in HD speakers and Bluetooth connectivity, the smart watch allows you to make and receive calls directly from your wrist. It also provides ringtone reminders for incoming calls and supports storing contacts and viewing call history.

Bluetooth Making calls and Answer



Image: An illustration detailing the smart watch's Bluetooth call capabilities, including a built-in microphone, access to contacts, and call history. It also shows icons for various message notifications and a voice assistant feature.

3.3 Message Notifications

Enable message receiving privileges in the GloryFit app to display notifications from various applications (e.g., Facebook, Instagram, WhatsApp) directly on your watch. This ensures you don't miss important messages.

3.4 Health Monitoring

The smart watch is equipped with high-performance optical sensors for 24-hour health monitoring.

- **Heart Rate:** Tracks your heart rate rhythm throughout the day.
- **Blood Oxygen (SpO2):** Monitors your blood oxygen level.
- **Sleep Monitoring:** Analyzes your sleep patterns, including deep and light sleep, to help you develop better sleep habits.

200+
Stylish Dials
and DIY Dials

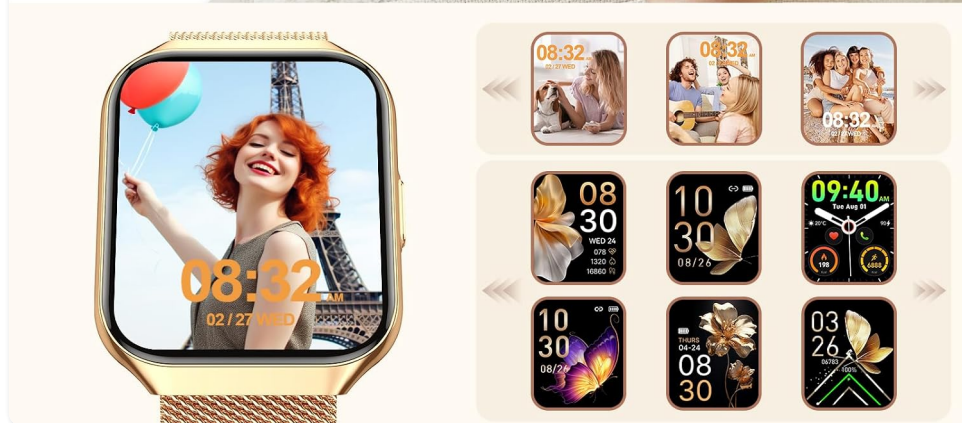


Image: The smart watch's all-day health monitoring features, including sleep tracking, heart rate, blood pressure, and blood oxygen levels, shown with a person sleeping.

3.5 Sports Modes

The activity tracker supports over 120 sports modes, including running, walking, hiking, basketball, cycling, fitness, football, yoga, and more. During your exercise, it records real-time data such as heart rate, steps, calories burned, and distance.



Image: The smart watch supports over 120 sport modes, tracking various activities and displaying health data like heart rate and steps on a connected smartphone app.

3.6 Other Functions

The smart watch offers additional convenient features:

- Timer
- Alarm Clock
- Sedentary Reminder
- Music Control
- Weather Forecast
- Photo Control (remote camera shutter)
- Calculator
- Find Phone
- Female Cycle Tracking

4. MAINTENANCE

4.1 Waterproof Rating

The smart watch has an IP68 waterproof rating, making it suitable for daily activities such as washing hands, washing face, and engaging in sweaty activities. However, it is **not recommended** for use in hot water, seawater, or during diving.



Image: The smart watch demonstrating its IP68 waterproof capability, suitable for splashes and daily water exposure.

4.2 Cleaning and Care

- Wipe the watch and strap regularly with a soft, dry cloth.
- If necessary, use a slightly damp cloth for cleaning, then dry thoroughly.
- Avoid using harsh chemicals or abrasive materials, as these can damage the watch's finish.
- Ensure the charging contacts are clean and dry before charging to prevent corrosion.

5. TROUBLESHOOTING

If you encounter issues with your smart watch, please refer to the following common solutions:

Problem	Possible Cause	Solution
Watch does not turn on	Low battery	Charge the watch for at least 30 minutes.
Cannot pair with phone	Bluetooth off, watch too far, app issue	Ensure Bluetooth is on, keep watch close to phone, restart app/phone/watch.
Inaccurate health data	Improper wearing, sensor obstruction	Ensure watch is worn correctly (not too loose/tight), clean sensor area.

Problem	Possible Cause	Solution
Notifications not received	App permissions, phone settings	Check app notification permissions, ensure app is running in background, disable battery optimization for the app.
Short battery life	Frequent use of power-intensive features	Reduce screen brightness, limit continuous heart rate monitoring, disable unnecessary notifications.

If the problem persists, please contact customer support for further assistance.

6. SPECIFICATIONS

Feature	Detail
Model Name	P98-US-Gold
Screen Size	1.91 Inches (1.96 Inches listed in some specifications)
Display Type	HD Full Touch Color TFT
Connectivity	Bluetooth
Waterproof Rating	IP68
Battery Capacity	300 mAh
Battery Life (Typical Use)	Up to 7 days
Battery Life (Power Saving Mode)	Up to 20 days
Standby Time	Up to 30 days
Charging Time	Approx. 2 hours
Charging Method	Magnetic Fast Charging
Operating System	Android Wear 1.0 (as per specifications, likely refers to compatibility)
Compatibility	iOS 10.0 and above, Android 9.0 and above
Item Weight	5.6 ounces
Package Dimensions	10.71 x 3.43 x 0.71 inches

7. WARRANTY AND SUPPORT

For warranty information or technical support, please refer to the contact details provided in the packaging or on the official taopodo website. Keep your purchase receipt as proof of purchase for any warranty claims.

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ASK A QUESTION ABOUT THIS MANUAL

Ask about setup, troubleshooting, compatibility, parts, safety, or missing instructions. Manuals+ will review the question and use this page’s manual context to help answer it.

Name

Anonymous

Email

you@example.com

After a successful submission, we securely hash the supplied account or form email before sending it to Microsoft Advertising for conversion attribution. [Privacy details](#).

Question

Example: How do I reset this device or fix this error?

Details

Model number, symptoms, what you tried, or the section of the manual you are using.

Submit question