

DOMAS TENS Electrode Pads (Compatible with PowerDot 2.0 Cable Connector)

DOMAS TENS Electrode Pads Instruction Manual

Compatible with PowerDot 2.0 Cable Connector

1. PRODUCT OVERVIEW

The DOMAS TENS Electrode Pads are designed for use with Transcutaneous Electrical Nerve Stimulation (TENS) units, specifically those utilizing the PowerDot 2.0 cable connector system. This set includes a variety of pad shapes and sizes to accommodate different muscle groups, along with a pad holder for proper storage and maintenance.

- **Compatibility:** Exclusively designed for PowerDot 2.0 magnetic cable connectors. Not compatible with PowerDot V1 3.5 mm snap connectors.
- **Magnetic Snap:** Features upgraded N52 magnetic snaps for a secure connection to pods, ensuring pads remain in place during activity.
- **Coverage:** Includes 8 round pads (2.1" / 54 mm) and 4 rectangular pads (2" x 4" / 51 x 102 mm) for comprehensive body coverage.
- **Reusability:** Made with Japanese hydrogel, rated for 40+ uses.
- **Durability:** Constructed with a PU leather finish that resists tearing and is sweat-proof.
- **Storage:** A pad holder is included to maintain pad moisture and extend lifespan.

2. COMPATIBILITY CHECK

Ensure your TENS unit uses the correct connector type for these DOMAS electrode pads. These pads are compatible only with PowerDot 2.0 cable connectors, which feature a magnetic connection. They are **not** compatible with PowerDot V1 3.5 mm snap connectors.

COMPATIBILITY CHECK

Be sure to get the correct electrodes for your device!

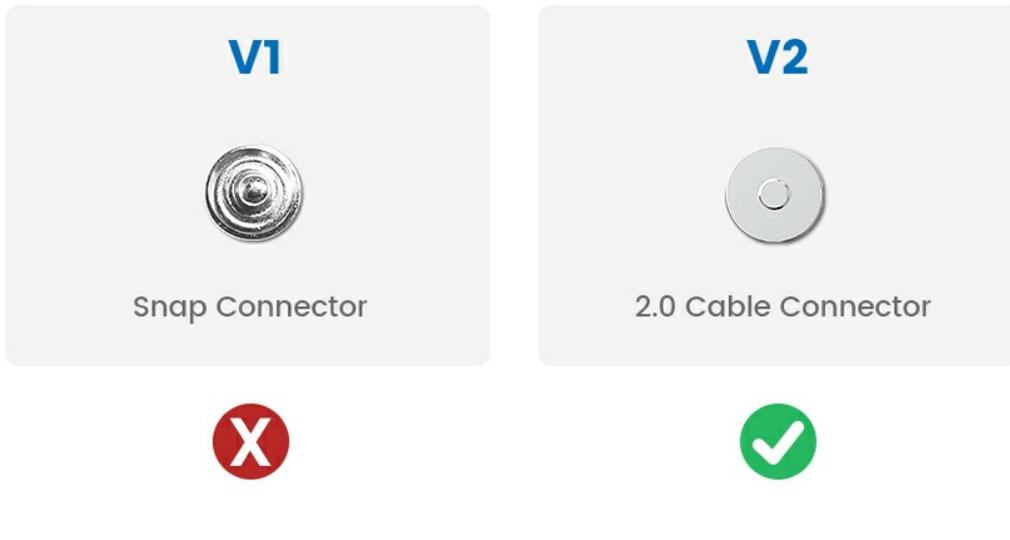


Image: This diagram illustrates the difference between the PowerDot V1 snap connector (marked with an 'X' for incompatibility) and the PowerDot 2.0 cable connector (marked with a '✓' for compatibility). The DOMAS pads are designed for the 2.0 cable connector.

3. SETUP AND APPLICATION

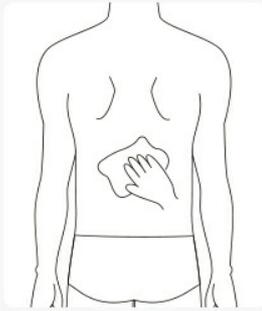
3.1 Preparing the Skin

- Clean the skin area where the pads will be applied with soap and water.
- Ensure the skin is completely dry before application.
- Avoid applying lotions, oils, or creams to the skin, as this can reduce pad adhesion and conductivity.

3.2 Attaching the Pads

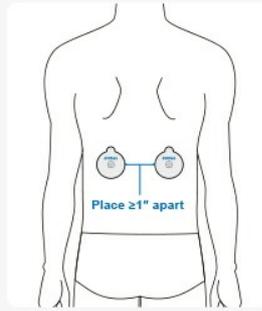
1. Carefully peel the electrode pad from its protective liner. Retain the liner for future storage.
2. Connect the PowerDot 2.0 cable connector to the magnetic snap on the electrode pad. Ensure a firm, secure connection.
3. Place the electrode pad firmly onto the prepared skin. Press down on the entire surface of the pad, especially the edges, to ensure full contact.
4. Ensure pads are placed at least 1 inch apart from each other.

CARE & REUSE WITH PAD HOLDER



STEP 1

Clean & dry skin
Avoid lotions.



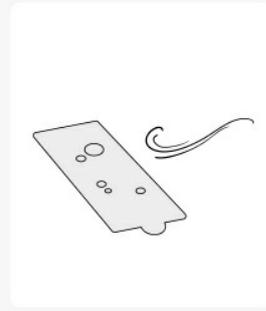
STEP 2

Place $\geq 1''$ apart
Press edges.



STEP 3

Stick back to Pad Holder
Keeps gel clean.



STEP 4

If tackiness fades:
lightly moisten & air-dry.

Image: A four-step diagram illustrating the proper care and reuse of electrode pads. Step 1: Clean and dry skin, avoid lotions. Step 2: Place pads at least 1 inch apart, press edges. Step 3: Stick pads back to the pad holder to keep the gel clean. Step 4: If tackiness fades, lightly moisten and air-dry the pads.

4. OPERATING INSTRUCTIONS

Once the DOMAS TENS Electrode Pads are securely attached to your skin and connected to your PowerDot 2.0 device, operate your TENS unit according to its specific user manual. The electrode pads facilitate the electrical impulses from the device to your muscles.

- Always follow the instructions provided with your TENS device regarding program selection, intensity levels, and session duration.
- Ensure all connections are secure before starting a session.
- If you experience any discomfort, reduce the intensity or stop the session immediately.

QUICK ATTACH FOR DAILY USE

- Single-hand placement
- Click
- Store
- Ready Next Time

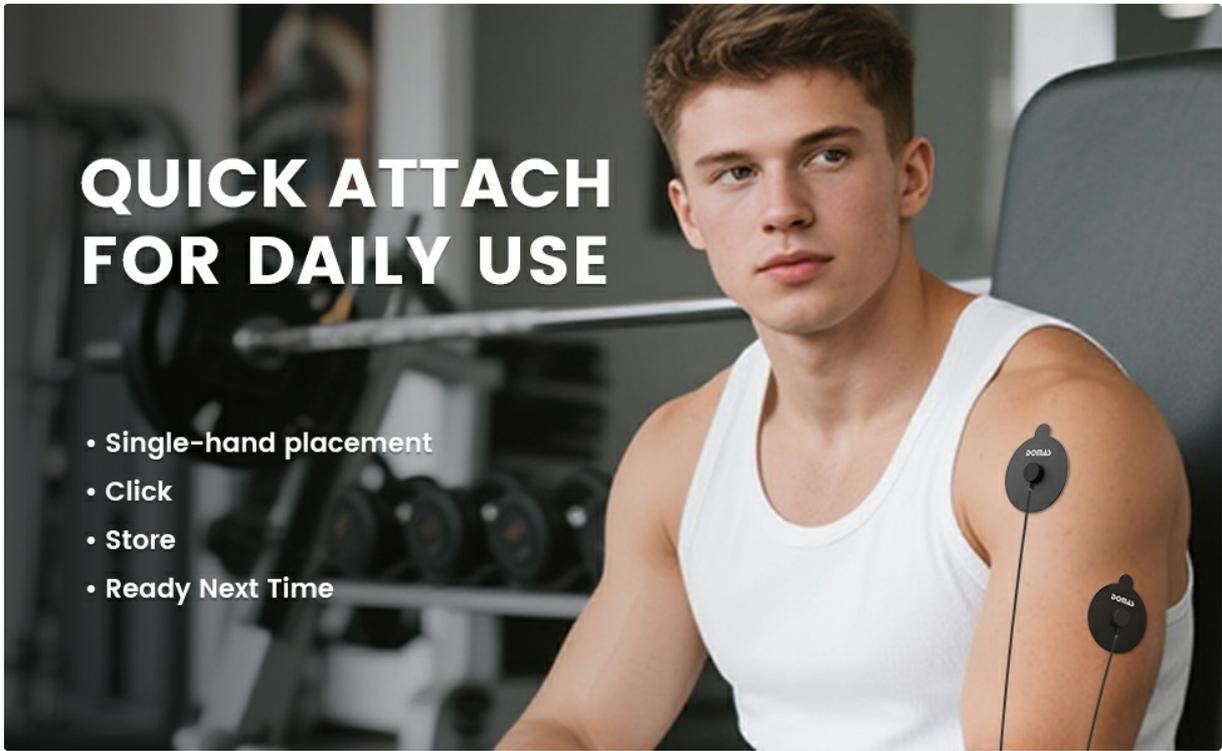


Image: A man applying DOMAS TENS electrode pads to his arm, demonstrating quick attachment for daily use. The image highlights single-hand placement, clicking the connector, storing, and readiness for next use.

5. MAINTENANCE AND STORAGE

Proper maintenance and storage are crucial for extending the lifespan and effectiveness of your DOMAS TENS Electrode Pads.

5.1 After Each Use

- Gently peel the pads off your skin. Avoid pulling on the wires or connectors.
- Disconnect the PowerDot 2.0 cable connectors from the pads.
- Place the adhesive side of the pads back onto the included pad holder. This protects the gel from dust and debris and helps maintain its moisture.

5.2 Cleaning and Rejuvenation

- If the pads lose their tackiness, gently wipe the adhesive surface with a damp cloth or a few drops of water. Do not use harsh chemicals or alcohol.
- Allow the pads to air dry completely, adhesive side up, before reattaching them to the pad holder. This can help restore some of their stickiness.
- The PU leather finish can be wiped clean with a damp cloth.

5.3 Storage

- Store the pads on the pad holder in a cool, dry place, away from direct sunlight and extreme temperatures.
- Keep pads in their original resealable pouches when not in use for extended periods.



Image: A close-up of the DOMAS double-sided ABS pad holder, illustrating its features: keeps gel clean, prevents curling, and ensures pads are ready for next use. Dimensions are shown as 4.5 inches by 2.4 inches.

6. TROUBLESHOOTING

6.1 Pads Not Sticking

- **Solution:** Ensure skin is clean, dry, and free of lotions or oils before application. If pads are dirty, gently clean the adhesive surface with a damp cloth and air dry.
- **Note:** Over time, the hydrogel's tackiness will naturally diminish. Pads are rated for 40+ uses, but this can vary based on skin type and care.

6.2 Weak or Uneven Sensation

- **Solution:** Check that the PowerDot 2.0 cable connectors are firmly attached to the magnetic snaps on the pads. Ensure the entire surface of each pad is making full contact with the skin.
- **Solution:** Verify that your TENS device is functioning correctly and its battery is charged.

6.3 Skin Irritation

- **Solution:** Discontinue use if irritation occurs. Ensure pads are applied to clean, unbroken skin. Some individuals may have sensitivity to the adhesive.
- **Note:** These pads use skin-safe, latex-free hydrogel.

7. SPECIFICATIONS

Feature	Detail
Material	PU Leather + Hydrogel (latex-free) + PET Liner + Steel Center
Round Pad Size	Ø 2.13 inches (54 mm)
Rectangular Pad Size	2 inches x 4 inches (51 mm x 102 mm)
Pad Holder Size	4.5 inches x 2.4 inches
Quantity	12-Pad Set (8 Round, 4 Rectangular)
Reusability	Rated for 40+ uses
Connector Type	Magnetic (compatible with PowerDot 2.0 cable connector)

12 PADS TWO SHAPES, PLUS STORAGE

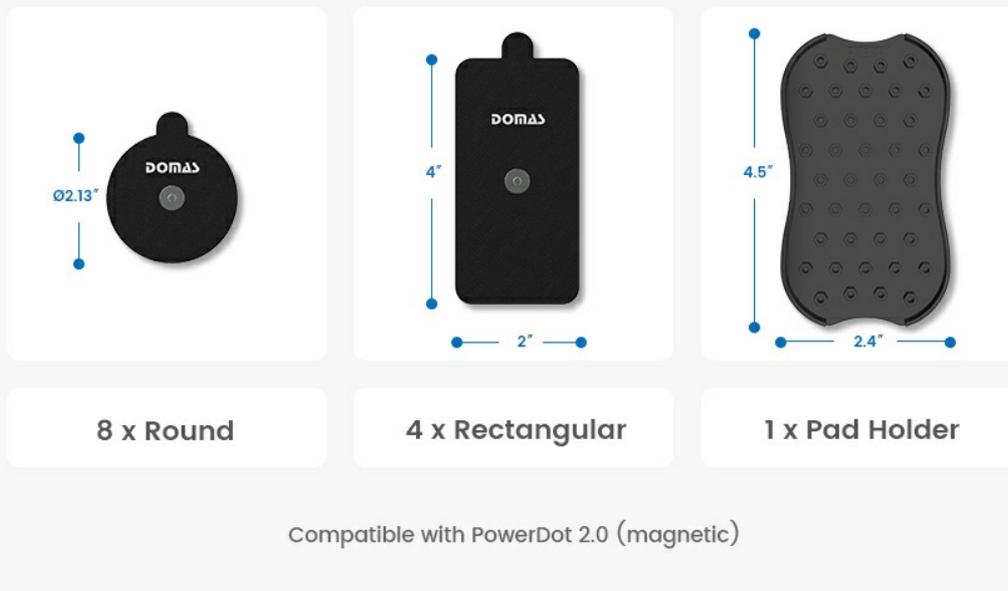


Image: An illustration detailing the contents of the 12-pad set, including 8 round pads (Ø2.13"), 4 rectangular pads (2"x4"), and 1 pad holder (4.5"x2.4"). Product parameters such as material (PU Leather + Hydrogel) are also listed.

8. WARRANTY AND SUPPORT

DOMAS offers a 30-day money-back guarantee for these electrode pads. For any product-related inquiries, technical support, or warranty claims, please contact DOMAS customer service through the retailer where the product was purchased.

Please refer to your purchase documentation or the DOMAS official website for the most current support contact information.

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