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› UltraCare PRO TENS 1.0 TENS Machine User Manual

UltraCare PRO TENS 1.0

UltraCare PRO TENS 1.0 TENS Machine User Manual

Model: TENS 1.0 | Brand: UltraCare PRO

1. PRODUCT OVERVIEW

The UltraCare PRO TENS 1.0 is a dual-channel rechargeable Transcutaneous Electrical Nerve Stimulation (TENS) unit designed for effective pain relief and muscle stimulation. This portable, battery-operated device delivers small electrical impulses to stimulate nerves, promoting the release of natural pain-killing endorphins. It is suitable for relieving various types of joint and muscle pain.

TENS 1.0 CURVE

Dual Channel
Rechargeable TENS Unit



Helpful in



Knee Pain



Back Pain



Ankle Pain



Neck Pain



Shoulder Pain



Joint & Muscle Pain



Image: UltraCare PRO TENS 1.0 device highlighting areas of pain relief.

2. WHAT'S INCLUDED IN THE BOX

Your UltraCare PRO TENS 1.0 package contains all necessary components for immediate use:

- 1 x TENS 1.0 Device
- 4 x Reusable Self-adhesive Electrode Pads
- 2 x Lead Wires
- 1 x USB Charging Cable
- 1 x Storage Pouch
- 1 x Instruction Manual

CUSTOMIZABLE

Intensity & Preset Modes for a Personalized Pain Relief Experience

50 Levels of Intensity
25 Preset Modes



Image: All components included in the UltraCare PRO TENS 1.0 package.

Unboxing and Components Overview Video

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Video: This video demonstrates the unboxing of the TENS 1.0 device and provides an overview of its components, including the device, electrode pads, lead wires, and charging cable.

3. SETUP AND OPERATION

Follow these steps to set up and operate your TENS 1.0 device for pain relief:

- 1. Connect Lead Wires and Pads:** Insert the lead wires into the TENS unit. Attach the self-adhesive electrode pads to the other end of the lead wires.
- 2. Apply Electrode Pads:** Place the electrode pads directly onto the skin in the area where you experience pain or discomfort. Ensure the skin is clean and dry for optimal adhesion.
- 3. Power On:** Long press the orange power button on the device to turn it on. The display will illuminate.

4. **Select Program Mode:** Use the 'M+' and 'M-' buttons to cycle through the 25 available treatment programs. The selected program number will be displayed on the screen.
5. **Set Treatment Time:** Press the 'Time' button to adjust the duration of your treatment session.
6. **Adjust Intensity:** Use the 'P1+' and 'P1-' buttons to increase or decrease the intensity for Channel 1. Similarly, use 'P2+' and 'P2-' for Channel 2. Adjust the intensity to a comfortable yet effective level.
7. **Begin Treatment:** Once the program, time, and intensity are set, the device will begin delivering electrical impulses.
8. **Power Off:** After your session, long press the power button to turn off the device. Carefully remove the electrode pads from your skin.

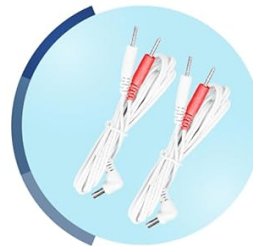
WHAT IS IN THE BOX?



TENS
device



Electrode
pads



Lead
wires



Charging
cable



Storage
pouch



Instruction
manual

Image: Visual guide for the three easy steps to use the TENS 1.0 device.

WHY TENS 1.0 CURVE?



Benefits	CURVE	v/s	OTHERS
Modes	25		10
Intensity	50		20
Power Source	Battery		Adaptor
Battery	Upto 6 Hours		×
CE & FDA	✓		×
Travel Friendly	✓		×
User Friendly Display	✓		×

Image: Detailed view of the TENS 1.0 device controls and display.

Device Operation Demonstration Video

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Video: This video demonstrates how to connect the lead wires and electrode pads, apply them to the body, and operate the TENS 1.0 device by selecting programs, setting time, and adjusting intensity.

4. KEY FEATURES

- **Dual Channel Output:** Allows for simultaneous treatment of two different areas or larger areas with four pads.
- **Rechargeable Battery:** Provides convenience and portability without the need for constant battery replacement.
- **User-Friendly Display:** Clear and intuitive interface for easy program selection and intensity adjustment.
- **Portable & Lightweight:** Compact design for easy transport and use anywhere.
- **25 Modes & 50 Intensity Levels:** Offers a wide range of customizable treatment options for personalized

pain relief.

- **FDA & CE Approved:** Ensures the device meets recognized safety and quality standards.

FEATURES



Image: Key features of the UltraCare PRO TENS 1.0 device.

PAIN RELIEF IN 3 EASY STEPS

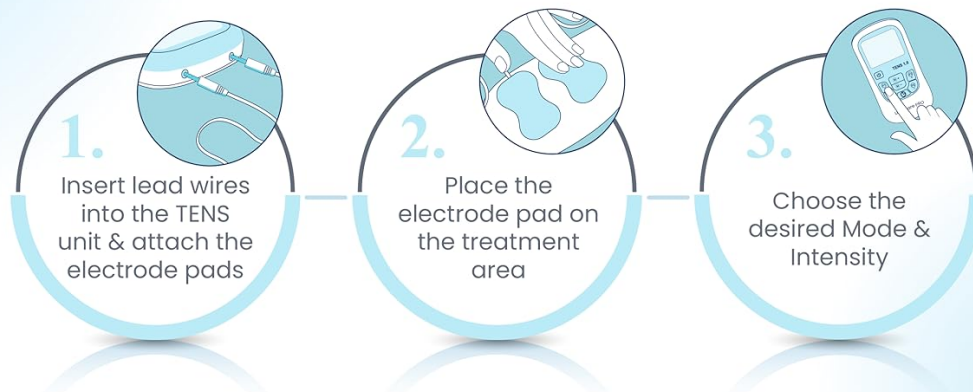


Image: Customizable intensity and preset modes for personalized pain relief.

5. APPLICATION AREAS

The TENS 1.0 device is effective for relieving pain in various parts of the body, including:

- Back Pain (Lower Back/Lumbar)
- Neck Pain (Cervical)
- Shoulder Pain
- Knee Pain / Joint Pain
- Ankle Pain / Foot Pain
- Calf Pain
- Elbow Pain
- Upper Arm Pain
- Carpal Tunnel / Hand Pain
- Fibromyalgia
- Overuse Injuries
- Inflammation
- Tennis Elbow
- Trapezitis
- Frozen Shoulder
- Sciatica
- Sports Injuries

CHOOSE YOUR STYLE



Image: TENS therapy in action for back pain relief.



Image: Specific application areas for knee, calf, and ankle/foot pain.

FDA & CE APPROVED

DEVICE TO TREAT DIFFERENT BODY PAINS



KNEE / JOINT PAIN



CALF PAIN

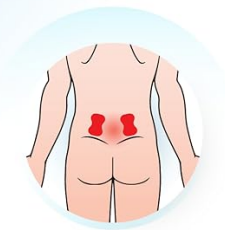


ANKLE/FOOT PAIN

Image: Specific application areas for lower back, elbow, and upper arm pain.

FDA & CE APPROVED

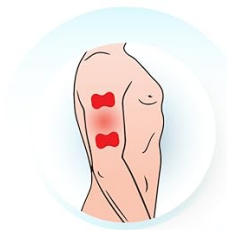
DEVICE TO TREAT DIFFERENT BODY PAINS



LOWER BACK/LUMBAR PAIN



ELBOW PAIN



UPPER ARM PAIN

Image: Specific application areas for neck, shoulder, and hand pain.

6. TECHNICAL SPECIFICATIONS

Feature	Specification
Model Number	TENS 1.0
Product Dimensions (LxWxH)	14.7 x 7.5 x 2.2 Centimeters
Item Weight	115 Grams
Power Source	Battery Powered (Rechargeable)
Channels	Dual Channel
Modes	25 Preset Modes
Intensity Levels	50 Levels
Cordless Operation	Yes
Manufacturer	Zealmax Innovations Pvt Ltd

Country of Origin	India
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7. WARRANTY AND SUPPORT

The UltraCare PRO TENS 1.0 device comes with a **1-year warranty** provided by Zealmax Innovations Pvt. Ltd. This warranty is non-transferable and is valid for 1 year from the original date of purchase. Please note that the warranty applies only to the device itself; accessories such as electrode pads, lead wires, and charging cables are not covered under warranty.

For any support, queries, or warranty claims, please contact the manufacturer:

Manufacturer: Zealmax Innovations Pvt. Ltd.

Contact Number: +918799695599

Please retain your proof of purchase for warranty validation.