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runstar FG2211B

Runstar Smart Body Composition Scale User Manual

Model: FG2211B

PRODUCT OVERVIEW

The Runstar Smart Body Composition Scale is designed to provide a comprehensive analysis of your body's health metrics. Utilizing 8-electrode segmented measurement, it offers detailed insights into 28 different body components, going beyond just weight to help you understand your physical well-being.

Key features include intelligent voice prompts for a seamless weighing experience and seamless data synchronization with the Starfit APP, which integrates with popular fitness platforms like Apple Health and Fitdays. This scale supports unlimited user profiles, making it an excellent tool for families and fitness groups to track their individual progress.

WHAT'S IN THE BOX

- 1x Runstar Smart Scale FG2211B
- 4x AA Batteries
- 1x User Manual

SETUP

Battery Installation

Locate the battery compartment on the underside of the scale. Insert the 4 included AA batteries, ensuring correct polarity. Close the battery compartment cover securely.

App Download and Pairing

Download the 'Starfit' app from your device's app store (available for Apple and Android). Create your user account within the app, providing basic personal information. Ensure your device's Bluetooth is enabled. Step lightly on the scale to activate it, then follow the in-app instructions to pair your scale with the Starfit APP. The app will confirm successful connection.

For detailed instructions on connecting the Starfit APP with the scale, refer to the following steps:

1. Download the Starfit APP and complete registration.
2. Click on 'Account' and find 'My Devices'.

3. Click on the '+' in the upper right corner, then click on the 'Bluetooth' logo on the page to enter the smart device search.
4. When 'Runstar-RX' (the scale's Bluetooth name) appears, click to complete the connection. A connected logo will appear on the scale's screen.



The Runstar Smart Body Composition Scale, ready for use.

OPERATING INSTRUCTIONS

Taking a Measurement

For accurate body composition analysis, ensure your feet are bare and clean. Step onto the scale, making sure your feet are positioned on the electrode pads. The scale features intelligent voice prompts that guide you through the process, indicating when to hold the retractable handle and when the measurement is complete. This transforms the weighing process into a more engaging and lively experience.

The scale scans your whole body in approximately 20 seconds, providing 28 body components. Weight, body fat, and BMI will rotate on the screen in 3 different colors after the measurement is completed. For full details on all 28 measurements,

view them in the Starfit APP.

Intelligent Voice Prompts

Make weighing smarter
and more fun



Bodyfat measurement
is completed



Weight measurement
is completed

Hold correctly covering
the electrodes completely.

Intelligent voice prompts guide the user for correct posture and measurement completion.

High-precision Measurement



Detailed view of the scale's internal components and measurement points.

HEALTH DATA TRACKING & APP FEATURES

The Starfit APP is versatile and records every measurement, generating weekly, monthly, and yearly charts for easy progress tracking. Simply open the app on your phone to view your complete body composition data anytime, anywhere. You can also sync data to your favorite fitness apps, such as Apple Health and Fitdays, allowing for centralized recording of your fitness routine.

28 Body Compositions



The scale measures 28 essential body composition metrics.

Health Data Tracking

Inspire to develop good living habits



Starfit



STARFIT SYNCs WITH

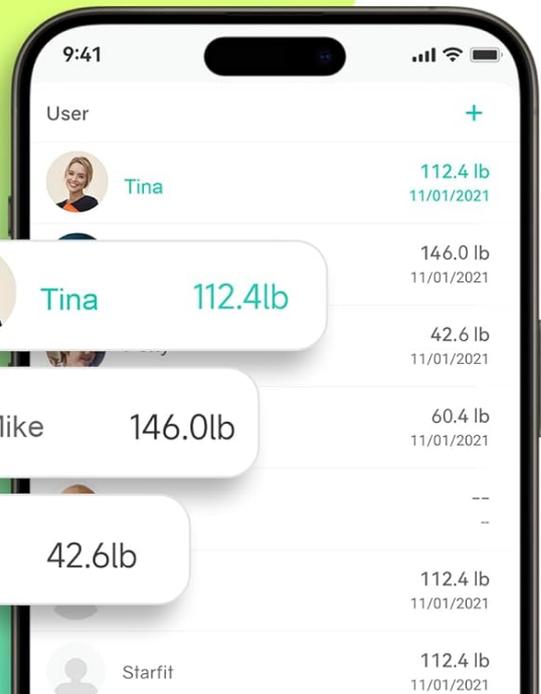


Track your health data over time with charts and sync with other fitness apps.



Multifunctional APP

Designed to make data sharing a breeze



One Runstar body fat scale can connect to unlimited Starfit accounts, and one account can create up to 24 users, making it suitable for family and fitness group use.

MAINTENANCE

To clean the scale, wipe the surface with a soft, damp cloth. Avoid using abrasive cleaners or submerging the scale in water. Store the scale in a dry place away from direct sunlight and extreme temperatures.

TROUBLESHOOTING

Inaccurate Readings

- Ensure the scale is placed on a hard, flat surface (avoid carpets or uneven flooring).
- Make sure your feet are bare and in full contact with all electrode pads.
- Check battery levels and replace if low.

Display Issues

- If the display is blank, check battery installation and charge.
- If the display shows an error code, refer to the full user manual for specific troubleshooting steps.

SPECIFICATIONS

Feature	Detail
Package Dimensions	16.3 x 14.8 x 2.3 inches; 5.73 Pounds
Item model number	FG2211B
Batteries	4 AA batteries required. (included)
Date First Available	October 14, 2024
Manufacturer	runstar
ASIN	B0DK1SZYH2
Country of Origin	China
Brand	runstar
Color	Black
Recommended Uses For Product	Humans
Special Feature	Body Mass Index, Body Fat, Bone Mass, Muscle Mass, Basal Metabolic Rate
Display Type	LCD

WARRANTY & SUPPORT

For warranty information and customer support, please refer to the contact details provided in the included User Manual or visit the official Runstar website. Ensure to register your product within 15 days of purchase for warranty activation.

Related Documents - FG2211B

 <p>RUNSTAR Smart Full Body Composition Scale Model No.: FG2015ULB User Manual <small>Read this manual before using and save for future reference</small></p>	<p>RunStar FG2015ULB Smart Full Body Composition Scale User Manual</p> <p>User manual for the RunStar FG2015ULB Smart Full Body Composition Scale. Learn about setup, operation, the Starfit app, measuring steps, troubleshooting, and safety guidelines.</p>
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 <p>RUNSTAR Smart Full Body Composition Scale Instruction Manual</p> <p>FCC ID: 2AP39Q-FG2305UUB</p>	<p>Runstar Smart Full Body Composition Scale: User Guide and Setup</p> <p>Comprehensive instruction manual for the Runstar Smart Full Body Composition Scale. Covers setup, app connection, measurement features, troubleshooting, and safety guidelines for accurate body composition analysis.</p>
 <p>风琴式折法</p>	<p>Runstar FI2019LB Smart Body Fat Scale User Manual</p> <p>Comprehensive user manual for the Runstar FI2019LB Smart Body Fat Scale, detailing setup, operation, features, troubleshooting, and FCC compliance for accurate body composition analysis.</p>