

## tectake 406164

# tectake Ergonomic Swivel Office Chair with Footrest - Model 406164

User Instruction Manual

## 1. INTRODUCTION

Thank you for choosing the tectake Ergonomic Swivel Office Chair with Footrest, Model 406164. This chair is designed to provide optimal comfort and support for long hours of work or relaxation. It features an ergonomic design, thick padding, soft velour upholstery, an adjustable backrest, a height-adjustable gas lift, and a foldable footrest. Please read this manual carefully before assembly and use to ensure proper installation, operation, and maintenance.

## 2. SAFETY INSTRUCTIONS

- Always follow the assembly instructions carefully. Incorrect assembly can lead to instability and injury.
- Do not stand on the chair.
- Do not use the chair if any parts are damaged or missing. Contact customer support for replacement parts.
- Ensure all screws and bolts are tightened securely before use and check them periodically.
- Keep children and pets away from the chair during assembly. Small parts can be a choking hazard.
- Do not exceed the maximum load capacity of 120 kg.
- Use the chair on a level surface to prevent tipping.

## 3. PACKAGE CONTENTS

Before beginning assembly, please ensure all components are present and undamaged. The package should contain:

- Office Chair components (backrest, seat, armrests, gas lift, base, castors, footrest)
- Assembly materials (screws, bolts, washers, Allen key)
- Installation instructions (this manual)

## AFMETINGEN

### Totale afmetingen

64 x 68 - 118 x 89 - 115 cm

### Zithoogte

40 - 50 cm

### Zitvlak

54 x 49 cm

### Hoogte rugleuning

71 cm

Afmetingen zijn bij benadering

## TECHNISCHE DETAILS

**Draagkracht** 120 kg

**Gewicht** ca. 18,5 kg

**Materiaal** staal, kunststof, hout,  
schuim, polyester, polypropyleen

## INHOUD

Bureaustoel  
Montagemateriaal  
Montagehandleiding



Figure 3.1: A detailed diagram showing the overall dimensions of the chair, including total height, width, depth, seat height, seat surface, backrest height, and footrest dimensions.

## 4. SETUP AND ASSEMBLY

Follow these steps to assemble your tectake office chair. It is recommended to assemble the chair on a soft, clean surface to prevent damage.

1. **Attach Castors to Base:** Insert the five double castors into the holes at the end of the chair base until they click securely into place.
2. **Insert Gas Lift:** Place the gas lift cylinder into the central hole of the assembled base. Ensure it sits firmly.
3. **Attach Mechanism to Seat:** Secure the seat mechanism to the underside of the seat cushion using the provided screws. Pay attention to the 'FRONT' marking on the mechanism.
4. **Connect Seat to Gas Lift:** Carefully place the assembled seat (with mechanism) onto the gas lift cylinder.
5. **Attach Armrests:** Secure the armrests to both the seat and the backrest using the designated screws.

Do not overtighten initially.

6. **Attach Backrest:** Connect the backrest to the seat and armrests. Ensure all screws are aligned before tightening.
7. **Install Footrest:** Attach the foldable footrest mechanism to the underside of the seat as per the instructions provided with the footrest components.
8. **Final Tightening:** Once all parts are in place, tighten all screws securely. Test the chair's stability before use.



De uiterst comfortabele bekleding van hoogwaardig schuim garandeert een eersteklas zitervaring.



Het robuuste onderstel met 5 lichtlopende wielen zorgt voor een hoog draagvermogen en stabiliteit.



De comfortabele voetensteun ontlast de benen en kan worden ingeklapt om ruimte te besparen.



Dankzij de verschillende functies van de handige hendels vind je snel de gewenste positie.

Figure 4.1: Multiple close-up shots detailing the comfortable velour upholstery, the sturdy five-star base with smooth-rolling castors, the foldable footrest mechanism, and the levers for height and tilt adjustments, which are relevant during assembly.

## 5. OPERATING INSTRUCTIONS

Your tectake office chair offers several adjustment options for personalized comfort:

- **Height Adjustment:** To adjust the seat height, pull the lever located on the right side of the seat upwards. While pulling the lever, stand up to raise the seat or remain seated to lower it. Release the lever at the desired height.
- **Backrest Tilt/Rocking Function:** The chair features a flexible tilt function. Use the lever on the left side

of the seat to engage or disengage the rocking mechanism. Some models may also allow locking the backrest in various positions.

- **Footrest Operation:** To extend the footrest, pull it out from underneath the seat. To retract it, push it back in until it is fully stored. The footrest provides additional leg support and relaxation.
- **Swivel Function:** The chair is designed to swivel 360 degrees, allowing for maximum freedom of movement.



Figure 5.1: An image illustrating the chair's flexible backrest tilt and the adjustable, extendable footrest, showcasing its adaptability to user preferences.

## KWALITEIT ONTMOET Comfort



**Stabiele gasdrukveer**  
met SGS- en BIFMA-  
certificering

**Met schommelfunctie**  
mogelijkheid om de  
leuning te vergrendelen

**Ergonomische vorm**  
bevordert effectief een  
gezonde zithouding

**360° draaifunctie**  
zorgt voor maximale  
bewegingsvrijheid

Figure 5.2: This image highlights the chair's stable gas lift with SGS and BIFMA certification, the rocking function with lockable backrest, ergonomic shape for healthy posture, and 360-degree swivel function for maximum freedom of movement.

## 6. MAINTENANCE

Regular maintenance will help prolong the life and appearance of your office chair:

- **Cleaning:** For the velour upholstery, gently vacuum to remove dust and debris. For spills, dab immediately with a clean, damp cloth. Avoid harsh chemicals or abrasive cleaners.
- **Hardware Check:** Periodically check all screws and bolts to ensure they are tight. Retighten if necessary to maintain stability.
- **Castor Care:** Clean the castors regularly to remove hair and debris that can impede smooth movement.
- **Gas Lift:** The gas lift is a sealed unit and requires no maintenance. If it malfunctions, contact customer support.

## 7. TROUBLESHOOTING

If you encounter any issues with your chair, refer to the following common problems and solutions:

- **Chair is wobbly:** Ensure all assembly screws are fully tightened. Check that the gas lift is properly seated in the base and seat mechanism.
- **Chair does not adjust height:** Check if the height adjustment lever is fully engaged. If the gas lift is faulty, it may need replacement.
- **Castors do not roll smoothly:** Remove any hair or debris wrapped around the castor wheels. Ensure the castors are fully inserted into the base.
- **Backrest does not tilt or lock:** Check the tilt tension knob (usually underneath the seat) and the tilt lock lever. Adjust the tension or ensure the lever is in the correct position.

If these steps do not resolve the issue, please contact customer support.

## 8. SPECIFICATIONS

Feature	Specification
Model Number	406164
Overall Dimensions (W x D x H)	approx. 64 x 68-118 x 89-115 cm
Seat Surface (W x D)	approx. 54 x 49 cm
Seat Height	approx. 47 to 57 cm
Backrest Height	approx. 71 cm
Footrest Dimensions (W x D x H)	approx. 35 x 21 x 5 cm
Footrest Height above ground	approx. 40 to 50 cm
Armrest Dimensions (W x D)	approx. 7 x 35 cm
Armrest Height above ground	approx. 64 to 74 cm
Base Diameter	approx. 69 cm
Double Castors (Ø x W)	approx. 5 x 5.5 cm
Load Capacity	120 kg
Approximate Weight	18.6 kg
Material	Steel, Plastic, Wood, Foam, Polyester, Polypropylene

## 9. WARRANTY AND SUPPORT

For warranty information, please refer to the purchase documentation or contact your retailer. If you require technical assistance, replacement parts, or have any questions not covered in this manual, please contact tectake customer support through their official website or the contact information provided at the point of purchase.

