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> Comfheat Capybara Microwave Heating Pad Instruction Manual

comfheat Capybara (B0FDGC8R7H)

Comfheat Capybara Microwave Heating Pad Instruction Manual

Model: Capybara (B0FDGC8R7H) | Brand: Comfheat

INTRODUCTION

The Comfheat Capybara Microwave Heating Pad is designed to provide soothing moist heat or refreshing cold therapy for various body parts. Filled with natural flaxseed and clay beads, this unscented heat pack offers comfort and pain relief for conditions such as menstrual cramps, muscle soreness, back pain, and joint discomfort. Its soft, plush cover is removable and washable for easy maintenance.



Image: The Comfheat Capybara Microwave Heating Pad, a plush, brown capybara-shaped pad with a sleepy expression, designed for comfort and pain relief.

SAFETY INFORMATION

- **Avoid Direct Skin Contact:** Always use the heating pad with its plush cover to prevent direct contact with skin, especially when hot.
- **Do Not Overheat:** Follow heating instructions carefully. Overheating can damage the product and pose a burn risk.
- **Microwave Use Only:** This product is designed for microwave heating. Do not use conventional ovens or other heating methods.
- **Supervise Children:** Not suitable for children under 3 years of age. Always supervise children when using the heating pad.
- **Check Temperature:** Before applying, always check the temperature of the heating pad to ensure it is comfortable and safe.
- **Inspect Before Use:** Regularly inspect the heating pad for any signs of damage or wear. Discontinue use if damaged.

SETUP AND PREPARATION

For Heat Therapy:

1. Remove the inner heat pack from the Capybara plush cover.
2. Place the inner heat pack flat in a clean microwave.
3. Heat in the microwave for **25-40 seconds**. Start with the lower time and increase if needed.
4. Carefully remove the heat pack using oven mitts.
5. Place the heated pack back into the plush Capybara cover.
6. Check the temperature before applying to your body.

For Cold Therapy:

1. Remove the inner pack from the Capybara plush cover.
2. Place the inner pack in a sealed plastic bag to protect it from moisture.
3. Freeze for at least **2 hours**.
4. Remove from the freezer and place it back into the plush Capybara cover.
5. Apply to the desired area for cold relief.

Dual Therapy

comfheat®



Microwave **25-40**
seconds to enjoy heat

Freeze **2** hours to
apply cool therapy

Image: A graphic illustrating the dual therapy function of the Capybara heating pad, showing icons for microwave heating (25-40 seconds) and freezer cooling (2 hours).

Your browser does not support the video tag.

Video: An official Comfheat video demonstrating how to heat and freeze the Capybara heating pad for both hot and cold therapy applications.

OPERATING INSTRUCTIONS

Once prepared for either heat or cold therapy, apply the Comfheat Capybara Heating Pad to the desired area of your body for relief. The segmented design ensures even distribution of warmth or coolness.

- For **menstrual cramps**, place the pad on your lower abdomen.
- For **shoulder pain** or stiffness, position the pad over your shoulder.
- For **back pain**, apply the pad to your lower back or other affected areas.
- Can also be used for general muscle soreness, joint pain, neck, and wrist discomfort.

Soothe Aches with a Smile

Warm all body parts



Back



Neck



Shoulder



Wrist



Image: A woman comfortably using the Capybara heating pad on her stomach, with illustrations showing its application for back, neck, shoulder, and wrist pain relief.

MAINTENANCE

To keep your Comfheat Capybara Heating Pad clean and hygienic, follow these simple maintenance steps:

1. The plush Capybara cover is **removable and washable**. Locate the opening on the back of the cover and carefully remove the inner heat pack.
2. Machine wash the plush cover on a gentle cycle with cold water.
3. Tumble dry on low heat or air dry to maintain its softness.
4. Do **not** wash the inner heat pack. If the inner pack becomes soiled, gently spot clean with a damp cloth and allow it to air dry completely before reinserting into the cover.



comfheat®

Soft Plush-like
a real capybara

Natural flaxseeds
for moist heat

The Comfort
is Natural

Image: A person removing the inner heat pack from the Capybara plush cover, preparing the cover for washing, with an inset showing the natural flaxseed and clay bead filling.

TROUBLESHOOTING

- **Unusual Smell After Heating:** Some users may notice a slight, natural scent from the flaxseed and clay beads after initial heating. This is normal and typically dissipates after several uses. Ensure the microwave is clean before heating.
- **Pad Not Heating Evenly:** Ensure the inner heat pack is spread flat in the microwave. If your microwave has a turntable, ensure it rotates freely. Gently knead the pack after heating to distribute warmth.
- **Pad Not Staying Warm/Cold Long Enough:** Ensure you are heating/freezing for the recommended duration. For heat, microwave for the full 40 seconds if safe. For cold, ensure it's frozen for at least 2 hours.

SPECIFICATIONS

Product Style:	Capybara
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Color:	Brown
Material Type:	Flaxseed and Clay Beads (Filling), Polycotton (Cover)
Size:	17.85 x 9.85 inches (45 x 25 cm)
Weight:	1.25 pounds (570g)
Additional Features:	Flexible, Microwaveable, Moist Hot Compress, Natural Filling, Washable Cover
ASIN:	B0FDGC8R7H
UPC:	673143686495



Image: The Capybara heating pad with overlaid measurements indicating its size (17.85 x 9.85 inches) and weight (1.25 lbs).

WARRANTY AND SUPPORT

Comfheat stands behind the quality of its products. Your Capybara Microwave Heating Pad comes with a **1-YEAR**

WARRANTY and a hassle-free replacement process.

If you encounter any problems or have questions regarding your product, please do not hesitate to contact us. Our customer support team is committed to responding within **12 hours** to ensure your satisfaction.

For support, please refer to the contact information provided with your purchase or visit the official Comfheat store on Amazon: [Comfheat Store](#).